



GABLES *of Ojai*

701 N Montgomery St • Ojai, CA 93023 • (805) 646-1446



Director's Corner

It is with sadness that we say “Goodbye” to one of our longest serving Residents. Dorothea Phelan moved in to the Gables in 2006 and quickly took on a number of roles.

She has been the President of the Residents’ Association for many years, leading a committee of her peers. Dorothea has also been our Chief Librarian, organizing and maintaining our inventory of well-thumbed books.

If you have ever noticed how shiny our silver is, well guess what, that’s down to our Silver Polisher, Miss Dorothea. Also, on numerous holidays throughout the year, including Christmas, Thanksgiving, Valentine’s, etc., Dorothea is our Chief Decorator, beautifying our common areas with seasonal decor.

Dorothea is moving back to Nevada to be close to family. So with a heavy heart, we wish her all the best, thank her for her service and friendship, and hope she comes back to visit soon and often.

David

March 2020



Upcoming Events

- 3/2 Lynn & Buzz: Healing & Broadway
- 3/4 Chef Chat with Salvador
- 3/4 Trader Joe’s & 99-Cent Store
- 3/5 Resident Council
- 3/6 Filmore Fish Hatchery
- 3/8 Daylight Saving Begins
- 3/11 Trip to Kohl’s & Pet store
- 3/12 Doggie Days talk with Amanda
- 3/13 Farewell Party for Mrs. Dorothea
- 3/14 Sadie the Service Dog & Tuesday
- 3/18 Walmart Trip with Kelley
- 3/19 Mayor Johnny
- 3/23 PLBs & Safety talk with Craig
- 3/26 Music with Tom Lennon
- 3/27 Patty Van Dyke: Creative process talk
- 3/28 Church Choir
- 3/30 Talk with Leslie Bouche





- 1 Adeline Drew
- 22 Peter Russell-Roberts
- 23 Maxine Taylor
- 23 Allan Dobel
- 25 Barbara Omholt
- 26 Yolanda Chimarusti
- 28 Tina Olson
- 30 Sheila Weinstein



Unlucky Ides

Every year on March 15, it's likely you'll hear someone say, "Beware the ides of March!" So what are ides, and why should we be wary of them? In truth, there's really nothing to fear: On the Ancient Roman calendar, "ides" was simply a word for the halfway point of a month when the full moon usually arrived. However, Julius Caesar made the ides of March famous when he was assassinated on that day in 44 B.C. In William Shakespeare's play about the famous leader, a fortune teller shouts the "Beware the ides of March!" warning, sealing the date's fate as an unlucky omen.

Sunday	Monday	Tuesday
<p>Elizabeth 1</p> <p>9:00 - 12:00 Church Drives</p> <p>1:30 Movie Matinee: "Elizabeth" Starring: Cate Blanchett, Liz Giles, Rod Culbertson (120 Mins) (CH)</p> <p>3:30 Board Games With Our Wonderful Friends (L)</p>	<p>Talk by Lynn & Buzz 2</p> <p>9:20 Get Fit With Pam Moore (L)</p> <p>1:30 Lynn & Buzz: Healing, Broadway & Audrey Hepburn (L)</p> <p>3:00 "Simple It's Not, I Am Afraid You Will Find, For a Mind-maker-upper to Make Up His Mind." Kelley and the History of Dr. Seuss (CH)</p>	<p>Chef Chat 3</p> <p>9:00 Balance Health With Carla Provides a Variety of Equipment & Exercises to Keep You Strong (SU)</p> <p>12:45 Quiz (MDR)</p> <p>1:30 Chef Chat With Salvador & David- Please Come and Share Your Views & Ideas on Cuisine at the Gables (L)</p>
<p>Daylight Saving Time Begins Driving Miss Daisy 8</p> <p>9:00 - 12:00 Church Drives</p> <p>1:30 Movie Matinee: "Driving Miss Daisy" Starring: Morgan Freeman, Jessica Tandy, Dan Aykroyd (99 Mins) (CH)</p> <p>3:30 Board Games With Our Wonderful Friends (L)</p>	<p>Fancy Feast 9</p> <p>9:20 Get Fit While You Sit With Pam Moore (L)</p> <p>1:30 Nature Walk & Bird Watching With Kelley. Take a Look at Our Feathered Friends Here at the Gables (L)</p> <p>5:00 Fancy Feast and Movie With Fancy Friends & Kelley (SU)</p>	<p>Frida 10</p> <p>9:00 Balance Health With Carla Provides a Variety of Equipment & Exercises to Keep You Strong (SU)</p> <p>12:45 Word Search (MDR)</p> <p>1:30 Movie "Frida" Starring Salma Hayek, Alfred Molina, Geoffrey Rush (123 Mins) (CH)</p>
<p>Bombshell 15</p> <p>9:00 - 12:00 Church Drives</p> <p>1:30 Movie Matinee: "Bombshell" Starring: Hedy Lamarr, Mel Brooks, Jennifer Hom (90 Mins) (CH)</p> <p>3:30 Board Games With Our Wonderful Friends (L)</p>	<p>Bocce Ball Bonanza 16</p> <p>9:20 Get Fit While You Sit With Pam Moore (L)</p> <p>1:30 Arts and Crafts: It's Your Lucky Day. Let's Make Some Leprechaun Hats & Four-Leaf Clovers (CH)</p> <p>3:00 Bocce Ball Bonanza & Banana Splits With Kelley (CH)</p>	<p>St. Paddy's Day! 17</p> <p>9:00 Balance Health With Carla Provides a Variety of Equipment & Exercises to Keep You Strong (SU)</p> <p>12:45 Irish Quiz (MDR)</p> <p>1:30 Movie Matinee: "Luck of the Irish" Starring: Ryan Merriman, Henry Gibson, Alexis Lopez (90 Mins) (CH)</p>
<p>Hillary's America 22</p> <p>9:00 - 12:00 Church Drives</p> <p>1:30 Movie Matinee: "Hillary's America: The Secret" Starring: Dinesh D'Souza, Jonah Goldberg, David Guyette (96 Mins) (CH)</p> <p>3:30 Board Games With Our Wonderful Friends (CH)</p>	<p>Caterpillar Habitat 23</p> <p>9:20 Get Fit While You Sit With Pam Moore (L)</p> <p>11:00 Time to Start Our Caterpillar Habitat: Let's Learn About These Baby Butterflies and Their Transformation Process (CH)</p> <p>1:30 How to Use Our PLBs and Safety Talk With Craig (L)</p>	<p>A Little Princess 24</p> <p>9:00 Balance Health With Carla Provides a Variety of Equipment & Exercises to Keep You Strong (SU)</p> <p>12:45 Word Scramble (MDR)</p> <p>1:30 Movie: "A Little Princess" Starring: Liesel Matthews, Eleanor Bron, Liam Cunningham (97 Mins) (CH)</p>
<p>RBG 29</p> <p>9:00 - 12:00 Church Drives</p> <p>1:30 Movie Matinee: "RBG" Starring: Ruth Bader Ginsburg, Ann Kittner, Harryette Helsel (100 Mins) (CH)</p> <p>3:30 Board Games With Our Wonderful Friends (L)</p>	<p>Talk With Leslie Bouche 30</p> <p>9:20 Get Fit While You Sit With Pam Moore (L)</p> <p>11:00 Mani & Pedi Madness With Kelley (L)</p> <p>1:30 Please Welcome Not Only a Hypnotherapist but Also a Master of Therapeutic Imagery; Leslie Bouche (L)</p>	<p>Nine to Five 31</p> <p>9:00 Balance Health With Carla Provides a Variety of Equipment & Exercises to Keep You Strong (SU)</p> <p>12:45 Quiz (MDR)</p> <p>1:30 Movie "9 To 5" Starring: Jane Fonda, Lily Tomlin, Dolly Parton (100 Mins) (CH)</p>

Wednesday	Thursday	Friday	Saturday
<p>Trader Joe's & 99¢ Store 4</p> <p>8:45 Seated Stretch W/Rob (L) 9:45 Fantastic Trip Time With Kelley to Trader Joe's & 99¢ Store in Ventura (SU)</p> <p>1:30 Movie "Hidden Figures" Starring: Taraji P. Henson, Octavia Spencer, Janelle Monáe (127 Mins) (CH)</p>	<p>Resident Council 5</p> <p>8:30 Gables Walking Club (CH)</p> <p>1:30 Resident Council Meeting With David & Kelley: Come Share Your Thoughts About Activities and More & Also Find Out the Latest Gables' News (L)</p>	<p>Filmore Fish Hatchery 6</p> <p>9:20 Reach With Rob (L) 10:00 Art With Gayel: Watercolors Class. No Experience Necessary! (CH)</p> <p>1:30 One Fish, Two Fish, Green Fish, Blue Fish... Time to Go Feed the Fish at Filmore's Fish Hatchery With Kelley (L) 5:00 Happy Hour (L)</p>	<p>Daylight Saving Before Bedtime 7</p> <p>9:15 Nature Walk (RG) 1:30 Movie Matinee: "The Cat in the Hat" Starring: Mike Myers & Dakota Fanning (96 Mins) (CH) 3:30 Board Games with our Friends (L) Daylight Saving begins at 2a.m. on 3/8. Spring Forward one hour before bedtime.</p>
<p>Talk by Galit Reuben 11</p> <p>8:45 Seated Stretch W/Rob (L)</p> <p>9:45 Trip to Kohl's Shopping Center in Ventura Followed by a Stop at a "Fur"tastic Pet Shop (SU)</p> <p>1:30 Galit Reuben: Stem Cell Therapy: NO Pills, NO Injections, NO Chemicals (CH)</p>	<p>"Doggie Days" 12</p> <p>8:45 Gables' Walking Club (CH) 9:45 Private Tour at Our Local Humane Society With Kelley & Friends (SU)</p> <p>11:00 Episcopal Church (L)</p> <p>3:00 "Doggie Days" With Amanda And Her Trusted Peaceful Pup (RG)</p>	<p>Farewell Dorothea 13</p> <p>9:20 Reach With Rob (L) 10:00 Art With Gayel: Join in With Our Watercolors Class. No Experience Necessary! (CH)</p> <p>4:00 Farewell Party for Dorothea Phelan, Resident and Part of the Gables Family Since 2006 (L) 5:00 Happy Hour (L)</p>	<p>A Dog's Journey 14</p> <p>9:15 Nature Walk (RG)</p> <p>1:30 Come Get to know Tuesday and her service dog Sadie (L) 3:30 Movie Matinee: "A Dog's Journey" Starring: Josh Gad, Dennis Quaid, Kathryn Prescott (100 Mins) (CH)</p>
<p>Walmart Shopping Trip 18</p> <p>8:45 Seated Stretch W/Rob (L)</p> <p>9:45 Trip to Walmart Super-center in Oxnard "Shopping on Victoria Ave" (SU)</p> <p>3:00 Guest Speaker: Drew West, World Traveler (L)</p>	<p>Mayor Johnny 19</p> <p>8:30 Gables' Walking Club (CH)</p> <p>1:30 Ojai's Mayor Johnny Johnston - What's the Buzz in Ojai? (L)</p> <p>3:00 Shamrock Cookie Baking and Decorating With Kelley and Friends (CH)</p>	<p>TED Talks 20</p> <p>9:20 Reach With Rob (L) 10:00 Art With Gayel: Join in With Our Watercolors Class. No Experience Necessary! (CH)</p> <p>1:30 TED Talks With Friends in the Theater Room (CH) 5:00 Happy Hour (L)</p>	<p>"Steel Magnolias" 21</p> <p>9:15 Nature Walk (RG)</p> <p>1:30 Movie "Steel Magnolias" Starring: Shirley MacLaine, Olympia Dukakis, Sally Field (120 Mins) (CH)</p> <p>3:30 Board Games With Our Friends (L)</p>
<p>Target Trip 25</p> <p>8:45 Seated Stretch W/Rob (L)</p> <p>9:45 Shopping Trip to Target in Ventura With Kelley & Friends (SU)</p> <p>1:30 New Resident Social— Come Along as We Toast to Our Newest Residents (CH)</p>	<p>Music With Tom Lennon 26</p> <p>8:30 Gables Walking Club (CH)</p> <p>12:30 Birthday Dinner With Birthday Cake (MDR)</p> <p>1:30 Birthday Music With Tom Lennon, A Member of the Papa Lennon's and Resident, Char Chatterton's Family (L)</p>	<p>Patty Van Dyke 27</p> <p>9:20 Reach With Rob (L)</p> <p>10:00 Art With Gayel: Join in With Our Watercolors Class. No Experience Necessary! (CH)</p> <p>1:30 Patty Van Dyke Presents the Creative Process and Card Making (L) 5:00 Happy Hour (L)</p>	<p>Church Choir performs 28</p> <p>9:15 Nature Walk (RG) 10:00 Dr. Jim Halverson & his Church Choir perform (L)</p> <p>1:30 Movie Matinee: "The Butterfly" Starring: Michel Serrault, Claire Bouanich, Nade Dieu (85 Mins) (CH)</p> <p>3:30 Board Games with our Friends (L)</p>
			

March 2020

“Well-behaved women
seldom make history.”

—Laurel Thatcher Ulrich

March:
WOMEN'S HISTORY MONTH

