

**The Willows at Harrodsburg
Health Center**

March 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 MM 9:00 Mindful Moments - Animals G 10:30 Service by Salvisa Baptist Youth V 11:00 Free Throw Relay GG 2:00 Lifeshare Games M 3:30 Reminiscing with Records	2 MM 9:00 Mindful Moments - Gardening 9:30 Hospitality Cart Visits K 10:30 Coffee and Conversation O 1:30 Shopping Trip - Walmart V 4:00 Sit and Be Fit GG 6:00 Left, Right, Center	3 MM 9:00 Mindful Moments - Beach K 11:00 BINGO M 1:30 Karaoke with Jim S 2:30 Chef's Circle S 4:00 -6PM Harrodsburg Pep Rally Family Night!	4 MM 9:00 Mindful Moments - Baby Care 9:30 Hospitality Cart Visits I 10:30 Bible Study with Rod & Jill V 11:00 Balloon Volleyball K 1:30 Remembering HeeHaw: featuring JoEllen Horn as Minnie Pearl!	5 MM 9:00 Mindful Moments - Sports K 11:00 BINGO JG 1:15 Men's Group I 1:30 Bible Study with Leroy & Carol A 3:00 Crafternoon with Carla: Polymer Clay Bowl GG 6:00 Penny Ante!	6 MM 9:00 Mindful Moments - Cooking 9:30 Hospitality Cart Visits O 10:30 Scenic Drive S 3:00 Happy Hour M 4:00 Hymn Sing with the Royaltys	7 MM 9:00 Mindful Moments - Hand Massage and Relaxation A 11:00 Color Me Happy! K 1:30 Puzzles and Popcorn L 3:00 MARCHing Into the Month Trivia! V 4:00 Sit and Be Fit
8 Daylight Saving Begins MM 9:00 Mindful Moments - Animals I 9:30 New Providence Church S 11:30 BRUNCH I 2:00 Burgin Baptist GG 3:00 Fun with Dominoes GF 4:00 Puzzle Party	9 MM 9:00 Mindful Moments - Gardening 9:30 Hospitality Cart Visits K 10:30 Coffee and Conversation - 100 Years of Names O 1:30 Shopping Trip- Dollar Store V 4:00 Sit and Be Fit K 6:00 Pokeno	10 MM 9:00 Mindful Moments - Beach K 11:00 BINGO S 1:15 Calendar Planning Meeting S 2:30 Chef's Circle M 3:30 Glee Club with Jane	11 MM 9:00 Mindful Moments - Baby Care 9:30 Hospitality Cart Visits I 10:30 Bible Study with Rod & Jill V 11:00 Balloon Volleyball L 1:30 VR Experience: Swim with Tiger Sharks M 3:00 Mike Mackin Piano Fun!	12 MM 9:00 Mindful Moments - Sports K 11:00 BINGO JG 1:15 Men's Group I 1:30 Bible Study with Leroy & Carol I 1:30 Canines 4 Christ A 3:00 Crafternoon with Carla: Making Tie-Dye Shirts! GG 6:00 UNO	13 MM 9:00 Mindful Moments - Cooking 9:30 Hospitality Cart Visits O 10:30 Scenic Drive S 2:00 BINGO Store S 3:00 Happy Hour M 4:00 Hymn Sing with the Royaltys	14 MM 9:00 Mindful Moments - Hand Massage and Relaxation A 11:00 Color Me Happy! K 1:30 Puzzles and Popcorn M 3:00 Nick's Saturday Sing-A-Long! V 4:00 Sit and Be Fit
15 MM 9:00 Mindful Moments - Animals K 11:00 Junk Drawer Detective: Sewing and Such CC 1:30 Making Baked Leprechaun Crisps I 3:30 Community Church L 4:00 VR Experience: National Geographic	16 MM 9:00 Mindful Moments - Gardening 9:30 Hospitality Cart Visits K 10:30 Coffee and Conversation O 11:30 Lunch Bunch - Granny's Diner (Pay Own Way) M 3:00 Music by Steve Frazee V 4:00 Sit and Be Fit GF 6:00 March Madness Bracket	17 St. Patrick's Day MM 9:00 Mindful Moments - Beach K 11:00 BINGO S 1:15 Resident Council-HC S 2:30 Chef's Circle M 3:30 Glee Club with Jane	18 MM 9:00 Mindful Moments - Baby Care 9:30 Hospitality Cart Visits I 10:30 Bible Study with Rod & Jill V 11:00 Balloon Volleyball S 12:00 Taste of Town M 2:00 Danville Dulcimers - Sounds of the Irish	19 Spring Begins MM 9:00 Mindful Moments - Sports I 10:00 St. Phillips Episcopal Church K 11:00 BINGO JG 1:15 Men's Group I 1:30 Bible Study with Leroy & Carol L 3:00 Animal Encounter with Meagan B. and Kia the	20 MM 9:00 Mindful Moments - Cooking 9:30 Hospitality Cart Visits O 10:30 Scenic Drive S 3:00 Happy Hour M 4:00 Hymn Sing with the Royaltys	21 MM 9:00 Mindful Moments - Hand Massage and Relaxation A 11:00 Color Me Happy! K 1:30 Puzzles and Popcorn A 2:30 Crafternoon with Carla: Spring Flowers on Canvas! V 4:00 Sit and Be Fit
22 MM 9:00 Mindful Moments - Animals K 11:00 Junk Drawer Detective: Used Cars I 2:00 Service by Carpenter's Christian Church A 3:00 DIY Birdfeeders L 4:00 TED Talks	23 MM 9:00 Mindful Moments - Gardening 9:30 Hospitality Cart Visits K 10:30 Coffee and Conversation O 1:30 Shopping Trip- Walmart V 4:00 Sit and Be Fit GG 6:00 TWILIGHT BINGO	24 MM 9:00 Mindful Moments - Beach I 11:00 Harrodsburg Baptist I 2:00 Immanuel Baptist S 2:30 Chef's Circle M 3:30 Glee Club with Jane	25 MM 9:00 Mindful Moments - Baby Care 9:30 Hospitality Cart Visits I 10:30 Bible Study with Rod & Jill V 11:00 Balloon Volleyball L 2:00 VR Experience: Antarctica, Journey Through the Ice	26 MM 9:00 Mindful Moments - Sports K 11:00 BINGO JG 1:15 Men's Group I 1:30 Bible Study with Leroy & Carol I 1:30 Canines 4 Christ V 3:00 Pool with Jeff GG 6:00 Pass The Trash	27 MM 9:00 Mindful Moments - Cooking 9:30 Hospitality Cart Visits O 10:30 Scenic Drive S 3:00 Happy Hour M 4:00 Hymn Sing with the Royaltys M 6:30 MERCER BIBLE FELLOWSHIP	28 MM 9:00 Mindful Moments - Hand Massage and Relaxation K 10:00 Who Am I? A 11:00 Color Me Happy! GF 1:30 Movie Matinee V 4:00 Sit and Be Fit
29 MM 9:00 Mindful Moments - Animals I 10:30 Gospel Hymns with Nick L 1:30 Silly Name Places L 2:30 All About Dogs! CC 3:30 Making Girl Scout Thin Mint Delights	30 MM 9:00 Mindful Moments - Gardening 9:30 Hospitality Cart Visits K 10:30 Coffee and Conversation O 1:30 Shopping Trip: TJ Maxx V 4:00 Sit and Be Fit GG 6:00 Yahtzee	31 MM 9:00 Mindful Moments - Beach K 11:00 BINGO GG 1:15 Apples to Apples S 2:30 Chef's Circle M 3:30 Glee Club with Jane	A - Artisans CC - Creative Cooking GF - Gathering of Friends G - Generations GG - Group Games I - Inspirations JG - Just the Guys K - Keeping it Sharp/Reminisce L - Lifelong Learning MM - Mindful Moments M - Music to My Ears	Ombudsman Paula Parks 859-613-4875	All activities are subject to change - any additions or changes will be posted via Lifeshare. The Mercer County Bookmobile visits our campus bi-weekly. Please see a member of Life Enrichment if you have book requests.	Like us on Facebook at The Willows at Harrodsburg Follow us on Twitter @W_Harrodsburg

**The Willows at Harrodsburg
Personal Care**

March 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 G 10:30 Service by Salvisa Baptist Youth V 11:00 Free Throw Relay GG 2:00 Lifeshare Games M 3:30 Reminiscing with Records	2 K 10:30 Coffee and Conversation O 1:30 Shopping Trip - Walmart V 4:00 Sit and Be Fit GG 6:00 Left, Right, Center	3 K 11:00 BINGO M 1:30 Karaoke with Jim S 2:30 Chef's Circle S 4:00 -6PM Harrodsburg Pep Rally Family Night!	4 I 10:30 Bible Study with Rod & Jill V 11:00 Balloon Volleyball K 1:30 Remembering HeeHaw: featuring JoEllen Horn as Minnie Pearl! L 3:00 VR Experience: Victoria Falls V 4:00 Sit and Be Fit	5 K 11:00 BINGO JG 1:15 Men's Group I 1:30 Bible Study with Leroy & Carol A 3:00 Crafternoon with Carla: Polymer Clay Bowl GG 6:00 Penny Ante!	6 O 10:30 Scenic Drive GF 1:30 Resident's Choice! S 3:00 Happy Hour M 4:00 Hymn Sing with the Royaltys	7 A 11:00 Color Me Happy! K 1:30 Puzzles and Popcorn L 3:00 MARCHing Into the Month Trivia! V 4:00 Sit and Be Fit
8 Daylight Saving Begins I 9:30 New Providence Church S 11:30 BRUNCH I 2:00 Burgin Baptist GG 3:00 Fun with Dominoes GF 4:00 Puzzle Party	9 K 10:30 Coffee and Conversation - 100 Years of Names O 1:30 Shopping Trip- Dollar Store V 4:00 Sit and Be Fit K 6:00 Pokeno	10 K 11:00 BINGO S 1:15 Calendar Planning Meeting S 2:30 Chef's Circle M 3:30 Glee Club with Jane	11 I 10:30 Bible Study with Rod & Jill V 11:00 Balloon Volleyball L 1:30 VR Experience: Swim with Tiger Sharks M 3:00 Mike Mackin Piano Fun! V 4:00 Sit and Be Fit	12 K 11:00 BINGO JG 1:15 Men's Group I 1:30 Bible Study with Leroy & Carol I 1:30 Canines 4 Christ A 3:00 Crafternoon with Carla: Making Tie-Dye Shirts! GG 6:00 UNO	13 O 10:30 Scenic Drive S 2:00 BINGO Store S 3:00 Happy Hour M 4:00 Hymn Sing with the Royaltys	14 A 11:00 Color Me Happy! K 1:30 Puzzles and Popcorn M 3:00 Nick's Saturday Sing-A-Long! V 4:00 Sit and Be Fit
15 K 11:00 Junk Drawer Detective: Sewing and Such CC 1:30 Making Baked Leprechaun Crisps I 3:30 Community Church L 4:00 VR Experience: National Geographic	16 K 10:30 Coffee and Conversation O 11:30 Lunch Bunch - Granny's Diner (Pay Own Way) M 3:00 Music by Steve Frazee V 4:00 Sit and Be Fit GF 6:00 March Madness Bracket Party: Choosing our Teams	17 St. Patrick's Day K 11:00 BINGO K 1:30 Truth or Blarney S 2:30 Chef's Circle M 3:30 Glee Club with Jane	18 I 10:30 Bible Study with Rod & Jill V 11:00 Balloon Volleyball S 12:00 Taste of Town S 1:15 Resident Council - PC M 2:00 Danville Dulcimers - Sounds of the Irish V 4:00 Sit and Be Fit	19 Spring Begins I 10:00 St. Phillips Episcopal Church K 11:00 BINGO JG 1:15 Men's Group I 1:30 Bible Study with Leroy & Carol L 3:00 Animal Encounter with Meagan B. and Kia the Parrot!	20 O 10:30 Scenic Drive GF 1:30 Resident's Choice! S 3:00 Happy Hour M 4:00 Hymn Sing with the Royaltys	21 A 11:00 Color Me Happy! K 1:30 Puzzles and Popcorn A 2:30 Crafternoon with Carla: Spring Flowers on Canvas! V 4:00 Sit and Be Fit
22 K 11:00 Junk Drawer Detective: Used Cars I 2:00 Service by Carpenter's Christian Church A 3:00 DIY Birdfeeders L 4:00 TED Talks	23 K 10:30 Coffee and Conversation O 1:30 Shopping Trip- Walmart V 4:00 Sit and Be Fit GG 6:00 TWILIGHT BINGO	24 I 11:00 Harrodsburg Baptist I 2:00 Immanuel Baptist S 2:30 Chef's Circle M 3:30 Glee Club with Jane	25 I 10:30 Bible Study with Rod & Jill V 11:00 Balloon Volleyball L 2:00 VR Experience: Antarctica, Journey Through the Ice V 4:00 Sit and Be Fit	26 K 11:00 BINGO JG 1:15 Men's Group I 1:30 Bible Study with Leroy & Carol I 1:30 Canines 4 Christ V 3:00 Pool with Jeff GG 6:00 Pass The Trash	27 O 10:30 Scenic Drive S 3:00 Happy Hour M 4:00 Hymn Sing with the Royaltys M 6:30 MERCER BIBLE FELLOWSHIP	28 K 10:00 Who Am I? A 11:00 Color Me Happy! GF 1:30 Movie Matinee V 4:00 Sit and Be Fit
29 I 10:30 Gospel Hymns with Nick L 1:30 Silly Name Places L 2:30 All About Dogs! CC 3:30 Making Girl Scout Thin Mint Delights	30 K 10:30 Coffee and Conversation O 1:30 Shopping Trip: TJ Maxx V 4:00 Sit and Be Fit GG 6:00 Yahtzee	31 K 11:00 BINGO GG 1:15 Apples to Apples S 2:30 Chef's Circle M 3:30 Glee Club with Jane	A - Artisans CC - Creative Cooking GF - Gathering of Friends G - Generations GG - Group Games I - Inspirations JG - Just the Guys K - Keeping it Sharp/Reminisce L - Lifelong Learning M - Music to My Ears O - Out & About	Make a difference in someone's life today! Ask a team member how you can become a volunteer! The Mercer County Bookmobile visits our campus bi-weekly. Please see a member of Life Enrichment if you have book requests.	Ombudsman Paula Parks 859-613-4875	All activities are subject to change - any additions or changes will be posted via Lifeshare.