

MARCH 2020

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



Dimensions of Wellness

- Physical
- Entertainment
- Spiritual
- Environmental
- Outing
- Social
- Intellectual
- Health Services
- Nutritional

Meeting Places

- BI** Bistro
- MP** Multi-Purpose Room
- CR** Craft Room
- FR** Family Room
- 2SR** 2nd Floor Sitting Room
- MBDR** Meadow Brook Dining Room
- MDR** Main Dining Room
- LB** Lobby
- CH** Chapel

<p><b>01</b></p> <p>10:30a Early Bird Matinee Movie <b>MP</b></p> <p>12:00p Sunday Brunch <b>MDR</b></p> <p>04:00p This Week In History <b>MP</b></p> <p>04:30p Card Games <b>FR</b></p> <p>05:00p Mingle Hour <b>BI</b></p> <p>07:30p Movie Night <b>MP</b></p>	<p><b>02</b></p> <p>10:00a Sneak Peek <b>MDR</b></p> <p>10:30a Yoga Exercise Class <b>MP</b></p> <p>11:30a Silvertones Choir Rehearsal <b>FR</b></p> <p>01:00p Coupon Clipping <b>FR</b></p> <p>01:00p Knitting &amp; Crochet Group <b>2SR</b></p> <p>02:00p Bridge Players <b>FR</b></p> <p>03:00p Resident Chosen Games <b>MBDR</b></p> <p>07:30p Movie Night <b>MP</b></p>	<p><b>03</b></p> <p>10:30a Lets Go To The Movies <b>LB</b></p> <p>11:00a Weight &amp; Conditioning <b>MP</b></p> <p>01:00p History Hub - America: The Story of Us pt 9 "Bust" <b>MP</b></p> <p>02:00p "American Vs. British English" Themed Activity <b>MP</b></p> <p>02:30p Euchre Card Players <b>FR</b></p> <p>07:00p Nickel Dice Game <b>FR</b></p>	<p><b>04</b></p> <p>09:15a Meijers &amp; Kohls Shopping Trip <b>LB</b></p> <p>11:00a Strength &amp; Balance Exercise Class <b>MP</b></p> <p>01:00p Henry Fienburg Lectures on Sinatra <b>MP</b></p> <p>02:00p Berliner Philharmoniker Concert: Manfred Honeck &amp; Matthias Goerne Perform Dvorak, Schubert, and Strauss <b>LB</b></p> <p>02:00p Library Bookmobile Visits <b>MBDR</b></p> <p>03:00p Resident Chosen Games <b>MP</b></p> <p>05:00p Communion <b>MP</b></p>	<p><b>05</b></p> <p>10:00a Hearing Aid Center Visits <b>FR</b></p> <p>11:00a Tai Chi Exercise Class <b>MP</b></p> <p>01:00p Book Club: New Books <b>2SR</b></p> <p>02:00p Pinochle Players <b>FR</b></p> <p>03:00p Social Hour with Entertainment <b>BI</b></p> <p>07:30p Movie Night <b>MP</b></p>	<p><b>06</b></p> <p>10:00a Beat Your Neighbor Card Game <b>FR</b></p> <p>11:00a Super Fit Exercise Class <b>MP</b></p> <p>12:00p Current Events with Kathy <b>MP</b></p> <p>01:00p Canasta Card Players <b>FR</b></p> <p>02:00p Resident Rosary <b>CH</b></p> <p>03:00p Horse Races <b>MP</b></p> <p>07:30p Signature Event: Comedian &amp; Magician Jasen Magic <b>MP</b></p>	<p><b>07</b></p> <p>10:15a Group Painting <b>CR</b></p> <p>11:00a Stretch &amp; Balance Exercise Class <b>MP</b></p> <p>12:30p Matinee Movie <b>MP</b></p> <p>01:00p History Rewind <b>MP</b></p> <p>02:00p Card Games <b>FR</b></p> <p>03:00p Resident Chosen Games <b>MBDR</b></p> <p>07:30p Musical Performance with Dan Bergen <b>MP</b></p>
<p><b>08</b></p> <p>10:30a Early Bird Matinee Movie <b>MP</b></p> <p>12:00p Sunday Brunch <b>MDR</b></p> <p>04:30p Card Games <b>FR</b></p> <p>05:00p Mingle Hour <b>BI</b></p> <p>07:30p Movie Night <b>MP</b></p>	<p><b>09</b></p> <p>10:00a Sneak Peek <b>MDR</b></p> <p>10:30a Yoga Exercise Class <b>MP</b></p> <p>11:30a Silvertones Choir Rehearsal <b>FR</b></p> <p>01:00p Coupon Clipping <b>FR</b></p> <p>01:00p Knitting &amp; Crochet Group <b>2SR</b></p> <p>02:00p Bridge Players <b>FR</b></p> <p>03:00p Resident Chosen Games <b>MBDR</b></p> <p>07:30p Movie Night <b>MP</b></p>	<p><b>10</b></p> <p>11:00a Weight &amp; Conditioning <b>MP</b></p> <p>12:00p Blood Pressure Clinic with Nurse Peggy and Darlette <b>FR</b></p> <p>01:00p "Meet Your MPI Team" with Nurse Peggy <b>MP</b></p> <p>02:00p History Hub - America: The Story of Us Pt 10 "WWII" <b>MP</b></p> <p>02:30p Euchre Card Players <b>FR</b></p> <p>07:00p Nickel Dice Game <b>FR</b></p>	<p><b>11</b></p> <p>09:15a Meijers &amp; Kohls Shopping Trip <b>LB</b></p> <p>11:00a Strength &amp; Balance Exercise Class <b>MP</b></p> <p>01:00p Berliner Philharmoniker Concert: Herbert Blomstedt performs Mozart, Grieg, and Bruckner <b>MP</b></p> <p>02:00p Library Bookmobile Visits <b>LB</b></p> <p>03:00p Resident Chosen Games <b>MBDR</b></p> <p>05:00p Communion <b>MP</b></p> <p>07:00p Evening Lecture: Dublin's Easter Rising with Professor Sean Moran <b>MP</b></p>	<p><b>12</b></p> <p>11:00a Tai Chi Exercise Class <b>MP</b></p> <p>12:15p Outing: Birmingham Musicale "March Winds" Concert <b>LB</b></p> <p>01:00p Pinochle Players <b>FR</b></p> <p>02:00p Hangman <b>FR</b></p> <p>03:00p Social Hour with Entertainment <b>BI</b></p> <p>07:30p Movie Night <b>MP</b></p>	<p><b>13</b></p> <p>10:00a Beat Your Neighbor Card Game <b>FR</b></p> <p>11:00a Super Fit Exercise Class <b>MP</b></p> <p>12:00p Current Events with Kathy <b>MP</b></p> <p>01:00p Canasta Card Players <b>FR</b></p> <p>01:00p Music Therapy with Dr. Butler <b>MP</b></p> <p>03:00p Horse Races <b>MP</b></p> <p>06:30p Was It Designed? with Tod Martin <b>MP</b></p> <p>07:30p Musical Performance with Pianist Yuta Sugano <b>MP</b></p>	<p><b>14</b></p> <p>10:15a Saturday Morning Group Painting <b>CR</b></p> <p>11:00a Stretch &amp; Balance Exercise Class <b>MP</b></p> <p>01:00p History Rewind <b>MP</b></p> <p>02:00p Card Games <b>FR</b></p> <p>03:00p Resident Chosen Games <b>MBDR</b></p> <p>06:30p Pie Social for Pi Day <b>BI</b></p> <p>07:30p Movie Night <b>MP</b></p>
<p><b>15</b></p> <p>10:30a Early Bird Matinee Movie <b>MP</b></p> <p>12:00p Sunday Brunch <b>MDR</b></p> <p>04:00p Musical Performance with Mike Cuzenza <b>MP</b></p> <p>04:30p Card Games <b>FR</b></p> <p>05:00p Mingle Hour <b>BI</b></p> <p>07:30p Movie Night <b>MP</b></p>	<p><b>16</b></p> <p>10:00a Sneak Peek <b>MDR</b></p> <p>10:30a Yoga Exercise Class <b>MP</b></p> <p>11:30a Silvertones Choir Rehearsal <b>FR</b></p> <p>01:00p Coupon Clipping <b>FR</b></p> <p>01:00p Knitting &amp; Crochet Group <b>2SR</b></p> <p>02:00p New Resident Welcome Reception <b>BI</b></p> <p>03:00p Resident Chosen Games <b>MBDR</b></p> <p>07:30p Movie Night <b>MP</b></p>	<p><b>17</b></p> <p>11:00a Weight &amp; Conditioning <b>MP</b></p> <p>01:00p History Hub - History of St. Patrick's Day <b>MP</b></p> <p>02:00p Irish Music with the Ivybrooke Duo <b>MP</b></p> <p>02:30p Euchre Card Players <b>FR</b></p> <p>03:00p March Signature Dinner: "St. Patrick's Day/ British Isles Dinner" <b>MDR</b></p> <p>07:00p Nickel Dice Game <b>FR</b></p>	<p><b>18</b></p> <p>09:15a Meijers &amp; Kohls Shopping Trip <b>LB</b></p> <p>11:00a Strength &amp; Balance Exercise Class <b>MP</b></p> <p>11:30a Krogers Shopping <b>LB</b></p> <p>01:00p Berliner Philharmoniker Concert: Tugan Sokhiev and Yefim Bronfman perform Beethoven <b>MP</b></p> <p>02:00p Library Bookmobile Visits <b>LB</b></p> <p>03:00p Resident Chosen Games <b>MBDR</b></p> <p>05:00p Communion <b>MP</b></p>	<p><b>19</b></p> <p>10:00a Crafts with Dorothy: TBD <b>CR</b></p> <p>11:00a Tai Chi Exercise Class <b>MP</b></p> <p>01:00p Pinochle Players <b>FR</b></p> <p>03:00p Social Hour with Entertainment <b>BI</b></p> <p>07:30p Movie Night <b>MP</b></p>	<p><b>20</b></p> <p>10:00a Beat Your Neighbor Card Game <b>FR</b></p> <p>11:00a Zumba Gold Exercise Class <b>MP</b></p> <p>12:00p Current Events with Kathy <b>MP</b></p> <p>01:00p Canasta Card Players <b>FR</b></p> <p>03:00p Horse Races <b>MP</b></p> <p>07:30p Movie Night <b>MP</b></p>	<p><b>21</b></p> <p>10:15a Watercolor Painting with Daisy <b>CR</b></p> <p>11:00a Stretch &amp; Balance Exercise Class <b>MP</b></p> <p>01:00p History Rewind <b>MP</b></p> <p>02:00p Card Games <b>FR</b></p> <p>03:00p Resident Chosen Games <b>MBDR</b></p> <p>07:30p Movie Night <b>MP</b></p>
<p><b>22</b></p> <p>10:30a Early Bird Matinee Movie <b>MP</b></p> <p>12:00p Sunday Brunch <b>MDR</b></p> <p>03:00p This Week In History <b>MP</b></p> <p>04:00p Musical Performance with Vocalist Pam Jaslove <b>MP</b></p> <p>04:30p Card Games <b>FR</b></p> <p>05:00p Mingle Hour <b>BI</b></p> <p>07:30p Movie Night <b>MP</b></p>	<p><b>23</b></p> <p>10:00a Sneak Peek <b>MDR</b></p> <p>10:30a Yoga Exercise Class <b>MP</b></p> <p>11:30a Silvertones Choir Rehearsal <b>FR</b></p> <p>01:00p Coupon Clipping <b>FR</b></p> <p>01:00p Knitting &amp; Crochet Group <b>2SR</b></p> <p>02:00p History Hub - America: The Story of Us Pt 11 "SuperPower" <b>MP</b></p> <p>03:00p Resident Chosen Games <b>MBDR</b></p> <p>07:30p Movie Night <b>MP</b></p>	<p><b>24</b></p> <p>11:00a Weight &amp; Conditioning <b>MP</b></p> <p>01:00p Berliner Philharmoniker Concert: Kirill Petrenko and Daniel Barenboim perform Beethoven, Schubert, and Suk <b>MP</b></p> <p>02:00p Euchre Card Players <b>FR</b></p> <p>06:30p Evening Outing: Cranbrook Music Guild Concert "Escher Quartet" <b>LB</b></p> <p>07:00p Nickel Dice Game <b>FR</b></p>	<p><b>25</b></p> <p>09:15a Meijers &amp; Kohls Shopping Trip <b>LB</b></p> <p>11:00a Strength &amp; Balance Exercise Class <b>MP</b></p> <p>11:30a Krogers Shopping <b>LB</b></p> <p>01:00p Know Your Options; Knee Pain Relief without Surgery with Angela Lakowski <b>MP</b></p> <p>02:00p Library Bookmobile Visits <b>LB</b></p> <p>03:00p Social Hour with Entertainment <b>BI</b></p> <p>05:00p Communion <b>MP</b></p>	<p><b>26</b></p> <p>11:00a Tai Chi Exercise Class <b>MP</b></p> <p>01:00p Outing: Tea at Two at the Troy Historical Village <b>LB</b></p> <p>01:00p March Culinary Demonstration "Homemade Irish Coffee" <b>MDR</b></p> <p>01:00p Pinochle Players <b>FR</b></p> <p>03:00p Resident Chosen Games <b>MBDR</b></p> <p>07:30p Movie Night <b>MP</b></p>	<p><b>27</b></p> <p>10:00a Beat Your Neighbor Card Game <b>FR</b></p> <p>11:00a Super Fit Exercise Class <b>MP</b></p> <p>12:00p Current Events with Kathy <b>MP</b></p> <p>01:00p Canasta Card Players <b>FR</b></p> <p>01:00p Music Therapy with Dr. Butler <b>MP</b></p> <p>03:00p Horse Races <b>MP</b></p> <p>06:30p Was It Designed? with Tod Martin <b>MP</b></p> <p>07:30p Musical Performance with Vocalist Vanessa Carr <b>MP</b></p>	<p><b>28</b></p> <p>10:15a Watercolor Painting with Daisy <b>CR</b></p> <p>11:00a Stretch &amp; Balance Exercise Class <b>MP</b></p> <p>01:00p History Rewind <b>MP</b></p> <p>01:00p Ladies Tea Social "Flowers Galore" <b>MDR</b></p> <p>02:00p Card Games <b>FR</b></p> <p>03:00p Resident Chosen Games <b>MBDR</b></p> <p>07:30p Movie Night <b>MP</b></p>
<p><b>29</b></p> <p>10:30a Early Bird Matinee Movie <b>MP</b></p> <p>12:00p Sunday Brunch <b>MDR</b></p> <p>04:00p This Week In History <b>MP</b></p> <p>04:30p Card Games <b>FR</b></p> <p>05:00p Mingle Hour <b>BI</b></p> <p>07:30p Movie Night <b>MP</b></p>	<p><b>30</b></p> <p>10:00a Sneak Peek <b>MDR</b></p> <p>10:30a Yoga Exercise Class <b>MP</b></p> <p>11:30a Silvertones Choir Rehearsal <b>FR</b></p> <p>12:00p Tigers Opening Day Celebrations! <b>BI</b></p> <p>03:00p Resident Chosen Games <b>MBDR</b></p> <p>07:30p Movie Night <b>MP</b></p>	<p><b>31</b></p> <p>10:00a Knitting &amp; Crochet Group <b>2SR</b></p> <p>10:30a Outing: Motor City Casino <b>MP</b></p> <p>11:00a Weight &amp; Conditioning <b>MP</b></p> <p>01:00p History Hub - America: The Story of Us Pt 12 "Millennium" <b>MP</b></p> <p>02:00p Euchre Card Players <b>FR</b></p> <p>07:00p Nickel Dice Game <b>FR</b></p>				