



# Parsons House Press

1130 Camino La Costa • Austin, TX 78752 • (512) 454-0524

## Happy Birthday!

- 3-10 Bob Prado
- 3-17 Pat Choo
- 3-18 Karl Schlessinger
- 3-25 Glen Lloyd
- 3-30 Karen Wright, Norm Whitehouse

## Happy Parsons House Anniversary!

- 1YR. Nancy Driscoll, Carol Riddle  
Debra Durling
- 2YRS. Jeanne O'Hara
- 4YRS. Donald Calvin
- 5YRS. June Guthrie
- 6YRS. Bob Prado, Edward Moreno

**Friends Make the Best Neighbors!** Did you know YOU could get \$1000 off a month's rent if your friend moves in? It happened in Feb.! See Rhonda for details.

### Meet Our Newest Neighbors!

Miguel Quinones, Marion Waterous, June Daily & Norma Socarres

**Save the Date!** April 7th from 9a-12p we will be hosting a Mobile Senior Resources Fair!

## Field Trips & Happenings

- 3/1 Noble School Music
- 3/5 GrandPals & Windsor Library Trip
- 3/8 Phi Sigma Lamda Girls
- 3/11 RoundRocketts Dance Show 1:30
- 3/12 Ney Museum Guided Tour
- 3/17 3:30 Accordion By Shirley
- 3/18 Austin Banjo Club Concert
- 3/19 Mueller Park Trip (OUT)
- 3/24 The 5 Legal Documents Presentation
- 3/29 1:30 Gospel with Don Duffy

## March 2020



Sometimes the best vacation is a **STAY-CATION!** Join us for some fun and relaxation all month long such as Spa Nails, Hand Massages, Grand Prize Bingo, Luxury Garden Traveler series, Mindful Meditation, Mocktails on the Veranda & Brunch! See Calendar for date and times.




## WoooHoooo! Karl's Turning 102!



Join us Wednesday, March 18th at 2:30 to celebrate Karl's Big Day! We will enjoy music by the Austin Banjo Club and Karl's favorite Refreshments.

Join Billie & Joe for a light workout every Monday at 2p and Fridays at 10a in the 3rd floor activity room. Billie has been instructing for 8 years and dancing for a lifetime. Classes are free, open to all & FUN!



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 9:00 <span>CH</span> Bible Study & Comm 10:30 <span>ML</span> Morning Word Game 1:00 <span>ML</span> Short Stories <b>2:00 <span>DR</span> Noble School of Music</b> 3:00 <span>ML</span> BINGO 6:00 <span>MT</span> Movie Night	2 9:00 <span>CH</span> Holy Communion 1:00 <span>ML</span> Balloon Volleyball 2:00 <span>AR</span> Line Dancing w Burnett's 2:30 <span>ML</span> Heartwarming Stories <b>3:30 <span>ML</span> Encompass Presents: Living your Best life With Diabetes</b> 6:00 <span>MT</span> Classic Movie Monday	3 8:00 <span>DR</span> 2nd Cup Club 10:00 <span>GR</span> Chicken Foot 10:30 <span>ML</span> Current Events 1:30 <span>CH</span> Bible Study 2:00 <span>MT</span> Luxury Gardens: Rome 3:00 <span>MR</span> Poetry Hour 6:00 <span>MT</span> Movie Night	4 10:00 <span>ML</span> "Probiotics" Natural Grocers <b>1:00 Volunteers: Library (2FL)</b> 1:30 <span>ML</span> Walk About 2:30 <span>ML</span> Tea and Laughs <b>3:00 <span>DR</span> Activity Planning</b> 3:30 <span>ML</span> Likes & Grips 6:00 <span>MT</span> Movie Night	5 <b>9:45 HEB Trip (OUT)</b> <b>1:15 Grand-Pals at Windsor (OUT)</b> 1:30 <span>ML</span> Walking it Off <b>2:00 Resident House Warming</b> 3:30 <span>ML</span> Trivia Challenge 6:00 <span>MT</span> Movie Night	6 9:00 <span>GR</span> Beginner Bunko! *NEW 10:30 <span>AR</span> Line Dancing w/Burnetts 1:00 <span>ML</span> Balloon Volleyball <b>2:00 <span>AR</span> Yoga Class (Free)</b> <b>3:00 <span>DR</span> Memory Cafe</b> 6:00 <span>MT</span> Movie Night	7 10:00 <span>ML</span> Coffee with Lashell 10:30 <span>GR</span> Skip-Bo 1:00 <span>AR</span> Weight Lifting 1:30 <span>ML</span> March Events 2:30 <span>ML</span> Brunch n' Munch 3:30 <span>ML</span> Balloon Volleyball 6:00 <span>MT</span> Movie Night
8 9:00 <span>CH</span> Bible Study & Comm 10:30 <span>ML</span> Likes N Grips 1:00 <span>ML</span> Inspirational Stories 1:30 <span>ML</span> Walk it off 2:00 <span>ML</span> BINGO <b>3:00 <span>ML</span> Phi Sigma Lambda Girls</b> 6:00 <span>MT</span> Movie Night	9 9:00 <span>CH</span> Holy Communion 1:00 <span>ML</span> Balloon Volleyball 2:00 <span>AR</span> Line Dancing w Burnett's <b>3:30 <span>ML</span> Healthy Monday</b> 4:00 <span>ML</span> Walk it Off 6:00 <span>MT</span> Classic Movie Monday	10 8:00 <span>DR</span> 2nd Cup Club <b>10:00 <span>AR</span> Yoga &amp; Donuts</b> 10:30 <span>MR</span> Door Deco: Leprechaun 1:30 <span>CH</span> Bible Study 2:00 <span>MT</span> Luxury Gardens: Florence 2:30 <span>ML</span> Movies & Stars 6:00 <span>MT</span> Movie Night	11 10:00 <span>ML</span> Where Am I? 1:00 <span>MT</span> Music on the Big Screen <b>1:00 <span>DR</span> Roundrock Rocketts</b> 2:00 <span>MR</span> Nail Spa <b>2:00 Parkinson's Support Grp</b> 3:30 <span>GR</span> Quidler Word Game 6:00 <span>MT</span> Movie Night	12 <b>9:45 Target Trip (OUT)</b> 10:00 <span>ML</span> Jeopardy Questions <b>1:30 Ney Museum Guided Tour</b> 2:30 <span>ML</span> Truth or Fiction 3:30 <span>ML</span> Short Stories 6:00 <span>MT</span> Movie Night	13 9:00 <span>GR</span> Beginner Bunko! *NEW 10:30 <span>AR</span> Line Dancing w/Burnetts 1:00 <span>ML</span> Balloon Volleyball <b>2:00 <span>AR</span> Yoga Class (Free)</b> 2:45 <span>ML</span> Mocktails on the Veranda 3:30 <span>ML</span> Blarney Stone Mining 6:00 <span>MT</span> Movie Night	14 10:00 <span>ML</span> News & Views 10:30 <span>GR</span> Domino Players 1:00 <span>AR</span> 20 Min Stretch 1:30 <span>ML</span> Five Crowns Game 2:30 <span>ML</span> Brunch n' Munch 3:30 <span>ML</span> Boggle Game 6:00 <span>MT</span> Movie Night
Daylight Saving Begins 15 9:00 <span>CH</span> Bible Study & Comm 10:30 <span>ML</span> Coffee with Friends 1:00 <span>ML</span> The Year of the Invention 2:00 <span>ML</span> Wordster 3:00 <span>ML</span> BINGO 4:00 <span>ML</span> Walk it Off 6:00 <span>MT</span> Movie Night	16 9:00 <span>CH</span> Holy Communion <b>11:45 <span>DR</span> Book Club Luncheon</b> 1:00 <span>ML</span> Balloon Volleyball 2:00 <span>AR</span> Line Dancing w Burnett's 2:30 <span>ML</span> Target Trivia 6:00 <span>MT</span> Classic Movie Monday	17 8:00 <span>DR</span> 2nd Cup Club <b>10:30 <span>ML</span> BINGO*</b> 1:00 <span>ML</span> Walk It Off 1:30 <span>CH</span> Bible Study <b>2:00 <span>DR</span> Town Hall &amp; Chef Chat</b> <b>3:30 St Patty's Accordion Concert</b> 6:00 <span>MT</span> Movie Night	18 <b>10:00 <span>ML</span> Hand Massages</b> 10:30 <span>ML</span> Wheel of Fortune 1:00 <span>ML</span> DIY Brain Games 1:30 <span>ML</span> Walk It Off <b>2:30 <span>DR</span> Austin Banjo Club</b> 6:00 <span>MT</span> Movie Night	19 <b>9:45 Walmart (OUT)</b> 10:00 <span>ML</span> Cookie Bake <b>1:30 Mueller Park Trip (OUT)</b> 2:00 <span>ML</span> Walking it Off 3:00 <span>ML</span> Word Mining 6:00 <span>MT</span> Movie Night	20 9:00 <span>GR</span> Beginner Bunko! *NEW 10:30 <span>AR</span> Line Dancing w/Burnetts <b>11:30 Lunch Bunch at Luby's (out)</b> 1:00 <span>ML</span> Balloon Volleyball <b>2:00 <span>AR</span> Yoga Class (Free)</b> <b>3:00 <span>DR</span> Memory Cafe</b> 6:00 <span>MT</span> Movie Night	21 10:00 <span>ML</span> DIY Brain Games 10:30 <span>GR</span> Sequence Game 1:00 <span>AR</span> 20 Min Stretch 1:30 <span>ML</span> Who, What, Where 2:30 <span>ML</span> Brunch n' Munch 3:30 <span>ML</span> Reminiscing Hour 6:00 <span>MT</span> Movie Night
22 9:00 <span>CH</span> Bible Study & Comm 10:00 <span>ML</span> Remember When 10:30 <span>ML</span> Left-Right-Center <b>1:00 <span>ML</span> Parsons Play Group</b> 2:00 <span>ML</span> Category Craze 3:00 <span>ML</span> BINGO 6:00 <span>MT</span> Movie Night	23 1:00 <span>ML</span> Balloon Volleyball 1:30 <span>MR</span> Positive Painting 2:00 <span>AR</span> Line Dancing w Burnett's 2:30 <span>ML</span> Pokeno 3:00 Billiards (2FI) 6:00 <span>MT</span> Classic Movie Monday	24 8:00 <span>DR</span> 2nd Cup Club 10:00 <span>GR</span> Chicken Foot 10:30 <span>ML</span> Daily Fun Facts 1:30 <span>CH</span> Bible Study 2:00 <span>MT</span> Luxury Gardens: Naples 3:00 <span>NC</span> BINGO <b>5:30 <span>MT</span> 5 Legal Documents Everyone Should Have</b>	25 10:00 <span>ML</span> Coffee & Headlines 11:45 <span>DR</span> Monthly Mingle Lunch 1:00 <span>ML</span> Walk It Off 1:30 <span>MT</span> Mindful Meditation 2:00 <span>ML</span> Tea with Friends <b>3:00 <span>DR</span> Grand Prize Bingo</b> 6:00 <span>MT</span> Movie Night	26 <b>9:00 Natural Grocers/Joann's</b> 10:00 <span>ML</span> Name That Tune 1:30 <span>ML</span> March IQ QUIZ <b>2:30 <span>MT</span> Music hits from 1940s</b> 3:30 <span>ML</span> Who Am I? 6:00 <span>MT</span> Movie Night	27 9:00 <span>GR</span> Beginner Bunko! *NEW 10:30 <span>AR</span> Line Dancing w/Burnetts 10:30 <span>CH</span> Catholic Mass 1:00 <span>ML</span> Balloon Volleyball <b>2:00 <span>AR</span> Yoga Class (Free)</b> 3:00 <span>ML</span> Popcorn & Word Game 6:00 <span>MT</span> Movie Night	28 10:00 <span>ML</span> Coffee & Headlines 10:30 <span>ML</span> Skip-Bo 1:00 <span>AR</span> Weight Lifting 1:30 <span>ML</span> Fun with Words 2:30 <span>ML</span> Brunch n' Munch 3:00 <span>ML</span> Reminisce with Friends 6:00 <span>MT</span> Movie Night
29 9:00 <span>CH</span> Bible Study & Comm 10:30 <span>ML</span> Category Craze 1:00 <span>DR</span> POKENO! <b>1:30 <span>DR</span> Gospel Piano with Don</b> 3:00 <span>ML</span> BINGO 6:00 <span>MT</span> Movie Night	30 9:00 <span>CH</span> Holy Communion 1:00 <span>ML</span> Balloon Volleyball 2:00 <span>AR</span> Line Dancing w Burnett's 3:30 <span>ML</span> PRICE IS RIGHT 6:00 <span>MT</span> Classic Movie Monday	31 8:00 <span>DR</span> 2nd Cup Club 10:30 <span>GR</span> Chicken Foot 10:30 <span>ML</span> Likes N Grips 1:30 <span>CH</span> Bible Study 2:00 <span>MT</span> Luxury Gardens: The Lakes 2:30 <span>ML</span> Random Trivia 3:00 <span>NC</span> BINGO	  			<b>Transportation</b> to Doctor Appointments is offered from 9a-2p Monday, Tuesday, Wednesday. Appointment requests must be submitted to the box in the Mail Room <b>THURSDAYS BY NOON.</b> Late requests will not be accommodated.

# March 2020



**Sister Virginia Marion Halden** is a native Austinite and the youngest of 3 siblings. She attended UT, Sacred Heart and Mt. Carmel University, earning degrees in education and art. During college Sister Virginia took her vows to become a nun and has devoted much of her life to prayer, meditation and service to the Catholic church. She served as a teacher for 64 years. She has always been musically inclined, playing clarinet & piano and hopes to start a harmonica class soon. Sister Virginia is also a gifted artist and studies homeopathic medicine.



**Miguel Quinones** is from Puerto Rico, where he moved from after hurricane Maria hit in 2017. He is a lifelong athlete and earned a degree from Interamerican University in Physical Education. Miguel taught middle school athletics and was a devoted mentor to his students, many of whom were at-risk youth. In 1986 he moved to Connecticut to teach and later retired from the Massachusetts School System. Miguel is always on the move. Whether playing pool, walking or lifting weights, he loves to stay active. He is planning to start a new fitness class set to great music at Parsons House—so stay tuned.

## “This Month In History” MARCH

**1923:** The dance marathon craze kicks off in New York City, after Alma Cummings sets a record by dancing continuously for 27 hours.

**1933:** President Franklin D. Roosevelt gives his first “fireside chat,” broadcast to the nation on radio.

**1941:** Actor Jimmy Stewart enlists in the U.S. Army Air Corps. During World War II, he rose to the rank of colonel.

**1950:** Silly Putty goes on sale.

**1968:** Country music legend Johnny Cash marries singer-songwriter June Carter.

**1988:** Author Toni Morrison wins the Pulitzer Prize for her novel “Beloved.”

**1990:** To honor the NBA’s all-time leading scorer, Kareem Abdul-Jabbar, the Los Angeles Lakers retire his No. 33 jersey.

**2006:** The English language version of the online encyclopedia Wikipedia reaches 1 million entries.

**2011:** NASA’s Discovery space shuttle completes its 39th and final mission.

**2019:** England’s Queen Elizabeth II makes her first post on Instagram. She shared an image of a letter from inventor Charles Babbage to her great-great-grandfather, Prince Albert.