

March

Independent & Assisted

3/4 Spokane County Library
3/6 Sip & Paint
3/9 Walking Club
3/11 Orlando 's Lunch Outing
3/11 Soap Making with Linda
3/12 St. Patricks Happy Hour
3/13 Cat Tails Outing
3/14 Bocee Ball
3/20 Fred Meyers
3/25 The Onion Lunch Outing
3/25 Music w/ Kirk Schmick
3/27 The MAC: Pompeii

Memory Care

3/2 Radio Shows & Popcorn
3/4 Birthday Bash
3/5 Exotic Fruit Tasting
3/6 Green Scavenger Hunt
3/9 Happy Hour
3/17 Bean Bag Baseball
3/18 Scenic Drive
3/23 Fun Baking
3/25 Music w/ Kirk Schmick

A Note From Our Director

Spring is in the air. We are all looking forward to all the brighter and longer days. We have St Patty's day coming up this month and that will be a fun event for all to attend. We also have outings scheduled to Cat Tails Sanctuary, The Onion, and the MAC this month. Please join us for these other fun activities this month they are soap making with Linda, bocee ball, and live music with Kirk Schmick. I want to invite and remind everyone this month we will be having our introductory Memory Care music program presented on 3/12 from 530-630pm. We will be discussing the positive effects of kirtan as well as music therapy with special guests Manjit Dada and Julie Meadowcroft. We will also be having another presentation for the memory care music program on 3/26 from 530-630pm. I look forward to spring and all the fun events we will be having this summer! Don't forget we do have a dementia support group monthly it is the last Wednesday of every month at 4pm! Please make sure you are checking our Facebook page for updated activity pictures and videos. I wish everyone a wonderful month. Love makes the whole universe as one's home.

*Blessings,
Andrew Steighner*



Resident of the Month:

Martha A

When did you move to Moran Vista?

"In August 2016"

What do you like the most about living at Moran Vista?

"The Staff, Food, & Great Friends!"

What did you do before retiring?

"I worked for the Federal Government and I was a Security Officer at the George Washington Masonic National Memorial in Virginia."

If you had a super power what would it be?

"To Fly (Airplanes)"

What is your favorite food?

"Mild Mexican"

***Thank you
for being so kind
and positive!***





Andrew Steighner
Executive Director

Tali Rinaldi
Community Relations
Coordinator

Shelly Broyles, RN
Director of Health
Services

Debra Gayler
Resident Care
Coordinator

Julie Jorgensen
Resident Care
Coordinator

Terrie Colvin
Office manager

Michael Wieber
Dietary Manager

Rachel White
Life Enrichment
Coordinator

Marcia Valdez
Receptionist

Kellie Grabow
Housekeeping &
Maintenance Director

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MORAN VISTA
SENIOR LIVING

Nurses Notes by Shelly Broyles, BSN, RN

K	S	I	M	B	I	W	X	J	L	V	E	N	V	K	X	B	H
K	H	F	A	F	E	S	O	M	X	Y	Y	M	L	V	X	R	F
F	A	Q	R	X	R	T	X	W	C	G	A	P	I	S	V	A	S
Z	M	D	C	N	M	P	T	X	O	R	I	J	N	S	Y	I	K
K	R	U	H	H	J	A	F	N	S	E	K	R	Q	V	F	N	F
N	O	C	F	D	N	T	Z	C	S	E	Z	Y	E	A	L	B	J
G	C	O	P	P	L	R	P	N	C	N	K	B	V	L	G	O	M
O	K	T	U	K	N	I	R	N	M	H	W	M	D	L	A	W	U
L	R	I	K	W	V	C	L	E	P	R	E	C	H	A	U	N	H
D	L	O	H	L	V	K	P	Z	S	H	L	K	X	Y	D	C	D
W	B	K	U	V	X	X	J	H	I	Q	T	Q	K	U	E	V	K
N	F	W	Z	Y	B	C	L	O	V	E	R	X	G	E	P	W	N

Find the following words:

LEPRECHAUN	RAINBOW	GOLD
ST PATRICK	CLOVER	LUCK
SHAMROCK	GREEN	
IRELAND	MARCH	



Welcome to the Neighborhood!



Steve W **Sheri & Boykie B**
Jack S



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