




Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
3:00pm-Neighborly Chat-MR <b>1</b> 	9:00am-Exercise-ER <b>2</b> 9:00am-Wii Bowling-MR 1:00pm-Poker-GR 1:30pm-Low Impact Exercise-ER 2:00pm-Word Makers-ER 5:45pm-Bridge-MR	9:00am-Exercise-ER <b>3</b> 9:45am-Blood Pressure-L 10:00am-Red Hawk Casino Outing-L 2:30pm-Volleyball-ER 7:00pm-Bingo-MR	9:00am-Exercise-ER <b>4</b> 1:30pm-Low Impact Exercise-ER 3:30pm-Birthday Celebration & Happy Hour w/Marvin-MR 4:30pm-Birthday Dinner 6:00pm-Movie Night-MR	9:00am-Weights & Balance-ER <b>5</b> 12:30pm-Pinochle-GR 2:00pm-Puzzles & Snacks-MR 4:00pm-Poker Walk-MR 7:00pm-Trivia-MR	9:00am-Active Yoga-ER <b>6</b> 10:00am-Indoor Golf-ER 1:00pm-Pokeno-MR 3:30pm-Wine Social-MR 7:00pm-Bingo-MR	9:00am-Wii Bowling-MR <b>7</b> 12:30pm-Sequence-MR 2:30pm-Beanbag Baseball-ER
2:30pm-Matinee Movie-MR <b>8</b> <b>Daylight Saving Time Begins</b> <small>Daylight Saving Time Begins</small>	9:00am-Exercise-ER <b>9</b> 9:00am-Wii Bowling-MR 1:00pm-Poker-GR 1:30pm-Low Impact Exercise-ER 2:00pm-Word Makers-ER 5:45pm-Bridge-MR <small>Purim Begins</small>	9:00am-Exercise-ER <b>10</b> 10:00am-High Hand Nursery & Spring Luncheon Outing-L 2:30pm-Volleyball-ER 7:00pm-Bingo	9:00am-Exercise-ER <b>11</b> 1:30pm-Low Impact Exercise-ER 3:30pm-Happy Hour with Mike Ely-MR 6:00pm-Movie Night-MR	9:00am-Weights & Balance-ER <b>12</b> 9:00am-Chair Massage-CR 10:00am-Traveling Boutique-L 12:30pm-Pinochle-GR 2:00pm-Puzzles and Snacks-MR 2:00pm-Blackjack-GR 7:00pm-Trivia-MR	9:00am-Active Yoga-ER <b>13</b> 1:00pm-Pokeno-MR 3:30pm-Wine Social-MR 7:00pm-Bingo-MR	9:00am-Wii Bowling-MR <b>14</b> 12:30pm-Sequence-MR 2:30pm-Beanbag Baseball-ER 
2:00pm-Lifting Spirits Spring Performance-L <b>15</b>	9:00am-Exercise-ER <b>16</b> 9:00am-Wii Bowling-MR 1:00pm-Poker-GR 1:30pm-Low Impact Exercise-ER 2:00pm-Word Makers-ER 5:45pm-Bridge-MR	9:00am-Exercise-ER <b>17</b> 9:45am-Blood Pressure-L 10:15am-De Vere's Irish Pub Lunch Outing-L 2:30pm-Volleyball-ER 4:30pm-Saint Patrick's Dinner 5:00pm-Saint Patrick's Entertainment w/Violinist Antonio-DR 7:00pm-Bingo-MR <small>St. Patrick's Day</small>	9:00am-Exercise-ER <b>18</b> 10:00am-Spring Clothing Display-L 1:30pm-Low Impact Exercise-ER 3:30pm-Happy Hour with Linda Herring-MR 6:00pm-Movie Night-MR	9:00am-Weights & Balance-ER <b>19</b> 12:30pm-Pinochle-GR 2:00pm-Carolyn Martin Presents "How Women Finally Got the Right to Vote" Educational Presentation-MR 4:00pm-Poker Walk-MR 7:00pm-Trivia-MR <small>Spring Begins</small>	9:00am-Active Yoga-ER <b>20</b> 10:00am-Indoor Golf-ER 1:00pm-Pokeno-MR 3:30pm-Wine Social-MR 7:00pm-Bingo-MR	9:00am-Wii Bowling-MR <b>21</b> 12:30pm-Sequence-MR 2:30pm-Beanbag Baseball-ER
2:30pm-Matinee Movie-MR <b>22</b> 	9:00am-Exercise-ER <b>23</b> 9:00am-Wii Bowling-MR 10:00am-Crafts w/Lyndy-ER 10:30am-Atlas Hearing 1:00pm-Poker-GR 1:30pm-Low Impact Exercise-ER 2:00pm-Word Makers-ER 3:00pm-Book Club-LIB 5:45pm-Bridge-MR	9:00am-Exercise-ER <b>24</b> 10:00am-Seaquest Aquarium & Lunch Outing-L 1:00-Bookmobile-PL 2:00-pm Renaissance Society Presents Archaeologist & Yemen's Queen of Sheba Presentation-MR 7:00pm-Bingo-MR	9:00am-Exercise-ER <b>25</b> 1:30pm-Low Impact Exercise-ER 3:30pm-Happy Hour with Violinist Antonio-MR 6:00pm-Movie Night-MR	9:00am-Weights & Balance-ER <b>26</b> 9:00am-Chair Massage-CR 12:30pm-Pinochle-GR 2:00pm-Puzzles & Snacks-MR 2:00pm-Blackjack-GR 7:00pm-Trivia-MR	9:00am-Active Yoga-ER <b>27</b> 1:00pm-Pokeno-MR 3:30pm-Wine Social-MR 7:00pm-Bingo-MR	9:00am-Wii Bowling-MR <b>28</b> 12:30pm-Sequence-MR 2:30pm-Beanbag Baseball-ER
2:30pm-Matinee Movie-MR <b>29</b>	9:00am-Exercise-ER <b>30</b> 9:00am-Wii Bowling-MR 1:00pm-Poker-GR 1:30pm-Low Impact Exercise-ER 2:00pm-Word Makers-ER 5:45pm-Bridge-MR	9:00am-Exercise-ER <b>31</b> 10:45am-Chinese Luncheon Outing @ Szechuan Garden-L 2:30pm-Horse Racing-L 7:00pm-Bingo-MR	<h1>March 2020</h1> <h2>Winding Commons Senior Living</h2>			

ER=EXERCISE ROOM, MR=MEDIA ROOM, GR=GAME ROOM, L=LOBBY, LIB=LIBRARY, CR=CONFERENCE ROOM/1FLOOR, PL=PARKING LOT, DR=DINING ROOM.

All activities subject to change