



Sunday Monday Tuesday Wednesday Thursday Friday Saturday



11475 Pearl Street
Northglenn, CO 80233
303-452-0501

- AE Artistic Expression
- CC Community Connections
- CE Continuing Education
- LL Lifestyle & Leisure
- PE Physical Engagement
- SS Spiritual Support

- Location Keys**
- Activity Room AR
 - Chapel C
 - Dining Room DR
 - Game Room GR
 - TV Lounge TVL

<p>Groundhog Day 2</p> <p>9:15 PE Sunday Stretches [TVL]</p> <p>9:45 CE Story of Groundhog Day [TVL]</p> <p>10:00 SS Morning Prayer & Meditations</p> <p>10:45 SS Catholic Gatherings [C]</p> <p>10:45 Edible Groundhog [TVL]</p> <p>1:15 LL Dessert Social [DR]</p> <p>4:30 Super Bowl Watch Party! [TVL]</p>	<p>8:45 CE Daily Chronicles [TVL] 3</p> <p>9:00 Morning Chat [TVL]</p> <p>9:30 PE Chair Pilates [TVL]</p> <p>10:00 CC Vendor-Burrito Man [DR]</p> <p>10:15 Massage Therapy [C]</p> <p>1:00 LL BINGO</p> <p>3:00 Resident Support Group</p> <p>6:00 LL Poker Night</p>	<p>8:45 CE Daily Chronicles [TVL] 4</p> <p>9:00 Morning Chat [TVL]</p> <p>9:30 PE Chair Zumba!! [TVL]</p> <p>10:15 Tunes Tuesday! [TVL]</p> <p>1:15 LL Manicures *First Come, First Serve*</p> <p>3:00 PE Bowling!! [TVL]</p>	<p>8:45 CE Daily Chronicles [TVL] 5</p> <p>9:00 Laugh Therapy [TVL]</p> <p>9:30 PE Get Fit with Optimal [TVL]</p> <p>10:00 SS Catholic Gathering</p> <p>10:30 Chocolate Fondue Day [TVL]</p> <p>1:00 LL BINGO</p> <p>2:45 Busy Hands [AR]</p> <p>5:00 CE Evening Trivia [TVL]</p>	<p>8:45 CE Daily Chronicles [TVL] 6</p> <p>9:00 Morning Chat [TVL]</p> <p>9:30 PE Tai Chi</p> <p>10:00 CE Current Events</p> <p>10:00 SS Nondenominational Services</p> <p>1:00 CC Ambassadors' Meeting</p> <p>2:30 Bible Study</p> <p>6:00 Poker Night [AR]</p>	<p>8:45 CE Daily Chronicles [TVL] 7</p> <p>9:00 Morning Chat [TVL]</p> <p>9:30 PE Musical Exercise [TVL]</p> <p>9:30 SS Rosary Recitation</p> <p>10:30 Brain Teasers [TVL]</p> <p>1:00 LL BINGO</p> <p>2:30 LL HAPPY HOUR</p> <p>5:00 Movie and Popcorn [TVL]</p> <p>5:30 Family Support Group [AR]</p>	<p>9:30 PE Saturday Stretches [TVL] 1</p> <p>10:00 February Gazette & IQ [TVL]</p> <p>10:15 CE Daily Chronicles [TVL]</p> <p>10:30 Jewelry Making [AR]</p> <p>1:15 Lets Get Crafty [AR]</p> <p>2:30 SS New Life Church</p> <p>2:45 AE Lets Create!</p>
<p>9:15 PE Sunday Stretches [TVL] 9</p> <p>9:45 CE Daily Chronicles [TVL]</p> <p>10:00 SS Morning Prayer & Meditations</p> <p>10:45 SS Catholic Gatherings [C]</p> <p>10:45 This Day in History [TVL]</p> <p>11:15 Chocolate Kiss Day [TVL]</p> <p>1:15 LL Hot Chocolate Social [DR]</p>	<p>8:45 CE Daily Chronicles [TVL] 10</p> <p>9:00 Morning Chat [TVL]</p> <p>9:30 PE Chair Pilates [TVL]</p> <p>10:00 CC Vendor-Burrito Man [DR]</p> <p>10:30 Creative Kitchen [GR]</p> <p>1:00 LL BINGO</p> <p>2:30 Wii Games [TVL]</p> <p>6:00 LL Poker Night</p>	<p>8:45 CE Daily Chronicles [TVL] 11</p> <p>9:00 Morning Chat [TVL]</p> <p>9:30 CE Coffee Talk with Optimal</p> <p>10:15 Tea and Trivia Tuesday [TVL]</p> <p>11:00 VNA Podiatry</p> <p>1:15 LL Manicures *First Come, First Serve*</p> <p>2:00 CC Men's Group [GR]</p> <p>3:00 PE Bowling!! [TVL]</p>	<p>8:45 CE Daily Chronicles [TVL] 12</p> <p>9:00 Laugh Therapy [TVL]</p> <p>9:30 PE Get Fit with Optimal [TVL]</p> <p>10:00 SS Catholic Gathering</p> <p>10:00 Jell-O Day! [AR]</p> <p>11:00 CC Chef Chat</p> <p>1:30 CC Resident Council</p> <p>2:45 LL BINGO</p> <p>5:00 CE Evening Trivia [TVL]</p>	<p>8:45 CE Daily Chronicles [TVL] 13</p> <p>9:00 Morning Chat [TVL]</p> <p>9:30 PE Tai Chi</p> <p>10:00 CE Current Events</p> <p>12:00 New Residents Lunch</p> <p>2:30 Bible Study</p> <p>6:00 Poker Night [AR]</p>	<p>Valentine's Day 14</p> <p>8:45 CE Daily Chronicles [TVL]</p> <p>9:00 Love is in the Air Trivia [TVL]</p> <p>9:30 PE Musical Exercise [TVL]</p> <p>9:30 SS Rosary Recitation</p> <p>10:00 Name That "Heart" Tune [TVL]</p> <p>10:30 Dotted Heart Tree Painting [AR]</p> <p>1:30 LL Valentine's Day Dance!! [DR]</p> <p>5:00 LL Evening BINGO</p>	<p>9:30 PE Saturday Stretches [TVL] 15</p> <p>9:45 CE Daily Chronicles [TVL]</p> <p>10:00 Who Am I? [TVL]</p> <p>1:15 Jewelry Making [AR]</p> <p>2:30 SS New Life Church</p> <p>2:45 AE Lets Create!</p>
<p>9:15 PE Sunday Stretches [TVL] 16</p> <p>9:45 CE Daily Chronicles [TVL]</p> <p>10:00 SS Morning Prayer & Meditations</p> <p>10:45 SS Catholic Gatherings [C]</p> <p>10:45 Cranium Crunches [DR]</p> <p>11:15 Sharing Short Stories [TVL]</p> <p>1:15 LL Hot Tea Social [DR]</p>	<p>Presidents' Day 17</p> <p>8:45 CE Daily Chronicles [TVL]</p> <p>9:00 Morning Chat [TVL]</p> <p>9:30 PE Chair Pilates [TVL]</p> <p>10:00 Presidential "Firsts" Trivia [TVL]</p> <p>10:00 CC Vendor-Burrito Man [DR]</p> <p>10:30 Presidential Discussion</p> <p>1:00 LL BINGO</p> <p>3:00 Resident Support Group</p> <p>6:00 LL Poker Night</p>	<p>8:45 CE Daily Chronicles [TVL] 18</p> <p>9:00 Morning Chat [TVL]</p> <p>9:30 PE Chair Zumba!! [TVL]</p> <p>10:30 Letters to Veterans [AR]</p> <p>1:15 LL Manicures *First Come, First Serve*</p> <p>3:00 PE Bowling Tournament!! [TVL]</p>	<p>8:45 CE Daily Chronicles [TVL] 19</p> <p>9:00 Laugh Therapy [TVL]</p> <p>9:30 PE Get Fit with Optimal [TVL]</p> <p>10:30 Prize in the Box Day! [AR]</p> <p>1:00 LL BINGO</p> <p>2:00 SS Catholic Mass</p> <p>5:00 CE Evening Trivia [TVL]</p>	<p>8:45 CE Daily Chronicles [TVL] 20</p> <p>9:00 Morning Chat [TVL]</p> <p>9:30 PE Tai Chi</p> <p>10:00 CE Current Events</p> <p>10:00 SS Nondenominational Services</p> <p>12:00 CC Veteran's Lunch</p> <p>2:00 CC Activity Planning Meeting [AR]</p> <p>2:30 Bible Study</p> <p>6:00 Poker Night [AR]</p>	<p>8:45 CE Daily Chronicles [TVL] 21</p> <p>9:00 Morning Chat [TVL]</p> <p>9:30 PE Musical Exercise [TVL]</p> <p>9:30 SS Rosary Recitation</p> <p>10:30 National Caregivers Day [AR]</p> <p>1:00 LL BINGO</p> <p>2:30 LL HAPPY HOUR</p> <p>5:00 Movie and Popcorn [TVL]</p> <p>5:30 Family Support Group [AR]</p>	<p>9:30 PE Saturday Stretches [TVL] 22</p> <p>9:45 CE Daily Chronicles [TVL]</p> <p>10:30 Morning Sing-a-Long [TVL]</p> <p>11:00 Saturday Trivia [TVL]</p> <p>1:15 BINGO [AR]</p> <p>2:30 SS New Life Church</p> <p>2:45 AE Lets Create!</p>
<p>9:15 PE Sunday Stretches [TVL] 23</p> <p>9:45 CE Daily Chronicles [TVL]</p> <p>10:00 SS Morning Prayer & Meditations</p> <p>10:30 Group Crosswords [TVL]</p> <p>10:45 SS Catholic Gatherings [C]</p> <p>11:00 Mad Science [AR]</p> <p>1:15 LL Sunday Sundae Social [DR]</p>	<p>8:45 CE Daily Chronicles [TVL] 24</p> <p>9:00 Morning Chat [TVL]</p> <p>9:30 PE Chair Pilates [TVL]</p> <p>10:00 CC Vendor-Burrito Man [DR]</p> <p>10:15 National Cupcake Day [TVL]</p> <p>1:00 LL BINGO</p> <p>6:00 LL Poker Night</p>	<p>8:45 CE Daily Chronicles [TVL] 25</p> <p>9:00 Morning Chat [TVL]</p> <p>9:30 PE Chair Zumba!! [TVL]</p> <p>10:00 What Am I? - Mardi Gras [TVL]</p> <p>10:15 Mardi Gras Masks [AR]</p> <p>11:00 LL Manicures *First Come, First Serve*</p> <p>1:30 Mardi Gras Social [DR]</p> <p>3:00 PE Bowling!! [TVL]</p>	<p>8:45 CE Daily Chronicles [TVL] 26</p> <p>9:00 Laugh Therapy [TVL]</p> <p>9:30 PE Get Fit with Optimal [TVL]</p> <p>10:00 SS Catholic Gathering</p> <p>10:15 Learn About Ash Wednesday [TVL]</p> <p>1:00 LL BINGO</p> <p>2:45 Wii Games [TVL]</p> <p>5:00 CE Evening Trivia [TVL]</p>	<p>8:45 CE Daily Chronicles [TVL] 27</p> <p>9:00 Morning Chat [TVL]</p> <p>9:30 PE Tai Chi</p> <p>10:00 CE Current Events</p> <p>10:15 Chili Day [TVL]</p> <p>1:15 Paint N' Sip [AR]</p> <p>2:45 Bible Study</p> <p>6:00 Poker Night [AR]</p>	<p>8:45 CE Daily Chronicles [TVL] 28</p> <p>9:00 Morning Chat [TVL]</p> <p>9:30 PE Musical Exercise [TVL]</p> <p>9:30 SS Rosary Recitation</p> <p>10:30 Making Floral Centerpieces [AR]</p> <p>1:00 LL BINGO</p> <p>2:30 LL HAPPY HOUR</p> <p>5:00 Movie and Popcorn [TVL]</p>	<p>9:30 PE Saturday Stretches [TVL] 29</p> <p>9:45 CE Daily Chronicles [TVL]</p> <p>10:00 Leap Year Puzzle [TVL]</p> <p>10:30 Happy Birthday, Superman! [TVL]</p> <p>1:15 Jewelry Making [AR]</p> <p>2:30 SS New Life Church</p> <p>2:45 AE Lets Create!</p>