Highland	Oaks F	lealth	Center
Health Ce	enter		



			Value of Market A			
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 MM 9:00 MUSIC - THEME SENSATIONS S 10:00 HOSPITALITY CART S 11:00 SUNDAY BRUNCH K 11:15 DAILY CHRONICLE M 11:30 GOSPEL MUSIC I 2:00 TABOR RIDGE CHURCH OF CHRIST 2:20 GOSPEL SINGING  8 Daylight Saving Begins MM 9:00 MUSIC - THEME SENSATIONS S 10:00 HOSPITALITY CART K 11:15 DAILY CHRONICLE M 11:30 GOSPEL MUSIC I 2:00 STOCKPORT CHURCH OF CHRIST	MM 9:00 KITCHEN-THEME SENSATIONS S 10:00 BEAUTY SHOP OPENS 1 10:00 HISTORY BUFFS A 10:30 ART TALK K 11:00 WORD SEARCH K 11:15 DAILY CHRONICLE 2:00 LAD-VR  9 MM 9:00 KITCHEN-THEME SENSATIONS S 10:00 BEAUTY SHOP OPENS 1 10:00 HISTORY BUFFS A 10:30 ART TALK K 11:00 WORD SEARCH K 11:15 DAILY CHRONICLE	3 MM 9:00 NURSERY-THEME SENSATION GC 10:00 BINGO K 11:15 DAILY CHRONICLE I 1:30 BIBLE STUDY V 1:30 EXERCISE GROUP O 2:00 DOLLAR GENERAL CC 6:00 CAMERA CLUB  10 MM 9:00 NURSERY-THEME SENSATION O 9:00 WALMART GC 10:00 BINGO K 11:15 DAILY CHRONICLE I 1:30 BIBLE STUDY V 1:30 EXERCISE GROUP	4  MM 9:00 MEN'S-THEME	5  MM 9:00 TOUCH-THEME	MIN 9:00 LAUNDRY-THEME SENSATIONS GC 10:00 BINGO K 11:00 SEEK N FIND K 11:15 DAILY CHRONICLE M 2:30 RON JACKSON GF 3:00 HAPPY HOUR  13 MIN 9:00 LAUNDRY-THEME SENSATIONS GC 10:00 BINGO K 11:00 SEEK N FIND K 11:15 DAILY CHRONICLE M 2:30 RESIDENTS MUSIC CHOICE	7 MM 9:00 GARDEN-THEME SENSATIONS A 10:00 ST.PATTY'S CRAFT K 11:00 WEEKLY UPDATE K 11:15 DAILY CHRONICLE 1:30 EXERCISE GROUP  14 MM 9:00 GARDEN-THEME SENSATIONS A 10:00 SPRING CRAFT K 11:00 WEEKLY UPDATE K 11:15 DAILY CHRONICLE V 1:30 EXERCISE GROUP
2:20 GOSPEL SINGING  15  MN 9:00 MUSIC - THEME SENSATIONS S 10:00 HOSPITALITY CART K 11:15 DAILY CHRONICLE M 11:30 GOSPEL MUSIC I 2:00 7TH ST. CHURCH OF CHRIST 2:20 GOSPEL SINGING	2:00 LAD-VR  16  MW 9:00 KITCHEN-THEME SENSATIONS  S 10:00 BEAUTY SHOP OPENS  10:00 HISTORY BUFFS  A 10:30 ART TALK  K 11:00 WORD SEARCH  K 11:15 DAILY CHRONICLE  M 2:00 T-N-T	1 2:30 CATHOLIC MASS 6:00 ST. PATTY'S FAMILY  17 St. Patrick's Day  MM 9:00 NURSERY-THEME SENSATION GC 10:00 BINGO K 11:15 DAILY CHRONICLE I 1:30 BIBLE STUDY V 1:30 EXERCISE GROUP GF 2:00 GREEN SNACK IN CHAT M 6:15 BILL & BARB	I 6:00 BIBLE STUDY WITH TRILLA  18  MIV 9:00 MEN'S-THEME SENSATIONS  S 9:30 INSPIRED LIVING  V 10:00 TARGET GOLF  K 11:00 SEEK N FIND  K 11:15 DAILY CHRONICLE  CC 1:30 CHEF CIRCLE  M 2:00 DENVER LEE  I 6:00 BIBLE STUDY WITH	2:00 LAD-VR GF 6:00 CARDS  19 Spring Begins  MN 9:00 TOUCH-THEME SENSATION  10:00 ART GALLERY K 11:00 CROSSWORD K 11:15 DAILY CHRONICLE O 1:30 COUNTRY RIDE V 1:30 EXERCISE GROUP L 2:00 LAD-VR GF 6:00 CARDS	GF 3:00 HAPPY HOUR  20  MN 9:00 LAUNDRY-THEME SENSATIONS  GC 10:00 BINGO  K 11:00 SEEK N FIND  K 11:15 DAILY CHRONICLE  2:30 RON JACKSON  GF 3:00 HAPPY HOUR	9:00 GARDEN- THEME SENSATIONS  11:00 WEEKLY UPDATE K 11:15 DAILY CHRONICLE V 1:30 EXERCISE GROUP L 2:00 LAD-VR
9:00 MUSIC - THEME SENSATIONS S 10:00 HOSPITALITY CART I 11:15 DAILY CHRONICLE M 11:30 GOSPEL MUSIC I 2:00 MALTA UNITED METHODIST 2:20 GOSPEL SINGING	MIN 9:00 KITCHEN-THEME SENSATIONS S 10:00 BEAUTY SHOP OPENS 10:00 HISTORY BUFFS A 10:30 ART TALK I1:00 WORD SEARCH K 11:15 DAILY CHRONICLE M 2:00 TOM O'CONNER	24  8:00 CABELA'S  9:00 NURSERY-THEME SENSATION  GC 10:00 BINGO  11:15 DAILY CHRONICLE  1:30 BIBLE STUDY  1:30 EXERCISE GROUP 6:00 BOARD GAMES	9:00 MEN'S-THEME SENSATIONS V 10:00 SPRING RACING K 11:00 SEEK N FIND K 11:15 DAILY CHRONICLE C 1:30 CHEF CIRCLE C 2:00 S'MORES I 6:00 BIBLE STUDY WITH TRILLA	26  MM 9:00 TOUCH-THEME SENSATION A 10:00 BOOKMARKS K 11:00 CROSSWORD K 11:15 DAILY CHRONICLE O 1:30 COUNTRY RIDE V 1:30 EXERCISE GROUP L 2:00 LAD-VR GF 6:00 CARDS	MIN 9:00 LAUNDRY-THEME SENSATIONS GG 10:00 BINGO K 11:00 SEEK N FIND K 11:15 DAILY CHRONICLE M 2:30 MUSICAL DICE GRAB GF 3:00 HAPPY HOUR	9:00 GARDEN- THEME SENSATIONS 1 9:45 DEVOTIONS A 10:00 CRAFTS WITH PENNY K 11:00 WEEKLY UPDATE K 11:15 DAILY CHRONICLE V 1:30 EXERCISE GROUP L 2:00 LAD-VR
MM 9:00 MUSIC - THEME SENSATIONS S 10:00 HOSPITALITY CART I 11:15 DAILY CHRONICLE M 11:30 GOSPEL MUSIC I 2:00 EBENEEZER MENNONITE FELLOWSHIP 2:20 GOSPEL SINGING	MM 9:00 KITCHEN-THEME SENSATIONS S 10:00 BEAUTY SHOP OPENS 10:00 HISTORY BUFFS A 10:30 ART TALK I1:00 WORD SEARCH K 11:15 DAILY CHRONICLE 2:00 LAD-VR	9:00 NURSERY-THEME SENSATION GC 10:00 BINGO 0 10:00 KFC- MEN'S GROUP K 11:15 DAILY CHRONICLE 1:30 BIBLE STUDY V 1:30 EXERCISE GROUP	A - Artisans CC - Community Connections CC - Creative Cooking GF - Gathering of Friends GG - Group Games I - Inspirations JG - Just the Guys K - Keeping it Sharp/Reminisce L - Lifelong Learning MN - Mindful Moments M - Music to My Ears		ALL ACTIVITIES ARE SUBJECT TO CHANGE	

<b>Highland Oaks</b>	
<b>Memory Care</b>	



		HAMMA HOS			A AMARIA	
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
Humming Your Way to Health MM MUSIC - THEME SENSATIONS Writer's Circle S HOSPITALITY CART Indulgent Mock Banana's Foster M GOSPEL MUSIC Relax & Recharge A Rainy Day Painting GOSPEL SINGING	V Snowball Fight Penny Ante A ART TALK CC Cat in the Hat Cookies K WORD SEARCH Relax & Recharge A Flying Birds M Glee Club GC Basketball	V Shamrock Shake K What's In Your Junk Drawer? Beach Themed Pudding Cups Relax & Recharge V EXERCISE GROUP A Rockin' Dominoes M March Madness GG Grocery Game Healthy Hands	Roll in the New Year Opposites Lemon Pound Cake Relax & Recharge CC CHEF CIRCLE A Fly Swatter Painting M Music in History GG Parachute Circle Healthy Hands	Head to Toe Range of Motion Life Story Buckeye Bars CROSSWORD Relax & Recharge COUNTRY RIDE EXERCISE GROUP Vegetable Printing M Colors of Music	Step in the Name Love K Broken Hearts CC Amazing Pimento Cheese K SEEK N FIND Relax & Recharge M Ay Artisan Journal - Fabric Collage M RON JACKSON GF HAPPY HOUR M March Happy Hour	V Quick Qigong K Famous Pairs Jeweled Sugar Cookies K WEEKLY UPDATE Relax & Recharge V EXERCISE GROUP A Watercolor Weaving-Day 1 M Name That Croon GG Throwing Horseshoes
8 Daylight Saving Begins	9	10	11	12	13	14
W Humming Your Way to Health MW MUSIC - THEME SENSATIONS Writer's Circle S HOSPITALITY CART CC Chocolate Chip Vanilla Coconut Cookies M GOSPEL MUSIC Relax & Recharge A Watercolor Weaving-Day 2	V Snowball Fight K Penny Ante A ART TALK CC Crockpot Irish Beef Stew K WORD SEARCH Relax & Recharge Purim Paper Jewelry Veterans Day Heart Card M Glee Club	V Shamrock Shake K What's In Your Junk Drawer? C Irish Soda Bread Relax & Recharge V EXERCISE GROUP A Abstract Tape Art M March Madness GG Grocery Game Healthy Hands	V Roll in the New Year C Opposites C Oatmeal Apple Spice Cookies Relax & Recharge C CHEF CIRCLE A Aromatic Diffuser Necklaces-Day 1 C JACKPOT M Music in History G Parachute Circle	W Head to Toe Range of Motion K Life Story CC Girl Scout Thin Mint Delight K CROSSWORD Relax & Recharge O COUNTRY RIDE V EXERCISE GROUP A Aromatic Diffuser Necklaces-Day 2 M Colors of Music	V Step in the Name Love K Broken Hearts CC Easy Peasy Cornbread K SEEK N FIND Relax & Recharge My Artisan Journal - Label Collage HAPPY HOUR M March Happy Hour GC Nerf Gun Target Shooting	V Quick Qigong K Famous Pairs C Mini Apple Pies K WEEKLY UPDATE Relax & Recharge V EXERCISE GROUP A Dotty Name Art M Name That Croon GC Throwing Horseshoes
15	16	17 St. Patrick's Day	18	19 Spring Begins	20	21
Humming Your Way to Health MW MUSIC - THEME SENSATIONS K Writer's Circle S HOSPITALITY CART CC Baked Leprechaun Crisps M GOSPEL MUSIC Relax & Recharge A Celtic Eternity Knot Charm GOSPEL SINGING	V Snowball Fight K Penny Ante A ART TALK CC Lucky Poke Cake K WORD SEARCH Relax & Recharge A Ribbon Shamrock Pin M Glee Club GG Basketball	V Shamrock Shake K The Gold Game C Mint Shakes Relax & Recharge V EXERCISE GROUP A 2-in-1 Crafty St. Paddy's Day Puzzle M March Madness G Grocery Game	Roll in the New Year SINSPIRED LIVING COpposites Raspberry Cream Cheese Cinnamon Roll Relax & Recharge CHEF CIRCLE A Scalloped Coffee Filter Bowl Music in History	W Head to Toe Range of Motion K Life Story CC Rainbow Cake Mix Bars K CROSSWORD Relax & Recharge COUNTRY RIDE V EXERCISE GROUP A Soft and Bright Edelweiss Ornament	V Step in the Name Love K Broken Hearts C Hello Spring Pretzels K SEEK N FIND Relax & Recharge A My Artisan Journal - Stitch a Design RON JACKSON GF HAPPY HOUR M March Happy Hour	V Quick Qigong K Famous Pairs C M & M Cookies K WEEKLY UPDATE Relax & Recharge V EXERCISE GROUP A Creative Storytelling M Name That Croon GC Throwing Horseshoes
22	23	24	25	26	27	28
W Humming Your Way to Health MM MUSIC - THEME SENSATIONS K Writer's Circle S HOSPITALITY CART CC Crockpot Bacon Corn Chowder M GOSPEL MUSIC Relax & Recharge A Collage Painting GOSPEL SINGING	V Snowball Fight K Penny Ante A ART TALK C Blueberry Bliss K WORD SEARCH Relax & Recharge Chihuly Inspired 'Glass' Art M Glee Club G Basketball	V Shamrock Shake K What's In Your Junk Drawer? C Chocolate Covered Raisins Relax & Recharge V EXERCISE GROUP A Painting with Tissue Paper M March Madness G Grocery Game Healthy Hands	Roll in the New Year Copposites Classic Greek Salad Relax & Recharge CHEF CIRCLE Have a Gentle Conversation Music in History German Parachute Circle Healthy Hands	W Head to Toe Range of Motion K Life Story CC No Bake Hawaiian Pie K CROSSWORD Relax & Recharge COUNTRY RIDE V EXERCISE GROUP A Hoop Tambourines M Colors of Music	V Step in the Name Love K Broken Hearts CC Spinach Tortilla Roll Ups K SEEK N FIND Relax & Recharge My Artisan Journal - Tape Design GF HAPPY HOUR M March Happy Hour GC Nerf Gun Target Shooting	V Quick Qigong K Famous Pairs I DEVOTIONS C Cinnamon Sugar Donut Muffins K WEEKLY UPDATE Relax & Recharge V EXERCISE GROUP A Glue Art M Name That Croon
V Humming Your Way to Health MM MUSIC - THEME SENSATIONS K Writer's Circle S HOSPITALITY CART CC Coca-Cola Cake M GOSPEL MUSIC Relax & Recharge A 3D Flowers GOSPEL SINGING	30 V Snowball Fight Penny Ante A ART TALK CC Sopapilla Cheesecake Bars K WORD SEARCH Relax & Recharge A Shapes Collage M Glee Club GC Basketball	31  V Shamrock Shake K What's In Your Junk Drawer? C Grandma's Pecan Rum Bars Relax & Recharge V EXERCISE GROUP A Ask a Beautiful Question M March Madness G Grocery Game Healthy Hands	A - Artisans CC - Community Connections CC - Creative Cooking GF - Gathering of Friends GC - Group Games I - Inspirations K - Keeping it Sharp/Reminisce MM - Mindful Moments M - Music to My Ears O - Out & About S - Signature Events	Daily Rhythm "About" Times: Morning: 9:00 Vitality 9:30 Keeping it Sharp 10:00 Morning Refresher 10:30 Creative Cooking 11:30 Healthy Hands/Lunch Prep Early Afternoon: 1:00 Relax & Recharge	Late Afternoon: 3:30 Musical Celebration 4:00 Group Games 4:30 Healthy Hands/Dinner Prep Evening: 6:00 Gathering of Friends 7:00 Nighttime Traditions *Note: Housekeeping can take place	