

Forest Springs Assisted Living Programming

March 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 M 9:30 Making Music- HCRR I 10:30 Mass on the Air Ch- 5 MM 11:00 Sensory Themed Baskets I 11:00 South East Christian Ch 102 K 11:45 Mealtime Chronicles- DR I 2:30 St. Al's Church Service- HCRR	2 V 9:30 Shake Rattle & Roll- HCRR V 10:30 Trilogy Fit- 400 Hall K 10:30 Wellness Group- 100 Hall MM 11:00 Sensory Themed Baskets K 11:45 Mealtime Chronicles- DR K 2:30 Bingocize - HCRR	3 A 10:30 Tissue Paper Art- HCRR MM 11:00 Sensory Themed Baskets K 11:45 Mealtime Chronicles- DR O 2:00 Dairy Queen Treats- HCRR K 6:00 Games/ Resident's Choice- PCRR	4 I 9:00 Catholic Communion R to R V 9:30 Music & Movement- HCRR V 10:30 Trilogy Fit- 400 Hall MM 11:00 Sensory Themed Baskets K 11:45 Mealtime Chronicles- DR S 2:00 Chef's Circle - HCRR	5 M 9:30 Coffee, Music And Prayer- HCRR A 10:30 Shamrocks- HCRR MM 11:00 Sensory Themed Baskets K 11:45 Mealtime Chronicles- DR GF 2:00 Chicken Soup for the Soul & Hot Chocolate- HCRR	6 I 9:30 Rosary with Richard- 500 Hall K 9:30 Virtual Reality- HCRR V 10:30 Trilogy Fit- 400 Hall L 10:30 Ireland- HCRR MM 11:00 Sensory Themed Baskets K 11:45 Mealtime Chronicles- DR M 2:00 Happy Hour with Gilbert	7 V 9:30 Stretch & Refresh- HCRR I 10:00 Bible Study with Brian- HCRR MM 11:00 Sensory Themed Baskets K 11:45 Mealtime Chronicles- DR GG 2:00 Scoops & Scriptures- HCRR K 2:00 Virtual Reality- HCRR
8 Daylight Saving Begins M 9:30 Sing a long- HCRR I 10:30 Mass on the Air Ch- 5 MM 11:00 Sensory Themed Baskets I 11:00 South East Christian Ch 102 S 11:00 Sunday Brunch- DR K 11:45 Mealtime Chronicles- DR I 3:00 Worthington Church of	9 V 9:30 Light & Lively- HCRR V 10:30 Trilogy Fit- 400 Hall K 10:30 Wellness Group- 100 Hall MM 11:00 Sensory Themed Baskets K 11:45 Mealtime Chronicles- DR S 2:00 Calendar Planning Meeting- HCRR K 2:30 Bingocize - HCRR	10 A 9:30 Making Shamrocks- HCRR MM 11:00 Sensory Themed Baskets K 11:45 Mealtime Chronicles- DR GF 2:00 Red Hat Tea Party- PCRR K 6:00 Games/ Resident's Choice- PCRR	11 I 9:00 Catholic Communion R to R V 9:30 Noodlesize -HCRR V 10:30 Trilogy Fit- 400 Hall MM 11:00 Sensory Themed Baskets K 11:45 Mealtime Chronicles- DR S 12:00 Taste of Town - ADA S 2:00 Chef's Circle - HCRR	12 M 9:30 Coffee, Music And Prayer- HCRR A 10:30 Clay Impressions- HCRR MM 11:00 Sensory Themed Baskets O 11:00 Lunch at Cheddar's K 11:45 Mealtime Chronicles- DR K 2:30 Science Experiments- PCRR	13 I 9:30 Rosary with Richard- 500 Hall K 9:30 Virtual Reality- HCRR V 10:30 Trilogy Fit- 400 Hall L 10:30 Ireland- HCRR MM 11:00 Sensory Themed Baskets K 11:45 Mealtime Chronicles- DR M 2:00 Happy Hour with Felicity	14 V 9:30 Use It Or Lose It! - HCRR I 10:00 Bible Study with Brian- HCRR MM 11:00 Sensory Themed Baskets K 11:45 Mealtime Chronicles- DR GF 2:00 Ice Cream Social- HCRR GG 2:30 Bingo- HCRR
15 M 9:30 Precious Memories- I 10:30 Mass on the Air Ch- 5 MM 11:00 Sensory Themed Baskets I 11:00 South East Christian Ch 102 K 11:45 Mealtime Chronicles- DR GF 2:00 Movie Matinee- HCRR	16 V 9:30 Tai Chi- HCRR* V 10:30 Trilogy Fit- 400 Hall K 10:30 Wellness Group- 100 Hall MM 11:00 Sensory Themed Baskets K 11:45 Mealtime Chronicles- DR GG 2:00 LifeShare Trivia- HCRR K 2:30 Bingocize - HCRR	17 St. Patrick's Day A 10:30 Yarn Initials- HCRR MM 11:00 Sensory Themed Baskets K 11:45 Mealtime Chronicles- DR S 12:00 St. Patrick's Day Luncheon- ADA O 2:00 Scenic Ride & Trivia K 6:00 Games/ Resident's Choice- PCRR	18 I 9:00 Catholic Communion R to R V 9:30 Exercise Group- HCRR V 10:30 Trilogy Fit- 400 Hall MM 11:00 Sensory Themed Baskets K 11:45 Mealtime Chronicles- DR S 2:00 Chef's Circle - HCRR K 2:30 Bingocize- HCRR	19 Spring Begins M 9:30 Coffee, Music And Prayer- HCRR M 9:30 Coffee, Music And Prayer- HCRR MM 11:00 Sensory Themed Baskets K 11:00 Virtual Reality- HCRR K 11:45 Mealtime Chronicles- DR O 1:30 Frazier Museum	20 I 9:30 Rosary with Richard- 500 Hall K 9:30 Virtual Reality- HCRR CC 10:00 Making Dog Treats for the Humane Society- PCRR V 10:30 Trilogy Fit- 400 Hall L 10:30 Ireland- HCRR MM 11:00 Sensory Themed	21 V 9:30 Morning Stretch- HCRR I 10:00 Bible Study with Brian- HCRR MM 11:00 Sensory Themed Baskets K 11:45 Mealtime Chronicles- DR GG 2:00 Spring Trivia- HCRR GG 2:30 Bingo- HCRR
22 M 9:30 50's Music & Reminiscing- HCRR I 10:00 Christ Fellowship Worship - LRR I 10:30 Mass on the Air Ch- 5 MM 11:00 Sensory Themed Baskets I 11:00 South East Christian Ch 102	23 V 9:30 Chair Dancing- HCRR V 10:30 Trilogy Fit- 400 Hall K 10:30 Wellness Group- 100 Hall MM 11:00 Sensory Themed Baskets K 11:45 Mealtime Chronicles- DR S 2:00 AL Resident Council Meeting- HCRR K 2:30 Bingocize - HCRR	24 A 9:30 Twine Carrots- HCRR MM 11:00 Sensory Themed Baskets K 11:45 Mealtime Chronicles- DR O 1:30 Out to Tinseltown K 6:00 Games/ Resident's Choice- PCRR	25 I 9:00 Catholic Communion R to R V 9:30 Octaband- HCRR V 10:30 Trilogy Fit- 400 Hall MM 11:00 Sensory Themed Baskets K 11:45 Mealtime Chronicles- DR S 2:00 Chef's Circle - HCRR K 2:30 Bingocize- HCRR	26 M 9:30 Coffee, Music And Prayer- HCRR A 10:30 Wooden Chicks- HCRR MM 11:00 Sensory Themed Baskets O 11:00 Lunch at Red Lobster K 11:45 Mealtime Chronicles- DR K 2:30 Virtual Reality- RtoR K 6:00 Games Resident's	27 I 9:30 Rosary with Richard- 500 Hall K 9:30 Virtual Reality- HCRR V 10:30 Trilogy Fit- 400 Hall L 10:30 Ireland- HCRR MM 11:00 Sensory Themed Baskets K 11:45 Mealtime Chronicles- DR M 2:00 Happy Hour with Doug	28 V 9:30 Lets Get Moving- HCRR I 10:00 Bible Study with Brian- HCRR MM 11:00 Sensory Themed Baskets K 11:45 Mealtime Chronicles- DR GF 2:00 Rootbeer Floats- HCRR GG 2:30 Bingo- HCRR
29 M 9:00 Name That Tune- HCRR I 10:30 Mass on the Air Ch- 5 MM 11:00 Sensory Themed Baskets I 11:00 South East Christian Ch 102 K 11:45 Mealtime Chronicles- DR GF 2:00 Movie Matinee- HCRR	30 V 9:30 Ribbons & Music- HCRR V 10:30 Trilogy Fit- 400 Hall K 10:30 Wellness Group- 100 Hall MM 11:00 Sensory Themed Baskets K 11:45 Mealtime Chronicles- DR JG 2:00 Beer & Pretzel - HCRR K 2:30 Bingocize - HCRR	31 A 10:30 Daffodil's- HCRR MM 11:00 Sensory Themed Baskets K 11:00 Lunch at Bob Evans K 11:45 Mealtime Chronicles- DR K 6:00 Games/ Resident's Choice- PCRR	Legend: A - Artisans CC - Creative Cooking GF - Gathering of Friends GG - Group Games I - Inspirations JG - Just the Guys K - Keeping it Sharp/Reminisce L - Lifelong Learning MM - Mindful Moments M - Music to My Ears O - Out & About			

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1 M 9:30 Making Music- HCRR I 10:30 Mass on the Air Ch- 5 MM 11:00 Sensory Themed Baskets I 11:00 South East Christian Ch 102 K 11:45 Mealtime Chronicles- DR I 2:30 St. Al's Church Service- HCRR	2 V 9:30 Shake Rattle & Roll- HCRR K 10:30 Wellness Group- 100 Hall MM 11:00 Sensory Themed Baskets K 11:45 Mealtime Chronicles- DR S 2:00 Resident Council HC- HCRR K 2:30 Bingocize - HCRR	3 GF 9:00 Coffee, Music and Prayer- HCRR A 10:30 Tissue Paper Art- HCRR MM 11:00 Sensory Themed Baskets K 11:45 Mealtime Chronicles- DR O 2:00 Dairy Queen Treats- HCRR K 6:00 Games/ Resident's	4 I 9:00 Catholic Communion R to R V 9:30 Music & Movement- HCRR MM 11:00 Sensory Themed Baskets K 11:45 Mealtime Chronicles- DR S 2:00 Chef's Circle - HCRR K 2:30 Bingocize- HCRR	5 M 9:30 Coffee, Music And Prayer- HCRR A 10:30 Shamrocks- HCRR MM 11:00 Sensory Themed Baskets K 11:45 Mealtime Chronicles- DR GF 2:00 Chicken Soup for the Soul & Hot Chocolate- HCRR	6 I 9:30 Rosary with Richard- 500 Hall K 9:30 Virtual Reality- HCRR L 10:30 Ireland- HCRR MM 11:00 Sensory Themed Baskets K 11:45 Mealtime Chronicles- DR M 2:00 Happy Hour with Gilbert Kaelin- LR	7 V 9:30 Stretch & Refresh- HCRR I 10:00 Bible Study with Brian- HCRR MM 11:00 Sensory Themed Baskets K 11:45 Mealtime Chronicles- DR GG 2:00 Scoops & Scriptures- HCRR K 2:00 Virtual Reality- HCRR
8 Daylight Saving Begins I 10:30 Mass on the Air Ch- 5 MM 11:00 Sensory Themed Baskets I 11:00 South East Christian Ch 102 S 11:00 Sunday Brunch- DR K 11:45 Mealtime Chronicles- DR I 3:00 Worthington Church of Christ- HCRR	9 V 9:30 Light & Lively- HCRR K 10:30 Wellness Group- 100 Hall MM 11:00 Sensory Themed Baskets K 11:45 Mealtime Chronicles- DR S 2:00 Calendar Planning Meeting- HCRR K 2:30 Bingocize - HCRR K 4:00 Media Cart- RtoR	10 GF 9:00 Coffee, Music and Prayer- HCRR A 9:30 Making Shamrocks- HCRR MM 11:00 Sensory Themed Baskets K 11:45 Mealtime Chronicles- DR K 6:00 Games/ Resident's Choice- PCRR	11 I 9:00 Catholic Communion R to R V 9:30 Noodlesize -HCRR MM 11:00 Sensory Themed Baskets K 11:45 Mealtime Chronicles- DR S 12:00 Taste of Town - ADA S 2:00 Chef's Circle - HCRR K 2:30 Bingocize- HCRR	12 M 9:30 Coffee, Music And Prayer- HCRR A 10:30 Clay Impressions- HCRR MM 11:00 Sensory Themed Baskets O 11:00 Lunch at Cheddar's K 11:45 Mealtime Chronicles- DR K 2:30 Science Experiments- PCRR	13 I 9:30 Rosary with Richard- 500 Hall K 9:30 Virtual Reality- HCRR L 10:30 Ireland- HCRR MM 11:00 Sensory Themed Baskets K 11:45 Mealtime Chronicles- DR M 2:00 Happy Hour with Felicity Burkhead- LR	14 V 9:30 Use It Or Lose It! - HCRR I 10:00 Bible Study with Brian- HCRR MM 11:00 Sensory Themed Baskets K 11:45 Mealtime Chronicles- DR GF 2:00 Ice Cream Social- HCRR GG 2:30 Bingo- HCRR M 6:00 Lawrence Welk on KET
15 M 9:30 Precious Memories- I 10:30 Mass on the Air Ch- 5 MM 11:00 Sensory Themed Baskets I 11:00 South East Christian Ch 102 K 11:45 Mealtime Chronicles- DR GF 2:00 Movie Matinee- HCRR	16 V 9:30 Tai Chi- HCRR* K 10:30 Wellness Group- 100 Hall MM 11:00 Sensory Themed Baskets K 11:45 Mealtime Chronicles- DR GG 2:00 LifeShare Trivia- HCRR K 2:30 Bingocize - HCRR K 4:00 Media Cart- RtoR	17 St. Patrick's Day GF 9:00 Coffee, Music and Prayer- HCRR A 10:30 Yarn Initials- HCRR MM 11:00 Sensory Themed Baskets K 11:45 Mealtime Chronicles- DR S 12:00 St. Patrick's Day Luncheon- ADA O 2:00 Scenic Ride & Trivia	18 I 9:00 Catholic Communion R to R V 9:30 Exercise Group- HCRR MM 11:00 Sensory Themed Baskets K 11:45 Mealtime Chronicles- DR S 2:00 Chef's Circle - HCRR K 2:30 Bingocize- HCRR K 4:00 Media Cart RtoR	19 Spring Begins M 9:30 Coffee, Music And Prayer- HCRR M 9:30 Coffee, Music And Prayer- HCRR MM 11:00 Sensory Themed Baskets K 11:00 Virtual Reality- HCRR K 11:45 Mealtime Chronicles- DR O 1:30 Frazier Museum	20 I 9:30 Rosary with Richard- 500 Hall K 9:30 Virtual Reality- HCRR L 10:30 Ireland- HCRR MM 11:00 Sensory Themed Baskets K 11:45 Mealtime Chronicles- DR M 2:00 Happy Hour w/ Sing a long Sister's- LR	21 V 9:30 Morning Stretch- HCRR I 10:00 Bible Study with Brian- HCRR MM 11:00 Sensory Themed Baskets K 11:45 Mealtime Chronicles- DR GG 2:00 Spring Trivia- HCRR GG 2:30 Bingo- HCRR M 6:00 Lawrence Welk on KET
22 M 9:30 50's Music & Reminiscing- HCRR I 10:00 Christ Fellowship Worship - LRR I 10:30 Mass on the Air Ch- 5 MM 11:00 Sensory Themed Baskets I 11:00 South East Christian Ch 102	23 V 9:30 Chair Dancing- HCRR K 10:30 Wellness Group- 100 Hall MM 11:00 Sensory Themed Baskets K 11:45 Mealtime Chronicles- DR S 2:00 HC Resident Council Meeting- HCRR K 2:30 Bingocize - HCRR K 4:00 Media Cart- RtoR	24 GF 9:00 Coffee, Music and Prayer- HCRR A 9:30 Twine Carrots- HCRR MM 11:00 Sensory Themed Baskets K 11:45 Mealtime Chronicles- DR O 1:30 Out to Tinseltown K 6:00 Games/ Resident's Choice- PCRR	25 I 9:00 Catholic Communion R to R V 9:30 Octaband- HCRR MM 11:00 Sensory Themed Baskets K 11:45 Mealtime Chronicles- DR S 2:00 Chef's Circle - HCRR K 2:30 Bingocize- HCRR K 4:00 Media Cart RtoR	26 M 9:30 Coffee, Music And Prayer- HCRR A 10:30 Wooden Chicks- HCRR MM 11:00 Sensory Themed Baskets O 11:00 Lunch at Red Lobster K 11:45 Mealtime Chronicles- DR K 2:30 Virtual Reality- RtoR K 6:00 Games Resident's	27 I 9:30 Rosary with Richard- 500 Hall K 9:30 Virtual Reality- HCRR L 10:30 Ireland- HCRR MM 11:00 Sensory Themed Baskets K 11:45 Mealtime Chronicles- DR M 2:00 Happy Hour with Doug Pinson- LR	28 V 9:30 Lets Get Moving- HCRR I 10:00 Bible Study with Brian- HCRR MM 11:00 Sensory Themed Baskets K 11:45 Mealtime Chronicles- DR GF 2:00 Rootbeer Floats- HCRR GG 2:30 Bingo- HCRR M 6:00 Lawrence Welk on KET
29 M 9:00 Name That Tune- HCRR I 10:30 Mass on the Air Ch- 5 MM 11:00 Sensory Themed Baskets I 11:00 South East Christian Ch 102 K 11:45 Mealtime Chronicles- DR GF 2:00 Movie Matinee- HCRR	30 V 9:30 Ribbons & Music- HCRR K 10:30 Wellness Group- 100 Hall MM 11:00 Sensory Themed Baskets K 11:45 Mealtime Chronicles- DR JG 2:00 Beer & Pretzel - HCRR K 2:30 Bingocize - HCRR K 4:00 Media Cart- RtoR	31 GF 9:00 Coffee, Music and Prayer- HCRR A 10:30 Daffodil's- HCRR MM 11:00 Sensory Themed Baskets K 11:45 Mealtime Chronicles- DR K 6:00 Games/ Resident's Choice- PCRR	Legend: A - Artisans GF - Gathering of Friends GG - Group Games I - Inspirations JG - Just the Guys K - Keeping it Sharp/Reminisce L - Lifelong Learning MM - Mindful Moments M - Music to My Ears O - Out & About S - Signature Events			

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 I 10:30 Mass on the Air Ch- 5 I 11:00 Southeast Christian on TV (Ch. 102) I 2:30 St. Aloysius Worship Service - HCRR	2 V 10:00 TrilogyFIT, Balance - CH GC 2:00 Office Hours - CH GC 2:30 B.I.N.G.O - HCRR S 5:15 Villa Dining - CH	3 O 2:00 Dairy Queen Treats- HCRR	4 V 10:00 TrilogyFIT - CH GG 2:30 B.I.N.G.O - HCRR GF 5:00 Why Cook Wednesday Dinner Buffet, 5-7pm - CH	5 S 9:30 Office Hours S 5:00 Sock Hop Party- ADA	6 V 10:00 TrilogyFIT, Strength - CH L 10:30 Ireland- HCRR M 2:00 Live Music - PCD GG 3:00 B.I.N.G.O - CH GG 4:00 Social Hour - CH	7 S 9:00 Villa Breakfast Club - PCRR I 10:00 Bible Study w/ Brian - HCRR I 2:00 Scoops and Scriptures - HCRR CC 2:30 B.I.N.G.O. - HCRR
8 Daylight Saving Begins I 10:30 Mass on the Air Ch- 5 I 11:00 Southeast Christian on TV (Ch. 102) S 11:00 Sunday Brunch I 3:00 Worthington Church of Christ Devotional - HCRR	9 V 10:00 TrilogyFIT, Balance - CH GC 2:00 Office Hours - CH GC 2:30 B.I.N.G.O - HCRR S 5:15 Villa Dining - CH	10	11 S 9:30 Senior Executive Club - CH GG 12:00 Taste of Town - ADA GG 2:30 B.I.N.G.O - HCRR GF 5:00 Why Cook Wednesday Dinner Buffet, 5-7pm - CH GG 6:00 Resident's Game Night - CH	12 O 9:30 Office Hours O 11:00 Lunch at Cheddar's	13 V 10:00 TrilogyFIT, Strength - CH L 10:30 Ireland- HCRR M 2:00 Live Music - PCD GG 3:00 B.I.N.G.O - CH GG 4:00 Social Hour - CH	14 S 9:00 Villa Breakfast Club - PCRR I 10:00 Bible Study w/ Brian - HCRR CC 2:30 B.I.N.G.O. - HCRR GG 2:30 Bingo- HCRR
15 I 10:30 Mass on the Air Ch- 5 I 11:00 Southeast Christian on TV (Ch. 102)	16 V 10:00 TrilogyFIT, Balance - CH GC 2:00 Office Hours - CH GC 2:30 B.I.N.G.O - HCRR S 5:15 Villa Dining - CH	17 St. Patrick's Day O 2:00 St. Patrick's Day Snacks - CH O 2:00 Scenic Ride & Trivia	18 V 10:00 TrilogyFIT - CH GG 2:30 B.I.N.G.O - HCRR GF 5:00 Why Cook Wednesday Dinner Buffet, 5-7pm - CH	19 Spring Begins S 9:30 Office Hours S 10:00 Community Meeting & Coffee - CH O 1:30 Frazier Museum	20 V 10:00 TrilogyFIT, Strength - CH L 10:30 Ireland- HCRR M 2:00 Live Music - PCD GG 3:00 B.I.N.G.O - CH GG 4:00 Social Hour - CH	21 S 9:00 Villa Breakfast Club - PCRR I 10:00 Bible Study w/ Brian - HCRR CC 2:30 B.I.N.G.O. - HCRR GG 2:30 Bingo- HCRR
22 I 10:00 Christ Fellowship Worship - LRR I 10:30 Mass on the Air Ch- 5 I 11:00 Southeast Christian on TV (Ch. 102)	23 V 10:00 TrilogyFIT, Balance - CH GC 2:00 Office Hours - CH GC 2:30 B.I.N.G.O - HCRR S 5:15 Villa Dining - CH	24 O 1:30 Out to Tinseltown	25 V 10:00 TrilogyFIT - CH GG 2:30 B.I.N.G.O - HCRR GF 5:00 Why Cook Wednesday Dinner Buffet, 5-7pm - CH GG 6:00 Resident's Game Night - CH	26 O 9:30 Office Hours O 11:00 Lunch at Red Lobster	27 V 10:00 TrilogyFIT, Strength - CH L 10:30 Ireland- HCRR M 2:00 Live Music - PCD GG 3:00 B.I.N.G.O - CH GG 4:00 Social Hour - CH	28 S 9:00 Villa Breakfast Club - PCRR V 9:30 Lets Get Moving- HCRR I 10:00 Bible Study w/ Brian - HCRR CC 2:30 B.I.N.G.O. - HCRR GG 2:30 Bingo- HCRR
29 I 10:30 Mass on the Air Ch- 5 I 11:00 Southeast Christian on TV (Ch. 102)	30 V 9:30 Ribbons & Music- HCRR V 10:00 TrilogyFIT, Balance - CH GC 2:00 Office Hours - CH GC 2:30 B.I.N.G.O - HCRR S 5:15 Villa Dining - CH	31 O 1:00 Matinee Movie & Popcorn	CC - Community Connections GF - Gathering of Friends GC - Group Games I - Inspirations L - Lifelong Learning M - Music to My Ears O - Out & About S - Signature Events V - Vitality			