

March 2020

In The Moment - Memory Support

created with 

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:30 Game show T.V time [F] 1 10:00  Snackactivity 10:30  Aromatherapy 2:30  Snackactivity 3:00  Table Time- Games, Art, Puzzles etc. [A] 6:00  Stars of the Silver Screen	10:00  Snackactivity 2 10:30  Aromatherapy 2:30  Snackactivity 3:00  Table Time- Games, Art, Puzzles etc. [A] 6:00  Stars of the Silver Screen	9:00  Prayer & Communion (Catholic) [R] 3 9:30  Simple Stretches [F] 10:00  Snackactivity 10:30  Aromatherapy 1:45  Afternoon Stroll 2:30  Snackactivity 3:00  ASPCA Craft [A] 6:00  Stars of the Silver Screen	9:30  Movement with Music [F] 4 10:00  Snackactivity 10:30  Aromatherapy 1:45  You Be the Judge [A] 2:30  Snackactivity 3:00  Table Time- Games, Art, Puzzles etc. [A] 6:00  Stars of the Silver Screen	9:30 Morning Movement [A] 5 10:00  Snackactivity 10:30  Aromatherapy 2:30  Snackactivity 3:00  Table Time- Games, Art, Puzzles etc. [A] 6:00  Stars of the Silver Screen	9:30  Let's Get Physical [F] 6 10:00  Snackactivity 10:30  Aromatherapy 2:30  Snackactivity 3:30 Craft Class 6:00  Stars of the Silver Screen	9:30  Physical Fun [F] 7 10:00  Snackactivity 10:30  Aromatherapy 2:30  Snackactivity 3:00  Table Time- Games, Art, Puzzles etc. [F] 6:00  Stars of the Silver Screen
Daylight Saving Time Begins 8 9:30 Game show T.V time [F] 10:00  Snackactivity 10:30  Aromatherapy 2:30  Snackactivity 3:00  Table Time- Games, Art, Puzzles etc. [A] 6:00  Stars of the Silver Screen	10:00  Snackactivity 9 10:30  Aromatherapy 2:30  Snackactivity 3:00  Table Time- Games, Art, Puzzles etc. [A] 6:00  Stars of the Silver Screen	9:00  Prayer & Communion (Catholic) [R] 10 9:30  Simple Stretches [F] 10:00  Snackactivity 10:30  Aromatherapy 1:45  Afternoon Stroll 2:30  Snackactivity 3:00  Table Time [A] 6:00  Stars of the Silver Screen	9:30  Movement with Music [F] 11 10:00  Snackactivity 10:30  Aromatherapy 1:45  You Be the Judge [A] 2:30  Snackactivity 3:00  Table Time- Games, Art, Puzzles etc. [A] 6:00  Stars of the Silver Screen	9:30 Morning Movement [A] 12 10:00  Snackactivity 10:30  Aromatherapy 2:30  Taste & Tell 3:00  Table Time- Games, Art, Puzzles etc. [A] 6:00  Stars of the Silver Screen	9:30  Let's Get Physical [F] 13 10:00  Snackactivity 10:30  Aromatherapy 2:30  Snackactivity 3:30 Craft Class 6:00  Stars of the Silver Screen	9:30  Physical Fun [F] 14 10:00  Snackactivity 10:30  Aromatherapy 2:30  Snackactivity 3:00  Table Time- Games, Art, Puzzles etc. [F] 6:00  Stars of the Silver Screen
9:30 Game show T.V time [F] 15 10:00  Snackactivity 10:30  Aromatherapy 2:30  Snackactivity 3:00  Table Time- Games, Art, Puzzles etc. [A] 6:00  Stars of the Silver Screen	10:00  Snackactivity 16 10:30  Aromatherapy 2:30  Snackactivity 3:00  Table Time- Games, Art, Puzzles etc. [A] 6:00  Stars of the Silver Screen	St. Patrick's Day 17 9:00  Prayer & Communion (Catholic) [R] 9:30  Simple Stretches [F] 10:00  Snackactivity 10:30  Aromatherapy 1:45  Afternoon Stroll/ St. Patrick's Celebration! 2:30 Snackactivity 3:00  Helping Hands: Outreach program [A] 6:00  Stars of the Silver Screen	9:30  Movement with Music [F] 18 10:00  Snackactivity 10:30  Aromatherapy 1:45  You Be the Judge [A] 2:30  Snackactivity 3:00  Table Time- Games, Art, Puzzles etc. [A] 6:00  Stars of the Silver Screen	9:30 Morning Movement [A] 19 10:00  Snackactivity 10:30  Aromatherapy 2:30  Snackactivity 3:00  Table Time- Games, Art, Puzzles etc. [A] 6:00  Stars of the Silver Screen	9:30  Let's Get Physical [F] 20 10:00  Snackactivity 10:30  Aromatherapy 2:30  Snackactivity 3:30 Craft Class 6:00  Stars of the Silver Screen	9:30  Physical Fun [F] 21 10:00  Snackactivity 10:30  Aromatherapy 2:30  Snackactivity 3:00  Table Time- Games, Art, Puzzles etc. [F] 6:00  Stars of the Silver Screen
9:30 Game show T.V time [F] 22 10:00  Snackactivity 10:30  Aromatherapy 2:30  Snackactivity 3:00  Table Time- Games, Art, Puzzles etc. [A] 6:00  Stars of the Silver Screen	10:00  Snackactivity 23 10:30  Aromatherapy 2:30  Snackactivity 3:00  Table Time- Games, Art, Puzzles etc. [A] 6:00  Stars of the Silver Screen	9:00  Prayer & Communion (Catholic) [R] 24 9:30  Simple Stretches [F] 10:00  Snackactivity 10:30  Aromatherapy 1:45  Afternoon Stroll 2:30  Snackactivity 3:00  Table Time- Games, Art, Puzzles etc. [A] 6:00  Stars of the Silver Screen	9:30  Movement with Music [F] 25 10:00  Snackactivity 10:30  Aromatherapy 1:45  You Be the Judge [A] 2:30  Snackactivity 3:00  Table Time- Games, Art, Puzzles etc. [A] 6:00  Stars of the Silver Screen	9:30 Morning Movement [A] 26 10:00  Snackactivity 10:30  Aromatherapy 2:30  Snackactivity 3:00  Table Time- Games, Art, Puzzles etc. [A] 6:00  Stars of the Silver Screen	9:30  Let's Get Physical [F] 27 10:00  Snackactivity 10:30  Aromatherapy 2:30  Snackactivity 3:30 Craft Class 6:00  Stars of the Silver Screen	9:30  Physical Fun [F] 28 10:00  Snackactivity 10:30  Aromatherapy 2:30  Snackactivity 3:00  Table Time- Games, Art, Puzzles etc. [F] 6:00  Stars of the Silver Screen
9:30 Game show T.V time [F] 29 10:00  Snackactivity 10:30  Aromatherapy 2:30  Snackactivity 3:00  Table Time- Games, Art, Puzzles etc. [A] 6:00  Stars of the Silver Screen	10:00  Snackactivity 30 10:30  Aromatherapy 2:30  Snackactivity 3:00  Table Time- Games, Art, Puzzles etc. [A] 6:00  Stars of the Silver Screen	9:30  Simple Stretches [F] 31 10:00  Snackactivity 10:30  Aromatherapy 12:00  Catholic Mass 1:45  Afternoon Stroll 2:30 Scenic Drive 2:30  Snackactivity 3:00  Table Time- Games, Art, Puzzles etc. [A] 6:00  Stars of the Silver Screen	 12877 Sylva Lane Sonora, CA 95370 209-588-0373			 Artistic Expression  Continuing Education  Lifestyle & Leisure  Physical Engagement  Spiritual Support Healthy Snacks & Hydration offered throughout each day!