



Mar 1 Perfect Pineapple Salad Autumn Pot Roast <i>or</i> Lemon Pepper Salmon Garlic Mashed Potatoes Roasted Carrots Baked Roll Lemon Meringue Pie	2 Colorful Quinoa Salad Roasted Chicken Legs Veal Marsala Seasoned Rice Lemon Buttered Broccoli Baked Roll Apple Crisp	3 Green Salad Pork Chops and Gravy <i>or</i> Country Fried Steak with Gravy Baked Yams Capri Blend Baked Roll Spiced Pear Cake	4 Cottage Cheese and Fruit Bacon and Cheese Chopped Steak <i>or</i> Cranberry Glazed Turkey Roast Baked Potato Oven Roasted Cauliflower Baked Roll Banana Crumb Cake	5 Arugula Caesar Salad Pesto Chicken Pork Roast with Mustard Sauce Lemon Pasta Green Beans Baked Roll Vanilla Fruit Pudding	6 Creamy Coleslaw Cod Fillet with Lemon Sauce <i>or</i> Ham with Pineapple Sauce Roasted Potato Medley Spinach Baked Roll White Cake	7 Apple Cranberry Walnut Salad Glazed Meatloaf <i>or</i> Turkey with Basil Cream Sauce Fried Potatoes and Onions Seasoned Peas Baked Roll Peach Crisp
8 Green Salad Chicken Parmesan <i>or</i> Italian Beef Pot Roast Garlic Pasta California Normandy Blend Crusty Cheese Bread Cherry Pie	9 Ambrosia Jello Salad Herb Seasoned Pork Eggplant Parmesan Glazed Sweet Potatoes Yellow Squash and Onions Baked Roll Chocolate Lush	10 Spinach Cheese Salad Beef Burgundy <i>or</i> Baked Tilapia with Dijon Dill Sauce Parsley Egg Noodles Steamed Broccoli Baked Roll Lime Poke Cake	11 Green Salad Homestyle Turkey and Gravy <i>or</i> Pork Chops and Kraut Cranberry Sage Dressing Buttery Carrots Baked Roll Fruit Cobbler	12 Feta Garbanzo Bean Salad Baked Ham Chicken with Tomato Mushroom Sauce Scalloped Potatoes Green Beans with Bacon Baked Roll Old Fasioned Custard Pie	13 Mandarin Citrus Slaw Sweet Sour Meatballs <i>or</i> Parmesan Crusted Cod Brown Rice Snap Pea Vegetable Blend Spring Egg Roll Glazed Lemon Pound Cake	14 Green Salad Roasted Lemon Chicken <i>or</i> Corned Beef with Cabbage Wedge Red Potatoes Sautéed Spinach Baked Roll Vanilla Berry Trifle
15 Broccoli Raisin Salad Honey Glazed Pork <i>or</i> Herbed Roast with Vegetables AuGratin Potatoes Hawaiian Beets Baked Roll Fresh Banana Cream Pie	16 Cottage Cheese and Fruit Philly Cube Steak Rosemary Roasted Turkey Roasted Yams Capri Blend Baked Roll Pumpkin Angel Cake	17 Green Salad Smothered Chicken Breasts <i>or</i> Ham Steaks Mashed Red Potatoes Herbed Corn Baked Roll Fruit Cobbler	18 Colorful Fruit Salad Lemon Garlic Fish <i>or</i> Layered Sausage Casserole Rice Orzo Pilaf Green Beans Baked Roll Assorted Desserts	19 Green Salad Pepper Steak and Gravy Apricot Brown Sugar Ham Mashed Potatoes and Gravy Sautéed Spinach Baked Roll Lemon Cake	20 Green Salad Chicken with Savory Cream Gravy <i>or</i> All American Hot Dish Parsley Egg Noodles Sautéed Yellow Squash Baked Roll Cake Chocolates	21 Tropical Pear Salad Country Style Pork Ribs <i>or</i> Steak Picante Potato Salad Collard Greens Baked Roll Pineapple Parfait
22 Fruited Jello Salad Meatloaf and Gravy <i>or</i> Cheddar Chicken O'Brien Potatoes Mixed Vegetables Baked Roll Pumpkin Pie	23 Pineapple Chunks Teriyaki Chicken Tilapia with Tomato Cream Sauce Brown Rice Steamed Broccoli Baked Roll Apple Cobbler	24 Green Salad Pork Milanese <i>or</i> Herb Roasted Turkey Sweet Baked Yams Scandinavian Veg Baked Roll Lemon Cream Cake	25 Four Bean Salad Seasoned Salisbury Steak <i>or</i> Ham with Raisin Sauce Twice Baked Potato Casserole Cauliflower and Carrots Baked Roll Banana Creme Cake	26 Green Salad Mushroom and Swiss Chicken Hot Pork Gravy Penne Pasta Roasted Brussels Sprouts Baked Roll Blueberry Pie	27 Orange-Kiwi Salad Grilled Cod with Lemon Dill Sauce <i>or</i> Spanish Cubed Steak Rice Pilaf Chef's Steamed Vegetable Baked Roll Cake Chocolates	28 Green Salad Lasagna <i>or</i> Sliced Turkey Breast Garlic Zucchini Saute Garlic Bread Buttermilk Spice Cake
29 Mandarin Oranges Glazed Baked Ham <i>or</i> Cheese Omelet Baked Yams Seasoned Cabbage Baked Roll Cake Chocolates	30 Orange Cottage Salad Herb Crusted Chicken Shrimp Creole Ranch Potato Bake Capri Blend Baked Roll Cheesecake	31 Green Salad Meatballs with Marinara Sauce <i>or</i> Lemon Oregano Turkey Garlic Pasta Parmesan Green Beans Garlic Bread Chocolate Oreo Poke Cake	Apr 1	2	3	4