

March 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>1</p> <p>I 9:30 Sunday Mass and Rosary - C</p> <p>K 10:00 Master Your Memory - MPR</p> <p>M 12:30 Sing-A-Long w/Susie! - MPR</p> <p>1:00 Bingo! - MPR</p> <p>I 3:30 Devotions with Maryville Baptist Church - C</p>	<p>2</p> <p>I 10:00 Communion Service w/Sam King - C</p> <p>V 10:30 Trilogy Fit! - MPR</p> <p>A 1:00 Crafty Creations (Making Floral Picture Frames) - MPR</p> <p>GF 3:00 Get Your Game On! (Boardgame Fun!) - MPR</p> <p>5:15 Bingo! - MPR</p>	<p>3</p> <p>I 10:00 Communion - C</p> <p>V 10:30 Armchair Aerobics! - MPR</p> <p>O 1:00 An Outing to the Regional Library!</p> <p>K 1:30 March Word Game Fun! - MPR</p> <p>5:15 Bingo! - MPR</p>	<p>4</p> <p>I 10:00 Communion/Rosary - C</p> <p>V 10:30 Trilogy Fit! - MPR</p> <p>GF 12:30 Glamour Girls! - MPR</p> <p>S 1:00 Chef's Circle! - MPR</p> <p>CC 2:00 Creative Cooking (Fruit Salad Fun!) - 2/K</p> <p>M 2:30 Tari Martin Performs! - MPR</p> <p>GG 5:15 Bingo! - MPR</p>	<p>5</p> <p>I 9:30 Ladies Bible Study - 2/DR</p> <p>I 10:00 Communion/Rosary - C</p> <p>V 10:30 Morning Yoga with Nicole! - MPR</p> <p>O 11:00 A Lunch Outing to Iroquois Pizza!</p> <p>M 1:30 Karaoke Fun! - MPR</p> <p>L 3:30 Technology: Tips &</p>	<p>6</p> <p>I 10:00 Communion - C</p> <p>V 10:30 Trilogy Fit! - MPR</p> <p>11:00 "Guy Day" Friday - An Outing to Hooters!</p> <p>A 1:00 Crafty Creations (Floral Decorating Fun!) - MPR</p> <p>2:00 Bingo! - MPR</p> <p>M 3:00 Happy Hour w/Larry & Sheila! - MPR</p>	<p>7</p> <p>I 10:00 Communion & Rosary - C</p> <p>V 10:30 Saturday Stretches - DBL</p> <p>K 12:30 Trivia Time (All About March) - MPR</p> <p>V 1:00 Bingocise! - MPR</p> <p>M 2:00 Musical Memories - MPR</p>
<p>8 Daylight Saving Begins</p> <p>I 9:30 Sunday Mass and Rosary - C</p> <p>K 10:00 Master Your Memory - MPR</p> <p>S 11:00 Sunday Family Brunch 11:00 a.m. - 1:00 p.m.</p> <p>M 12:30 Sing-A-Long w/Susie! - MPR</p>	<p>9</p> <p>I 10:00 Communion Service w/Sam King - C</p> <p>V 10:30 Trilogy Fit! - MPR</p> <p>A 1:00 Crafty Creations (creating a "Luck O' The Irish" Wreath) - MPR</p> <p>GF 3:00 Get Your Game On! (Boardgame Fun!) - MPR</p> <p>5:15 Bingo! - MPR</p>	<p>10</p> <p>I 10:00 Communion - C</p> <p>V 10:30 Armchair Aerobics! - MPR</p> <p>O 1:00 An Outing to The Dollar Tree!</p> <p>K 1:30 Word Game Fun! - MPR</p> <p>CC 3:00 A Visit with WAGS Pet Therapy!</p> <p>5:15 Bingo! - MPR</p>	<p>11</p> <p>I 10:00 Communion/Rosary - C</p> <p>V 10:30 Trilogy Fit! - MPR</p> <p>GF 12:30 Glamour Girls! - MPR</p> <p>A 12:30 Jewelry & Gems Group - MPR</p> <p>S 1:00 Chef's Circle! - MPR</p> <p>S 1:30 Inspired Living Committee (calendar planning) - MPR</p>	<p>12</p> <p>I 9:30 Ladies Bible Study - 2/DR</p> <p>I 10:00 Communion/Rosary - C</p> <p>V 10:30 Morning Yoga with Nicole! - MPR</p> <p>O 11:00 A Lunch Outing to Bob Evan Restaurant!</p> <p>M 1:30 Karaoke Fun! - MPR</p> <p>L 3:30 Technology: Tips &</p>	<p>13</p> <p>I 10:00 Communion - C</p> <p>V 10:30 Trilogy Fit! - MPR</p> <p>A 1:00 Crafty Creations (creating Luck 'O The Irish centerpieces) - MPR</p> <p>2:00 Bingo! - MPR</p> <p>M 3:00 Happy Hour with Doug Pinson! - MPR</p> <p>GF 5:00 Movies & Memories -</p>	<p>14</p> <p>I 10:00 Communion & Rosary - C</p> <p>V 10:30 Saturday Stretches - DBL</p> <p>K 12:30 Trivia Time (All About St. Patrick's Day) - MPR</p> <p>V 1:00 Bingocise! - MPR</p> <p>M 2:00 Musical Memories - MPR</p>
<p>15</p> <p>I 9:30 Sunday Mass and Rosary - C</p> <p>K 10:00 Master Your Memory - MPR</p> <p>M 12:30 Sing-A-Long w/Susie! - MPR</p> <p>G 3:30 Devotions with Maryville Baptist Church - C</p>	<p>16</p> <p>I 10:00 Communion Service w/Sam King - C</p> <p>V 10:30 Trilogy Fit! - MPR</p> <p>A 1:00 Crafty Creations (St. Patrick's Day floral decorations) - MPR</p> <p>GF 3:00 Get Your Game On! (Boardgame Fun!) - MPR</p> <p>5:15 Bingo! - MPR</p>	<p>17 St. Patrick's Day</p> <p>I 10:00 Communion - C</p> <p>V 10:30 Armchair Aerobics! - MPR</p> <p>O 1:00 An Outing to Walmart!</p> <p>K 1:30 St. Patrick's Day Word Game Fun! - MPR</p> <p>M 2:30 March Birthday Celebration with music by Don Watson - MPR</p> <p>GF 3:00 St. Patrick's Day</p>	<p>18</p> <p>I 10:00 Communion/Rosary - C</p> <p>V 10:30 Trilogy Fit! - MPR</p> <p>GF 12:30 Glamour Girls! - MPR</p> <p>S 1:00 Chef's Circle! - MPR</p> <p>CC 2:00 Creative Cooking (Making Veggie Pizza!) - 2/K</p> <p>2:00 Resident Council Meeting - MPR</p> <p>GG 5:15 Bingo! - MPR</p>	<p>19 Spring Begins</p> <p>I 9:30 Ladies Bible Study - 2/DR</p> <p>I 10:00 Communion/Rosary - C</p> <p>V 10:30 Morning Yoga with Nicole! - MPR</p> <p>O 11:00 A Lunch Outing to Cracker Barrel!</p> <p>M 1:30 70's Karaoke Fun! - MPR</p> <p>L 3:30 Technology: Tips &</p>	<p>20</p> <p>I 10:00 Communion - C</p> <p>V 10:30 Trilogy Fit! - MPR</p> <p>A 1:00 Crafty Creations (Spring Wreath creations) - MPR</p> <p>2:00 Bingo! - MPR</p> <p>S 3:00 Happy Hour w/Warren Rowe</p> <p>GF 5:00 Movies & Memories - "Blue Velvet" - MPR</p>	<p>21</p> <p>I 10:00 Communion & Rosary - C</p> <p>V 10:30 Saturday Stretches - DBL</p> <p>K 12:30 Trivia Time (All About Spring) - MPR</p> <p>V 1:00 Bingocise! - MPR</p> <p>M 2:00 Musical Memories - MPR</p>
<p>22</p> <p>I 9:30 Sunday Mass and Rosary - C</p> <p>K 10:00 Master Your Memory - MPR</p> <p>M 12:30 Sing-A-Long w/Susie! - MPR</p> <p>I 2:00 Devotions with Farmdale Church of the Nazarene - C</p>	<p>23</p> <p>I 10:00 Communion Service w/Sam King - C</p> <p>V 10:30 Trilogy Fit! - MPR</p> <p>A 1:00 Crafty Creations (Canvases & Cocktails) - MPR</p> <p>GF 3:00 Get Your Game On! (Boardgame Fun!) - MPR</p> <p>5:15 Bingo! - MPR</p>	<p>24</p> <p>I 10:00 Communion - C</p> <p>V 10:30 Armchair Aerobics! - MPR</p> <p>O 1:00 An Outing to Fern Valley Strike & Spare (bowling fun!)</p> <p>K 1:30 Word Game Fun! - MPR</p> <p>5:15 Bingo! - MPR</p>	<p>25</p> <p>I 10:00 Communion/Rosary - C</p> <p>V 10:30 Trilogy Fit! - MPR</p> <p>S 11:00 Taste of the Town</p> <p>GF 12:30 Glamour Girls! - MPR</p> <p>A 12:30 Jewelry & Gems Group - MPR</p> <p>S 1:00 Chef's Circle! - MPR</p> <p>CC 2:00 Creative Cooking (Making Berry Cheesecakes) -</p>	<p>26</p> <p>I 9:30 Ladies Bible Study - 2/DR</p> <p>I 10:00 Communion/Rosary - C</p> <p>V 10:30 Morning Yoga with Nicole! - MPR</p> <p>O 1:00 A Lunch Outing to Olive Garden!</p> <p>M 1:30 Karaoke Fun! - MPR</p> <p>3:00 A Sing-A-Long with Rick</p>	<p>27</p> <p>I 10:00 Communion - C</p> <p>V 10:30 Trilogy Fit! - MPR</p> <p>A 1:00 Crafty Creations (Flower Pot painting) - MPR</p> <p>2:00 Bingo! - MPR</p> <p>S 3:00 Happy Hour with Gil Kaelin - MPR</p> <p>GF 5:00 Movies & Memories - "The Little Rascals" -</p>	<p>28</p> <p>I 10:00 Communion & Rosary - C</p> <p>V 10:30 Saturday Stretches - DBL</p> <p>K 12:30 Trivia Time (All About Kentucky) - MPR</p> <p>V 1:00 Bingocise! - MPR</p> <p>M 2:00 Musical Memories - MPR</p>
<p>29</p> <p>I 9:30 Sunday Mass and Rosary - C</p> <p>K 10:00 Master Your Memory - MPR</p> <p>M 12:30 Sing-A-Long w/Susie! - MPR</p>	<p>30</p> <p>I 10:00 Communion Service w/Sam King - C</p> <p>V 10:30 Trilogy Fit! - MPR</p> <p>A 1:00 Crafty Creations (Spring Sachet creations) - MPR</p> <p>GF 3:00 Get Your Game On! (Boardgame Fun!) - MPR</p> <p>5:15 Bingo! - MPR</p>	<p>31</p> <p>I 10:00 Communion - C</p> <p>V 10:30 Armchair Aerobics! - MPR</p> <p>O 1:00 An Afternoon Drive</p> <p>K 1:30 March Word Game Fun! - MPR</p> <p>5:15 Bingo! - MPR</p>	<p>A - Artisans</p> <p>CC - Community Connections</p> <p>CC - Creative Cooking</p> <p>GF - Gathering of Friends</p> <p>G - Generations</p> <p>GG - Group Games</p> <p>I - Inspirations</p> <p>K - Keeping it Sharp/Reminisce</p> <p>L - Lifelong Learning</p> <p>M - Music to My Ears</p> <p>O - Out & About</p>	<p>MPR - Multipurpose Room</p> <p>C - Chapel</p> <p>2/K - 2nd Floor/Kitchen</p> <p>2/DR - 2nd Floor/Dining Room</p>	<p>Cards, movies, puzzles, magazines, a tablet and games are available from the Life Enrichment team per resident request.</p> <p>All activities are subject to change - any additions or changes will be posted.</p>	<p>Volunteers enhance the lives of our residents! Become a volunteer today! For more information about volunteering, please see a member of the Life Enrichment Team!</p>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 I 9:30 Sunday Mass and Rosary - C MM 11:00 Themed Sensory Baskets - DBL L 11:15 Purple Primer Program - AR I 2:30 Bingo! - AR I 3:30 Devotions with Maryville Baptist Church - C	2 I 10:00 Communion Service w/Sam King - C V 10:00 Morning Movements (exercise)- DBL MM 11:00 Themed Sensory Baskets - DBL M 2:00 Bingo! - AR M 3:00 iN2L Sing-A-Long - DBL	3 I 10:00 Communion - C L 10:00 iN2L Discovery! - DBL MM 11:00 Themed Sensory Baskets - DBL O 1:00 An Outing to the Regional Library! K 2:00 Dream Virtual Reality (Discovering England) - AR	4 V 10:00 Armchair Aerobics! (exercise)- DBL I 10:00 Communion/Rosary - C MM 11:00 Themed Sensory Baskets - DBL GF 12:30 Glamour Girls! - MPR K 1:30 Trivia Time! (All About March) - AR I 2:00 Bingo! - AR	5 I 10:00 Communion/Rosary - C V 10:00 Noodle Ball! - DBL L 10:30 Magazine Scavenger Hunt - AR O 11:00 A Lunch Outing to Iroquois Pizza! MM 11:00 Themed Sensory Baskets - DBL GC 4:00 Lucky Dog! - AR	6 I 10:00 Communion - C V 10:00 Fitness Fun (exercise) - DBL MM 11:00 Themed Sensory Baskets - DBL K 11:30 Dream Virtual Reality (A Dodge City Dirt Track Race) - DBL S 1:30 "Guy Day" Friday - An	7 L 9:30 Wellness Wake Up! - TCU C I 10:00 Communion & Rosary - C V 10:00 Saturday Stretches - DBL MM 11:00 Themed Sensory Baskets - DBL A 2:30 Crafty Creations - (Floral Decorating Fun) - AR
8 Daylight Saving Begins I 9:30 Sunday Mass and Rosary - C S 11:00 Sunday Family Brunch 11:00 a.m. - 1:00 p.m. MM 11:00 Themed Sensory Baskets - DBL L 11:15 Purple Primer Program - AR I 2:30 Bingo! - AR	9 I 10:00 Communion Service w/Sam King - C V 10:00 Morning Movements (exercise)- DBL MM 11:00 Themed Sensory Baskets - DBL M 2:00 Bingo! - AR M 3:00 iN2L Sing-A-Long - DBL	10 I 10:00 Communion - C L 10:00 iN2L Discovery!! - DBL MM 11:00 Themed Sensory Baskets - DBL O 1:00 An Outing to The Dollar Tree! K 2:00 Dream Virtual Reality (Victoria Falls - The Devil's Pool) - AR	11 V 10:00 Armchair Aerobics! (exercise)- DBL I 10:00 Communion/Rosary - C MM 11:00 Themed Sensory Baskets - DBL GF 12:30 Glamour Girls! - MPR K 1:30 Trivia Time! (All About St. Patrick's Day!) - AR I 2:00 Bingo! - AR	12 I 10:00 Communion/Rosary - C GC 10:00 I Spy! - DBL L 10:30 Magazine Scavenger Hunt - AR O 11:00 A Lunch Outing to Bob Evan Restaurant! MM 11:00 Themed Sensory Baskets - DBL I 1:00 Inspired Living	13 I 10:00 Communion - C V 10:00 Fitness Fun! (exercise) - DBL MM 11:00 Themed Sensory Baskets - DBL K 11:30 Dream Virtual Reality (Swimming with Tiger Sharks) - DBL K 2:30 Lucky Dog! - AR	14 L 9:30 Wellness Wake Up! - TCU C I 10:00 Communion & Rosary - C V 10:00 Saturday Stretches - DBL MM 11:00 Themed Sensory Baskets - DBL A 2:30 Crafty Creations - (creating Luck 'O The Irish)
15 I 9:30 Sunday Mass and Rosary - C MM 11:00 Themed Sensory Baskets - DBL L 11:15 Purple Primer Program - AR I 2:30 Bingo! - AR G 3:30 Devotions with Maryville Baptist Church - C	16 I 10:00 Communion Service w/Sam King - C V 10:00 Morning Movements (exercise)- DBL MM 11:00 Themed Sensory Baskets - DBL M 2:00 Bingo! - AR M 3:00 iN2L Sing-A-Long - DBL	17 St. Patrick's Day I 10:00 Communion - C L 10:00 iN2L Discovery!! - DBL MM 11:00 Themed Sensory Baskets - DBL O 1:00 An Outing to Walmart! K 2:00 Dream Virtual Reality (Antarctica: A Journey Through Ice)- AR A 2:30 Crafty Creations (St.	18 V 10:00 Armchair Aerobics! (exercise)- DBL I 10:00 Communion/Rosary - C MM 11:00 Themed Sensory Baskets - DBL GF 12:30 Glamour Girls! - MPR K 1:30 Trivia Time! (All About Spring) - AR I 2:00 Bingo! - AR	19 Spring Begins I 10:00 Communion/Rosary - C GC 10:00 What's In The Bag?- DBL L 10:30 Magazine Scavenger Hunt - AR O 11:00 A Lunch Outing to Cracker Barrel! MM 11:00 Themed Sensory Baskets - DBL GC 4:00 Lucky Dog! - AR	20 I 10:00 Communion - C V 10:00 Fitness Fun! (exercise) - DBL MM 11:00 Themed Sensory Baskets - DBL K 11:30 Dream Virtual Reality (The Incredible Tech Inside Monterey Bay Aquarium) - DBL	21 L 9:30 Wellness Wake Up! - TCU C I 10:00 Communion & Rosary - C V 10:00 Saturday Stretches - DBL MM 11:00 Themed Sensory Baskets - DBL A 2:30 Crafty Creations - (Spring Wreath creations) - AR
22 I 9:30 Sunday Mass and Rosary - C MM 11:00 Themed Sensory Baskets - DBL L 11:15 Purple Primer Program - AR I 2:00 Devotions with Farmdale Church of the Nazarene - C	23 I 10:00 Communion Service w/Sam King - C V 10:00 Morning Movements (exercise)- DBL MM 11:00 Themed Sensory Baskets - DBL M 2:00 Bingo! - AR M 3:00 iN2L Sing-A-Long - DBL	24 I 10:00 Communion - C L 10:00 iN2L Discovery!! - DBL MM 11:00 Themed Sensory Baskets - DBL O 1:00 An Outing to Fern Valley Strike & Spare (bowling fun) K 2:00 Dream Virtual Reality (America's Best Idea) -	25 V 10:00 Armchair Aerobics! (exercise)- DBL I 10:00 Communion/Rosary - C S 11:00 Taste of the Town MM 11:00 Themed Sensory Baskets - DBL GF 12:30 Glamour Girls! - MPR K 1:30 Trivia Time! (All About Kentucky) - AR	26 V 10:00 Balloon Volleyball! - DBL I 10:00 Communion/Rosary - C L 10:30 Magazine Scavenger Hunt - AR MM 11:00 Themed Sensory Baskets - DBL O 1:00 A Lunch Outing to Olive Garden! S 2:30 March Birthday	27 I 10:00 Communion - C V 10:00 Fitness Fun! (exercise) - DBL MM 11:00 Themed Sensory Baskets - DBL K 11:30 Dream Virtual Reality (The Day The Asteroid Struck) - DBL K 2:30 Lucky Dog! - AR	28 L 9:30 Wellness Wake Up! - TCU C I 10:00 Communion & Rosary - C V 10:00 Saturday Stretches - DBL MM 11:00 Themed Sensory Baskets - DBL A 2:30 Crafty Creations - (Flower Pot Painting) -
29 I 9:30 Sunday Mass and Rosary - C MM 11:00 Themed Sensory Baskets - DBL L 11:15 Purple Primer Program - AR I 2:30 Bingo! - AR	30 I 10:00 Communion Service w/Sam King - C V 10:00 Morning Movements (exercise)- DBL MM 11:00 Themed Sensory Baskets - DBL M 2:00 Bingo! - AR M 3:00 iN2L Sing-A-Long - DBL	31 I 10:00 Communion - C L 10:00 iN2L Discovery!! - DBL MM 11:00 Themed Sensory Baskets - DBL O 1:00 An Afternoon Drive K 2:00 Dream Virtual Reality (Protecting Pandas) - AR A 2:30 Crafty Creations (Spring Sachet creations) - AR		AR - Activity Room DBL - Derby/Belle Lounge C - Chapel D - Dining Room	Cards, Movies, puzzles, magazines, a tablet and games are available from the Life Enrichment team per resident request. All activities are subject to change - any additions or changes will be posted.	Volunteers enhance the lives of our residents! Become a volunteer today! For more information about volunteering, please see a member of the Life Enrichment Team!