

February 2020

Independent Living Lifestyle & Leisure



created with **Sageley**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>CHERRY PARK PLAZA Independent, Assisted and Memory Care Communities</p>		<p>1323 SW Cherry Park Road Troutdale, OR 97060 503-491-1661</p>		<p>Location Keys</p> <ul style="list-style-type: none"> Assisted Living Dining Room ALD Bistro Area BA Card Room CR Dining Room DR Front Lobby FL Lounge L Theater Room TV 		<p>9:30 🕒 Balance & Posture [ALD] 1</p> <p>9:30 🕒 Coffee Social [L]</p> <p>11:00 🕒 Wii Bowling [TV]</p> <p>1:00 🕒 9 Square [CR]</p> <p>3:00 🕒 Table Games [CR]</p> <p>6:00 🕒 Nightly Movie: Staff Choice</p>
<p>Groundhog Day 2</p> <p>10:00 🕒 News & Brews</p> <p>1:00 🕒 Resident Lead Bookclub</p> <p>1:30 🕒 Self Care Day (meditate/reflect)</p> <p>3:00 🕒 Sunday Fun Day Board Games</p> <p>3:30 🕒 SUPERBOWL SUNDAY PARTY</p> <p>6:00 🕒 Nightly Movie: Staff Choice</p>	<p>Bus: Shopping/Errands Day 3</p> <p>10:00 🕒 Bible Study [CR]</p> <p>11:00 🕒 A Chuck Presentation [TV]</p> <p>11:00 🕒 Sittercise [L]</p> <p>1:00 🕒 Nickels Flow Bingo [L]</p> <p>3:00 🕒 Dean Sings [BA]</p> <p>6:00 🕒 Nightly Movie: Staff Choice</p>	<p>Bus: Doctor Appointment Days 4</p> <p>9:30 🕒 Balance & Posture [ALD]</p> <p>11:00 🕒 Turkey Trotters Bowling Team [TV]</p> <p>1:00 🕒 Mexican Train Dominos [L]</p> <p>1:00 🕒 Sign Language Class [TV]</p> <p>2:00 🕒 Resident Council Meeting [ALD]</p> <p>3:00 🕒 Knit/Crochet etc. Group [TV]</p> <p>6:00 🕒 Nightly Movie: Staff Choice</p>	<p>9:30 🕒 Outing: Breakfast at IHOP 5</p> <p>10:30 🕒 Sittercise [L]</p> <p>11:00 🕒 Blood Pressure Clinic w/ Tracy [FL]</p> <p>1:00 🕒 Hand & Foot [L]</p> <p>2:00 🕒 Dogs Netflix Docuseries [TV]</p> <p>3:00 🕒 Wii Bowling 2 [TV]</p> <p>6:00 🕒 Nightly Movie: Staff Choice</p>	<p>Bus: Doctor Appointment Days 6</p> <p>National Sweater Day</p> <p>9:00 🕒 Balance & Posture [ALD]</p> <p>9:30 🕒 Coffee & Donuts [L]</p> <p>11:00 🕒 Turkey Trotters Bowling Team [TV]</p> <p>2:00 🕒 A Meeting of Minds (topical discussions) [L]</p> <p>3:00 🕒 Town Hall [DR]</p> <p>6:00 🕒 Nightly Movie: Staff Choice</p>	<p>Bus: Shopping/Errands Day 7</p> <p>Wear Red Day</p> <p>9:00 🕒 Wii Bowling 2 [TV]</p> <p>10:30 🕒 Sittercise [L]</p> <p>1:00 🕒 Nickels Flow Bingo [L]</p> <p>2:00 🕒 Cribbage [CR]</p> <p>3:00 🕒 Happy Birthday Happy Hour w/ Karen [BA]</p> <p>6:00 🕒 Nightly Movie: Staff Choice</p>	<p>9:30 🕒 Balance & Posture [ALD] 8</p> <p>9:30 🕒 Coffee Social [L]</p> <p>11:00 🕒 Turkey Trotters Bowling Team [TV]</p> <p>1:00 🕒 9 Square [CR]</p> <p>3:00 🕒 Table Games [CR]</p> <p>6:00 🕒 Nightly Movie: Staff Choice</p>
<p>9:00 🕒 Sunday Brunch [DR] 9</p> <p>10:00 🕒 News & Brews</p> <p>1:00 🕒 Resident Lead Bookclub</p> <p>1:30 🕒 Self Care Day (meditate/reflect)</p> <p>2:00 🕒 Worship Service w/Wood Village Baptist Church [CR]</p> <p>3:00 🕒 Sunday Fun Day Board Games</p> <p>6:00 🕒 Nightly Movie: Staff Choice</p>	<p>Bus: Shopping/Errands Day 10</p> <p>10:00 🕒 Bible Study [CR]</p> <p>11:00 🕒 Sittercise [L]</p> <p>1:00 🕒 FREE BINGO! [L]</p> <p>1:30 🕒 Pinochle [CR]</p> <p>2:00 🕒 Watercolor Painters [ALD]</p> <p>3:00 🕒 Sign Valentines [BA]</p> <p>6:00 🕒 Nightly Movie: Staff Choice</p>	<p>Bus: Doctor Appointment Days 11</p> <p>White Shirt Day</p> <p>9:30 🕒 Balance & Posture [ALD]</p> <p>11:00 🕒 Mary Kay Pop Up Shop [L]</p> <p>11:00 🕒 Turkey Trotters Bowling Team [TV]</p> <p>1:00 🕒 Mexican Train Dominos [L]</p> <p>1:00 🕒 Sign Language Class [TV]</p> <p>2:00 🕒 Food Forum w/Chef Robert [L]</p> <p>3:00 🕒 Knit/Crochet etc. Group [TV]</p> <p>6:00 🕒 Nightly Movie: Staff Choice</p>	<p>9:30 🕒 Outing: Indian Head Casino 12</p> <p>10:30 🕒 Sittercise [L]</p> <p>11:00 🕒 Blood Pressure Clinic w/ Tracy [FL]</p> <p>1:00 🕒 Hand & Foot [L]</p> <p>2:00 🕒 Dogs Netflix Docuseries [TV]</p> <p>3:00 🕒 Wii Bowling 2 [TV]</p> <p>6:00 🕒 Nightly Movie: Staff Choice</p>	<p>Bus: Doctor Appointment Days 13</p> <p>9:00 🕒 Balance & Posture [ALD]</p> <p>9:30 🕒 Bagels & Pastries [L]</p> <p>11:00 🕒 Turkey Trotters Bowling Team [TV]</p> <p>2:00 🕒 A Meeting of Minds (topical discussions) [L]</p> <p>3:00 🕒 History's Mysteries [TV]</p> <p>6:00 🕒 Nightly Movie: Staff Choice</p>	<p>Bus: Shopping/Errands Day 14</p> <p>Valentine's Day</p> <p>9:00 🕒 Wii Bowling 2 [TV]</p> <p>10:30 🕒 Sittercise [L]</p> <p>1:00 🕒 Nickels Flow Bingo [L]</p> <p>2:00 🕒 Cribbage [CR]</p> <p>3:00 🕒 Valentines Day Happy Hour w/ Kevin</p> <p>6:00 🕒 Nightly Movie: Staff Choice</p>	<p>9:30 🕒 Balance & Posture [ALD] 15</p> <p>9:30 🕒 Coffee Social [L]</p> <p>11:00 🕒 Turkey Trotters Bowling Team [TV]</p> <p>1:00 🕒 9 Square [CR]</p> <p>3:00 🕒 Table Games [CR]</p> <p>6:00 🕒 Nightly Movie: Staff Choice</p>
<p>RANDOM ACTS OF KINDNESS WEEK 16</p> <p>10:00 🕒 News & Brews</p> <p>1:00 🕒 Resident Lead Bookclub</p> <p>1:30 🕒 Self Care Day (meditate/reflect)</p> <p>3:00 🕒 Sunday Fun Day Board Games</p> <p>6:00 🕒 Nightly Movie: Staff Choice</p>	<p>Bus: Shopping/Errands Day 17</p> <p>Presidents' Day</p> <p>10:00 🕒 Bible Study [CR]</p> <p>11:00 🕒 Sittercise [L]</p> <p>1:00 🕒 Nickels Flow Bingo [L]</p> <p>3:00 🕒 Dean Sings [BA]</p> <p>6:00 🕒 Nightly Movie: Staff Choice</p>	<p>Bus: Doctor Appointment Days 18</p> <p>9:30 🕒 Balance & Posture [ALD]</p> <p>11:00 🕒 Turkey Trotters Bowling Team [TV]</p> <p>1:00 🕒 Mexican Train Dominos [L]</p> <p>1:00 🕒 Sign Language Class [TV]</p> <p>1:30 🕒 Resident Pie Social [L]</p> <p>3:00 🕒 Knit/Crochet etc. Group [TV]</p> <p>6:00 🕒 Nightly Movie: Staff Choice</p>	<p>10:30 🕒 Sittercise [L] 19</p> <p>11:00 🕒 Blood Pressure Clinic w/ Tracy [FL]</p> <p>12:00 🕒 Girl Scout Cookies for sale [BA]</p> <p>1:00 🕒 Hand & Foot [L]</p> <p>1:00 🕒 Outing: Movie Theatre</p> <p>2:00 🕒 Dogs Netflix Docuseries [TV]</p> <p>3:00 🕒 Wii Bowling 2 [TV]</p> <p>6:00 🕒 Nightly Movie: Staff Choice</p>	<p>Bus: Doctor Appointment Days 20</p> <p>9:00 🕒 Balance & Posture [ALD]</p> <p>9:30 🕒 Coffee & Donuts [L]</p> <p>11:00 🕒 Turkey Trotters Bowling Team [TV]</p> <p>2:00 🕒 A Meeting of Minds (topical discussions) [L]</p> <p>4:00 🕒 Candlelight Dinner</p> <p>6:00 🕒 Nightly Movie: Staff Choice</p>	<p>Bus: Shopping/Errands Day 21</p> <p>9:00 🕒 Wii Bowling 2 [TV]</p> <p>10:30 🕒 Sittercise [L]</p> <p>1:00 🕒 Nickels Flow Bingo [L]</p> <p>2:00 🕒 Cribbage [CR]</p> <p>3:00 🕒 Happy Hour w/ Chuck Par Due</p> <p>6:00 🕒 Nightly Movie: Staff Choice</p>	<p>9:30 🕒 Balance & Posture [ALD] 22</p> <p>9:30 🕒 Coffee Social [L]</p> <p>11:00 🕒 Turkey Trotters Bowling Team [TV]</p> <p>1:00 🕒 9 Square [CR]</p> <p>3:00 🕒 Table Games [CR]</p> <p>6:00 🕒 Nightly Movie: Staff Choice</p>
<p>10:00 🕒 News & Brews 23</p> <p>1:00 🕒 Resident Lead Bookclub</p> <p>1:30 🕒 Self Care Day (meditate/reflect)</p> <p>2:00 🕒 Worship Service w/Wood Village Baptist Church [CR]</p> <p>3:00 🕒 Sunday Fun Day Board Games</p> <p>6:00 🕒 Nightly Movie: Staff Choice</p>	<p>Bus: Shopping/Errands Day 24</p> <p>10:00 🕒 Bible Study [CR]</p> <p>11:00 🕒 Sittercise [L]</p> <p>1:00 🕒 Nickels Flow Bingo [L]</p> <p>1:30 🕒 Pinochle [CR]</p> <p>2:00 🕒 Watercolor Painters [ALD]</p> <p>2:30 🕒 Able Hearing [CR]</p> <p>3:00 🕒 Gentlemen's Group [L]</p> <p>5:30 🕒 Dementia Support Group [ALD]</p> <p>6:00 🕒 Nightly Movie: Staff Choice</p>	<p>Bus: Doctor Appointment Days 25</p> <p>Mardi Gras</p> <p>9:30 🕒 Balance & Posture [ALD]</p> <p>11:00 🕒 Turkey Trotters Bowling Team [TV]</p> <p>1:00 🕒 Mexican Train Dominos [L]</p> <p>1:00 🕒 Sign Language Class [TV]</p> <p>2:00 🕒 Mardi Gras Party</p> <p>3:00 🕒 Knit/Crochet etc. Group [TV]</p> <p>6:00 🕒 Nightly Movie: Staff Choice</p>	<p>10:30 🕒 Sittercise [L] 26</p> <p>11:00 🕒 Blood Pressure Clinic w/ Tracy [FL]</p> <p>11:00 🕒 Garments on the Go</p> <p>11:00 🕒 Outing: Lunch @ Red Lobster & Scenic Drive</p> <p>1:00 🕒 Hand & Foot [L]</p> <p>2:00 🕒 Dogs Netflix Docuseries [TV]</p> <p>3:00 🕒 Wii Bowling 2 [TV]</p> <p>6:00 🕒 Nightly Movie: Staff Choice</p>	<p>Bus: Doctor Appointment Days 27</p> <p>9:00 🕒 Balance & Posture [ALD]</p> <p>9:30 🕒 Bagels & Pastries [L]</p> <p>10:00 🕒 Resident Store [L]</p> <p>11:00 🕒 Turkey Trotters Bowling Team [TV]</p> <p>1:30 🕒 Activity Forum W/ Anna [L]</p> <p>2:00 🕒 A Meeting of Minds (topical discussions) [L]</p> <p>3:00 🕒 Music History [TV]</p> <p>6:00 🕒 Nightly Movie: Staff Choice</p>	<p>Bus: Shopping/Errands Day 28</p> <p>9:00 🕒 Wii Bowling 2 [TV]</p> <p>10:30 🕒 Sittercise [L]</p> <p>1:00 🕒 Nickels Flow Bingo [L]</p> <p>2:00 🕒 Cribbage [CR]</p> <p>3:00 🕒 Happy Hour w/ Old Time Fiddlers</p> <p>6:00 🕒 Nightly Movie: Staff Choice</p>	<p>9:30 🕒 Balance & Posture [ALD] 29</p> <p>9:30 🕒 Coffee Social [L]</p> <p>11:00 🕒 Turkey Trotters Bowling Team [TV]</p> <p>1:00 🕒 9 Square [CR]</p> <p>3:00 🕒 Table Games [CR]</p> <p>6:00 🕒 Nightly Movie: Staff Choice</p>