

March 2020
Independent Living Lifestyle & Leisure

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1:30 Bingo 1 2:30 Joann's Shopping Trip 6:00 Five Crowns Card Game	10:00 Parkinson's Support Group 2 11:00 Stretch and Flex 1:30 Scrabble 6:00 Five Crowns Card Game	10:00 Errands 3 11:00 Resident Meeting with Lee 2:30 Ice Cream Social	10:00 Blood Pressure Checks 4 11:00 Stretch and Flex 1:15 Bingo 6:00 Hand and Foot	10:00 Casino Run 5 1:30 Yahtzee 3:30 Dance Lesson with Clarice 6:00 Card Game	11:00 Stretch and Flex 6 1:30 Pinochle 3:45 David Lee Howard Music 3:45 Wine Social 6:00 Resident Led - Board Game Night	11:00 Crazy Ball 7 1:30 Wheel of Fortune 6:00 Card Game
Daylight Saving Time Begins 8 1:30 Bingo 2:30 Michael's Craft Store Shopping Trip 6:00 Five Crowns Card Game	11:00 Stretch and Flex 9 1:30 Crafting Corner/Start, Finish a Project; Learn a new Skill 6:00 Five Crowns Card Game	Happy Birthday, Michael! 10 10:00 Errands 2:30 Ice Cream Social	10:00 Blood Pressure Checks 11 11:00 Stretch and Flex 1:15 Bingo 6:00 Hand and Foot	11:00 All About Hearing 12 1:15 Doughnut Run + Trip to Cap Sante Overlook 6:00 Card Game	11:00 Stretch and Flex 13 1:30 Pinochle 3:45 Wine Social 6:00 Late Night Movie	11:00 Crazy Ball 14 1:30 Bowling @ Riverside Lanes \$7 for 2 Games 6:00 Card Game
1:30 Bingo 15 2:30 Trip to The Olde Towne Grainery Tea Room & Galleria 6:00 Five Crowns Card Game	Happy Birthday, David! 16 11:00 Stretch and Flex 1:30 Activities Meeting with Gail & Lee 4:00 Meals On Wheels: Bingo & Baked Potato Fundraiser @ Burlington/Senior Center. FREE! 6:00 Five Crowns Card Game	St. Patrick's Day 17 10:00 Errands 2:30 Ice Cream Social 7:30 Shawn's Tech Help Hour	10:00 Blood Pressure Checks 18 11:00 Stretch and Flex 1:15 Bingo 6:00 Hand and Foot	Happy Birthday, Clarice! 19 11:00 Yahtzee 1:30 Mystery Science Experiment 6:00 Card Game	11:00 Stretch and Flex 20 1:30 Pinochle 3:45 Esquires / Birthday Celebration 3:45 Wine Social 6:00 Resident Led - Board Game Night	Happy Birthday, Bob W.! 21 11:00 Crazy Ball 6:00 Card Game
1:30 Bingo 22 6:00 Five Crowns Card Game	11:00 Stretch and Flex 23 1:30 Crafting Corner/Start, Finish a Project; Learn a new Skill 6:00 Five Crowns Card Game	10:00 Errands 24 1:30 Mount Vernon Public Library Visit 2:30 Ice Cream Social	10:00 Blood Pressure Checks 25 11:00 Stretch and Flex 1:15 Bingo 6:00 Hand and Foot 6:30 Trivia Night @ Farmstrong Brewing Co. - Free Admission, Teams of 1-6	10:00 Thrifty Thursday @ Encore Shoppe & Again Thrift Shop 26 3:30 Getting to Know You 6:00 Card Game	11:00 Stretch and Flex 27 1:30 Pinochle 3:45 Dennis Sakowski / Music 3:45 Wine Social 6:00 Late Night Movie	11:00 Crazy Ball 28 6:00 Card Game
1:30 Bingo 29 6:00 Five Crowns Card Game	Happy Birthday, Chery-Lyn! 30 11:00 Stretch and Flex 1:30 Trip to Mount Vernon Senior Center 6:00 Five Crowns Card Game	10:00 Errands 31 2:30 Ice Cream Social	 <p>Movies Daily at 1:30PM. During Sunday football, movies will begin at 6PM. Activities & menus are subject to change, we are sorry for any inconvenience.</p>			