

The History of St. Patrick's Day



St Patrick's Day is a widely recognized holiday around the world that is celebrated annually on March 17th, the traditional death day of St. Patrick, according to History.com.

The Holiday is also known as "Feast of Saint Patrick" and is held in remembrance of St Patrick, one of Ireland's patron saints. Saint Patrick was a Christian missionary and bishop in Ireland who is generally credited with bringing Christianity to Ireland.

St. Patrick's Day was made an official Christian feast day by the Catholic Church and Church of Ireland, Lutheran Church, and the Eastern Orthodox Church in the 17th century.

The Holiday was brought shortly after to the Boston area of the United States by Irish American immigrants and is still widely celebrated today. Celebratory traditions include Irish parties, food, drink, Church services, and more.

Answers for Luck of the Irish Trivia, pg1:

1. Emerald Isle
2. Blue
3. Belfast
4. The Celtic Harp
5. Green, White, Orange



Clarice F. enjoyed her 89th Birthday with her sister Dee S. and Husband Jerry S. from Richland, Washington.

Family and Caregiver Alzheimer's/Dementia Support Group

Meeting

Wednesday, February 19th

3:00pm in the Terrace at Flagstone.

Spouses, Family members and friends caring for individuals with Alzheimer's disease or a related dementia are invited to participate. Share stories and challenges, ask questions, gain support and insight, and talk with others who are going through or have experienced this journey. You are not alone! Meetings are the 3rd Wednesday of each month. For more information please contact Karen Wilson at (541) 993-0353. All are Welcome.

Flagstone Senior Living March 2020

3325 Columbia View Drive
The Dalles, OR 97058



FLAGSTONE NEWSLETTER

March, 2020

Hello and Happy March!

I can't believe its March, WOW, the past few months have gone by so fast! At Flagstone this month, we'll be rolling out more fun and engaging activities and events. On St. Patrick's Day (Tuesday, March 17th), we are all Irish! Anne and the kitchen crew will be serving up a traditional Irish meal on the 17th, then join us for green drinks and appetizers, Celtic music, Irish trivia, fun facts about Ireland, and make sure you wear green. We will have prizes for the best costumed "Irishman" and "Irishwoman". We will all have the "luck of the Irish" and kiss the Blarney Stone!

"We'll be providing fun St. Patrick's Day garb to wear, and get all of us into the Irish mood!"

Thanks for the unique traits and contributions you each make to life at Flagstone, and for sharing your lives with us!

Sharla Mosqueda
Executive Director

Luck of the Irish Trivia

1. Ireland is also known by this colorful name
2. What color was originally associated with Saint Patrick?
3. In what Irish city was the Titanic built?
4. What is the national symbol of Ireland?
5. What three colors make up the Irish flag?

(Answers can be found on the last page)

Residents Birthdays

4th----- Maria A. 11th----- Shirley R.
14th----- Kathryn H.

Employees Birthdays

11th----- Jordan W.

Residents Anniversaries

Jean T.-----11 Years Lanelle P.-----8 Years
Carol G.-----5 Years Pat V.-----5 Years
Joyce C.-----3 Years

Employees Anniversaries

Destiny H.-----1 Year

March 2020
In The Moment – Memory Support

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<div>Hot Topic-Ireland</div> <div>9:15 PE Sit and Be Fit</div> <div>10:30 SS Catholic Communion (RR)</div> <div>11:15 CE Aromatherapy Hand Towels</div> <div>1:00 SS Church Service W/Scott</div> <div>3:30 SS Sunday Church Service (RR)</div> <div>5:00 LL Evening Movie</div> <div>1</div>	<div>Dr. Seuss Birthday "115 Years old Today"</div> <div>9:15 PE Fitness Fun Balloons & Noodles</div> <div>10:30 CE Ireland Fun Facts</div> <div>11:15 CE Aromatherapy Hand Towels</div> <div>1:00 AE Shamrock Craft</div> <div>3:00 LL Dr. Seuss Story Time</div> <div>3:45 PE Wild Walkers</div> <div>5:00 LL Evening Movie</div> <div>2</div>	<div>9:15 PE Sit and Be Fit</div> <div>10:30 AE Luck of the Irish Word search</div> <div>11:15 CE Aromatherapy Hand Towels</div> <div>12:45 CC Bus Adventure (8 Mile Scenic Drive)</div> <div>3:00 SS Church Services W/Scott (AL & MS)</div> <div>3:45 PE Wild Walkers</div> <div>5:00 LL Evening Movie</div> <div>3</div>	<div>Happy Birthday Maria A.</div> <div>9:15 PE Fitness Fun Balloon & Noodles</div> <div>10:30 CE Dublin Fun Facts</div> <div>11:15 CE Aromatherapy Hand Towels</div> <div>1:00 AE Cookie Decorating</div> <div>3:00 PE Game Time (Bean Bag Toss)</div> <div>3:45 PE Wild Walkers</div> <div>5:00 LL Evening Movie</div> <div>4</div>	<div>9:15 PE Parachute Fitness</div> <div>10:30 AE Ireland Pencil Art</div> <div>11:15 CE Aromatherapy Hand Towels</div> <div>12:45 CC Bus Adventure (Schreiners Farm)</div> <div>3:00 AE Shamrock Craft</div> <div>3:45 PE Wild Walkers</div> <div>5:00 LL Evening Movie</div> <div>5</div>	<div>9:15 PE Stretching Fitness</div> <div>10:30 PE Game Time/ Bowling</div> <div>11:15 CE Aromatherapy Hand Towels</div> <div>12:30 AE Fancy Friday (Nails, Makeup & Hair)</div> <div>3:00 AE Shamrock Painting</div> <div>3:45 PE Wild Walkers</div> <div>5:00 LL Evening Movie</div> <div>6</div>	<div>9:15 PE Sit and Be Fit</div> <div>10:30 PE Gardening & Weeding (Patio)</div> <div>11:15 CE Aromatherapy Hand Towels</div> <div>1:00 PE Game Time/Pictionary</div> <div>3:00 AE Shamrock Wreath Craft</div> <div>3:45 PE Wild Walkers</div> <div>5:00 LL Evening Movie</div> <div>7</div>	
<div>Daylight Saving Time Begins</div> <div>Hot Topic- Rainbows</div> <div>9:15 PE Sit and Be Fit</div> <div>10:00 CE Bible Reading (Snack)</div> <div>10:30 SS Catholic Communion (RR)</div> <div>11:15 CE Aromatherapy Hand Towels</div> <div>1:00 SS Church Service W/Scott</div> <div>3:30 SS Sunday Church Service (RR)</div> <div>5:00 LL Evening Movie</div> <div>8</div>	<div>9:15 PE Fitness Fun Balloons & Noodles</div> <div>10:30 CE Rainbow Fun Facts</div> <div>11:15 CE Aromatherapy Hand Towels</div> <div>1:00 AE Watercolor Rainbow Art</div> <div>2:00 CE Taste & Tell W/Anne</div> <div>3:00 CE Hangman Game</div> <div>3:45 PE Wild Walkers</div> <div>5:00 LL Evening Movie</div> <div>9</div>	<div>9:15 PE Sit and Be Fit</div> <div>10:30 AE Rainbow Pencil Art</div> <div>11:15 CE Aromatherapy Hand Towels</div> <div>12:45 CC Bus Adventure (3 mile)</div> <div>3:00 SS Church Services W/ Scott (AL & MS)</div> <div>3:45 PE Wild Walkers</div> <div>5:00 LL Evening Movie</div> <div>10</div>	<div>Happy Birthday Shirley R.</div> <div>9:15 PE Fitness Fun Balloon & Noodles</div> <div>10:30 CE Rainbow Word Search</div> <div>11:15 CE Aromatherapy Hand Towels</div> <div>1:00 AE Making Edible Rainbows</div> <div>2:00 LL Ted Horowitz on The Piano</div> <div>3:00 PE Game Time (bean Bag Toss)</div> <div>3:45 PE Wild Walkers</div> <div>5:00 LL Evening Movie</div> <div>11</div>	<div>9:15 PE Parachute Fitness</div> <div>10:30 CE Rainbow Hangman</div> <div>11:15 CE Aromatherapy Hand Towels</div> <div>12:45 CC Bus Adventure (Biggs Loop)</div> <div>3:00 AE Rainbow Pinwheel Flower Art</div> <div>3:45 PE Wild Walkers</div> <div>5:00 LL Evening Movie</div> <div>12</div>	<div>9:15 PE Stretching Fitness</div> <div>10:30 PE Game Time/ Bowling</div> <div>11:15 CE Aromatherapy Hand Towels</div> <div>12:30 AE Fancy Friday (Nails, Makeup & Hair)</div> <div>3:00 AE Rainbow Painting</div> <div>3:45 PE Wild Walkers</div> <div>5:00 LL Evening Movie</div> <div>13</div>	<div>Happy Birthday Kathryn H.</div> <div>9:15 PE Sit and Be Fit</div> <div>10:30 PE Gardening & Weeding (Patio)</div> <div>11:15 CE Aromatherapy Hand Towels</div> <div>1:00 PE Rainbow Basketball Toss</div> <div>3:00 AE Rainbow Craft</div> <div>3:45 PE Wild Walkers</div> <div>5:00 LL Evening Movie</div> <div>14</div>	
<div>Hot Topic- Saint Patrick</div> <div>9:15 PE Sit and Be Fit</div> <div>10:00 CE Bible Reading (Snack)</div> <div>10:30 SS Catholic Communion (RR)</div> <div>11:15 CE Aromatherapy Hand Towels</div> <div>1:00 SS Church Service W/Scott</div> <div>3:30 SS Sunday Church Service (RR)</div> <div>5:00 LL Evening Movie</div> <div>15</div>	<div>9:15 PE Fitness Fun Balloons & Noodles</div> <div>10:30 CE St Patrick Day Word Search</div> <div>11:15 CE Aromatherapy Hand Towels</div> <div>1:00 AE St. Patrick's Day Craft</div> <div>3:00 CE Hangman Game</div> <div>3:45 PE Wild Walkers</div> <div>5:00 LL Evening Movie</div> <div>16</div>	<div>St. Patrick's Day</div> <div>9:15 PE Sit and Be Fit</div> <div>10:30 CE St. Patrick's Fun Facts</div> <div>11:15 CE Aromatherapy Hand Towels</div> <div>12:45 CC Bus Adventure (15 Mile)</div> <div>2:00 LL St. Patrick's Day Party</div> <div>3:00 SS Church Services W/Scott (AL & MS)</div> <div>3:45 PE Wild Walkers</div> <div>5:00 LL Evening Movie</div> <div>17</div>	<div>9:15 PE Fitness Fun Balloon & Noodles</div> <div>10:30 CE Shamrock Maze</div> <div>11:15 CE Aromatherapy Hand Towels</div> <div>1:00 AE Cupcake Decorating</div> <div>3:00 CC Alzheimer's Support group</div> <div>3:00 PE Game Time (bean Bag Toss)</div> <div>3:45 PE Wild Walkers</div> <div>5:00 LL Evening Movie</div> <div>18</div>	<div>9:15 PE Parachute Fitness</div> <div>10:30 CE The Legend of the Irish Leprechauns</div> <div>11:15 CE Aromatherapy Hand Towels</div> <div>12:45 CC Bus Adventure (Mosier/ Rowena)</div> <div>3:00 AE Leprechaun Pencil Art</div> <div>3:45 PE Wild Walkers</div> <div>4:30 LL Waffles for Dinner</div> <div>5:00 LL Evening Movie</div> <div>19</div>	<div>9:15 PE Stretching Fitness</div> <div>10:30 PE Game Time/ Hangman</div> <div>11:15 CE Aromatherapy Hand Towels</div> <div>12:30 AE Fancy Friday (Nails, Makeup & Hair)</div> <div>3:00 CE Nostalgic News</div> <div>3:45 PE Wild Walkers</div> <div>5:00 LL Evening Movie</div> <div>20</div>	<div>9:15 PE Sit and Be Fit</div> <div>10:30 PE Gardening & Weeding (Patio)</div> <div>11:15 CE Aromatherapy Hand Towels</div> <div>1:00 AE Decorating Cupcakes</div> <div>3:00 PE Game Time (Bean Bag Toss)</div> <div>3:45 PE Wild Walkers</div> <div>5:00 LL Evening Movie</div> <div>21</div>	
<div>Hot Topic-Spring</div> <div>9:15 PE Sit and Be Fit</div> <div>10:00 CE Bible Reading (Snack)</div> <div>10:30 SS Catholic Communion (RR)</div> <div>11:15 CE Aromatherapy Hand Towels</div> <div>1:00 SS Church Service W/Scott</div> <div>3:30 SS Sunday Church Service (RR)</div> <div>5:00 LL Evening Movie</div> <div>22</div>	<div>9:15 PE Fitness Fun Balloons & Noodles</div> <div>10:30 CE Spring Word Search</div> <div>11:15 CE Aromatherapy Hand Towels</div> <div>1:00 AE Butterfly Craft</div> <div>2:00 CE Taste & Tell W/Anne</div> <div>2:00 LL Ted Horowitz on The Piano</div> <div>3:00 CE Hangman Game</div> <div>3:45 PE Wild Walkers</div> <div>5:00 LL Evening Movie</div> <div>23</div>	<div>9:15 PE Sit and Be Fit</div> <div>10:30 AE Spring Time Pencil Art</div> <div>11:15 CE Aromatherapy Hand Towels</div> <div>12:45 CC Bus Adventure (7 Mile)</div> <div>3:00 SS Church Services W/ Scott (AL & MS)</div> <div>3:45 PE Wild Walkers</div> <div>5:00 LL Evening Movie</div> <div>24</div>	<div>9:15 PE Fitness Fun Balloon & Noodles</div> <div>10:30 CE Spring Maze</div> <div>11:15 CE Aromatherapy Hand Towels</div> <div>1:00 AE Paper Plate Flower Craft</div> <div>3:00 PE Game Time (bean Bag Toss)</div> <div>3:45 PE Wild Walkers</div> <div>5:00 LL Evening Movie</div> <div>25</div>	<div>9:15 PE Parachute Fitness</div> <div>10:30 LL Spring Jokes</div> <div>11:15 CE Aromatherapy Hand Towels</div> <div>12:45 CC Bus Adventure (5 Mile)</div> <div>3:00 AE Spring Flower Craft</div> <div>3:45 PE Wild Walkers</div> <div>5:00 LL Evening Movie</div> <div>26</div>	<div>9:15 PE Stretching Fitness</div> <div>10:30 PE Game Time/ Basketball</div> <div>11:15 CE Aromatherapy Hand Towels</div> <div>12:30 AE Fancy Friday (Nails, Makeup & Hair)</div> <div>3:00 AE Watercolor Flower Art</div> <div>3:45 PE Wild Walkers</div> <div>5:00 LL Evening Movie</div> <div>27</div>	<div>9:15 PE Sit and Be Fit</div> <div>10:30 PE Gardening & Weeding (Patio)</div> <div>11:15 CE Aromatherapy Hand Towels</div> <div>1:00 PE Game Time</div> <div>3:00 AE Tulip Flower Craft</div> <div>3:45 PE Wild Walkers</div> <div>5:00 LL Evening Movie</div> <div>28</div>	
<div>Hot Topic- Eggs</div> <div>9:15 PE Sit and Be Fit</div> <div>10:00 CE Bible Reading (Snack)</div> <div>10:30 SS Catholic Communion (RR)</div> <div>11:15 CE Aromatherapy Hand Towels</div> <div>1:00 SS Church Service W/Scott</div> <div>3:30 SS Sunday Church Service (RR)</div> <div>5:00 LL Evening Movie</div> <div>29</div>	<div>9:15 PE Fitness Fun Balloons & Noodles</div> <div>10:30 AE Easter Egg Craft</div> <div>11:15 CE Aromatherapy Hand Towels</div> <div>1:00 AE Flower Wreath</div> <div>3:00 CE Hangman Game</div> <div>3:45 PE Wild Walkers</div> <div>5:00 LL Evening Movie</div> <div>30</div>	<div>9:15 PE Sit and Be Fit</div> <div>10:30 AE Easter Egg Pencil Art</div> <div>11:15 CE Aromatherapy Hand Towels</div> <div>12:45 LL Rides with Debbie (Schrieners)</div> <div>3:00 SS Church Services W/Scott (AL & MS)</div> <div>3:45 PE Wild Walkers</div> <div>5:00 LL Evening Movie</div> <div>31</div>	<div></div> <div>3325 Columbia View Drive The Dalles, OR 97058 541-298-5656</div>			<div>AE Artistic Expression</div> <div>CC Community Connections</div> <div>CE Continuing Education</div> <div>LL Lifestyle & Leisure</div> <div>PE Physical Engagement</div> <div>SS Spiritual Support</div>	<div>Healthy Snacks & Hydration offered throughout each day!</div>