


February 2020
In The Moment – Memory Support



created with Sage

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|--|--|--|---|--|--|
|  Assisted Living & Memory Care | 8325 South Highland Drive Sandy, UT 84093 801-733-6363 | <div><div>AE</div>Artistic Expression</div> <div><div>CC</div>Community Connections</div> <div><div>CE</div>Continuing Education</div> <div><div>LL</div>Lifestyle & Leisure</div> <div><div>PE</div>Physical Engagement</div> <div><div>SS</div>Spiritual Support</div> | Healthy Snacks & Hydration offered throughout each day! | | | 10:30 Local History Facts 10:30 <div><div>CC</div>Music: Hillcrest High 11:15 Name that Tune 1:45 Movie Classics 2:30 Did You Know Game 3:00 Snacks & Music</div> |
| Groundhog Day 2 9:00 Music & the Spoken Word 11:00 <div><div>SS</div>LDS Church Svc</div> 12:00 Thought of the Day 1:30 <div><div>PE</div>Ball Toss</div> 3:00 Snacks and Sweet Sounds | 9:45 <div><div>PE</div>Move to Music</div> 3 10:00 Clean Glasses 11:00 Hand Massages 11:30 This Day in History 12:30 What is Groundhog 1:00 Valentine Traditions 2:00 Movie Magic - To Sir With Love 3:30 <div><div>LL</div>Puzzles & Pondering</div> | 9:45 Chair Yoga 4 10:30 Cards to Family 11:15 News of the Day 12:30 What Do We Love? 1:00 Facts about Hearts 1:30 <div><div>AE</div>Flower Arranging</div> 2:30 Scrabble 3:30 Famous Couples | 10:00 <div><div>PE</div>Exercise w/ CeCe</div> 5 10:45 Lets Bowl 11:30 Valentine Jokes 1:00 Love Poetry 2:00 Craft - Pom Pom & Beads 3:00 Love Funnies - Erma Bomback 6:30 Relief Soc & Priesthood | 10:00 Today in History 6 11:15 Roll the Dice 12:30 A Love Story 1:00 <div><div>LL</div>Let's Talk Shakespeare</div> 1:45 Famous February Birthdays 2:15 Scrabble 2:45 Craft - Valentine Gnomes 3:00 Snacks & Meditation | 10:00 <div><div>PE</div>Exercise w/ CeCe</div> 7 10:30 News for Utah 11:15 How to be a Good Neighbor 1:45 African Americans - History Makers 2:30 <div><div>LL</div>Movie - Much Ado About Nothing 3:30 Science Made Fun</div> | 10:00 Clean Glasses 8 10:30 Local History Facts 11:15 Name that Tune 1:45 Movie Classics 2:30 Did You Know Game 2:30 This Day in History 3:00 Snacks & Music |
| 9:00 Music & the Spoken Word 9 11:00 <div><div>SS</div>LDS Church Svc</div> 12:00 Thought of the Day 2:30 Craft Club 3:00 Snacks and Sweet Sounds 3:30 Massage Moment | 9:45 Move to Music 10 10:30 Balloon Badminton 11:00 Hand Massages 11:30 This Day in History 1:45 Love Quotes 2:00 <div><div>PE</div>Food, Fun & Friends</div> 3:30 Heart Warming Things | Lyda's Birthday 11 9:45 Chair Yoga 10:15 Weather Reporting 11:00 Name That Tune 1:30 <div><div>AE</div>Flower Arranging</div> 2:30 Bingo Bunch 3:15 Who is Cupid? | 10:00 <div><div>PE</div>Exercise w/ CeCe</div> 12 11:00 Valentine Card Creations 1:45 Entertainment w/Bob 2:45 <div><div>AE</div>Cookie Decorating</div> 3:45 <div><div>CE</div>Utah Women's Vote Trivia</div> 6:30 Valentine Sweetheart Dance | 10:00 Today in History 13 10:30 Entertainment - Chris Hough 11:15 Fill in the Phrase 12:00 Favorite Things 1:30 African American Inventors/Inventions 2:30 <div><div>PE</div>Bingo Bunch</div> 3:00 Snacks & Relaxation | Valentine's Day 14 10:00 <div><div>PE</div>Exercise w/ CeCe</div> 10:30 Current Events 11:30 Valentine History Facts 1:45 Famous Couple Contest 2:30 <div><div>LL</div>Valentine Raffle</div> 3:30 Valentine Social | 10:00 Clean Walker & Wheelchairs 15 10:30 Local History Facts 11:15 Name that Tune 1:45 Movie Classics 2:30 Did You Know Game 3:00 Snacks & Music 3:30 Balloon Badminton |
| 9:00 Music & the Spoken Word 16 11:00 <div><div>SS</div>LDS Church Svc</div> 12:00 Thought of the Day 1:30 <div><div>PE</div>Ball Toss</div> 3:00 Snacks and Sweet Sounds | Presidents' Day 17 9:45 Move to Music 10:30 Hand Massages 11:30 This Day in History 1:45 <div><div>CE</div>African American Women at Nasa</div> 2:00 Movie Magic - Hidden Figures 3:30 <div><div>LL</div>Puzzles & Pondering</div> | 9:45 Chair Yoga 18 10:30 February Fun Facts 11:15 News of the Day 1:30 <div><div>AE</div>Flower Arranging</div> 2:15 Scrabble 3:00 Chocolate Lovers Month | 10:00 <div><div>PE</div>Exercise w/ CeCe</div> 19 11:00 Lets Bowl 12:00 Senior Funnies 1:00 Healing Love - Pets 2:00 African Americans in Music 6:30 Relief Soc & Priesthood | 10:00 Today in History 20 11:15 Roll the Dice 12:00 Thing you Didn't Know 1:00 Biography of Abraham Lincoln 2:00 Scrabble 3:00 Snacks & Meditation | 10:00 <div><div>PE</div>Exercise w/ CeCe</div> 21 10:30 Current Events 11:00 Match This Game 1:00 Humors of Life 2:00 <div><div>LL</div>Intro to Body Vibration</div> 3:15 Art Appreciation - Bev Doolittle | 10:00 Clean Glasses 22 10:30 Local History Facts 10:45 Morning Match Up 11:15 Name that Tune 1:45 Movie Classics 2:30 Did You Know Game 2:30 This Day in History 3:00 Snacks & Music |
| 9:00 Music & the Spoken Word 23 11:00 <div><div>SS</div>LDS Church Svc</div> 12:00 Thought of the Day 2:30 Craft Club 3:00 Snacks and Sweet Sounds 3:30 Massage Moment | 9:45 Move to Music 24 10:30 Balloon Badminton 11:00 Hand Massages 12:15 This Day in History 1:30 Movie Magic - MIDWAY 2:00 Table Games 3:30 African American Artists | 9:45 Chair Yoga 25 10:45 Tossing Game 11:15 Weather Reporting 1:30 <div><div>AE</div>Flower Arranging</div> 2:30 Bingo Bunch 2:45 Mardi Gras Facts & Fun 3:15 Celebrate Mardi Gras | 10:00 <div><div>PE</div>Exercise w/CeCe</div> 26 10:45 National Days 11:15 Appreciating UTAH 1:00 Expression thru Art & Color 2:00 Movie Magic - Romeo & Juliet 3:00 Slavery - How Did it Happen? 6:30 Relief Soc & Priesthood | 10:00 Today in History 27 10:30 Lets Match This 11:15 <div><div>CE</div>Science Made Fun</div> 12:00 Thought for the Day 1:15 Nails & Pampering 2:30 Massage Moment 3:00 Snacks & Relaxation 3:30 <div><div>CC</div>Teddy Roosevelt & National Parks</div> | 10:00 <div><div>PE</div>Exercise w/CeCe</div> 28 10:30 Current Events 11:00 Thanks for the Memories 1:30 African Americans in Sports 2:00 Movie Magic - The Help 3:00 What is Leap Year? 6:30 ENTERTAINMENT ~ Swanee Singers | 10:00 Clean Walker & Wheelchairs 29 10:30 Local History Facts 10:30 <div><div>CC</div>Music: Hillcrest High 11:15 Name that Tune 11:15 <div><div>LL</div>Roll the Dice</div> 1:45 Movie Classics 2:30 Did You Know Game 3:00 Snacks & Music</div> |