Life Enrichment-AL	
White Oak Assisted Living Health Ca	mpus

March 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 9:30 Sunday Morning Church Service-AR 12:00 Pledge of Allegiance-ALD 2:30 Church Service with Pastor Blakey - ALL 3:15 Sunday Sundaes -AR 	M 9:30 Dancing To The Music-AR CC 10:30 Inspired Living Committee-AR K 11:15 Trivia -AR I 12:00 Pledge of Allegiance-ALD K 2:00 Cards with friends from Delphi-ALD	9:30 Morning Stretch-AR 10:30 Chef Circle-AR 12:00 Pledge of Allegiance-ALD 1:30 Walmart-O 3:45 Reading Buddies-TS/AL/Legacy K 6:00 Brain Benders-AR	9:30 Morning Stretch-AR I 1:00 Hangman - AR I 12:00 Pledge of Allegiance-ALD 3G 2:30 Shooting Gallery-JG/TS 3:00 Reading the Bible with Jerry- ALL	9:30 Morning Stretch-AR 10:30 Morning Drive-O 12:00 Pledge of Allegiance-ALD 3:30 Thursday Night Movies_AR	9:30 Morning Stretch-AR 11:00 Jeopardy - 400 Lobby 12:00 Pledge of Allegiance-ALD A 1:30 Buckeye Bars-AR M 3:30 Music with Kenny-TS K 6:15 Bunco-AR	7 V 9:30 Noodle Hockey-AR CC 10:30 Card Club-AR I 12:00 Pledge of Allegiance-ALD K 1:30 Bingo-ALD
9:30 Sunday Morning Church Service-AR 11:30 Sunday Brunch 12:00 Pledge of Allegiance- ALD 2:15 The McGovern Irish Dancers-TS 2:30 Shamrock Shakes-AR	9 M 9:30 Dancing To The Music-AR CC 10:30 Resident Council-AR I 1:15 Trivia -AR I 12:00 Pledge of Allegiance-ALD K 2:30 Our Lady of the Lakes Bingo-HC	 9:30 Morning Stretch-AR 10:30 Chef Circle-AR 12:00 Pledge of Allegiance-ALD 1:30 Dollar General-O 3:45 Reading Buddies-TS/AL/Legacy 6:00 Family Night with Jeff Anderson-TS 	9:30 Morning Stretch-AR 11:00 Hangman - AR 1 12:00 Pledge of Allegiance-ALD 2:30 Shooting Gallery-JG/TS 3:00 Reading the Bible with Jerry- ALL	12 V 9:30 Morning Stretch-AR 10:30 Morning Drive-O 1 12:00 Pledge of Allegiance-ALD CC 2:00 Book Club with Karen-AR 3:30 Penny Auction-AR JG 3:30 Thursday Night Movies_AR I 6:00 Pastor Roberts- AR	9:30 Morning Stretch-AR 11:00 Jeopardy - 400 Lobby 12:00 Pledge of Allegiance- ALD A 1:30 Fresh Flower Arranging- AR M 3:30 Happy Hour-Sam Piercy TS K 6:15 Bunco-AR	14 V 9:30 Noodle Hockey-AR CC 10:30 Card Club-AR 10:30 Pie Day-TS I 12:00 Pledge of Allegiance-ALD K 1:30 Bingo-ALD
 9:30 Sunday Morning Church Service-AR 12:00 Pledge of Allegiance-ALD 1:30 Sunday Ministry with John & Lynn-TS 2:30 Family Cover All Bingo-HCD 	9:30 Dancing To The Music-AR K 11:15 Trivia - AR 1 12:00 Pledge of Allegiance-ALD	 St. Patrick's Day 9:30 Morning Stretch-AR 10:30 Chef Circle-AR 12:00 Pledge of Allegiance-ALD 1:30 Cards with Friends at Delphi-O 3:00 Nails with Ruth-AR 3:45 Reading Buddies-TS/AL/Legacy 	9:30 Morning Stretch-AR I 1:00 Hangman - AR I 12:00 Pledge of Allegiance-ALD CC 2:30 Columbian Park Zoo Visit-TS	9:30 Morning Stretch-AR 10:30 Morning Drive-O 12:00 Pledge of Allegiance-ALD 2:00 Book Club with Karen-AR 3:30 Thursday Night Movies_AR	9:30 Morning Stretch-AR 11:00 Jeopardy - 400 Lobby 12:00 Pledge of Allegiance-ALD 1:30 Krafters Korner-AR 3:30 The Nana's & The Papa's-TS K 6:15 Bunco-AR	 9:30 Noodle Hockey-AR 10:30 Card Club-AR 12:00 Pledge of Allegiance-ALD 1:30 Bingo-ALD
9:30 Sunday Morning Church Service-AR 11:30 Healthy Hands/Celebrity Sunday-TS 12:00 Pledge of Allegiance-ALD 2:00 Larry and Ruth Ministry-TS 2:30 Coffee, Cookies, &	 9:30 Dancing To The Music-AR 11:15 Trivia - AR 12:00 Pledge of Allegiance-ALD 1:30 Christian Church Bingo - ADR 4:00 Pop Bottle Art-TS 	 9:30 Morning Stretch-AR 10:30 Chef Circle-AR 11:15 Ladies' Lunch Out - O 12:00 Pledge of Allegiance-ALD 2:00 Nerf Poker-AR 3:00 Music with Mike Almon - TS 3:45 Reading Buddies- 	9:30 Morning Stretch-AR 11:00 Hangman - AR 1 12:00 Pledge of Allegiance-ALD 3G 2:30 Shooting Gallery-JG/TS 3:00 Reading the Bible with Jerry- ALL	9:30 Morning Stretch-AR 10:30 Morning Drive-O 1 12:00 Pledge of Allegiance-ALD 1 1:30 Mass w/ Father Rasner - 400 Lobby CC 2:00 Book Club with Karen-AR 3:30 Thursday Night Movies_AR	9:30 Morning Stretch-AR 11:00 Jeopardy - 400 Lobby 1 12:00 Pledge of Allegiance-ALD A 1:30 Scrapbooking-AR M 3:30 Happy Hour with Tracy Boucher-TS K 6:15 Bunco-AR	V 9:30 Noodle Hockey-AR CC 10:30 Card Club-AR I 12:00 Pledge of Allegiance- ALD K 1:30 Bingo-ALD
9:30 Sunday Morning Church Service-AR 12:00 Pledge of Allegiance- ALD 3:30 Ice Cream Social-T	 9:30 Dancing To The Music-AR 11:15 Trivia - AR 12:00 Pledge of Allegiance-ALD 2:00 Blueberry Bliss-TS 	31 V 9:30 Morning Stretch-AR S 10:30 Chef Circle-AR O 11:15 Lunch Bunch-O I 12:00 Pledge of Allegiance-ALD G 3:45 Reading Buddies-TS/AL/Legacy	A - Artisans CC - Community Connections CC - Creative Cooking G - Generations I - Inspirations JG - Just the Guys K - Keeping it Sharp/Reminisce L - Lifelong Learning MM - Mindful Moments M - Music to My Ears O - Out & About	Activity Calendar is subject to change to meet the needs of our residents.	Happy Birthday: 3 Patsy W 4 Annie W 5 Max H 9 Mary B 13 Phil M 13 Marjorie B 21 Ron M	Happy St. Patrick's Day! Irish Blessing May your pockets be heavy and your heart be light, may good luck pursue you each morning and nig

Life Enrichment-HC	
White Oak Health Campus	



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1 9:30 Sunday Morning Church Service-AR V 11:15 Healthy Hands/Name 10 I 12:10 Pledge of Allegiance-HCD M 2:30 Church Service with Pastor Blakey - ALL CC 3:15 Sunday Sundaes -AR	V 10:30 Bowling-TS K 11:15 Trivia -AR I 12:10 Pledge of Allegiance-HCD K 2:00 Cards with friends from Delphi-ALD MM 4:15 Healthy Hands/Balloon Volleyball-HC	MIV 10:30 Healthy Hands/SingFit-TS I 12:10 Pledge of Allegiance- HCD I:30 Walmart-O M 3:00 Music & Nails with Ruth- TS G 3:45 Reading Buddies- TS/AL/Legacy K 6:00 Brain Benders-AR	 9:30 Morning Stretch-AR 10:30 Sing Fit - TS 11:00 Hangman - AR 12:10 Pledge of Allegiance-HCD 1:30 Chef's Circle - SR 2:00 Inspired Living Committee-SR 2:30 Shooting Gallery-JG/TS 	9:30 Morning Stretch-AR 10:30 Morning Drive-O 1 12:10 Pledge of Allegiance- HCD K 2:00 Keeping It Sharp with Ed- TS JG 3:30 Thursday Night Movies_AR MN 4:15 Healthy Hands/What's In	MM 10:30 Healthy Hands/Noodle Ball - HC 11:00 Jeopardy - 400 Lobby 1 12:10 Pledge of Allegiance- HCD A 1:30 Buckeye Bars-AR M 3:30 Music with Kenny-TS	7 V 9:30 Noodle Hockey-AR CC 10:30 Card Club-AR MN 11:25 Healthy Hands/Theme Baskets-Restorative I 12:10 Pledge of Allegiance- HCD K 1:30 Bingo-ALD 3:30 St. Paddys Cookies
9:30 Sunday Morning Church Service-AR V 11:15 Healthy Hands/Name 10 S 11:30 Sunday Brunch I 12:10 Pledge of Allegiance-HCD 2:15 The McGovern Irish Dancers-TS 2:30 Shamrock Shakes-AR	9 V 10:30 Bowling-TS K 11:15 Trivia -AR I 12:10 Pledge of Allegiance-HCD K 2:30 Our Lady of the Lakes Bingo-HC MM 4:15 Healthy Hands/Balloon Volleyball-HC	MN 10:30 Healthy Hands/SingFit-TS 1 12:10 Pledge of Allegiance-HCD 1:30 Dollar General-O 3:45 Reading Buddies-TS/AL/Legacy M 6:00 Family Night with Jeff Anderson-TS	9:30 Morning Stretch-AR M 10:30 Sing Fit - TS K 11:00 Hangman - AR I 12:10 Pledge of Allegiance-HCD S 1:30 Chef's Circle - SR JG 2:30 Shooting Gallery-JG/TS 3:00 Reading the Bible with Jerry- ALL	9:30 Morning Stretch-AR 0 10:30 Morning Drive-O 1 12:10 Pledge of Allegiance-HCD K 2:00 Keeping It Sharp with EdTS 3:30 Thursday Night Movies_AR MM 4:15 Healthy Hands/What's In	MM 10:30 Healthy Hands/Noodle Ball - HC 11:00 Jeopardy - 400 Lobby 1 12:10 Pledge of Allegiance- HCD A 1:30 Fresh Flower Arranging- AR M 3:30 Happy Hour-Sam Piercy TS	9:30 Noodle Hockey-AR CC 10:30 Card Club-AR 10:30 Pie Day-TS MM 11:25 Healthy Hands/Theme Baskets-Restorative I 12:10 Pledge of Allegiance- HCD K 1:30 Bingo-ALD MM 3:30 Active Minds-HC
I 9:30 Sunday Morning Church Service-AR V 11:15 Healthy Hands/Name 10 I 12:10 Pledge of Allegiance-HCD M 1:30 Sunday Ministry with John & Lynn-TS C 2:30 Family Cover All Bingo-HCD	V 10:30 Bowling-TS I 11:15 Trivia -AR I 12:10 Pledge of Allegiance-HCD CC 2:30 Resident Council-Sunroom MN 4:15 Healthy Hands/Balloon Volleyball-HC	 St. Patrick's Day 10:30 Healthy Hands/SingFit-TS 12:10 Pledge of Allegiance-HCD 1:30 Cards with Friends at Delphi-O 3:00 Nails with Ruth-AR 3:45 Reading Buddies-TS/AL/Legacy 	V 9:30 Morning Stretch-AR M 10:30 Sing Fit - TS K 11:00 Hangman - AR I 12:10 Pledge of Allegiance-HCD S 1:30 Chef's Circle - SR CC 2:30 Columbian Park Zoo Visit-TS MM 4:15 Healthy Hands/Balloon	 Spring Begins 9:30 Morning Stretch-AR 10:30 Morning Drive-O 12:10 Pledge of Allegiance-HCD 2:00 Keeping It Sharp with EdTS TS 3:30 Thursday Night Movies_AR 4:15 Healthy Hands/What's In 	MM 10:30 Healthy Hands/Noodle Ball - HC 11:00 Jeopardy - 400 Lobby 1 12:10 Pledge of Allegiance- HCD A 1:30 Krafters Korner-AR M 3:30 The Nana's & The Papa's-TS	9:30 Noodle Hockey-AR 10:30 Card Club-AR 11:25 Healthy Hands/Theme Baskets-Restorative 1 12:10 Pledge of Allegiance- HCD 1:30 Bingo-ALD 3:30 Active Minds-HC
9:30 Sunday Morning Church Service-AR 11:15 Healthy Hands/Name 10 Healthy Hands/Celebrity Sunday-TS 1 12:10 Pledge of Allegiance- HCD 2:00 Larry and Ruth Ministry- TS	V 10:30 Bowling-TS K 11:15 Trivia -AR I 12:10 Pledge of Allegiance-HCD K 1:30 Christian Church Bingo -ADR A 4:00 Pop Bottle Art-TS MM 4:15 Healthy Hands/Balloon Volleyball-HC	10:30 Healthy Hands/SingFit-TS 11:15 Ladies' Lunch Out - O 12:10 Pledge of Allegiance- HCD 2:00 Nerf Poker-AR 3:00 Music with Mike Almon - TS 3:45 Reading Buddies- TS/AL/Legacy	V 9:30 Morning Stretch-AR M 10:30 Sing Fit - TS K 11:00 Hangman - AR I 12:10 Pledge of Allegiance-HCD S 1:30 Chef's Circle - SR JG 2:30 Shooting Gallery-JG/TS 3:00 Reading the Bible with Jerry- ALL	 9:30 Morning Stretch-AR 10:30 Morning Drive-O 12:10 Pledge of Allegiance-HCD 1:30 Mass w/ Father Rasner - 400 Lobby 2:00 Keeping It Sharp with EdTS 3:30 Thursday Night 	MM 10:30 Healthy Hands/Noodle Ball - HC 11:00 Jeopardy - 400 Lobby 1 12:10 Pledge of Allegiance- HCD A 1:30 Scrapbooking-AR M 3:30 Happy Hour with Tracy Boucher-TS	V 9:30 Noodle Hockey-AR CC 10:30 Card Club-AR MN 11:25 Healthy Hands/Theme Baskets-Restorative I 12:10 Pledge of Allegiance- HCD K 1:30 Bingo-ALD MN 3:30 Active Minds-HC
P:30 Sunday Morning Church Service-AR V 11:15 Healthy Hands/Name 10 I 12:10 Pledge of Allegiance-HCD M 3:30 Ice Cream Social-T	30 V 10:30 Bowling-TS I 11:15 Trivia -AR I 12:10 Pledge of Allegiance-HCD CC 2:00 Blueberry Bliss-TS MIN 4:15 Healthy Hands/Balloon Volleyball-HC	31 10:30 Healthy Hands/SingFit-TS 11:15 Lunch Bunch-O 12:10 Pledge of Allegiance-HCD 3:45 Reading Buddies-TS/AL/Legacy	A - Artisans CC - Community Connections CC - Creative Cooking G - Generations I - Inspirations JG - Just the Guys K - Keeping it Sharp/Reminisce L - Lifelong Learning MN - Mindful Moments M - Music to My Ears	The activity calendar is subject to change to meet the needs of our residents.	Happy Birthday: 3 Patsy W 4 Annie W 5 Max H 9 Mary B 13 Marjorie B 13 Phil M 21 Ron M	Happy St. Patricks Day Irish Blessing May your pockets be heavy and your heart be light, may good luck pursue you each morning and night.

Out & About

Life Enrichment-MC
White Oak Legacy Memory Care



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Juliuay	Wonday	Tuesuay	vveunesuay	Thursday	Filday	Saturday
Humming Your Way to Health Writer's Circle Indulgent Mock Banana's Foster Relax & Recharge Rainy Day Painting Hymn Sing Name 10 Healthy Hands GF Relaxing Puzzle Time	V Snowball Fight K Penny Ante CC Cat in the Hat Cookies Relax & Recharge A Flying Birds M Glee Club GC Basketball Healthy Hands GF Hot Chocolate & Tales	Shamrock Shake What's In Your Junk Drawer? Beach Themed Pudding Cups Relax & Recharge A Rockin' Dominoes March Madness Reading Buddies-TS/AL/Legacy GC Grocery Game Healthy Hands	V Roll in the New Year C Opposites C Lemon Pound Cake Relax & Recharge A Fly Swatter Painting M Music in History G Parachute Circle Healthy Hands GF LifeShare Games!	V Head to Toe Range of Motion K Life Story C Buckeye Bars Relax & Recharge A Vegetable Printing M Colors of Music G Mini Muffin Match Up Healthy Hands GF Aqua Painting	V Step in the Name Love K Broken Hearts C Amazing Pimento Cheese Relax & Recharge My Artisan Journal - Fabric Collage March Happy Hour with The Nana's & The Papa's Nerf Gun Target Shooting Healthy Hands	V Quick Qigong K Famous Pairs C Jeweled Sugar Cookies Relax & Recharge A Watercolor Weaving-Day 1 M Name That Croon G Throwing Horseshoes Healthy Hands GF Hangman
 B Daylight Saving Begins V Humming Your Way to Health K Writer's Circle C Chocolate Chip Vanilla Coconut Cookies S Sunday Brunch Relax & Recharge Irish Dancers-Lobby Hymn Sing Name 10 	 Snowball Fight Penny Ante Crockpot Irish Beef Stew Relax & Recharge Purim Paper Jewelry Veterans Day Heart Card Glee Club Basketball Healthy Hands 	V Shamrock Shake What's In Your Junk Drawer? Irish Soda Bread Relax & Recharge A Abstract Tape Art Reading Buddies-TS/AL/Legacy Grocery Game Healthy Hands M Family Night with Kent Lane	V Roll in the New Year K Opposites C Oatmeal Apple Spice Cookies Relax & Recharge A Aromatic Diffuser Necklaces-Day 1 M Music in History G Parachute Circle Healthy Hands GF LifeShare Games!	V Head to Toe Range of Motion Life Story CC Girl Scout Thin Mint Delight Relax & Recharge A Aromatic Diffuser Necklaces-Day 2 Colors of Music GC Mini Muffin Match Up Healthy Hands GF Aqua Painting	March Happy Hour with Sam The	V Quick Qigong K Famous Pairs C Mini Apple Pies Relax & Recharge A Dotty Name Art M Name That Croon GC Throwing Horseshoes Healthy Hands GF Hangman
V Humming Your Way to Health Writer's Circle Baked Leprechaun Crisps Relax & Recharge Celtic Eternity Knot Charm Family Cover All Bingo-HCD Hymn Sing Name 10 Healthy Hands	V Snowball Fight K Penny Ante C Lucky Poke Cake Relax & Recharge A Ribbon Shamrock Pin M Glee Club G Basketball Healthy Hands GF Hot Chocolate & Tales	The Gold Game St. Patrick's Day Shamrock Shake The Gold Game Mint Shakes Relax & Recharge 2-in-1 Crafty St. Paddy's Day Puzzle March Madness Reading Buddies-TS/AL/Legacy GC Grocery Game	V Roll in the New Year C Opposites C Raspberry Cream Cheese Cinnamon Roll Relax & Recharge Columbian Park Zoo A Scalloped Coffee Filter Bowl M Music in History G Parachute Circle	19 Spring Begins V Head to Toe Range of Motion K Life Story C Rainbow Cake Mix Bars Relax & Recharge A Soft and Bright Edelweiss Ornament M Colors of Music G Mini Muffin Match Up Healthy Hands	Step in the Name Love K Broken Hearts Hello Spring Pretzels Relax & Recharge My Artisan Journal - Stitch a Design March Happy Hour with Ruth	V Quick Qigong K Famous Pairs C M & M Cookies Relax & Recharge A Creative Storytelling M Name That Croon GC Throwing Horseshoes Healthy Hands GF Hangman
V Humming Your Way to Health Writer's Circle CC Crockpot Bacon Corn Chowder Relax & Recharge A Collage Painting M Hymn Sing GC Name 10 Healthy Hands GF Relaxing Puzzle Time	V Snowball Fight Penny Ante Blueberry Bliss Relax & Recharge A Chihuly Inspired 'Glass' Art M Glee Club GC Basketball Healthy Hands GF Hot Chocolate & Tales	V Shamrock Shake What's In Your Junk Drawer? CC Chocolate Covered Raisins Relax & Recharge A Painting with Tissue Paper March Madness G Reading Buddies-TS/AL/Legacy GC Grocery Game Healthy Hands	V Roll in the New Year C Opposites C Classic Greek Salad Relax & Recharge A Have a Gentle Conversation M Music in History G Parachute Circle Healthy Hands GF LifeShare Games!	V Head to Toe Range of Motion K Life Story C No Bake Hawaiian Pie Relax & Recharge A Hoop Tambourines M Colors of Music G Mini Muffin Match Up Healthy Hands GF Aqua Painting	Healthy Hands	V Quick Qigong K Famous Pairs C Cinnamon Sugar Donut Muffins Relax & Recharge A Glue Art M Name That Croon GC Throwing Horseshoes Healthy Hands GF Hangman
V Humming Your Way to Health Writer's Circle Coca-Cola Cake Relax & Recharge A 3D Flowers Hymn Sing G Name 10 Healthy Hands GF Relaxing Puzzle Time	V Snowball Fight Penny Ante Sopapilla Cheesecake Bars Relax & Recharge A Shapes Collage M Glee Club GC Basketball Healthy Hands GF Hot Chocolate & Tales	Shamrock Shake What's In Your Junk Drawer? Grandma's Pecan Rum Bars Relax & Recharge Ask a Beautiful Question March Madness Reading Buddies-TS/AL/Legacy Grocery Game Healthy Hands		The activity calendar is subject to change to meet our resident needs.	Happy Birthday: 3 Charles S 4 Irene G 7 Betty Z 13 Barbara L 17 patty H 21 Marion G 24 Mary Mi 26 Bob V 27 Mary B	Happy Valentine's Day! Just think next month is Spring!