

DECEMBER

MORAN VISTA
SENIOR LIVING

Volume 3, Issue 11 **2019**



Independent & Assisted

Christmas Decorating – 12/2
Dispatch Seminar – 12/4
Stocking Decorating – 12/6
Franklin Elementary Choir – 12/9
Applebee's Lunch Outing – 12/11
Christmas Light Tour – 12/13
Thai Bamboo – 12/16
Sip & Paint – 12/18
Walmart Outing – 12/20
Pizza Party – 12/23
Coffee Mug Craft – 12/27
Music & Ministry – 12/28
January County Library – 12/31

Memory Care

Christmas Decorating – 12/2
Paint with Me – 12/3
Popcorn & Radio Shows – 12/7
Gingerbread Decorating – 12/11
Coffee & Chat – 12/17
Night Before Christmas – 12/24
Sing-a-long – 12/27
Music & Ministry – 12/28
Happy Hour – 12/31

A Note From Our Director

It's that time again and Christmas is right around the corner! I want to thank everyone for a wonderful Thanksgiving and a BIG KUDOS to Chef Mike and his kitchen staff they all do such a great job. We have some really great outings this month that I want everyone to attend and they are Applebee's, Thai Bamboo, and Walmart. Please join us for these exciting outings. We also want you to come to our special activities this month which include many Christmas choirs, a Papa Murphy's pizza party, and coffee mug decorating with Christie. Please be careful this month especially when it snows we will have ice melt and will be making sure that the main entrances are clear. Take your time when walking outside. We have nominated Lexi our med tech who works in ABLDG and BCD as our angel of the month please congratulate her! She does such a great job with all the residents! Christmas dinner will have a sign-up sheet with Marcia so please see her for that. I want to express my gratitude to all of you and so happy to be part of the Moran Vista Family. I wish each and everyone of you a wonderful Christmas full of cheer and bliss. Have a Merry Christmas! Do your work with the welfare of others always in mind.

***Blessings,
Andrew Steighner***



Employee Spotlight ~ Mike



Position – *Chef*

How long have you worked at Moran Vista?

“ Ten Years “

What is your favorite part of the job?

“ I love to cook, and the satisfaction of cooking for the Residents ”

What are some of your hobbies?

“ Cooking ”

What is something not a lot of people know about you?

“ I went to school for art, my favorite is pencil work ”

Thank you for going above & Beyond for the Residents!

Resident Spotlight ~ Lois Hanson



When did you move to Moran Vista?

“In May of this year”

What do you like about living at Moran Vista?

“ Mostly everything, but Music is my favorite”

What did you two do before retiring?

Lois was a hair Dresser , she started when she was 18 to about 50 years old

What are your hobbies?

Loves to paint with oils and water color, and loves to spend time with all her Grandchildren

Thank you for being so positive and upbeat, we appreciate you!



Andrew Steighner
Executive Director

Tali Rinaldi
Community Relations Coordinator

Shelly Broyles, RN
Director of Health Services

Debra Gayler
Resident Care Coordinator

Julie Jorgensen
Resident Care Coordinator

Terrie Colvin
Office manager

Mike Morgan
Dietary Manager

Rachel White
Life Enrichment Coordinator

Marcia Valdez
Receptionist

Kellie Grabow
Housekeeping & Maintenance Director

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Nurses Notes by Shelly Broyles, BSN, RN

How to Determine A Cold vs The Flu

| Cold | Symptoms | Flu |
|---|-------------------------|---|
| People with a cold will sneeze more often but not enough to be a reliable sign. | Sneezing | Many people catch the flu from sick people coughing and sneezing. |
| Mostly Uncommon | Headaches | High Probability |
| High Probability | Sore Throat | Not Common |
| Uncommon | Fever | High Probability |
| Not Usually | Chills | Probability |
| Minor Aches/Pains | Aches | Severe Aches/Pains |
| A few days | Development | Very Quickly |
| Mild | Tired Feeling | Severe |
| Hacking with mucus | Coughing | Cough/(little mucus) |
| Usually Common | Clogged Nose | Not Common |
| Mild | Chest Discomfort | Severe |

Welcome to the Neighborhood!



Jean Timmermeister
Margaret Cory
Verne & Darlene Christie

