



Parsons House Press

15055 N. Eldridge Pkwy. • Cypress, TX 77429 • (281) 374-8002

March Birthdays

Residents

3/1 Bonnie Barger

3/4 Marianne Waltz

3/25 Ray Miller

Staff

3/20 Parsons House Cypress

3/28 Maria Lorenzo



Wearing of the Green

It's hard to imagine a color other than green dominating St. Patrick's Day celebrations, but for centuries, blue was associated with Ireland. One reason for the color switch was the Irish Rebellion of 1798, an uprising against British rule in which Irish soldiers wore green uniforms. As made famous by the lyrics of the ballad "The Wearing of the Green," people began displaying the color as an expression of national pride.

Parsons House Cypress will be celebrating St. Patrick's Day with a themed ladies' tea, crafts, and various events. Stay tuned to the calendar for dates and times. We hope to see you there!

March 2020

Parsons House Starts 2020 With Celebrations







Parsons House has had many winter celebrations over the past few months. We don't let the cold, dreary weather keep us from enjoying the season. So far this year, we have welcomed the year of the rat at our Chinese

New Year Celebration, watched the Kansas City Chiefs win their first Super Bowl in over half a century, and celebrated the much beloved Mardi Gras.

We ushered in the year of the rat with a dinner of egg rolls, pot stickers, Chinese cakes, fortune cookies, and Chinese lucky candy. We also listened to a speaker on the meaning of the holiday and the Chinese zodiac as well as the meaning behind lucky bamboo. Every participant got to take home their own lucky bamboo at the end of the evening.



Super Bowl Sunday was celebrated with chips, drinks, popcorn, and a Super Bowl cake. We enjoyed watching the game and all of the commercials. We played Super Bowl bingo and even made predictions about the winner.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>1</div> <p>10:00 Mexican Train Dominoes●</p> <p>1:30 Williams Theater</p> <p>2:00 Redeemer Church Tomball✓</p> <p>3:00 Game Time With Donna●</p> <p>6:30 Resident Led Games</p>	<div>2</div> <p>10:15 Catholic Communion✓</p> <p>11:30 News and Views</p> <p>1:30 Williams Theater</p> <p>2:00 Grin and Barre It♥</p> <p>3:00 Cabinet of Curiosities</p> <p>6:30 Resident Led Cards - Crazy 8s●</p>	<div>3</div> <p>PODIATRIST VISIT</p> <p>10:45 Yoga w/ Yedi♥</p> <p>11:30 News and Views</p> <p>1:00 Pretty Nails</p> <p>1:30 Williams Theater</p> <p>3:00 Ice Cream Social</p> <p>6:30 NCL Bingo</p>	<div>4</div> <p>8:45 Exercise with Cari♥</p> <p>10:30 Ladies' Tea Club</p> <p>11:30 News and Views</p> <p>1:00 Men's Club</p> <p>1:30 Williams Theater</p> <p>3:00 Game Time with Donna●</p>	<div>5</div> <p>10:00 Pinochle●</p> <p>10:30 Walking Club♥</p> <p>11:30 News and Views</p> <p>1:30 Williams Theater</p> <p>2:00 Baking Club</p> <p>6:30 Resident Led Scrabble●</p>	<div>6</div> <p>Employee Appreciation Day</p> <p>11:30 News and Views</p> <p>1:30 Williams Theater</p> <p>2:00 Virtual Exercise♥</p> <p>3:00 Happy Hour●</p> <p>6:30 Friday Night Movie</p>	<div>7</div> <p>10:15 Walking Club♥</p> <p>1:30 Williams Theater</p> <p>2:30 Craft with Donna</p> <p>3:30 BINGO</p> <p>6:30 Resident Led Games</p>
<div>8</div> <p>10:00 Uno●</p> <p>1:30 Williams Theater</p> <p>2:00 Redeemer Church Tomball✓</p> <p>3:00 Game Time With Donna●</p> <p>6:30 Resident Led Games</p>	<div>9</div> <p>10:15 Catholic Communion✓</p> <p>11:30 News and Views</p> <p>1:30 Williams Theater</p> <p>2:00 Grin and Barre It♥</p> <p>3:00 Cabinet of Curiosities</p> <p>6:30 Resident Led Cards - Crazy 8s●</p>	<div>10</div> <p>10:00 Beginners Acrylic Painting Class</p> <p>10:45 Virtual Exercise♥</p> <p>11:30 News and Views</p> <p>1:00 Pretty Nails</p> <p>1:30 Williams Theater</p> <p>3:00 Ice Cream Social</p> <p>6:30 NCL Bingo</p>	<div>11</div> <p>8:45 Exercise with Cari♥</p> <p>10:45 Golden Age Fitness♥</p> <p>11:30 News and Views</p> <p>1:00 Men's Club</p> <p>1:30 Williams Theater</p> <p>2:00 Silly Spinning♥</p> <p>6:00 Book Club Meeting</p>	<div>12</div> <p>10:00 Yahtzee●</p> <p>10:30 Lunch Bunch at Olive Garden★</p> <p>11:30 News and Views</p> <p>1:30 Williams Theater</p> <p>2:00 Baking Club</p> <p>6:30 Resident Led Scrabble●</p>	<div>13</div> <p>11:30 News and Views</p> <p>1:30 Williams Theater</p> <p>2:00 Virtual Exercise♥</p> <p>3:00 Happy Hour●</p> <p>6:30 Friday Night Movie</p>	<div>14</div> <p>10:15 Walking Club♥</p> <p>1:30 Williams Theater</p> <p>2:00 Cornerstone Church✓</p> <p>2:30 Craft with Donna</p> <p>3:30 BINGO</p> <p>6:30 Resident Led Games</p>
<div>15</div> <p>10:00 Mexican Train Dominoes●</p> <p>1:30 Williams Theater</p> <p>2:00 Redeemer Church Tomball✓</p> <p>3:00 Game Time With Donna●</p> <p>6:30 Resident Led Games</p>	<div>16</div> <p>10:15 Catholic Communion✓</p> <p>11:30 News and Views</p> <p>1:30 Williams Theater</p> <p>2:00 Grin and Barre It♥</p> <p>3:00 Cabinet of Curiosities</p> <p>6:30 Resident Led Cards - Crazy 8s●</p>	<div>17</div> <p>St. Patrick's Day</p> <p>10:45 Yoga w/ Yedi♥</p> <p>11:30 News and Views</p> <p>1:00 Pretty Nails</p> <p>1:30 Williams Theater</p> <p>3:00 St. Patrick's Day Celebration</p> <p>6:30 NCL Bingo</p>	<div>18</div> <p>8:45 Exercise with Cari♥</p> <p>10:30 Ladies' Tea Club</p> <p>11:30 News and Views</p> <p>1:00 Men's Club</p> <p>1:30 Williams Theater</p> <p>3:00 Game Time with Donna●</p>	<div>19</div> <p>10:00 Pinochle●</p> <p>10:30 Walking Club♥</p> <p>11:30 News and Views</p> <p>1:30 Williams Theater</p> <p>2:00 Baking Club</p> <p>6:30 Resident Led Scrabble●</p>	<div>20</div> <p>11:30 News and Views</p> <p>1:30 Williams Theater</p> <p>2:00 Virtual Exercise♥</p> <p>3:00 Happy Hour●</p> <p>6:30 Friday Night Movie</p>	<div>21</div> <p>10:15 Walking Club♥</p> <p>1:30 Williams Theater</p> <p>2:30 Craft with Donna</p> <p>3:30 BINGO</p> <p>6:30 Resident Led Games</p>
<div>22</div> <p>10:00 Uno●</p> <p>1:30 Williams Theater</p> <p>2:00 Redeemer Church Tomball✓</p> <p>3:00 Game Time With Donna●</p> <p>6:30 Resident Led Games</p>	<div>23</div> <p>10:15 Catholic Communion✓</p> <p>11:30 News and Views</p> <p>1:30 Williams Theater</p> <p>2:00 Grin and Barre It♥</p> <p>3:00 Cabinet of Curiosities</p> <p>6:30 Resident Led Cards - Crazy 8s●</p>	<div>24</div> <p>10:00 Beginners Acrylic Painting Class</p> <p>10:45 Virtual Exercise♥</p> <p>11:30 News and Views</p> <p>1:00 Pretty Nails</p> <p>1:30 Williams Theater</p> <p>3:00 Ice Cream Social</p> <p>6:30 NCL Bingo</p>	<div>25</div> <p>8:45 Exercise with Cari♥</p> <p>10:45 Golden Age Fitness♥</p> <p>11:30 News and Views</p> <p>1:00 Men's Club</p> <p>1:30 Williams Theater</p> <p>2:00 Silly Spinning♥</p> <p>6:00 Book Club Meeting</p>	<div>26</div> <p>10:00 Yahtzee●</p> <p>10:30 Walking Club♥</p> <p>11:30 News and Views</p> <p>1:30 Williams Theater</p> <p>3:00 Shopping Club to Target★</p> <p>6:30 Resident Led Scrabble●</p>	<div>27</div> <p>11:30 News and Views</p> <p>1:30 Williams Theater</p> <p>2:00 Virtual Exercise♥</p> <p>3:00 Happy Hour●</p> <p>6:30 Friday Night Movie</p>	<div>28</div> <p>10:15 Walking Club♥</p> <p>1:00 Real Life Church✓</p> <p>1:30 Williams Theater</p> <p>2:00 Cornerstone Church✓</p> <p>2:30 Craft with Donna</p> <p>3:30 BINGO</p> <p>6:30 Resident Led Games</p>
<div>29</div> <p>10:00 Mexican Train Dominoes●</p> <p>1:30 Williams Theater</p> <p>2:00 Redeemer Church Tomball✓</p> <p>3:00 Game Time With Donna●</p> <p>6:30 Resident Led Games</p>	<div>30</div> <p>10:15 Catholic Communion✓</p> <p>11:30 News and Views</p> <p>1:30 Williams Theater</p> <p>2:00 Grin and Barre It♥</p> <p>3:00 Cabinet of Curiosities</p> <p>6:30 Resident Led Cards - Crazy 8s●</p>	<div>31</div> <p>10:45 Yoga w/ Yedi♥</p> <p>11:30 News and Views</p> <p>1:00 Pretty Nails</p> <p>1:30 Williams Theater</p> <p>3:00 Ice Cream Social</p> <p>6:30 NCL Bingo</p>				

New Resident Spotlight - Katy Cashman



Welcome Katy!

Katy was born on October 6th in Lake Charles, LA. She has four children and six grandchildren. Katy is a devoted Catholic and enjoys our Catholic communion on Monday mornings in the chapel. Katy is also a very active participant in our wellness program. You can find her attending most every exercise class on the calendar. She also enjoys music, conversation, and shopping. Katy is an amazing cook who grew her own herbs. She was also a cake decorator, and made her daughters' wedding cakes. Crocheting is also a hobby of Katy's, along with gardening. We are thrilled to have you with us, Katy!

****Club Corner** This Month's Featured Club: Notably Nutritious**



Staff and residents alike enjoy Notably Nutritious.

Do you enjoy learning about exotic fruits and vegetables and their health benefits? Then, Notably Nutritious may be just the thing for you! On the last Friday of the month at 2:00 pm, we meet in the grand room for a discussion group. As part of our wellness program, you get points for attending as well as a sample of each of the foods we are learning about that month! Last month was the strange and tasty Jack fruit. These massive, spiky fruits can be over 3' long and weigh over 150lbs! Join us on the 27th and see what Chef Micka has in store this month!