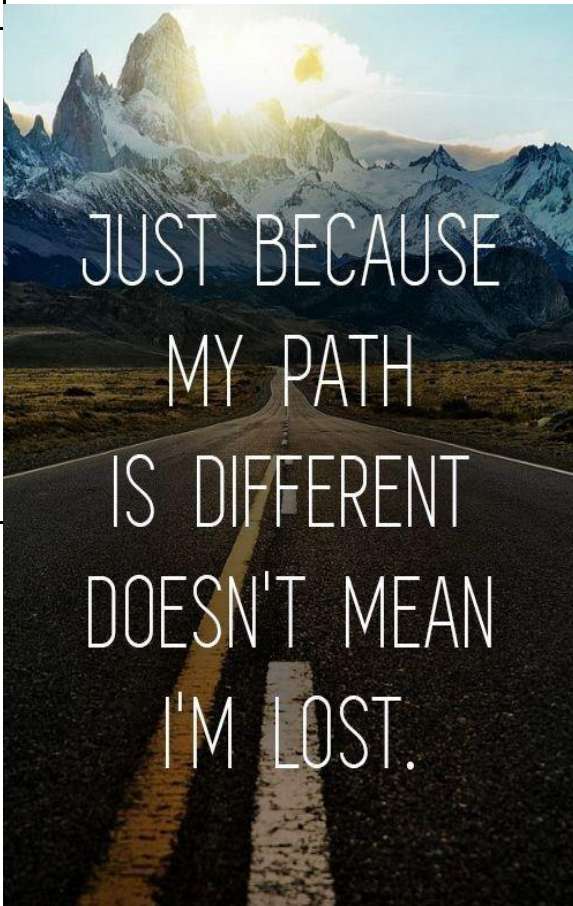
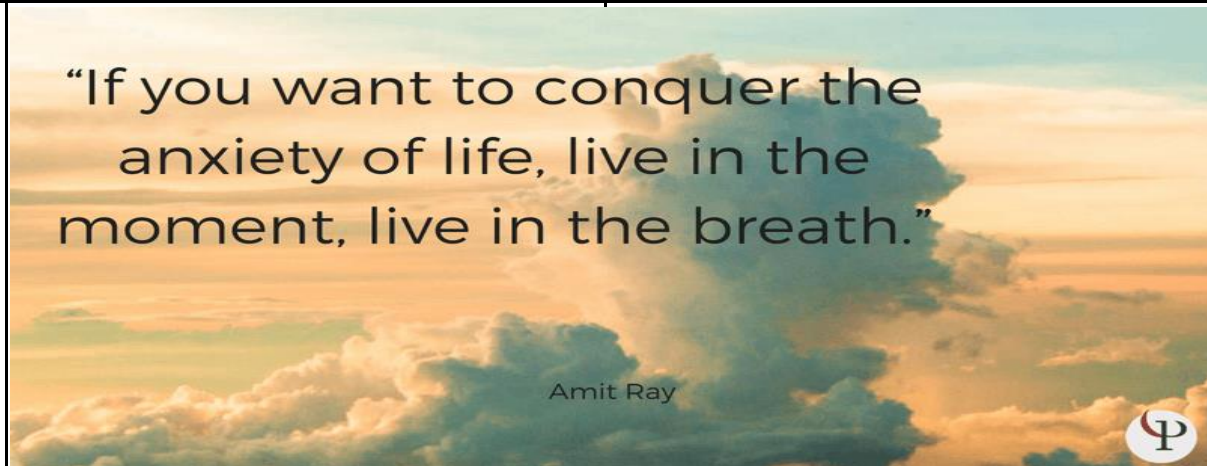


BELLA VISTA VILLA MARCH ACTIVITIES

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
1 9:30 Catholic Mass (3M) 10:00 Morning Hydration 12:30 Rummikub (VD) 2:00 Non-Denom. Service (3M) 3:00 Afternoon Hydration 3:30 Movie (VD)	2 9:00 Wii Bowling (VL) 10:00 Morning Hydration 12:30 Movie (VL) 2:00 Read a Long (VL) 2:00 CaptionCall Presentation (1C) 3:00 Afternoon Hydration	3 9:00 Ball Toss w/ Parachute (VD) 10:00 Morning Hydration 10:30 Bingo (VD) 11:30 Norm's Watch Repair (1C) 12:30 Book Club (VD) 1:30 Reminiscence (VL) 2:15 Nature Walk Outside 3:00 Afternoon Hydration	4 9:00 Cup Staking (VD) 10:00 Morning Hydration & Total Body Fitness Combo (DR) 12:30 Hand Massages (VL) 2:00 Pedicures (VD) 3:00 Afternoon Hydration	5 9:00 Balloon Toss (VD) 10:00 Morning Hydration 10:00-2:00 Paula's Accessories for Men/Women (Breezeway) 10:30 Bingo (VD) 12:30 Painting (VD) 2:00 Wii Bowling (VD) 3:00 Afternoon Hydration	6 9:00 Target Golfing (VD) 10:00 Morning Hydration 10:30 Wii Bowling (VL) 12:30 Coloring (VD) 2:00 Happy Hour: Gabriel Magno Vocals and Keyboard 3:00 Afternoon Hydration	7 9:00 Wii Bowling (VL) 10:00 Morning Hydration 12:30 Movie (VL) 2:00 Read a Long (VL) 3:00 Afternoon Hydration	
8 9:30 Catholic Mass (3M) 10:00 Morning Hydration 12:30 Rummikub (VD) 2:00 Non-Denom. Service (3M) 3:00 Afternoon Hydration 3:30 Movie (VD) DAYLIGHT SAVINGS BEGINS	9 9:00 Wii Bowling (VL) 10:00 Morning Hydration 10:00-2:00 Buy Pickles & Other Items from Anise (1C) 12:30 Movie (VL) 2:00 Read a Long (VL) 3:00 Afternoon Hydration	10 9:00 Ball Toss w/ Parachute (VD) 10:00 Morning Hydration 10:30 Bingo (VD) 12:30 Book Club (VD) 1:30 Reminiscence (VL) 2:15 Nature Walk Outside 3:00 Afternoon Hydration	11 9:00 Cup Staking (VD) 10:00 Morning Hydration & Total Body Fitness Combo (DR) 12:30 Hand Massages (VL) 2:00 Pedicures (VD) 2:30 Town Hall Meeting (3M) 3:00 Afternoon Hydration 3:30 Mobile Hearing (1C)	12 9:00 Balloon Toss (VD) 10:00 Morning Hydration 10:30 Bingo (VD) 12:30 Painting (VD) 2:00 Wii Bowling (VD) 2:00 Food for Thought Meeting (3M) 3:00 Afternoon Hydration	13 9:00 Target Golfing (VD) 10:00 Morning Hydration 10:30 Wii Bowling (VL) 12:30 Coloring (VD) 2:00 Happy Hour: Jan and Deborah Vocalist and Pianist 3:00 Afternoon Hydration	14 9:00 Wii Bowling (VL) 10:00 Morning Hydration 12:30 Movie (VL) 2:00 Read a Long (VL) 3:00 Afternoon Hydration	
15 9:30 Catholic Mass (3M) 10:00 Morning Hydration 12:30 Rummikub (VD) 2:00 Non-Denom. Service (3M) 3:00 Afternoon Hydration 3:30 Movie (VD)	16 9:00 Wii Bowling (VL) 10:00 Morning Hydration 12:30 Movie (VL) 2:00 Read a Long (VL) 2:00-3:00 Raffle Prize Drawing with Hatfield Medical Group (1C) 3:00 Afternoon Hydration	17 9:00 Ball Toss w/ Parachute (VD) 10:00 Morning Hydration 10:30 Bingo (VD) 12:30 Book Club (VD) 2:00 St. Patrick's Day Party with Pam & Bruce (DR) 3:00 Afternoon Hydration ST. PATRICK'S DAY	18 9:00 Cup Staking (VD) 10:00 Morning Hydration & Total Body Fitness Combo (DR) 12:30 Hand Massages (VL) 2:00 Pedicures (VD) 3:00 Afternoon Hydration	19 9:00 Balloon Toss (VD) 10:00 Morning Hydration 10:30 Bingo (VD) 12:00 Mesa Riverview Picnic Sack Lunch Outing! 2:00 Wii Bowling (VD) 3:00 Afternoon Hydration SPRING EQUINOX	20 9:00 Target Golfing (VD) 10:00 Morning Hydration 10:30 Wii Bowling (VL) 12:30 Coloring (VD) 2:00 Happy Hour: Van Arlon Country Vocals and Guitar 3:00 Afternoon Hydration	21 9:00 Wii Bowling (VL) 10:00 Morning Hydration 12:30 Movie (VL) 2:00 Read a Long (VL) 3:00 Afternoon Hydration	
22 Happy Birthday Diana Robinson! 9:30 Catholic Mass (3M) 10:00 Morning Hydration 12:30 Rummikub (VD) 2:00 Non-Denom. Service (3M) 3:00 Afternoon Hydration 3:30 Movie (VD)	23 9:00 Wii Bowling (VL) 10:00 Morning Hydration 12:30 Movie (VL) 2:00 Read a Long (VL) 3:00 Afternoon Hydration	24 9:00 Ball Toss w/ Parachute (VD) 10:00 Morning Hydration 10:30 Bingo (VD) 12:30 Book Club (VD) 1:30 Reminiscence (VL) 2:00 Sing-A-Longs with Alexis (1C) 2:15 Nature Walk Outside 3:00 Afternoon Hydration	25 9:00 Cup Staking (VD) 10:00 Morning Hydration & Total Body Fitness Combo (DR) 12:30 Hand Massages (VL) 2:00 March Birthday Party Social with Carl Block (DR) 3:00 Afternoon Hydration	26 9:00 Balloon Toss (VD) 10:00 Morning Hydration 10:30 Bingo (VD) 12:30 Painting (VD) 2:00 Wii Bowling (VD) 3:00 Afternoon Hydration	27 9:00 Target Golfing (VD) 10:00 Morning Hydration 10:30 Wii Bowling (VL) 12:30 Coloring (VD) 2:00 Happy Hour: T.A Burrows Vocalist 3:00 Afternoon Hydration	28 9:00 Wii Bowling (VL) 10:00 Morning Hydration 12:30 Movie (VL) 2:00 Read a Long (VL) 3:00 Afternoon Hydration	
29 9:30 Catholic Mass (3M) 10:00 Morning Hydration 12:30 Rummikub (VD) 2:00 Non-Denom. Service (3M) 3:00 Afternoon Hydration 3:30 Movie (VD)	30 9:00 Wii Bowling (VL) 10:00 Morning Hydration 12:30 Movie (VL) 2:00 Read a Long (VL) 3:00 Afternoon Hydration	31 9:00 Ball Toss w/ Parachute (VD) 10:00 Morning Hydration 10:30 Bingo (VD) 12:30 Book Club (VD) 1:30 Reminiscence (VL) 2:15 Nature Walk Outside 3:00 Afternoon Hydration					
TRY SOMETHING NEW	<u>Meal Times:</u> Breakfast: 7:30am (VD) Lunch: 11:30am (VD) Dinner: 4:30pm (VD)	Library, Banks, Post Office, Pharmacy, Drs. and Grocery Stores		Bella Vista Senior Living 1825 W. Emelita Ave. Mesa, AZ 85202 Concierge.....(480) 964-0410 Dining Room.....(480) 219-6218 Salon.....(602) 399-3162 Offices located on 2nd Floor	Location Key VL = Villa Lounge VD = Villa Dining Room DR = Main Dining Room ** = Sign up at Concierge 1L = 1st Floor Lobby 1C = 1st Floor Café 3LB = 3rd Floor Library 3M = 3rd Floor Multipurpose 3MC = 3rd Floor Man Cave 4C = 4th Floor Craft Room 4F = 4th Floor Fitness 4T = 4th Floor Theater BR = Breezeway P = Swimming Pool		 DGI Aquamarine
		<u>Monday:</u>					
		Library/Banks/Post Office * - 9:00 a.m.	CVS/Walgreens * - 9:00 a.m.				
		<u>Tuesdays & Wednesdays Only**</u> Doctors' Appointments - <i>Please schedule as soon as possible!</i>					
		<u>Thursdays</u> Albertsons - 9:00 a.m. * Fry's - 9:30 a.m. *	<u>Fridays</u> Hair & Nail Salons - 12:30 p.m. **				