



**Residents:**

- March 2: Mary C.
- March 5: Bea S.
- March 6: Aloha B.
- March 13: Anita P.
- March 15: Pat B.
- March 17: Sandra B.
- March 22: Marie C.
- March 25: Bob H.
- March 25: Sondra M.
- March 28: Eddie C.



**Employees:**

- March 9: Emily G.
- March 14: James J. III.
- March 19: Nicole C.
- March 25: Stephanie W.

**Activity Locations**

- Pool, P
- Lobby, L
- Outing, O
- Discovery Rotunda, DR
- Art Room (AL 3rd Floor), AR
- Courtyard, CY
- Bailey's Bistro, BB
- Reels Theatre, RT
- Silver Screen Cinema (AL 2nd Floor), SC
- Ice Cream Parlor, ICP
- Physician's Office, PO
- Legends Club, LC
- AL Kitchen 3rd Floor, HK
- AL Library 1st Floor, AL Library
- Sensations Dining Room, SD
- Private Dining Room, PDR
- SIL 1st Floor Living Room, S1LR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>1</b></p> <p>9:00 Transport to Ascension Catholic Church, O 9:30 Non-Denominational Church Service, RT 10:00 Sunday Brunch 10:45 Pick up from Ascension <b>11:30 Pianist Julia Bullock, L</b> <b>1:00 Ice-Cream Sundae Buffet, ICP</b> 2:00 Once Upon A Time with Gloria, RT <b>3:00 Scenic Drive with Gloria, O</b> 7:00 Sunday Night Movie, RT/SC</p>	<p><b>2</b></p> <p>10:00 Fitness with Genesis, SD <b>10:45 Wildest: Islands, RT</b> 1:00 Bingo, LC <b>1:30 -3:30 Outing: Walmart &amp; Dollar Tree, O</b> <b>2:00-3:00 FREE Ice Cream from Champion Home Health, ICP</b> 2:15 Card Game; Hand &amp; Foot, LC 2:15 Resident Run Bridge, LC <b>2:15 Art with Debi Pettigrew, AR</b> 3:30 Scene It!, RT 7:00 Monday Night Flicks, RT/SC</p>	<p><b>3</b></p> <p><b>10:00 Jazzercise with Lisa, SD</b> <b>10:45 Hollywood Icons, RT</b> 1:00 Rumikub, LC 3:00 Trivia &amp; Cocktails, LC 4:00 Horseshoes, AL Library <b>4:30 Dinner at Crystal Chinese Buffet, O</b> 6:45 Pinochle, GR 7:00 Night at the Theatre, RT/SC</p>	<p><b>4 National Pound Cake Day</b></p> <p>10:00 Chair Fitness, SD 11:00 Catholic Communion, RT <b>11:40 Lunch at Meg O Malley's, O</b> 1:00 Bingo, LC <b>2:00-3:00 Ice Cream Parlor, ICP</b> 2:15 Card Game: Hand &amp; Foot, LC 2:15 Resident Run Bridge, LC 4:00 Corn Hole, AL Library 7:00 Wednesday Night Flicks, RT/SC</p>	<p><b>5 National Cheese Doodle Day</b></p> <p>10:00 Chair Fitness, SD <b>10:45 S1 E1: Downton Abbey, RT</b> 1:00 Bingo, LC <b>2:00-3:00 Ice Cream Parlor, ICP</b> 3:00 Club Discovery, LC 4:00 Ladder Ball, AL Library <b>6:00 MLB Municipal Band Concert, O</b> 7:00 Night at the Theatre, RT/SC</p>	<p><b>6 National Oreo Cookie Day</b></p> <p><b>9:30 Outing: Beachside Shopping, O</b> 10:00 Fitness with Genesis, SD <b>10:30 Necklaces by Joyce, LC</b> <b>10:00 Village Merchant Store, DR</b> 10:00-2:15 Senior Center: Bingo, O 10:45 Smithsonian's Aerial America, RT 1:00 Hand &amp; Foot, SD 1:00 Resident Run Scrabble, LC <b>3:00 Happy Hour: Sass N Brass, SD</b> 7:00 Friday Night Flicks, RT/SC</p>	<p><b>7 National Cereal Day</b></p> <p>10:00 Chair Fitness w/ Gloria, SD 10:45 Smithsonian's Recap, RT 1:00 Resident Run Bridge, LC 1:00-2:30 Bingo, LC 3:00 Afternoon Tea, LC 4:00 Catholic Rosary, RT 6:45 Pinochle, GR 7:00 Saturday Night Flicks, RT/SC</p>
<p><b>8</b></p> <p>9:00 Transport to Ascension Catholic Church, O 9:30 Non-Denominational Church Service, RT 10:00 Sunday Brunch 10:45 Pick up from Ascension <b>1:00 Ice-Cream Sundae Buffet, ICP</b> 2:00 Once Upon A Time with Gloria, RT <b>3:00 Can We Talk?, RT</b> 7:00 Sunday Night Movie, RT/SC</p> <p><i>can we talk?</i></p>	<p><b>9</b></p> <p>10:00 Fitness with Genesis, SD <b>10:45 Wildest: Islands, RT</b> 1:00 Bingo, LC <b>1:30 -3:30 Outing: Target, O</b> <b>2:00-3:00 Ice Cream Parlor, ICP</b> 2:15 Card Game; Hand &amp; Foot, LC 2:15 Resident Run Bridge, LC 3:30 Scene It!, RT 7:00 Monday Night Flicks, RT/SC</p>	<p><b>10 National Blueberry Pastry Day</b></p> <p><b>10:00 Jazzercise with Lisa, SD</b> <b>10:45 Hollywood Icons, RT</b> <b>1:00 Dominoes with Susan, LC</b> 3:00 Trivia &amp; Cocktails, LC 4:00 Horseshoes, AL Library 6:45 Pinochle, GR 7:00 Night at the Theatre, RT/SC</p> <p></p>	<p><b>11</b></p> <p><b>9:30 Outing: Patrick Air Force Base: Shopping &amp; Pharmacy, O</b> <b>10:00 Chair Yoga with Pyper, SD</b> 11:00 Catholic Communion, RT <b>11:40 Lunch at Friendly Toast Cafe 2, O</b> 1:00 Bingo, LC <b>2:00-3:00 Ice Cream Parlor, ICP</b> <b>2:15 Performance by The Tappers, RT</b> 2:15 Card Game: Hand &amp; Foot, LC 2:15 Resident Run Bridge, LC 4:00 Corn Hole, AL Library 7:00 Wednesday Night Flicks, RT/SC</p> <p></p>	<p><b>12</b></p> <p>10:00 Chair Fitness, SD <b>10:45 S1 E2: Downton Abbey, RT</b> 1:00 Bingo, LC <b>2:00-3:00 Ice Cream Parlor, ICP</b> 3:00 Club Discovery, LC <b>3:30 Art with Debi Pettigrew, AR</b> 4:00 Ladder Ball, AL Library 7:00 Night at the Theatre, RT/SC</p> <p></p>	<p><b>13</b></p> <p><b>9:30 Outing: Community Shopping at Publix, Bealls &amp; Walgreens, O</b> 10:00 Fitness with Genesis, SD <b>10:00 Village Merchant Store, DR</b> 10:00-2:15 Senior Center: Bingo, O 10:45 Smithsonian's Aerial America, RT 1:00 Hand &amp; Foot, SD 1:00 Resident Run Scrabble, LC <b>3:00 Happy Hour: Frank Mackey, SD</b> 7:00 Friday Night Flicks, RT/SC</p>	<p><b>14 National Potato Chip Day</b></p> <p><b>10:00 Chair Yoga with Elana, SD</b> 10:45 Smithsonian's Recap, RT 1:00 Resident Run Bridge, LC 1:00-2:30 Bingo, LC 3:00 Afternoon Tea, LC 4:00 Catholic Rosary, RT 6:45 Pinochle, GR 7:00 Saturday Night Flicks, RT/SC</p>
<p><b>15</b></p> <p>9:00 Transport to Ascension Catholic Church, O 9:30 Non-Denominational Church Service, RT 10:00 Sunday Brunch 10:45 Pick up from Ascension <b>11:30 Pianist Julia Bullock, L</b> <b>1:00 Ice-Cream Sundae Buffet, ICP</b> <b>1:00 Into the Woods Musical at Cocoa Village Playhouse, O</b> 7:00 Sunday Night Movie, RT/SC</p>	<p><b>16</b></p> <p><b>10:00 Mall &amp; Lunch, O</b> 10:00 Fitness with Genesis, SD <b>10:45 Wildest: Islands, RT</b> 1:00 Bingo, LC <b>1:30 -3:30 Outing: Walmart &amp; Dollar Tree, O</b> <b>2:00-3:00 Ice Cream Parlor, ICP</b> 2:15 Resident Run Bridge, LC 2:15 Card Game: Hand &amp; Foot, LC 3:30 Scene It!, RT 7:00 Monday Night Flicks, RT/SC</p>	<p><b>17 St. Patrick's Day</b></p> <p><b>10:00 Jazzercise with Lisa, SD</b> <b>10:45 Hollywood Icons, RT</b> 1:00 Rumikub, LC 3:00 Trivia &amp; Cocktails, LC 4:00 Ladder Ball, AL Library 6:45 Pinochle, GR 7:00 Night at the Theatre, RT/SC</p> <p></p>	<p><b>18</b></p> <p>10:00 Chair Fitness, SD 11:00 Catholic Communion, RT <b>11:30 St. Patty's Day Cookout with music by Amy Hueston, P/LC/SD</b> 2:00 Bingo, LC <b>2:00-3:00 Ice Cream Parlor, ICP</b> 2:15 Resident Run Bridge, LC 4:00 Horseshoes, AL Library 7:00 Wednesday Night Flicks, RT/SC</p> <p></p>	<p><b>19 National Chocolate Covered Caramel Day</b></p> <p>10:00 Chair Fitness, SD <b>10:45 S1 E3: Downton Abbey, RT</b> 1:00 Bingo, LC <b>2:00-3:00 Ice Cream Parlor, ICP</b> <b>2:30 Resident Town Hall &amp; Event Planning Meeting, SD</b> 3:00 Club Discovery, LC <b>4:30 Dinner at Shells, O</b> 7:00 Night at the Theatre, RT/SC</p>	<p><b>20 National Ravioli Day</b></p> <p><b>9:30 Outing: Community Shopping at Publix, Bealls &amp; Walgreens, O</b> 10:00 Fitness with Genesis, SD <b>10:00 Village Merchant Store, DR</b> 10:00-2:15 Senior Center: Bingo, O 10:45 Smithsonian's Aerial America, RT 1:00 Hand &amp; Foot, SD 1:00 Resident Run Scrabble, LC <b>3:00 Happy Hour/Welcome Aboard: Percy Spencer, SD</b> 7:00 Friday Night Flicks, RT/SC</p> <p></p>	<p><b>21</b></p> <p>10:00 Chair Fitness w/ Gloria, SD 10:45 Smithsonian's Recap, RT 1:00 Resident Run Bridge, LC 1:00-2:30 Bingo, LC 3:00 Afternoon Tea, LC 4:00 Catholic Rosary, RT 6:45 Pinochle, GR 7:00 Saturday Night Flicks, RT/SC</p>
<p><b>22</b></p> <p>9:00 Transport to Ascension Catholic Church, O 9:30 Non-Denominational Church Service, RT 10:00 Sunday Brunch 10:45 Pick up from Ascension <b>1:00 Ice-Cream Sundae Buffet, ICP</b> 2:00 Once Upon A Time with Gloria, RT <b>3:00 You Be The Judge, RT</b> 7:00 Sunday Night Movie, RT/SC</p> <p></p>	<p><b>23 National Little Rascals Day</b></p> <p>10:00 Fitness with Genesis, SD <b>10:45-6:45 Little Rascals Re-Runs, RT</b> 1:00 Bingo, LC <b>1:30 -3:30 Outing: Target, O</b> <b>2:00-3:00 Ice Cream Parlor, ICP</b> 2:15 Resident Run Bridge, LC 2:15 Card Game: Hand &amp; Foot, LC 7:00 Monday Night Flicks, RT/SC</p>	<p><b>24 National Nougat Day</b></p> <p><b>10:00 Jazzercise with Lisa, SD</b> <b>10:45 Hollywood Icons, RT</b> 1:00 Rumikub, LC 3:00 Trivia &amp; Cocktails, LC 4:00 Horseshoes, AL Library <b>4:30 Dinner at Longhorn Steakhouse, O</b> 6:45 Pinochle, GR 7:00 Night at the Theatre, RT/SC</p> <p><b>TRIVIA</b></p>	<p><b>25</b></p> <p><b>9:15 Brevard Zoo, O</b> <b>10:00 Chair Yoga with Pyper, SD</b> 11:00 Catholic Communion, RT 1:00 Bingo, LC <b>2:00-3:00 Ice Cream Parlor, ICP</b> 2:15 Card Game: Hand &amp; Foot, LC 2:15 Resident Run Bridge, LC <b>3:30 Eau Gallie Library, O</b> 4:00 Corn Hole, AL Library 7:00 Wednesday Night Flicks, RT/SC</p> <p></p>	<p><b>26 National Chocolate Covered Raisin Day</b></p> <p>10:00 Chair Fitness, SD <b>10:45 S1 E4: Downton Abbey, RT</b> 1:00 Bingo, LC <b>2:00-3:00 Ice Cream Parlor, ICP</b> <b>3:00 Club Discovery with Ken, LC</b> <b>3:30 Art with Debi Pettigrew, AR</b> 4:00 Ladder Ball, AL Library 7:00 Night at the Theatre, RT/SC</p>	<p><b>27</b></p> <p><b>9:30 Outing: Community Shopping at Publix, Bealls &amp; Walgreens, O</b> 10:00 Fitness with Genesis, SD <b>10:00 Village Merchant Store, DR</b> 10:00-2:15 Senior Center: Bingo, O 10:45 Smithsonian's Aerial America, RT 1:00 Hand &amp; Foot, LC 1:00 Resident Run Scrabble, LC <b>3:00 Happy Hour/Birthday Bash: Duke Zecco, SD</b> 7:00 Friday Night Flicks, RT/SC</p> <p></p>	<p><b>28</b></p> <p><b>10:00 Chair Yoga with Elana, SD</b> 10:45 Smithsonian's Recap, RT 1:00 Resident Run Bridge, LC 1:00-2:30 Bingo, LC 3:00 Afternoon Tea, LC 4:00 Catholic Rosary, RT <b>6:30 Saturday Night Special with Gloria, LC</b> 6:45 Pinochle, GR 7:00 Saturday Night Flicks, RT/SC</p>
<p><b>29</b></p> <p>9:00 Transport to Ascension Catholic Church, O 9:30 Non-Denominational Church Service, RT 10:00 Sunday Brunch 10:45 Pick up from Ascension <b>1:00 Ice-Cream Sundae Buffet, ICP</b> 2:00 Once Upon A Time with Gloria, RT 7:00 Sunday Night Movie, RT/SC</p>	<p><b>30</b></p> <p><b>9:40 Movie &amp; Lunch, O</b> 10:00 Fitness with Genesis, SD <b>10:45 Wildest: Islands, RT</b> 1:00 Bingo, LC <b>1:30 -3:30 Outing: Walmart &amp; Dollar Tree, O</b> <b>2:00-3:00 Ice Cream Parlor, ICP</b> 2:15 Card Game: Hand &amp; Foot, LC 2:15 Resident Run Bridge, LC <b>2:15 Art with Debi Pettigrew, AR</b> 3:30 Scene It!, RT 7:00 Monday Night Flicks, RT/SC</p>	<p><b>31</b></p> <p>10:00 Chair Fitness, SD <b>10:45 Hollywood Icons, RT</b> 1:00 Rumikub, LC <b>1:00 Book Club, SIL 4th Floor LR</b> 3:00 Trivia &amp; Cocktails, LC <b>4:30 Dinner Music by Oscar Alvarado, L</b> 6:45 Pinochle, GR 7:00 Night at the Theatre, RT/SC</p> <p></p>	<p><b>HAPPY St. Patrick's DAY</b></p> <p></p>		<p><b>ICE CREAM PARLOR Hours:</b></p> <p><b>Monday:</b> 2:00-3:00 p.m. <b>Wednesday:</b> 2:00-3:00p.m. <b>Thursday:</b> 2:00-3:00 p.m. <b>Free Sundae Sundays:</b> 1:00-1:30 p.m.</p> <p></p>	<p><b>LEGENDS CLUB Hours:</b></p> <p><b>Monday-Friday:</b> 3:00-6:00p.m. <b>Saturday:</b> 4:00-6:00p.m. <b>Sunday:</b> 11:00-5:00p.m.</p> <p></p>



# Village Notes



## Discovery Village Employee of the Month

We are excited to announce our employee of the month is Lynn Howler. Lynn has been working in Assisted Living for 35 years. Discovery Village has been lucky to have her as our Housekeeping Supervisor for about a year now. Lynn was born and raised in Mount Vernon, Ohio, but moved to Florida with her husband for the beautiful weather, 5 years ago. In Lynn's spare time she enjoys being outside, motorcycle riding with her husband and going to the beach. Lynn loves her coworkers and getting to know the residents, they make working that much more enjoyable.



## Executive Director's Corner

Wow, the first 2 months of the year are already completed. How are your resolutions for this year going? This is a good time to reflect on your progress. Are you where you wanted to be? What has changed? Most importantly, are you happy? There is still time to get into bathing suit shape as we are fast approaching warmer weather, if that was your resolution. March Madness and all the great basketball games will be aired throughout this month. Did you know: Fans waged more than \$2 billion on brackets and games in 2015. Also, work productivity declines the most in the month of March and was calculated to cost American firms nearly \$1.9 billion in unproductive wages in 2019. However, vasectomies are up by 50% during the first week of March Madness, this relates to the day or two needed to recover with idle activity like sitting on the couch.

The above fun facts are courtesy of Reader's Digest,  
<https://www.rd.com/culture/month-of-march-facts/>.

For me, March is one of favorite months, as I believe there is no better climate in Florida than this month. Flowers are blooming, there always seems to be a gentle breeze and the humidity is relatively low. Get outside, enjoy this month, drink plenty of water and be happy!

It is a pleasure to serve Discovery Villages at Melbourne and if there is anything I can do please reach out. I can be reached by the following: [kvandyck@discoveryvillages.com](mailto:kvandyck@discoveryvillages.com) email, or 321-794-7190 cell and text.

With Gratitude,  
 Ken VanDyck, NHA  
 Executive Director

Supervised Independent /Assisted Living Calendar

Assisted Living License #: 12122