

**Creasy Springs Health Campus
Assisted Living**

March 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 V 10:00 Sunday Stretch (C) K 10:30 Daily News/Daily Chronicles (TS) K 11:00 Giant Crossword Puzzle (C) I 2:00 Church Service w/ the Knoths (AL LV) A 3:00 Crepe Paper Shamrock (Act)	2 V 10:00 Morning Stretch (Act) K 10:30 Daily News/Chronicals (Act) L 11:00 AL Resident Council(Act) I 1:30 Communion (ALLV) GC 2:00 Bingo (HC) S 2:45 Nails w/ Dorothy (TS)	3 V 10:00 Fitness Club (TS) V 10:00 Yoga (Act) K 10:30 Morning News/Chronical (C) K 11:00 Pokeno (Act) A 1:30 Leprechaun Paper Roll (Act) S 2:30 Chef's Corner (Act) K 3:30 Card Sharks (Act)	4 V 10:00 Trilogy Fit (ACT) K 10:30 Daily News/Chronicals (Act) O 11:00 Lunch at Wendy's CC 1:30 Mint M&M Cookies (Act) K 3:30 Card Club (Act) A 6:30 Pot Of Gold (Act)	5 I 10:00 Bible Study w/ Marge(ACT) S 11:00 Inspired Living Council (Act) I 1:30 Art w/ A Happy Heart (Act) I 2:00 St. Mary Communion (AL LV) GC 3:30 Card Club (Act)	6 V 10:00 Trilogy Fit (ACT) K 10:30 Daily News/Chronicals (act) K 11:00 Frozen Foods Mining (Act) O 1:30 Drive to Monticello GC 2:00 Nerf Gun Poker (C) M 3:30 Happy Hour with Dave Wilcox (TS)	7 V 10:00 Saturday Move & Groove (C) CC 10:45 "What's Cooking?"- Rainbow Cake Mix Bars (Act) K 11:00 Daily News/Daily Chronicles M 2:00 Music w/ Kent Lane S 3:00 Ice Cream Social(C)
8 Daylight Saving Begins V 10:00 Sunday Stretch (C) K 10:30 Daily News/Daily Chronicles (TS) K 11:00 Giant Crossword Puzzle (C) S 11:00 SUNDAY BRUNCH! I 2:00 Lafayette Reform Christian Church (Act) A 3:00 Popsicle Stick	9 G 10:00 Craft w/ Mom's Group/kids (ACT) V 10:00 Move It Monday (C) K 10:30 Daily News/Chronicals (C) K 11:00 Easy Does It Trivia (Act) I 1:30 Communion (ALLV) GC 2:00 Bingo (HC) S 2:45 Nails w/ Dorothy (TS)	10 V 10:00 Fitness Club (TS) I 10:00 Hymns & Devotions w/ ViaQuest (Act) K 10:30 Morning News/Chronical (C) K 11:00 Pokeno (Act) A 1:30 Leprechaun Door Decor w/ Ivy Tech Students (Act)	11 V 10:00 Trilogy Fit (ACT) K 10:30 Daily News/Chronicals (Act) CC 10:45 "What's Cookin'?"-Lucky Poke Cake (Act) O 2:00 St mary Cathedral Tour K 3:30 Card Club (Act) M 6:30 Piano w/ Alisha (C)	12 I 10:00 Reliving Moments w/ Marge (Act) M 11:00 Life Share- Guess What! (Act) A 1:30 Pot Of Gold w/ Ivy Tech Students (Act) M 2:30 Music w/ Sam Piercy (C) GC 3:30 Card Club (Act) K 6:30 Bingo w/ Dorothy (AL)	13 V 10:00 Fitness Retreat! (C) I 10:30 Catholic Mass (Act) K 10:30 Daily News/Chronical (C) K 11:00 March Trivia (C) O 1:30 Drive to Purdue V 2:00 Nerf Gun Poker (C) M 3:30 Happy Hour with Greg Anderson (TS)	14 V 10:00 Saturday Move & Groove (C) CC 10:45 "What's Cooking?"-Easy Peasy Cornbread (Act) K 11:00 Daily News/Daily Chronicles M 2:00 Music w/ Donna Shaw (TS) S 3:00 Ice Cream Social(C)
15 V 10:00 Sunday Stretch (C) K 10:30 Daily News/Daily Chronicles (TS) K 11:00 "Who/What Am I?" (C) I 2:00 Church Service w/ the Knoths (AL LV) K 3:00 Giant Crossword Puzzle (C) G 3:45 Irish Folk Music w/ Hickory	16 V 10:00 Move It Monday (ACT) K 10:30 Daily News/Chronicals(Act) K 11:00 Modern Jeopardy Trivia (Act) I 1:30 Communion (ALLV) GC 2:00 Bingo (HC) S 2:45 Nails w/ Dorothy (TS) CC 3:00 Basketball Bracket (Act)	17 St. Patrick's Day V 10:00 Fitness Club (TS) V 10:00 Yoga (Act) K 10:30 Morning News/Chronical (C) K 11:00 Pokeno (Act) A 1:30 LaLa Pottery (Act) S 2:30 Chef's Corner (Act) K 3:30 Card Sharks (Act)	18 V 10:00 Trilogy Fit (ACT) K 10:30 Daily News/Chronicals (Act) O 10:30 Lunch at Nine Irish Brothers CC 1:30 "What's Cookin'?"- Green Deviled Eggs (Act) GC 3:00 Wii Bowling (C) K 3:30 Card Club (Act)	19 Spring Begins I 10:00 Bible Study w/ Marge(ACT) L 11:00 Remembering the Luck of the Irish (Act) A 1:30 Eggstastic Wreath! (Act) I 2:00 St. Mary Communion (AL LV) GC 3:30 Card Club (Act) K 6:30 Bingo w/ Dorothy (AL)	20 V 10:00 Trilogy Fit (ACT) K 10:30 Daily News/Chronicals (act) K 11:00 Truth or Blarney (Act) O 1:30 Arconic Nature Drive GC 2:00 Nerf Gun Poker (C) M 3:30 Happy Hour with Malachi Jagers (TS)	21 V 10:00 Saturday Move & Groove (C) CC 10:45 "What's Cooking?"- Oatmeal Apple Spice Cookies (C) K 11:00 Daily News/Daily Chronicles M 2:00 Music w/ Jeff Anderson (TS)
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29 V 10:00 Sunday Stretch (C) K 10:30 Daily News/Daily Chronicles (TS) K 11:00 Giant Crossword Puzzle (C) I 2:00 Church Service w/ the Knoths (AL LV) A 3:00 Paper Stripe Egg (Act)	30 V 10:00 Move It Monday (ACT) K 10:30 Daily News/Chronicals(Act) K 11:00 Remember When.....(Act) I 1:30 Communion (ALLV) GC 2:00 Bingo (HC) S 2:45 Nails w/ Dorothy (TS)	31 V 10:00 Fitness Club (TS) V 10:00 Yoga (Act) K 10:30 Morning News/Chronical (C) K 11:00 Pokeno (Act) S 12:00 Men's Lunch! (ACT) CC 1:30 Easter Cards (Act) S 2:30 Chef's Corner (Act) K 3:30 Card Sharks (Act)	Assisted Living Room (AL LV) Town Square (TS) Cafe (C) Activity Room (Act) Health Center Dining Room (HC)	Available daily in the activity room: popcorn books/magazines books on tape playing cards games jigsaw puzzles puzzle books etc.	Birthdays – Residents: 3/1 Lu Alice H. 3/3 Judith C. 3/4 Robert H. 3/6 Inez S. 3/7 Judith S. 3/8 Ruth T. 3/11 Joan P. 3/12 Joanna Y.	Suggested ways to volunteer include but are not limited to: -manicures -visiting w/ residents -leading an activity or teaching a skill, such as knitting or crocheting -helping residents get to & from activities & meals -photography for special events

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 V Humming Your Way to Health K Writer's Circle CC Delicious Peanut Butter Cookies Relax & Recharge A Lion Mane Wreaths M Hymn Sing GG Name 10 Healthy Hands GF Relaxing Puzzle Time	2 V Snowball Fight K Penny Ante CC Cheesecake Dip Relax & Recharge A Antique Collage M Glee Club GG Basketball Healthy Hands GF Hot Chocolate & Tales	3 V Shamrock Shake K What's In Your Junk Drawer? CC Indulgent Chocolate Dipped Banana Relax & Recharge A Thumb Print Blossom M March Madness GG Grocery Game Healthy Hands	4 V Roll in the New Year K Opposites CC Banana Bread Relax & Recharge O Outing A Frame Paintings M Music w/Gilbert GG Parachute Circle Healthy Hands	5 V Head to Toe Range of Motion K Life Story CC Ham & Cheese Croissant Relax & Recharge M Hymns w/the Cantwells A Play Script Writing M Colors of Music GG Mini Muffin Match Up Healthy Hands	6 V Step in the Name Love K Broken Hearts Outing CC Amazing Angel Food Cake Relax & Recharge A Q-Tip Flowers M Happy Hour w/Fulton County Music GG Nerf Gun Target Shooting Healthy Hands	7 V Quick Qigong K Famous Pairs CC No Bake Cookies Relax & Recharge A Paper Spinners M Music with Kent Lane GG Throwing Horseshoes Healthy Hands GF Hangman
8 Daylight Saving Begins V Humming Your Way to Health K Writer's Circle CC Brunch Relax & Recharge A Coloring w/Style M Hymn Sing GG Name 10 Healthy Hands GF Relaxing Puzzle Time	9 V Snowball Fight K Penny Ante CC Can't Resist Brownies Relax & Recharge A I-Spy Sensory Bottles Veterans Day Heart Card M Glee Club GG Basketball Healthy Hands	10 V Shamrock Shake K What's In Your Junk Drawer? CC Thumbprint Cookies Relax & Recharge A Purim Plates M March Madness GG Grocery Game Healthy Hands GF Music w/M. Palmer	11 V Roll in the New Year K Opposites Scenic Drive CC Apple Cinnamon Chips Relax & Recharge A Apple Stamp Art M Music in History GG Parachute Circle Healthy Hands	12 V Head to Toe Range of Motion K Life Story K Spring Sensations Sensory Room CC Popcorn Balls Relax & Recharge M Music w/Sam Piercy A Pot of Gold Plate Art M Colors of Music GG Mini Muffin Match Up	13 V Step in the Name Love K Broken Hearts MASS CC Peanut Butter Chocolate Ritz Crackers M Happy Hour w/Greg Anderson Relax & Recharge A DIY Necklace GG Nerf Gun Target Shooting	14 V Quick Qigong K Famous Pairs CC Wisconsin Apple Pie Relax & Recharge A Shamrock Pinata M Name That Croon GG Throwing Horseshoes Healthy Hands GF Hangman
15 V Humming Your Way to Health K Writer's Circle CC Irish Potato Treats Relax & Recharge A Shamrock Pinata 2 M Hymn Sing GG Name 10 Healthy Hands GF Relaxing Puzzle Time	16 V Snowball Fight K Penny Ante CC Shamrock Shakes Relax & Recharge A Foil Painted shamrocks M Glee Club GG Basketball Healthy Hands GF Hot Chocolate & Tales	17 St. Patrick's Day V Shamrock Shake K The Gold Game CC Irish Soda Bread Relax & Recharge A Shamrock Coffee Art M March Madness GG Grocery Game Healthy Hands GF Flower Arranging	18 V Roll in the New Year K Opposites CC Cheeseball Relax & Recharge Scenic Drive A Paper Peacocks M Music in History GG Parachute Circle Healthy Hands	19 Spring Begins V Head to Toe Range of Motion K Life Story CC Terrific Trail Mix Relax & Recharge A Chicken Bookmarks M Hymns w/Viaquest GG Mini Muffin Match Up Healthy Hands GF Aqua Painting	20 V Step in the Name Love K Broken Hearts Country Drive CC Orange Cookies Relax & Recharge A My Artisan Spring Journal M Happy Hour w/Sanders Entertainment GG Nerf Gun Target Shooting	21 V Quick Qigong A J. Barry CC Pound Cake Relax & Recharge A Paper Quilts M Name That Croon GG Throwing Horseshoes Healthy Hands GF Hangman
22 V Humming Your Way to Health K Writer's Circle CC Stuffed Mushrooms Relax & Recharge A Wood Paintings M Hymn Sing GG Name 10 Healthy Hands GF Relaxing Puzzle Time	23 V Snowball Fight K Penny Ante CC Fruit Salsa w/Cinnamon Chips Relax & Recharge A Paper Spring Dog M Glee Club GG Basketball Healthy Hands GF Hot Chocolate & Tales	24 V Shamrock Shake K What's In Your Junk Drawer? CC Chocolate Covered Raisins Relax & Recharge A Painted Dot Art M March Madness GG Grocery Game Healthy Hands GF Flower Arranging	25 V Roll in the New Year K Opposites Scenic Drive CC Peanut Brittle Relax & Recharge A Agriculture Art M Music in History GG Parachute Circle Healthy Hands	26 V Head to Toe Range of Motion K Life Story Spring Sensations Sensory Room CC Oreo Orbs Relax & Recharge A Create Your Own Holiday M Colors of Music GG Mini Muffin Match Up Healthy Hands	27 V Step in the Name Love K Broken Hearts MASS CC Chocolate Cupcakes Relax & Recharge A Pinecone Art M Happy Hour w/J. Anderson GG Nerf Gun Target Shooting Healthy Hands	28 V Quick Qigong K Famous Pairs CC Coffee Cupcakes Relax & Recharge A Origami Fans M Name That Croon GG Throwing Horseshoes Healthy Hands GF Hangman
29 V Humming Your Way to Health K Writer's Circle CC Watergate Salad Relax & Recharge A Yarn Photo Frames M Hymn Sing GG Name 10 Healthy Hands GF Relaxing Puzzle Time	30 V Snowball Fight K Penny Ante CC Marble Cakes Relax & Recharge A Lamb Artisans M Glee Club GG Basketball Healthy Hands GF Hot Chocolate & Tales	31 V Shamrock Shake K What's In Your Junk Drawer? CC Shortbread Cookies Relax & Recharge A Crayon Bottles M March Madness GG Grocery Game Healthy Hands GF Flower Arranging	Join us for Sunday Brunch on 3/8/2020 from 11am-1pm. The first 2 guests are complimentary and additional guests are \$10 each. Please RSVP by 3/3/2020 to reserve your seats.		Outings are subject to change based on weather and resident needs	
					Birthdays Judy S. 3/7 Joanna Y. 3/12	

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 1:15 TrilogyFIT 2:00 Cooking Club 6:00 Kindred Spirit Group	3	4 9:30 Coffee & Donuts 10:30 Card Club	5	6 1:15 TrilogyFIT 2:15 Fun and Games 3:00 Happy Hour	7 9:00 Mens Coffee Clatch
8 Daylight Saving Begins S 11:00 SUNDAY BRUNCH!	9 1:15 TrilogyFIT 2:00 Crafts	10	11 9:30 Coffee & Donuts	12 10:00 Senior Executive Council -Norm Long on Healthy Water	13 1:15 TrilogyFIT 2:00 50's Theme Party with Greg Anderson 3:00 Happy Hour	14 9:00 Mens Coffee Clatch
15	16 1:15 TrilogyFIT 2:00 Euchre Tourney 6:00 6 PM Kindred Spirit meet at Pepe's	17 St. Patrick's Day	18 8:30 Wellness Wednesday 9:30 Coffee & Donuts 10:30 Bingo	19 Spring Begins 11:00 Lunch at Southside Dinner	20 1:15 TrilogyFIT 2:15 Brain Health with Syndy Starkes from IU Health 3:00 St. Patricks Day Happy Hour	21 9:00 Mens Coffee Clatch
22	23 12:00 Lunch with Justin 1:15 TrilogyFIT	24	25 9:30 Coffee & Donuts	26	27 1:15 TrilogyFIT 2:00 Mystery activity 3:00 Happy Hour	28 9:00 Mens Coffee Clatch
29	30 1:15 TrilogyFIT 2:00 Recipe Sharing - Bring your favorite recipe to share with your friends!!! get new recipes!!!	31	If you don't pick a day to relax, your body will pick it for you!!!	Birthdays for March Bill H. George G. Jim P.	Live your life. Take chances. Be crazy. Don't wait. Because right now is the oldest you've ever been and the youngest you will ever be again.	Today you could be standing next to someone who is trying their best not to fall apart. So whatever you do today, do it with kindness in your heart!