



AVALON SPRINGS

HEALTH CAMPUS

A Trilogy Senior Living Community

Chronicle

February 2020



Kicking off our 2020 Theme Year

On February 17th, our 2020 Theme Year will begin with our first Theme Week – Willy Wonka! This Theme Week is the first part of our Mystery Theme Year, which will have our residents uncovering the many clues hidden within our themed celebrations. Get ready for a week of gold, chocolate, and joy as we enter into a world of pure imagination!

Oompa, Loompa, What-Will-You-Do?

As a resident of our community, your experience between February 17th through February 21st will be that of someone who has just

won a grand tour of Mr. Wonka's Chocolate Factory! Discover the mysteries of the stolen golden ticket as we celebrate with an exciting week of Willy Wonka & The Chocolate Factory-inspired activities, all culminating towards an incredible Theme Dinner on February 20th.

"A Little Nonsense Now and Then is Relished by the Wisest Men"

The activities that we have planned for our first Theme Week are as rich in fun as they are in flavor! Get ready for tastings, decorative

crafting, and delicious snack-making that would make Grandpa Joe himself jump out of bed. When it comes to the dinner, you can look forward to menu items such as The Wonka Duet, Gobstopper Cake with Snozzberries, Oompa Loompa Orange Pancakes, and more.

Become The Dreamers of Dreams

To immerse you in the setting of our campus-turned-chocolate factory, our staff will be outfitted with top-hats, canes, and bowties that will make them almost indistinguishable from Gene Wilder's iconic character.

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Happy Birthday!

Residents

02/01	Lois K.
02/05	Gayle D.
02/07	JoAnne S.
02/10	Marylyn L.
02/19	Janet R.
02/26	Dolores "Dee" M.



Executive Director Corner

Welcome to February! I hope that the introductory

weeks of 2020 have found you in good health and in good spirits. With our first Theme Week of the year just around the corner, and plenty of Life Enrichment activities to take part in, it's an exciting time to be a member of our community.

From February 17th through February 21st, we'll be transforming our campus into a chocolate factory with our *Willy Wonka Theme Week*. As the first part in our Mystery Theme Year, this event will see our residents uncovering the mystery of the stolen golden ticket. We'll be celebrating with an exciting week of theme-related activities and events, including an incredible Theme

Dinner on February 20th. Stay tuned for more information!

If you're looking for some more immediate fun, you can always join us for a Happy Hour, held every Friday between 3:00 p.m. and 5:00 p.m. During this time, we encourage you to mingle with friends, sip on a favorite beverage, and tell stories about your most eventful Happy Hours from years past. It's here where we love to see old friends, meet new faces, and share in the joy of Friday evening bliss.

I hope that you have a wonderful month, and I look forward to seeing you at the Theme Dinner!

Yours in Service,
Crystal Wray, HFA
Executive Director

Adventures of Lonnie the Elf

During the month of December we had a special visitor trying to help around campus, his name was Lonnie the elf.



Lonnie had so much fun being apart of the holiday cheer at Avalon Springs in 2019. He can't wait to see what 2020 has in store as he vacations and prepares for the next holiday season.

Did You Know...?

That you can read the monthly newsletter on-line. Please follow the campus link avalonspringshc.com.

The Private Dining Room can be reserved for meals with your loved ones by calling Dining Services at 219-462-1778.

Happy Hour is weekly on Fridays at 3:30 pm in Town Square. Join us for an Hors d'oeuvre and refreshments.

Family Night: Christmas Edition

We just wanted to give a special thank you for helping us make our Holiday Dinner such an amazing event. Here are just a few snapshots from that evening, to see more please head to our Twitter and Facebook pages.



Another successful Holiday Dinner in the books, thanks to all of you and your willingness to allow us to serve you.



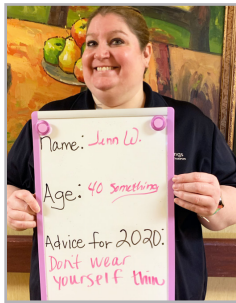


More from Family Night



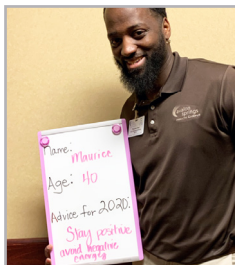
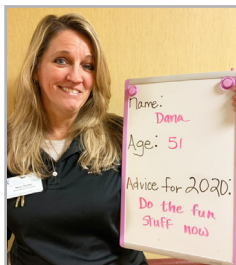
Sunday Brunch

Sunday Brunch will be held on Sunday, February 2, 2020 at 11:00 am. Residents are allowed to have two free guests, as well as purchase tickets for 3 additional guests at \$10.00 each. To purchase those tickets, please see Monica or Michelle in the Business Office.



Royal 2020's

Royal 2020's is the term we've decided to coin as we enter into the new decade. As such we've also asked our staff and residents for advice for generations younger than themselves, and this is what they had to say.



A few pieces of advice as we enter a new decade.

Theme Dinner

We can't wait to find the "Stolen Golden Ticket" as we embark on our first Theme Dinner of 2020. It will be Willy Wonka and held on February 20, 2020.

Volunteers Needed

We are always looking for volunteers to come and share their talents with our residents. Have a love of music? Exercise? Reading? Call BINGO? Crafting? Just want to come and visit? If you have the time, we have the space. To further discuss becoming a volunteer; please call Life Enrichment Director, Amy Plumb, at 219-462-1778.

INTERGENERATIONAL FUN

We cannot say enough good things about all the school choirs, family members and community members that came to visit our residents during the Holidays. We thank everyone from the bottom of our hearts.



Thank you, Ian L., for coming and not only reading to our residents, but also playing Christmas Bingo, singing Christmas Carols, and doing a craft with them.



Thank you to the choirs at both Flint Lake Elementary & Thomas Jefferson Elementary for coming and spreading holiday cheer for all to hear!



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avalonspringshc.com |  

Crystal Wray
Executive Director

Kim Sheets
Director of Health Services

Amy Plumb
Life Enrichment Director

Jennifer Ruzbasan
Director of Dining Services

Heather Schlegelmilch
Community Service Representative

Monica Lacy
Business Office Manager

TBD
Director of Plant Operations

Maurice Ford
Director of Environmental Services

Ivana Krstevska
Social Service Director

Chad Abair
Therapy Program Director

Amber Burns
Legacy Neighborhood Director

Stay in the Loop

Keep up with latest campus news
and happenings by following
us on your favorite social networks!

*We strive to provide the best customer
service and quality care for our residents.*

*Our Department Leaders are here
to solve any concerns you may have.*

*In the event that you need further
assistance with any unresolved concerns,
we encourage you to call or email
our Compliance Hotline: 800-908-8618,
ext. 2800; or comply@vhs.com*

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'Kicking off 2020'

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And we encourage you to do the same! Come dressed in gold, red, or purple to keep the magic of the Theme Week flowing like the chocolate river. Staff members will also be help you look the part by handing out additional wardrobe pieces prior to the Theme Dinner.

This is just our first step in what is sure to be a mystifying Theme

Year, so be sure to participate when it begins on February 17th. Soon you will receive your own personal invitation to the Theme Week, which will include additional details about what you can expect from the occasion. If you have any additional questions, our Life Enrichment director would be more than happy to hear from you!



Word Search

U	Z	U	V	M	C	I	A	B	E	Q	P	Y	Y	N	N	P	W	A
T	I	C	K	E	T	P	V	T	D	U	J	Q	D	Y	X	T	B	M
C	R	W	V	J	P	A	A	S	D	V	Y	G	K	T	A	H	J	G
M	Q	S	T	L	T	L	H	X	O	G	U	F	A	C	T	O	R	Y
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CHOCOLATE
COSTUME
DELICIOUS
DINNER

DREAM
FACTORY
GOBSTOPPER
GOLD

IMAGINATION
MYSTERY
OOMPA LOOMPA
SNOZZBERRY

SWEET
THEME
TICKET
WONKA