March 2020

Keystone Place at Newbury Brook Applewood Memory Care Neighborhood all programs subject to change. Evening programs6:15 Resident's choice

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10:15 TV Mass 11:00 Adult Coloring 1:30 Bingo/Table Games 3:00 Caring Conversations	**2** 10:15 Exercise 11:00 Truth or Blarney 1:30 Craft/creative corner 3:00 Group Puzzles	**3** 10:15 Baking – Irish Tea cake 11:00 Trivia 1:30 Clover all over concentration card game 3:00 Yoga inspired stretching and Mediation	**4** 10:15 Hymn Sing and Prayers 10:30 Reverend Visits in the Pub 1:15 Dance Party 1:45 Balloon Volley 3:00 Finish the Line	**5** 10:15 Exercise 11:00 Word game 1:30 Sing along 3:00 Afternoon stretch and mediation music	**6** 10:15 Target Shoot 10:15 Hand Massages and manicures 1:30 Bingo 3:15 Happy Hour	**7** 10:15 Word Puzzles/Table Games 11:00 Trivia Game 1:30 Moving to Music 3:00 Yoga with Sharon
8 10:15 TV Mass 11:00 Adult Coloring 1:30 Moving to Music 3:00 Yoga with Sharon Daylight Saving Time Begins	**9** 10:30 Card Making 10:30 balloon toss 1:30 Sing a long 3:00 Tia chi inspired movement Purim Begins	**10** 10:15 Baking Irish Soda Bread 11:15 finishing lines 1:15 Exercise 3:00 Coffee and Soda bread luck of the Irish discussion	**11** 10:15 Noodle Ball 11:00 Trivia 1:30 Table Bowling 3:00 Afternoon Stretch and Mediation	**12** 10:15 Exercise Group 11:00 Category Word Game 1:30 Painting Group 3:15 Stretching and Mediation	**13** 10:15 target Shoot 10:15 Hand Massages and Manicures 1:30 Bingo 3:15 Happy Hour	**14** 10:15 Exercise 11:00 Finish the Line 2:00 Larry Batter
15 10:15 Exercise 11:00 Word Game/Finishing Lines 1:30 Bingo 3:00 Caring Connections	**16** 10:15 Exercise 11:00 Saint Word Game 1:30 Balloon Volley 2:30 You be the Judge 3:00 Tia chi inspired movement	**17** 10:30 Art Group with Carolyn 10:30 Adult Coloring 1:15 Dance Party 2:00 Bill Kohler 3:30 Coffee Social St. Patrick's Day	**18** 10:15 Noodle Ball 11:00 Poetry Writing Group 2:00 Banana Grams/ table Games 3:00 Yoga inspired stretch with mediation music	**19** 10:15 Exercise 11:0 Word game 1:15 Bread Machine Baking 2:00 Music Therapy with Meg Capen 3:15 Card Games Spring Begins	**20** 10:15 target Shoot 10:15 Hand Massages and Manicures 1:30 Bingo 3:15 Happy Hour	**21** 10:15 Word Puzzles/Table Games 11:00 Trivia Game 1:30 Moving to Music 3:00 Yoga with Sharon
22 10:15 TV Mass 11:00 Adult Coloring 1:30 Moving to Music 3:00 Yoga with Sharon	**23** 10:15 Doing the Irish Chair Jig 11:15 Trivia 1:30 table bowling 3:00 Stretching and mediation	**24** 10: 15 Baking 11:00 Finishing Lines 1:30 left right center 3:00 tia chi inspired stretch	**25** 10:15 Exercise 11:00 Trivia 1:30 Art Group 3:00 Bananagrams	**26** 10:15 Hymn Sing and Prayers 11:00 Noodle Ball 1:30 Dance Party 2:00 Sing along 3:00 Stretching and Mediation	**27** 10:15 target Shoot 10:15 Hand Massages and Manicures 1:30 Bingo 3:15 Happy Hour	**28** 10:15 Word Puzzles/ Table Games 11:00 Trivia 1:30 Noodle ball 3:00 Caring Conversations
29 10:15 TV Mass 11:00 Adult Coloring 1:30 Bingo/Table Games 3:00 Caring Conversations	**30** 10:15 Exercise 11:00 you be the Judge 1:30 Spring Art Project 3:00 Let's Sing!	**31** 10:15 Baking 11:00 Trivia 1:30 Balloon Volleyball 3:00 Stretching and Mediation				