

The Willows at Howell Assisted Living

March 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 K 9:30 Daily Chronicle V 10:30 Trilogy Fit- HS L 11:00 Learn about the National Park System - RR K 1:30 Game Group & Coffee- RR I 1:30 Service with First Presbyterian- RR M 3:00 Dive into Johnny Cash's	2 K 8:30 Daily Chronicle K 10:00 Game Group- RR CC 10:30 Coffee with Diane- RR V 1:00 Noodle Exercises- HS S 2:00 Chef's Circle-RR A 3:00 Artisans: Double-Double Coasters- RR M 3:30 Listening to Cher's Music- RR	3 K 8:30 Daily Chronicle I 10:00 Spa Day: Hand Massages and Aroma Therapy- RR I 10:30 Catholic Prayer service- TS O 1:00 Outing: Dollar Tree \$ A 3:00 Artisans- Dotty Name Art- RR	4 K 8:30 Daily Chronicle I 10:00 Dream VR -canceled due to technical difficulties K 10:30 Wheel of Fortune- TS V 1:00 Balloon Volleyball- TS K 2:00 Blackjack with Becca- RR I 2:30 HOTS Bible Study w/ Helen- TS K 3:00 Bingo- RR	5 K 8:30 Daily Chronicle K 10:30 Bingo- TS O 11:45 Outing: Lunch at Leo's \$ V 1:30 Walking Club- HS V 3:30 Cardio Drumming- ML M 4:00 Listen to Upbeat Music- RR CC 6:00 Games with Ruth- RR	6 K 8:30 Daily Chronicle MM 9:00 Activity Cart K 10:00 Silly Place Name Trivia- HS V 10:30 Yoga Studio- HS I 11:00 Rosary- TS K 1:00 Bingo - TS S 3:00 Happy Hour- CC M 3:30 Live Music-TS	7 K 9:30 Daily Chronicle K 11:00 Bingo- TS GG 1:00 Inspired Living- RR K 1:30 Saturday Scrabble- RR K 3:30 Stripes and Solids- RR GF 6:00 Weekend Movie- Hitch- ML
8 Daylight Saving Begins K 9:30 Daily Chronicle V 10:30 Trilogy Fit- HS S 11:00 Sunday Brunch L 1:00 Learn about Purim- RR K 1:30 Game Group & Coffee- RR I 2:30 Bible Reflections- TS M 3:00 Dive into Beach Boys' Music- RR	9 K 8:30 Daily Chronicle K 10:00 Game Group- RR CC 10:30 Coffee with Diane- RR V 1:00 Noodle Exercises- HS S 2:00 Chef's Circle-RR A 3:00 Artisans- Purim Paper Jewelry- RR M 3:30 Listening to Classical Music- RR	10 K 8:30 Daily Chronicle I 10:00 Making Emotional Vacation Stories- RR I 10:30 Catholic Prayer service- TS O 1:00 Outing: Culinary Olympics in Commerce A 3:00 Artisans- Hand-Colored Ornament - RR	11 K 8:30 Daily Chronicle I 10:00 Dream VR -canceled due to technical difficulties O 10:00 Outing: Adult Swim @ Howell Fitness Center V 1:00 Stripes vs Solids- TS K 3:00 Bingo- RR GF 6:00 Movie Night- Ferris Bueller's Day Off- ML	12 K 8:30 Daily Chronicle V 10:00 Walking Club- HS K 10:30 Bingo- TS K 1:00 Wheel of Fortune- ML V 2:30 Cardio Drumming- ML M 2:30 Listen to Johnny Cash's Music- ML M 3:15 Sing along with 1st Presbyterian- TS	13 K 8:30 Daily Chronicle MM 9:00 Activity Cart K 10:00 Truth or Blarney?- HS V 10:30 Yoga Studio- HS I 11:00 Rosary- TS CC 1:00 Cooking Class: St. Patty's Day Treats- RR S 2:00 AL Resident Council- RR S 3:00 Happy Hour- CC	14 K 9:30 Daily Chronicle K 11:00 Bingo- TS K 1:30 Saturday Scrabble- RR CC 3:00 Cooking Class for Emergency Personnel- RR GF 6:00 Weekend Movie- Hairspray- ML
15 K 9:30 Daily Chronicle V 10:30 Trilogy Fit- HS L 11:00 Learn about Famous Irish Folks- RR K 1:30 Game Group & Coffee- RR M 2:30 Dive into The Drifters' Music I 3:00 Church with Tim	16 K 8:30 Daily Chronicle K 10:00 Game Group- RR CC 10:30 Coffee with Diane- RR V 1:00 Noodle Exercises- HS S 2:00 Chef's Circle-RR A 3:00 Artisans- Lucky Shamrock Pins- RR M 3:30 Listening to Irish Music- RR	17 St. Patrick's Day K 8:30 Daily Chronicle I 10:00 Spa Day: Hand Massages and Aroma Therapy- RR I 10:30 Catholic Prayer service- TS O 1:00 Outing: Scenic Drive A 3:00 Artisans- St. Patty's Doorknob Cards- RR	18 K 8:30 Daily Chronicle I 10:00 Dream VR -canceled due to technical difficulties K 10:30 Wheel of Fortune- TS V 1:00 Music and Dance- TS I 2:00 Bible Study with HOTS- TS K 2:00 Blackjack with Becca- RR K 3:00 Bingo- RR	19 Spring Begins K 8:30 Daily Chronicle K 10:30 Bingo- TS O 1:00 Outing: Dollar Tree \$ V 1:30 Walking Club- HS V 3:30 Cardio Drumming- ML M 4:00 Listen to Easy Listening- RR CC 6:00 Games with Ruth- RR	20 K 8:30 Daily Chronicle MM 9:00 Activity Cart K 10:00 Morning Trivia- HS V 10:30 Yoga Studio- HS I 11:00 Rosary- TS K 1:00 Bingo - TS S 3:00 Happy Hour- CC M 3:30 Live Music-TS GF 6:00 Evening Mixer & Cooking	21 K 9:30 Daily Chronicle K 11:00 Bingo- TS K 1:30 Saturday Scrabble- RR CC 3:30 Baking for Local Police Officers- RR K 3:30 Game Group- RR GF 6:00 Weekend Movie- Inception- ML
22 K 9:30 Daily Chronicle V 10:30 Trilogy Fit- HS L 11:00 Learn about Foods from Around the World- RR I 1:30 242 Community Church- TS K 1:30 Game Group & Coffee- RR M 3:00 Dive into The Supremes'	23 K 8:30 Daily Chronicle K 10:00 Game Group- RR CC 10:30 Coffee with Diane- RR V 1:00 Noodle Exercises- HS S 2:00 Chef's Circle-RR A 3:00 Artisans- French Memo Board- RR M 3:30 Listening to 70's Music- RR	24 K 8:30 Daily Chronicle I 10:00 Every Picture Tells a Story- RR I 10:30 Catholic Prayer service- TS O 1:00 Outing: Scenic Bingo @ the Park A 3:00 Artisans- Hello. My Name is: Door Decor- RR	25 K 8:30 Daily Chronicle I 10:00 Dream VR -canceled due to technical difficulties K 10:30 Wheel of Fortune- TS S 12:00 Taste of Town V 1:00 Tabletop Bowling- TS K 2:00 Blackjack with Becca- RR K 3:00 Bingo- RR GF 6:00 Movie Night- Mansfield	26 K 8:30 Daily Chronicle O 9:45 Outing: Line Dancing @ Senior Center V 11:30 Walking Club- HS K 1:00 Bingo- TS V 3:30 Cardio Drumming- ML M 4:00 Listen to Upbeat Music- RR CC 6:00 Games with Ruth- RR	27 K 8:30 Daily Chronicle MM 9:00 Activity Cart K 10:00 Morning Trivia- HS V 10:30 Yoga Studio- HS I 11:00 Rosary- TS S 3:00 Happy Hour- CC M 3:30 Live Music-TS GF 5:45 Cooking Class: Grilled Cheese Bites and	28 K 9:30 Daily Chronicle K 11:00 Bingo- TS K 1:30 Saturday Scrabble- RR K 3:30 Game Group- RR GF 6:00 Weekend Movie- Suffragette- ML
29 K 9:30 Daily Chronicle V 10:30 Trilogy Fit- HS L 11:00 Learn about State Parks in Livingston- RR K 1:30 Game Group & Coffee- RR I 2:30 HOTS Church with Deacon Dale- TS M 3:00 Dive into The	30 K 8:30 Daily Chronicle K 10:00 Game Group- RR CC 10:30 Coffee with Diane- RR V 1:00 Noodle Exercises- HS S 2:00 Chef's Circle-RR A 3:00 Artisans- Embossed Monogram- RR M 3:30 Listening to 80's Music- RR	31 K 8:30 Daily Chronicle I 10:00 Spa Day: Hand Massages and Aroma Therapy- RR I 10:30 Catholic Prayer service- TS O 1:00 Outing: Reading at Voyager A 3:00 Artisans- Jewelry Making-	A - Artisans CC - Community Connections CC - Creative Cooking GF - Gathering of Friends GG - Group Games I - Inspirations K - Keeping it Sharp/Reminisce L - Lifelong Learning MM - Mindful Moments M - Music to My Ears O - Out & About	Location Key: ML- McPherson Lane RR- Recreation Room TS- Town Square CC- Cantaloupe Cafe HS- Honey Sweet Cafe GP- Griffith Parkway SR- Sun Room CY- Courtyard	Sign up for Out and About trips in advance in the Honey Sweet Cafe and in Town Square. Availability is on a first come, first serve basis.	Nails are done by volunteers approximately every other week. Watch your daily schedules to see when they are coming!

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