


# March 2020

## Assisted Living Lifestyle & Leisure

created with 

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:00 <b>LL</b> Hangman Game [L] <b>1</b> 11:00 <b>LL</b> UNO Card game [C] 1:30 <b>PE</b> Simple Stretches [A] 1:45 <b>LL</b> Card Game '31 [C] 2:30 <b>LL</b> 1 Hour Bingo [A] 6:15 <b>LL</b> Movie [A]	9:30 <b>PE</b> Walking Club [ML] <b>2</b> 11:00 <b>Tenzi (Dice Game) [C]</b> 1:45 <b>LL</b> RummiKub [C] 2:30 <b>AE</b> Craft Class [A] 3:30 Nail Care [A] 6:15 <b>LL</b> Movie [A]	9:30 <b>SS</b> Prayer & Communion (Catholic) [C] <b>3</b> Shopping Crossroads (Walmart) [ML] 9:30 1:30 <b>LL</b> 1 Hour Bingo [A] 2:45 <b>LL</b> Yahtzee [C] 3:00 <b>PE</b> Strength/Sit & Be Fit [A] 6:15 <b>LL</b> Movie [A]	10:00 <b>Yoga with Tully [C]</b> <b>4</b> 11:00 <b>CC</b> Activity Meeting [A] 1:45 <b>LL</b> Card Game '31 [C] 2:30 <b>CE</b> Culture Class [A] 3:00 Welcoming Committee Meeting [C] 3:30 <b>PE</b> Sit & Be Fit [A] 6:15 <b>LL</b> Movie [A]	10:00 <b>Sit &amp; Be Fit /Stretch [A]</b> <b>5</b> 1:45 <b>CE</b> What Do Ya Know? [L] 2:30 <b>Planning committee meeting [A]</b> 2:30 Rummikub (resident led) [C] 3:00 <b>CE</b> Mobile Library [UPL] 6:15 <b>LL</b> Movie [A]	10:00 <b>PE</b> Sit & Be Fit Video [A] <b>6</b> 11:00 <b>AE</b> Craft Class [A] 1:30 <b>LL</b> Happy Hour [L] 6:15 <b>LL</b> Movie [A]	10:00 <b>PE</b> Chair Workout [A] <b>7</b> 1:30 <b>LL</b> 1 Hour Bingo [A] 2:30 <b>CC</b> Crochet Club [FR] 6:15 <b>LL</b> Movie [A]
<b>Daylight Saving Time Begins</b> <b>8</b> 10:00 <b>LL</b> Hangman Game [L] 11:00 <b>LL</b> UNO Card game [C] 1:30 <b>PE</b> Simple Stretches [A] 1:30 <b>Unity in the Community [L]</b> 1:45 <b>LL</b> Card Game '31 [C] 2:30 <b>LL</b> 1 Hour Bingo [A] 6:15 <b>LL</b> Movie [A]	9:30 <b>PE</b> Walking Club [ML] <b>9</b> 11:00 <b>Tenzi (Dice Game) [C]</b> 1:45 <b>LL</b> RummiKub [C] 3:30 Nail Care [A] 6:15 <b>LL</b> Movie [A]	9:30 <b>SS</b> Prayer & Communion (Catholic) [C] <b>10</b> Shopping at Timberhills (Savemart) [ML] 9:30 1:30 <b>LL</b> 1 Hour Bingo [A] 2:45 <b>LL</b> Yahtzee [C] 3:00 Strength /Sit & Be Fit [A] 6:15 <b>LL</b> Movie [A]	10:00 <b>Yoga with Tully [C]</b> <b>11</b> 11:00 <b>CC</b> Resident Food Committee/ Dining Services meeting [D] 1:45 <b>LL</b> Card Game '31 [C] 2:00 <b>CE</b> Culture Class/ Mardi Gras [A] 6:15 <b>LL</b> Movie [A]	<b>Throwback Thursday Day!</b> <b>12</b> 10:00 Sit & Be Fit /Stretch [A] 10:30 <b>CC</b> Resident Council Meeting [A] 1:45 <b>CE</b> What Do Ya Know? [L] 2:30 <b>CC</b> Planning committee Meeting [A] 2:30 Rummikub (resident led) [C] 6:15 <b>LL</b> Movie [A]	10:00 <b>PE</b> Sit & Be Fit Video [A] <b>13</b> 11:00 <b>AE</b> Craft Class [A] 2:00 <b>Happy Hour [L]</b> 3:30 <b>Unitarian universalist Discussion [PD]</b> 6:15 <b>LL</b> Movie [A]	10:00 Chair Workout [A] <b>14</b> 1:30 <b>LL</b> 1 Hour Bingo [A] 2:30 <b>CC</b> Crochet Club [FR] 6:15 <b>LL</b> Movie [A]
10:00 <b>LL</b> Hangman Game [L] <b>15</b> 11:00 <b>LL</b> UNO Card game [C] 1:30 <b>PE</b> Simple Stretches [A] 1:45 <b>LL</b> Card Game '31 [C] 2:30 <b>LL</b> 1 Hour Bingo [A] 6:15 <b>LL</b> Movie [A]	9:30 <b>PE</b> Walking Club [ML] <b>16</b> 11:00 <b>Tenzi (Dice Game) [C]</b> 1:45 <b>LL</b> RummiKub [C] 2:30 <b>AE</b> Craft Class [A] 3:30 Nail Care [A] 6:15 <b>LL</b> Movie [A]	<b>St. Patrick's Day</b> <b>17</b> 9:30 <b>SS</b> Prayer & Communion (Catholic) [C] Shopping & Out To Lunch (The Junction) [ML] 10:00 1:30 <b>LL</b> 1 Hour Bingo [A] 2:30 Planning committee Meeting [A] 2:45 <b>LL</b> Yahtzee [C] 6:15 <b>LL</b> Movie [A]	10:00 <b>Yoga with Tully [C]</b> <b>18</b> 11:00 <b>Town Hall Meeting [A]</b> 1:30 <b>Spring Floral Arrangement with Stephanie [A]</b> 1:45 <b>LL</b> Card Game '31 [C] 3:00 Welcoming Committee Meeting [C] 3:30 <b>PE</b> Sit & Be Fit [A] 6:15 <b>LL</b> Movie [A]	10:00 Sit & Be Fit /Stretch [A] <b>19</b> 1:30 <b>Lutheran Church Service [A]</b> 1:45 <b>CE</b> What Do Ya Know? [L] 2:30 Planning committee Meeting [C] 2:30 Rummikub (resident led) [C] 3:00 <b>Auction [A]</b> 3:00 <b>CE</b> Mobile Library [UPL] 6:15 <b>LL</b> Movie [A]	10:00 <b>PE</b> Sit & Be Fit Video [A] <b>20</b> 11:00 <b>AE</b> Craft Class [A] 1:00 <b>CC</b> Hearing Aids Checked [A] 5:00 <b>Showers of Flowers Spring Gala [D]</b> 6:15 <b>LL</b> Movie [A]	10:00 <b>PE</b> Chair Workout [A] <b>21</b> 1:30 <b>LL</b> 1 Hour Bingo [A] 2:30 <b>CC</b> Crochet Club [FR] 6:15 <b>LL</b> Movie [A]
10:00 <b>LL</b> Hangman Game [L] <b>22</b> 11:00 <b>LL</b> UNO Card game [C] 1:30 <b>PE</b> Simple Stretches [A] 1:45 <b>LL</b> Card Game '31 [C] 2:30 <b>LL</b> 1 Hour Bingo [A] 6:15 <b>LL</b> Movie [A]	9:30 <b>PE</b> Walking Club [ML] <b>23</b> 11:00 <b>Tenzi (Dice Game) [C]</b> 1:45 <b>LL</b> RummiKub [C] 3:30 Nail Care [A] 6:15 <b>LL</b> Movie [A]	9:30 <b>LL</b> Nature Whole Food Store [ML] <b>24</b> 11:00 <b>SS</b> Catholic Mass [A] 1:30 <b>LL</b> 1 Hour Bingo [A] 2:45 <b>LL</b> Yahtzee [C] 3:00 <b>PE</b> Strength/Sit & Be Fit [A] 6:15 <b>LL</b> Movie [A]	10:00 <b>PE</b> Yoga with Tully [C] <b>25</b> 1:15 Camelot SRT outing [ML] 1:45 <b>LL</b> Card Game '31 [C] 2:30 <b>CE</b> Culture Class [A] 3:30 <b>PE</b> Sit & Be Fit [A] 6:15 <b>LL</b> Movie [A]	10:00 Sit & Be Fit /Stretch [A] <b>26</b> 1:45 <b>CE</b> What Do Ya Know? [L] 2:00 <b>LL</b> Music with Ulysses [L] 2:30 Rummikub (resident led) [C] 4:00 <b>Storytelling Guild [L]</b> 6:15 <b>LL</b> Movie [A]	10:00 <b>PE</b> Sit & Be Fit Video [A] <b>27</b> 11:00 <b>AE</b> Craft Class [A] 2:00 <b>LL</b> Birthday Happy Hour [L] 6:15 <b>LL</b> Movie [A]	10:00 Chair Workout [A] <b>28</b> 1:30 <b>LL</b> 1 Hour Bingo [A] 2:30 <b>CC</b> Crochet Club [FR] 6:15 <b>LL</b> Movie [A]
10:00 <b>LL</b> Hangman Game [L] <b>29</b> 11:00 <b>LL</b> UNO Card game [C] 1:30 <b>PE</b> Simple Stretches [A] 1:45 <b>LL</b> Card Game '31 [C] 2:30 <b>LL</b> 1 Hour Bingo [A] 6:15 <b>LL</b> Movie [A]	9:30 <b>PE</b> Walking Club [ML] <b>30</b> 11:00 <b>Tenzi (Dice Game) [C]</b> 1:45 <b>LL</b> RummiKub [C] 2:30 <b>AE</b> Craft Class [A] 3:30 Nail Care [A] 6:15 <b>LL</b> Movie [A]	9:30 <b>SS</b> Prayer & Communion (Catholic) [C] <b>31</b> Shopping at Crossroads (Walmart) [ML] 9:30 1:30 <b>LL</b> 1 Hour Bingo [A] 2:45 <b>LL</b> Yahtzee [C] 3:00 <b>PE</b> Strength/Sit & Be Fit [A] 6:15 <b>LL</b> Movie [A]	<div>  <div>             12877 Sylva Lane              Sonora, CA 95370              209-588-0373           </div> </div>			<b>Location Keys</b> <div> <div> <b>AE</b> Artistic Expression  <b>CC</b> Community Connections  <b>CE</b> Continuing Education  <b>LL</b> Lifestyle &amp; Leisure  <b>PE</b> Physical Engagement  <b>SS</b> Spiritual Support           </div> <div>             Activities Room A              Card Room C              Dining Room D              Fireside Room FR              Lobby L              Meet in Lobby ML              Private Dining PD              Upper Parking Lot UPL           </div> </div>