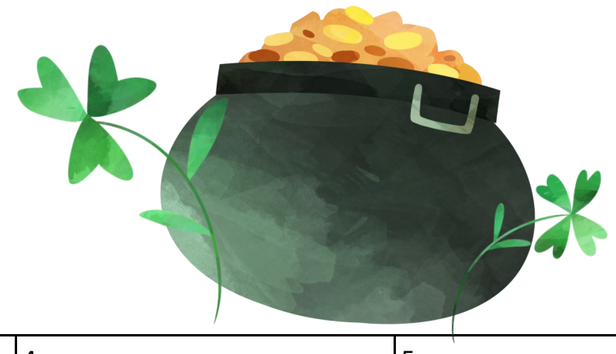
The Crossings at Bon Air Assisted Living Program Schedule

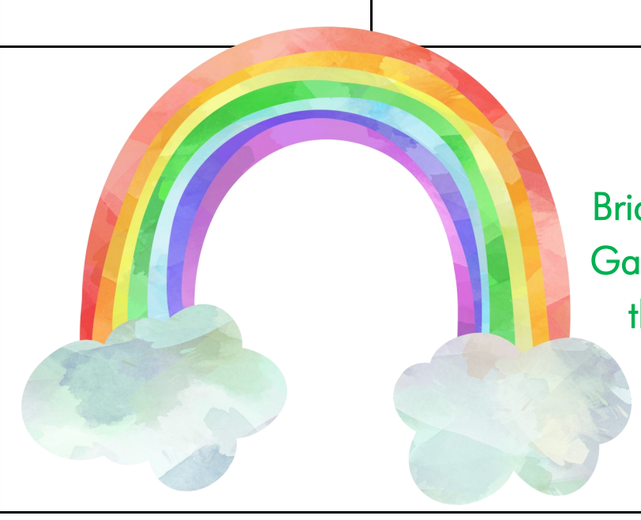
March 2020



Location Key

A—Activity Room
AL– AL Lobby
C—Chapel
D—IL Dining Room
GR— Game Room
$- Activity Fee
ML— Main Lobby
L—Library
P—Pub
R - Sign Up Required
#—Resident Led Activity

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10:30 Strength Training -AL 11:00 Wii Bowling-AL# 2:00 Mount Pisgah Methodist Service-C 3:00 Bingo-P 5:00 Happy Hour - P 7:00 Sunday Night Encore—GR	2 10:00 Strength Training-D 10:00 Mahjong –GR# 10:30 Bible Studies-C 11:00 Coloring for Calm-A 1:00 Jeopardy!!- P **2:00 Dollar Tree Trip-MLR** 2:00 From The Heart Knit'rs-L# 2:15 Advanced Balance-P 3:00 Dominoes-GR# 5:00 Happy Hour-P	3 10:00 Strength Training-D 10:30 Devotions with Krista-C 1:00 General Store –P ***2:00 Jazz Music with The Whitings-ML*** ***2:00 Resident Council –D*** 2-4:00 Hand and Foot– GR 3:00 Board Games-GR# 5:00 Happy Hour - P	4 10:00 Strength Training—D 11:00 Coloring for Calm-A 2:00 Catholic Rosary –C 3:00 This Week in History—L 5:00 Happy Hour - P ***7:00 Evening Bible Studies-C***	5 10:00 Strength Training—D 10:30 Catholic Communion-C 3:00 How Many Words-P 5:00 Happy Hour - P 7:00 Poker-GR#	6 10:00 Seated Yoga—D 10:00 Mahjong –GR# 11:00 Bingo-P 1:00 Jeopardy!!-P 1:30 Bridge—GR# 2:15 Advanced Balance-P 3:00 Coloring for Calm-A 5:00 Happy Hour - P	7 10:30 Strength Training -AL 11:00 Wii Bowling-AL# 5:00 Happy Hour - P 7:00 Sat. Night Movie "The Rainmaker" PG-13-GR
8 10:30 Strength Training -AL 11:00 Wii Bowling-AL# ***3:00 Kathy Simpson Piano School Recital-ML*** 5:00 Happy Hour - P 7:00 Sunday Night Encore—GR	9 10:00 Strength Training-D 10:00 Mahjong –GR# 10:30 Bible Studies-C 11:00 Coloring for Calm-A 1:00 Jeopardy!!- P **2:00 Target Trip-MLR** 2:00 From The Heart Knit'rs-L# 2:15 Advanced Balance-P 3:00 Dominoes-GR# 5:00 Happy Hour-P	10 10:00 Strength Training-D 10:30 Devotions with Krista-C 1:00 General Store –P 2-4:00 Hand and Foot– GR 3:00 Board Games-GR# 5:00 Happy Hour - P	11 10:00 Strength Training—D 11:00 Coloring for Calm-A 2:00 Catholic Rosary –C 3:00 This Week in History—L 5:00 Happy Hour - P ***7:00 Evening Bible Studies-C***	12 10:00 Strength Training—D 10:30 Catholic Communion-C ***2:00 Jewelry Making with Judy-AR*** 3:00 How Many Words-P 5:00 Happy Hour - P 7:00 Poker-GR#	13 10:00 Strength Training—D 10:00 Mahjong –GR# **10:15 Bank Run-MLR** 11:00 Bingo-P 1:00 Jeopardy!!-P 1:30 Bridge—GR# 2:15 Advanced Balance-P 3:00 Coloring for Calm-A 5:00 Happy Hour - P	14 10:30 Strength Training -AL 11:00 Wii Bowling-AL# 5:00 Happy Hour - P 7:00 Sat. Night Movie "I'll See You in my Dreams" PG-13-GR
15 10:30 Strength Training -AL 11:00 Wii Bowling-AL# 3:00 Bingo-P 5:00 Happy Hour - P 7:00 Sunday Night Encore—GR	16 10:00 Strength Training-D 10:00 Mahjong –GR# 10:30 Bible Studies-C 11:00 Coloring for Calm-A 1:00 Jeopardy!!- P **2:00 Steinmart Trip-MLR** 2:00 From The Heart Knit'rs-L# 2:15 Advanced Balance-P 3:00 Dominoes-GR# 5:00 Happy Hour-P	17 **St. Patrick's Day** 10:00 Strength Training-D 10:30 Devotions with Krista-C 1:00 General Store –P 2-4:00 Hand and Foot– GR 3:00 Board Games-GR# ***4:30 St. Patrick's Day Party with Mina & David McAllister-ML*** 5:00 Happy Hour-P	18 10:00 Strength Training—D 11:00 Coloring for Calm-A ***2:00 Music w/ Kevin Salyer-D*** 2:00 Catholic Rosary –C 3:00 This Week in History—L 5:00 Happy Hour - P ***7:00 Evening Bible Studies-C***	19 10:00 Strength Training—D 10:30 Catholic Communion-C **12:00 Lunch Out : Kick Back Jack's –ALR$** 2:00 Painter's Studio Hour-A 3:00 How Many Words-P 3:00 Book Club –L 5:00 Happy Hour - P 7:00 Poker-GR#	20 10:00 Seated Yoga—D 10:00 Mahjong –GR# **10:15 Library Run-MLR** 11:00 Bingo-P 1:00 Jeopardy!!-P 1:30 Bridge—GR# 2:15 Advanced Balance-P 3:00 Coloring for Calm-A 5:00 Happy Hour - P	21 10:30 Strength Training -AL 11:00 Wii Bowling-AL# 5:00 Happy Hour - P 7:00 Sat. Night Movie "Wild Oats" PG-13-GR
22 10:30 Strength Training -AL 11:00 Wii Bowling-AL# 3:00 Bingo-P 5:00 Happy Hour - P 7:00 Sunday Night Encore—GR	23 10:00 Strength Training-D 10:00 Mahjong –GR# 10:30 Bible Studies-C 1:00 Jeopardy!!- P **2:00 Walmart Trip-MLR** 2:00 From The Heart Knit'rs-L# 2:15 Advanced Balance-P 3:00 Dominoes-GR# 5:00 Happy Hour-P	24 10:00 Strength Training-D 10:30 Devotions with Krista-C 1:00 General Store –P 2-4:00 Hand and Foot– GR 3:00 Board Games-GR# 5:00 Happy Hour-P ***7:00 Cultural Exploration: India- GR***	25 10:00 Strength Training—D 11:00 Coloring for Calm-A 12:30 Men's Pizza Lunch-P 2:00 Catholic Rosary –C ***2:00 Cultural Exploration: India Encore Presentation– P*** 3:00 This Week in History—L 5:00 Happy Hour - P	26 10:00 Strength Training—D 10:30 Catholic Communion-C 2:00 Painter's Studio Hour-A ***2:00 March Birthday Party - ML*** 3:00 How Many Words-P 5:00 Happy Hour - P 7:00 Poker-GR#	27 10:00 Strength Training—D 10:00 Mahjong –GR# 11:00 Bingo-P 1:00 Jeopardy!!-P 1:30 Bridge—GR# 2:15 Advanced Balance-P 3:00 Coloring for Calm-A 5:00 Happy Hour - P	28 10:30 Strength Training -AL 11:00 Wii Bowling-AL# 5:00 Happy Hour - P 7:00 Sat. Night Movie "War Horse" R-GR
29 10:30 Strength Training -AL 11:00 Wii Bowling-AL# 3:00 Bingo-P 5:00 Happy Hour - P 7:00 Sunday Night Encore—GR	30 10:00 Strength Training-D 10:00 Mahjong –GR# 10:30 Bible Studies-C 11:00 Coloring for Calm-A 1:00 Jeopardy!!- P **2:00 Dollar Tree Trip-MLR** 2:00 From The Heart Knit'rs-L# 2:15 Advanced Balance-P 3:00 Dominoes-GR# 5:00 Happy Hour-P	**31** 10:00 Strength Training-D 10:30 Devotions and Communion with Krista-C 2-4:00 Hand and Foot– GR ***2:00 Resident Council –D*** 3:00 Board Games-GR# 5:00 Happy Hour-P				



Card Games

Bridge is played every Friday @ 1:30 pm in the Game Room. If you would like to be added to the Card Players list, or would like to add a game, please contact Tracy in Activities.