

Hampton Oaks Health Campus
Assisted Living/ TCS

March 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 A 10:00 Colorful Colors AL AR I 1:30 Hour of Worship (HC DR) CC 2:30 Reading Cart L 4:00 Chair Travels Discover where Opie Grew up AL AR	2 M 10:00 Sing Fit V 10:30 Trilogy Fit K 2:00 Bingo (AL AR) GG 3:00 Chef's Corner AL AR K 4:00 Reading of - Your only old once! AL AR GF 6:00 Game of Cards	3 O 10:30 Lunch at Mike Linnigs V 11:00 Trilogy Fit AL AR M 1:30 Hymn Sing (HC/DR) A 3:00 Craft Corner Mardi Gras Mask CC 6:00 Live A Dream V/R	4 M 10:00 Sing Fit GG 1:30 Inspired Committee Meeting (AL AR) K 2:00 Bingo (AL AR) K 3:00 Puzzles CC 6:00 Evening Movie	5 M 9:30 Name that Tune HC AR V 10:30 Trilogy Fit K 1:00 Afternoon Trivia GG 3:30 Mens Card Club HC AR K 4:00 Puzzles GG 5:00 Family Night	6 K 9:30 Baking Club (AR) V 10:30 Trilogy Fit AL AR CC 2:30 Live A Dream (Virtual Reality) M 3:00 Happy Hour with Wilma and Sue Carol HC DR 6:00 Candy Bingo	7 M 10:00 Sing Fit V 10:30 Trilogy Fit K 2:00 Bingo AL AR GF 4:00 Puzzles AR
8 Daylight Saving Begins A 10:00 Colorful Colors AL AR I 1:30 Hour of Worship HC DR CC 2:30 Reading Cart L 4:00 Chair Travels AL AR	9 M 10:00 Sing Fit V 10:30 Trilogy Fit K 2:00 Bingo (AL AR) GG 3:00 Chef's Corner AL AR GF 6:00 Gospel Music	10 I 9:30 Coffee & Muffins AL AR V 10:00 Meditation with Judy HC AR O 10:30 Outing to Dollar Store M 1:30 Hymn Sing (HC/DR) A 3:00 Craft Corner French Memo Board AL AR CC 6:00 Game of Cards	11 M 10:00 Sing Fit GF 1:00 Afternoon Social K 2:00 Bingo (AL AR) 3:30 Card Game GG 6:15 Jack Pot HC DR	12 M 9:30 Name that Tune HC AR V 10:30 Trilogy Fit K 1:00 Afternoon Trivia K 4:00 Puzzles GG 6:00 Gospel Music HC DR	13 K 9:30 Baking Club (AR) I 9:45 Morning Coffee AR V 10:30 Trilogy Fit AL AR K 2:00 Puzzles AR CC 2:30 Live A Dream (Virtual Reality) M 3:00 Happy Hour with Tari Martin K 6:00 Evening Bingo with North	14 M 10:00 Sing Fit V 10:30 Trilogy Fit K 2:00 Bingo AL AR GF 4:00 Puzzles AR
15 A 10:00 Colorful Colors AL AR S 11:00 Sunday Brunch till 1 pm I 1:30 Hour of Worship HC DR CC 2:30 Reading Cart L 4:00 Chair Travels AL AR	16 M 10:00 Sing Fit V 10:30 Trilogy Fit K 2:00 Bingo (AL AR) GG 3:00 Chef's Corner AL AR GF 6:00 Dice Game	17 St. Patrick's Day I 9:30 Coffee & Sweets AL AR V 10:30 Trilogy Fit AL AR M 1:30 Hymn Sing (HC/DR) O 2:30 Ice Cream Drive A 3:00 Craft Corner Shamrock Pin AL AR CC 6:00 Game of Cards	18 M 10:00 Sing Fit GF 1:00 Afternoon Social K 2:00 Bingo (AL AR) GG 3:30 Card Game 6:00 Dice Game	19 Spring Begins M 9:30 Name that Tune HC AR V 10:30 Trilogy Fit K 1:00 Afternoon Trivia K 4:00 Puzzles GG 6:00 Jack Pot HC DR	20 K 9:30 Baking Club (AR) I 9:30 Donut and Coffee V 10:30 Trilogy Fit AL AR CC 2:30 Live A Dream (Virtual Reality) 6:00 Candy Bingo	21 M 10:00 Sing Fit V 10:30 Trilogy Fit K 2:00 Bingo AL AR GF 4:00 Puzzles AR
22 A 10:00 Colorful Colors AL AR I 1:30 Hour of worship with Steve Harold HC DR CC 2:30 Reading Cart L 4:00 Chair Travels AL AR	23 M 10:00 Sing Fit V 10:30 Trilogy Fit CC 1:00 Resident Council AR K 2:00 Bingo (AL AR) GG 3:00 Chef's Corner AL AR GF 6:00 Dice Game	24 I 9:30 Coffee & Muffins AL AR V 10:30 Trilogy Fit AL AR O 10:45 Lunch at Ponderosa M 1:30 Hymn Sing (HC/DR) A 3:00 Craft Corner Spring Tree AL AR M 6:00 Music by Brenda and Phillip Roberts - Southern Gospel	25 M 10:00 Sing Fit GF 1:00 Afternoon Social K 2:00 Bingo (AL AR) GG 3:30 Card Game GG 3:30 Card Game K 6:00 Evening Movie	26 M 9:30 Name that Tune HC AR V 10:30 Trilogy Fit K 1:00 Afternoon Trivia K 4:00 Puzzles GG 6:00 Jack Pot HC DR	27 K 9:30 Baking Club (AR) V 10:30 Trilogy Fit AL AR K 2:00 Jack Pot HC DR CC 2:30 Live A Dream (Virtual Reality) S 3:00 Happy Hour with Susie The Balloon Lady 6:00 Candy Bingo	28 M 10:00 Sing Fit V 10:30 Trilogy Fit K 2:00 Bingo AL AR GF 4:00 Puzzles AR
29 A 10:00 Colorful Colors AL AR I 1:30 Hour of Worship CC 2:30 Reading Cart L 4:00 Chair Travels AL AR	30 M 10:00 Sing Fit V 10:30 Trilogy Fit K 2:00 Bingo (AL AR) GG 3:00 Chef's Corner AL AR GF 6:00 Game of Cards	31 V 10:30 Trilogy Fit AL AR M 1:30 Hymn Sing (HC/DR) O 2:30 Walmart A 3:00 Craft Corner AL AR CC 6:00 Game of Cards	A - Artisans CC - Community Connections GF - Gathering of Friends GG - Group Games I - Inspirations K - Keeping it Sharp/Reminisce L - Lifelong Learning M - Music to My Ears O - Out & About S - Signature Events V - Vitality	Books, papers, Magazines, and Movies are available in the activity room. Please see Regan, Kristi, Marie or Rachel if you need any assistance.	Key Code AR- Activity Room HC/ DR Health Center Dining Room CY- Court Yard	

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 A 9:00 Colorful Colors HC AR MM 10:00 Relaxing Melodies I 1:30 Hour of Worship (HC DR) K 2:30 Reading Cart L 3:30 Chair Travels - Discover where Opie grew up HC AR	2 MM 9:00 I hear memories HC AR GG 9:30 Morning Trivia (HC/AR) GG 11:00 Dice Game HC AR M 1:00 Sing Fit GG 2:00 Game of Cards K 3:00 Bingo (HC DR) GF 6:00 Game of Cards	3 MM 9:00 Reading Club HC LR I 9:30 Coffee & Donuts HC AR V 11:00 Trilogy Fit AL AR GG 11:00 UNO M 1:30 Hymn Sing (HC/DR) A 3:30 Craft Corner Mardi Gras Mask HC AR S 6:00 Resident Council HC AR	4 K 9:00 Baking Club (HC AR) MM 11:00 Soothing Sounds HC LR M 1:00 Sing Fit K 3:00 Bingo (HC DR) GG 6:00 Inspired Committee Meeting HC AR	5 M 9:30 Name that Tune HC AR V 11:15 Lets get Fit CC 1:30 Chef Corner K 2:00 Good Old Days GG 3:30 Mens Card Club HC AR K 4:00 Puzzles GG 5:00 Family Night	6 MM 9:00 Animal visits HC LR V 11:00 Penny Toss O 1:30 Shopping at the Dollar Tree CC 2:30 Live A Dream (Virtual Reality) M 3:00 Happy Hour with Wilma and Sue Carol HC DR 6:00 Candy Bingo	7 GF 9:00 Morning Coffee MM 9:30 Soothing Hands M 1:00 Sing Fit K 3:00 Bingo HC AR GF 4:00 Puzzles AR
8 Daylight Saving Begins A 9:00 Colorful Colors HC AR MM 10:00 Relaxing Melodies V 1:30 Bowling HC AR I 1:30 Hour of Worship HC DR K 2:30 Reading Cart L 3:30 Chair Travels HC AR	9 MM 9:00 I hear memories HC AR GG 9:30 Morning Trivia (HC/AR) GG 11:00 Dice Game HC AR M 1:00 Sing Fit K 3:00 Bingo (HC DR) GF 6:00 Gospel Music	10 MM 9:00 Reading Club HC LR I 9:30 Coffee & Muffins HC AR V 10:00 Meditation with Judy HC AR O 10:30 Outing to Dollar Store GG 11:00 UNO M 1:30 Hymn Sing (HC/DR) A 3:30 Craft Corner French Memo Board HC AR	11 K 9:00 Baking Club (HC AR) MM 11:00 Soothing Sounds HC LR M 1:00 Sing Fit K 3:00 Bingo (HC DR) GG 6:15 Jack Pot HC DR	12 M 9:30 Name that Tune HC AR V 11:15 Lets get Fit K 2:00 Good Old Days K 4:00 Puzzles GG 6:00 Gospel Music HC DR	13 MM 9:00 Animal visits HC LR I 9:45 Morning Coffee AR O 10:30 Lunch at Spring Mill Park V 11:00 Penny Toss K 2:00 Puzzles AR CC 2:30 Live A Dream (Virtual Reality) M 3:00 Happy Hour with Tari Martin	14 GF 9:00 Morning Coffee MM 9:30 Soothing Hands M 1:00 Sing Fit K 3:00 Bingo HC AR GF 4:00 Puzzles AR
15 A 9:00 Colorful Colors HC AR MM 10:00 Relaxing Melodies S 11:00 Sunday Brunch till 1 pm I 1:30 Hour of Worship HC DR K 2:30 Reading Cart L 3:30 Chair Travels HC AR	16 MM 9:00 I hear memories HC AR GG 9:30 Morning Trivia (HC/AR) GG 11:00 Dice Game HC AR M 1:00 Sing Fit K 3:00 Bingo (HC DR) GF 6:00 Dice Game	17 St. Patrick's Day MM 9:00 Reading Club HC LR I 9:30 Coffee & Sweets HC AR V 10:30 Trilogy Fit AL AR GG 11:00 UNO M 1:30 Hymn Sing (HC/DR) A 3:30 Craft Corner Shamrock Pin HC AR 6:00 Evening Movie	18 K 9:00 Baking Club (HC AR) MM 11:00 Soothing Sounds HC LR M 1:00 Sing Fit K 3:00 Bingo (HC DR) 6:00 Dice Game	19 Spring Begins M 9:30 Name that Tune HC AR V 11:15 Lets get Fit K 2:00 Good Old Days K 4:00 Puzzles GG 6:00 Jack Pot HC DR	20 MM 9:00 Animal visits HC LR I 9:30 Donut and Coffee V 11:00 Lunch at Cracker Barrel CC 2:30 Live A Dream (Virtual Reality) 6:00 Candy Bingo	21 GF 9:00 Morning Coffee MM 9:30 Soothing Hands M 1:00 Sing Fit K 3:00 Bingo HC AR GF 4:00 Puzzles AR
22 A 9:00 Colorful Colors HC AR MM 10:00 Relaxing Melodies I 1:30 Hour of worship with Steve Harold HC DR K 2:30 Reading Cart L 3:30 Chair Travels HC AR	23 MM 9:00 I hear memories HC AR GG 9:30 Morning Trivia (HC/AR) GG 11:00 Dice Game HC AR M 1:00 Sing Fit K 3:00 Bingo (HC DR) GF 6:00 Dice Game	24 I 9:00 Coffee & Muffins HC AR MM 9:00 Reading Club HC LR V 10:30 Trilogy Fit AL AR GG 11:00 UNO M 1:30 Hymn Sing (HC/DR) A 3:30 Craft Corner Mardi Gras Mask HC AR M 6:00 Music by Brenda and Phillip Roberts - Southern	25 K 9:00 Baking Club (HC AR) MM 11:00 Soothing Sounds HC LR M 1:00 Sing Fit K 3:00 Bingo (HC DR) 6:00 Evening Movie	26 M 9:30 Name that Tune HC AR V 11:15 Lets get Fit K 2:00 Good Old Days K 4:00 Puzzles GG 6:00 Jack Pot HC DR	27 MM 9:00 Animal visits HC LR V 11:00 Penny Toss O 1:30 Trip to the Goodwill K 2:00 Jack Pot HC DR CC 2:30 Live A Dream (Virtual Reality) S 3:00 Happy Hour with Susie The Balloon Lady 6:00 Candy Bingo	28 GF 9:00 Morning Coffee MM 9:30 Soothing Hands M 1:00 Sing Fit K 3:00 Bingo HC AR GF 4:00 Puzzles AR
29 A 9:00 Colorful Colors HC AR MM 10:00 Relaxing Melodies I 1:30 Hour of Worship K 2:30 Reading Cart L 3:30 Chair Travels HC AR	30 MM 9:00 I hear memories HC AR GG 9:30 Morning Trivia (HC/AR) GG 11:00 Dice Game HC AR M 1:00 Sing Fit K 3:00 Bingo (HC DR) GF 6:00 Game of Cards	31 MM 9:00 Reading Club HC LR V 10:30 Trilogy Fit AL AR GG 11:00 UNO M 1:30 Hymn Sing (HC/DR) A 3:30 Craft Corner HC AR 6:00 Evening Movie	A - Artisans CC - Community Connections GF - Gathering of Friends GG - Group Games I - Inspirations K - Keeping it Sharp/Reminisce L - Lifelong Learning MM - Mindful Moments M - Music to My Ears O - Out & About S - Signature Events	Any changes made to the Activity Calendar will be posted on the Life Share Monitor's.	Key Code AR- Activity Room HC DR- Health Campus Dining Room CY- Court Yard	