

# February 2020

## The Meadows of St. George



27	28	29	30	31	Feb 1	2
					Salad Bar Beef Tips Au Jus <i>or</i> Baked Ham Fresh Mashed Potatoes and Gravy Seasoned Peas Fresh Blueberry Pie	Salad Bar Chicken Parmesan <i>or</i> Zesty Beef Roast Garlic Pasta California Normandy Blend Fresh Apple Pie
3	4	5	6	7	8	9
Salad Bar Herb Seasoned Pork <i>or</i> Baked Chicken Drumsticks Glazed Sweet Potatoes Grilled Asparagus German Chocolate Cake	Salad Bar Beef Burgundy <i>or</i> Baked Tilapia with Dijon Dill Sauce Parsley Egg Noodles Steamed Broccoli Lime Poke Cake	Salad Bar Pork Chops and Kraut <i>or</i> Vegetable Lasagna Sour Cream Potatoes Baked Squash Fruit Crisp	Feta Garbanzo Bean Salad Baked Ham <i>or</i> Chicken with Tomato Mushroom Sauce Scalloped Potatoes Green Beans with Bacon Baked Roll Old Fasioned Custard Pie	Salad Bar Sweet Sour Meatballs <i>or</i> Parmesan Crusted Cod Rice Pilaf Snap Pea Vegetable Blend Glazed Lemon Pound Cake	Salad Bar Roasted Lemon Chicken <i>or</i> Corned Beef with Cabbage Wedge Red Potatoes Glazed Baby Carrots Vanilla Berry Trifle	Salad Bar Herbed Roast with Vegetables <i>or</i> Creamy Pork Chops AuGratin Potatoes Seasoned Cauliflower Fresh Banana Cream Pie
10	11	12	13	14	15	16
Salad Bar Philly Cube Steak <i>or</i> Rosemary Roasted Turkey Roasted Yams Capri Blend Autumn Spice Cake	Salad Bar Smothered Chicken Breasts <i>or</i> Kielbasa with Peppers Mashed Red Potatoes Herbed Corn Fresh Blueberry Pie	Salad Bar Lemon Garlic Fish <i>or</i> Citrus Glazed Ham Rice Pilaf Green Beans Fresh Coconut Cream Pie	Salad Bar Pepper Steak and Gravy <i>or</i> Swedish Meatballs Boiled Potatoes Baby Carrots Cheesecake with Fruit Topping	Salad Bar Chicken with Savory Cream Gravy <i>or</i> Salmon Fillet Parsley Egg Noodles Sauteed Yellow Squash Black Forest Cake	Salad Bar Country Style Pork Ribs <i>or</i> Steak Picante Fresh Mashed Potatoes Chef's Steamed Vegetable Apple Crisp	Salad Bar Meatloaf and Gravy <i>or</i> Chicken Cordon Bleu O'Brien Potatoes Mixed Vegetables Pumpkin Pie
17	18	19	20	21	22	23
Salad Bar Teriyaki Chicken <i>or</i> Tilapia with Savory Herb Butter Rice Honey Glazed Pea Pods and Carrots Cherry Crisp	Salad Bar Parmesan Pork Chops <i>or</i> Herb Roasted Turkey Sweet Baked Yams Baked Squash Cream Puffs	Salad Bar Seasoned Salisbury Steak <i>or</i> Brown Sugar Ham Twice Baked Potato Cauliflower and Carrots Banana Sheet Cake	Salad Bar Mushroom and Swiss Chicken <i>or</i> Kalua Roast Pork Fresh Mashed Potatoes and Gravy Roasted Brussels Sprouts Fresh Blueberry Pie	Salad Bar Breaded Cod <i>or</i> Beef Cube Steaks Rice Pilaf Chef's Steamed Vegetable Key Lime Pie	Salad Bar Traditional Lasagna <i>or</i> Sliced Turkey Breast Garlic Zucchini Saute Garlic Bread Spice Cake	Salad Bar Glazed Baked Ham <i>or</i> Pepper Beef Tips Baked Yams Chef's Steamed Vegetable Dutch Apple Pie
24	25	26	27	28	29	Mar 1
Green Salad Sour Cream Chicken <i>or</i> Shrimp Creole Garlic Pasta Capri Blend Cinnamon Coffee Cake	Green Salad Meatballs with Marinara Sauce <i>or</i> Seasoned Pot Roast Garlic Pasta Parmesan Green Beans Chocolate Oreo Poke Cake	Harvest Salad Roast Pork with Apples <i>or</i> Quiche Lorraine Lyonnais Potatoes Buttered Squash Mixed Berry Crisp	Fresh Fruit Salad Hamburger Steak with Gravy <i>or</i> Chicken Vanderbilt Sour Cream Potatoes Parsley Carrots Butterscotch Bread Pudding	Pineapple Fruit Cup Tilapia Fillet <i>or</i> Shredded Pork Lemon Rice Spinach Polonaise Ice Cream Pudding Swirl	Green Salad Turkey Roast <i>or</i> Sirloin Steak Apple Sausage Stuffing Roasted Parmesan Brussels Sprouts Lazy Daisy Oatmeal Cake	