



UPCOMING

#### Independent & Assisted

Resident Council – 10/1 Activity Planning Meeting – 10/1 Palouse Bar & Grill – 10/4 Chili 's Lunch Outing – 10/7 Town Hall Meeting – 10/8 Pumpkin Decorating – 10/11 De Leon 's Outing – 10/14 Stories with Chet Caskey-10/15 Food Council – 10/16 Walmart Outing – 10/18 Dockside Lunch Outing – 10/21

#### Memory Care

Travel to Egypt – 10/1 Birthday Bash – 10/3 Scarecrow Craft – 10/4 Harvest Puppy Chow– 10/9 Coffee & Chat – 10/15 Knock over the Ghosts-10/18 Weddle Twins-10/23 Music & Ministry-10/26 Happy Hour – 10/29

### A Note From Our Director

I cant believe its going to be fall again! This is such a beautiful time of the year to see the colors change and the leaves will be falling. I want to remind all of the residents to take extra caution in the evening as we will have less sunlight so take your time coming into the community at night. We have some fantastic outings planned this month to Chili 's, Dockside Restaurant in CDA, and a Craft Fair at Sinto. So please join us for these fun events. Also we will have our annual Halloween party this year scheduled on October 31st so please be sure to dress up we will also have a costume contest for our staff here at Moran Vista and will have the residents vote on their favorite dressed staff members. I want to give a special thanks to Rachel White as our new activity director and taking on so much she is doing such a great job! Also want all the residents to say hi and introduce themselves to our new activity assistant 's Christie and Jasmine so please give them a warm welcome. I want to also let the residents know that we nominated Chian Putt for our angel of the month. Chian is our BCD med tech, caregiver and memory care caregiver. Chian gives her 100% all the time and is very valued we all appreciate you Chian. I wish everyone a wonderful October have a great month! Just as many rivers entering the ocean cannot stir it or disturb its stillness similarly the mind of a person who is unmoved by desires remains still and attains peace. The one who hankers after such desires doesn 't Blessings, attain peace.

Andrew Steighner



## Employee Spotlight ~ Crystal



Position – *Server* 

How long have you worked at Moran Vista?

"Beginning of June "

What is your favorite part of the job?

" Interacting with the Residents "

What are some of your hobbies?

" I Enjoy outdoor activities, hiking with my family is my favorite "

Do you have a favorite food?

" I love Pizza "

### Thank you for going above & Beyond for the Residents!

# Resident Spotlight ~ Chris N.



When did you move to Moran Vista? In April of this Year

What do you like about living at Moran Vista?

"Going on Outings & Enjoying our Courtyard "

What did you do before retiring?

" My Wife & I owned a beautiful Bed and Breakfast in Gardnerville, Nevada. I also was a Teacher! "

Do you have any Hobbies?

"Watching sports, playing golf, painting, and eating."

If you can eat one food for the rest of your life what would it be? "Chocolate Cake, that 's easy!"

Thank you Chris for always making us laugh & smile!



**Andrew** Steighner Executive Director

**Talí Rínaldí** Community Relations Coordinator

Shelly Broyles, RN Director of Health Services

**Debra Gayler** Resident Care Coordinator

**Chelsea Montenguíse** Resident Care Coordinator

**Terrie Colvin** Office manager

*Míke Morgan* Dietary Manager

**Rachel White** Life Enrichment Coordinator

Marcía Valdez Receptionist

**Kellie Grabow** Housekeeping & Maintenance Director

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Nurses Notes by Shelly Broyles, BSN, RN

**Common scams that target the Elderly** Scammers tend to target elderly people with all kinds of schemes, taking advantage of their isolation, ease of trust, higher savings, and lack of tech savvy, among other things.



Unfortunately, these scams often work. The elderly are viewed as naïve or gullible and con artists target elders knowing that they may be lonely, longing for purpose in life, and are more trusting of and willing to help younger people. Most of the scams that occur in a community setting, such as Moran Vista, are done over the phone. Con artists use a wide variety of tactics to get older people to fall for their schemes.

\* They can be very friendly and sympathetic \* They may use fear tactics or make the older person feel guilty \* They might have a sense of urgency so that the elder person becomes flustered, not thinking rationally \* They may try to appear helpful in order to gain the elder 's trust \* They may present as being associated with a credible company, government agency or charity to fake their legitimacy.

The National Council on Aging (NCOA) lists several types of scams that target the elderly. Often, Con artists will pose as a representative of Medicare for example. They may call on the phone and tell the person that they need a new Medicare card and in order to get it, they will need to provide their social security number. They may tell the elder that they need a new supplemental insurance company. Scammers will offer "free trials" of a product or service. They may offer " extended warranties, " "Investment opportunity, " " a chance to travel for cheap or free, " and many, many other offers that the elder cannot refuse.

Scammers will call saying that someone related to them has been injured in a serious accident, and is in the hospital requiring a sum of money. One popular scam is "Robocalls" with a pre-recorded voice that asks questions to get the elder to say the word "yes." This being a recorded call, they then use your recorded voice saying "yes" as a voice signature to put charges on credit cards, etc.

For more information on Scams that target the elderly, please go to SeniorLiving.org—OR—National Council on Aging (NCOA).

Joanne & Robert B.

