January



Volume 4, Issue 01

2020

Independent & Assisted

Walking Club - 1/1

New Years Party – 1/2

Chelat Restaurant Outing – 1/8

Cold and Flu Seminar - 1/10

Fred Meyer - 1/17

Nail Design with Paige - 1/17

Subway Lunheon - 1/20

Senior Froggy Outing - 1/22

Sip & Paint - 1/24

Welcome Coffee & Chat - 1/28

Round Table Outing- 1/29

Hillyard Belles - 1/29

Memory Care

Card Decorating – 1/3

Birthday Bash - 1/8

Coffee & Chat – 1/14

Rice Krispie Snowmen – 1/15

Art History: Van Gogh – 1/21

Happy Hour – 1/28

Hillyard Bells - 1/29

Travel to China - 1/31

A Note From Our Director

I hope everyone had a blessed Christmas with their friends and loved ones. We had such a great time in December celebrating Christmas and what a great time to share our joy with others. I am so excited about 2020 and the new year that awaits us all. This is a great time to think of New Year 's resolutions or things that you want to do differently for the New Year 's. We have some really great events this month and lots of exciting changes happening here at Moran Vista. Some of the great activities that we have this month and encourage residents to go to are a New Years Party, Cold and Flu Seminar by Family First, and a Subway luncheon. We have these great outings this month so please join us for the following Senior Froggy, The Chelat Restaurant, and Round Table Pizza. I also want to let all residents know to be part of our new employee appreciation program. Every month we will select one employee from all departments that have went above and beyond. We will have a special board for them so if you know of anyone in nursing, kitchen, housekeeping, activities that is going above and beyond please let management staff know or fill out a pause for applause form for them. We have some exciting kitchen news that I have shared with all of you Michael Wieber is now the new dietary manager and he will do so great! We are excited to have him to the team as he has been working with us for 10 years already! Please congratulate Mike and I am excited for the upcoming food changes you will see in 2020! Lets have a great New Year 's everyone I wish you all good health and spirits. Remember Love is the strongest medicine.

> Blessings, Andrew Steighner

Employee Spotlight ~ Christie



Position - Activities

How long have you worked at Moran Vista?

"Since the end of August "

What is your favorite part of the job?

" I love the captured audience and being fun and goofy "

What are some of your hobbies?

"I like photography, painting, just art period"

What is something not a lot of people know about you?

"I can cross my lips"

Thank you for going above & Beyond for the Residents!



Resident Spotlight ~ Larae Fant



When did you move to Moran Vista?

"I moved in this month"

What do you like about living at Moran Vista?

"I love the view from my window"

What did you two do before retiring?

"I was a full time house mom of four kids, I also waitressed here and there "

What are your hobbies?

"I love the outdoors , garden, and spend time with my German shepherd when I can "

Thank you for being so positive and upbeat, we appreciate you!



Andrew Steighner

Executive Director

Tali Rinaldi

Community Relations Coordinator

Shelly Broyles, R.N

Director of Health Services

Debra Gayler

Resident Care Coordinator

Julie Jorgensen

Resident Care Coordinator

Terrie Colvin

Office manager

Michael Wieber

Dietary Manager

Rachel White

Life Enrichment Coordinator

Marcía Valdez

Receptionist

Kellie Grabow

Housekeeping & Maintenance Director

3319 E. 57th Ave. Spokane, WA 99223 Phone: 509-443-1944 Fax: 509-343-1881

MORAN VISTAN

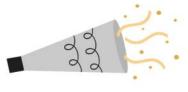
Nurses Notes by Shelly Broyles, BSN, RN



HAPPY NEW YEAR!









W I H V V A X R N R Z G O A L S A Z Y F G R B K G Z T Y Z I Z Z J Q C O M P X B M D M B T B K T P X N S L T K C X X W T M I Q C R A E Y W E N O Z J K S K R N H L P D M V X P N Z J L O V Z V Y D Z Q G G P E X A X K O Q N C O U N T D O W N I F V Z N D S S M B P C Y W V F T W F B N T R S P S P A R K L E R S H Q T O J A D B L O L B Y V M S Y L N N N R C A F L L









New Year Clock Cheers Goals Party Poppers Noisemaker Resolution Sparklers



© 2017 Happiness is Homemade (www.happinessishomemade.com) FOR PERSONAL USE ONLY!

Welcome to the Neighborhood!



Larae F Oj B Margaret C Gerry W



