

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# February 2020



9<sup>th</sup> Libby McKay  
24<sup>th</sup> June Nebeker  
28<sup>th</sup> Bill McKay

1

9:00 Aerobic Exercises  
2:00 PBS Series  
3:00 Saturday Matinee  
7:00 Saturday Night Movie

2



10:30 LDS Sacrament  
11:30 Sunday Lunch with Merrill Smith (piano)  
4:00 A Reader's Corner  
4:30 **SUPERBOWL PARTY**

3

9:30 Moving Mind 'n Body with Jen Ramsdell  
10:30 Blood Pressure Clinic  
1:00 Smith's Grocery Store  
3:00 BINGO!  
4:15 PBS Series  
7:00 Monday Night Movie

4

9:00 Aerobic Exercises  
9:45 Writing Made Fun!  
3:00 **"Great Decisions"** Climate Change  
6:45 Family Home Evening

5

  
8:30 Blood Pressure Clinic  
9:00 **Minding Motion**  
1:00 Bank Run  
3:00 **Cottonwood Canyons Foundation**   
4:15 PBS Series  
4:15 Dinner out /Mandarin

6

9:00 Aerobic Exercises  
10:30 Jodie's Jewelry  
10:45 Pilates w/ Courtney  
1:00 Afternoon Drive   
3:00 Current Events with Tim Chambless  
6:45 A Reader's Corner with Rachel Ashby

7

Aerobic Exercises  
10:00 Coloring Corner  
10:00 Hardware Ranch Elk-Feeding Wagon Ride!  
10:30 Trader Joe's Flowers  
1:00 Grocery Store  
2:00 Canine Companions  
3:00 HAPPY HOUR  
4:15 PBS Series

8

10:00 House of Hope Service Activity  
1:30 Ballet West   
"Giselle"  
2:00 PBS Series  
2:30 Art Therapy with Chaplain Eva 

9

## Full Moon

Religious services transportation by arrangement  
10:30 LDS Sacrament  
11:30 Sunday Lunch with Kevin Scott (piano)  
4:00 A Reader's Corner with Rachel Ashby

10


## Podiatrist

9:30 Moving Mind 'n Body with Jen Ramsdell  
10:30 Blood Pressure Clinic  
1:15 Smith's Grocery Store  
3:00 BINGO!  
4:15 PBS Series  
7:00 Monday Night Movie


11

9:00 Aerobic Exercises  
9:45 Writing Made Fun!  
11:00 Lunch at "The Bayou"  
3:30 "Visiting Angels" Service Opportunity  
4:30 PBS Series

12

8:30 Blood Pressure Clinic  
9:00 Minding Motion  
1:00 Bank Run  
2:30 Culinary Chat w/ Kelly  
3:00 "Jim's Gems"   
4:15 PBS Series  
7:00 Wednesday Movie

13

Aerobic Exercises  
10:45 Pilates w/ Courtney  
1:00 Afternoon Drive   
3:00 Current Events with Tim Chambless  
4:15 PBS Series  
6:45 A Reader's Corner with Rachel Ashby

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9:00 Aerobic Exercises  
10:30 Trader Joe's Flowers  
11:00 Grocery Store  
5:30 "Polka Dots and Moonbeams" Dinner Party 

15

9:00 Aerobic Exercises  
2:00 PBS Series  
3:00 Saturday Matinee  
7:00 Saturday Night Movie




16

Religious services transportation by arrangement  
10:30 LDS Sacrament  
11:30 Sunday Lunch with Soren Green (guitar)  
4:00 A Reader's Corner with Rachel Ashby

17

9:30 Moving Mind 'n Body with Jen Ramsdell  
10:30 Blood Pressure Clinic  
1:15 Smith's Grocery Store  
3:00 BINGO!  
4:15 PBS Series  
7:00 Monday Night Movie

18


9:00 Aerobic Exercises  
9:45 Writing Made Fun!  
2:00 **"Great Decisions"**  
3:30 **Broadway Comes to Darklane!**   
4:15 PBS Series

19



8:30 Blood Pressure Clinic  
9:00 **Minding Motion**  
11:00 Lunch at The Coffee Shop ( Little America )  
1:00 Bank Run  
3:00 **All Residents Meeting**  
4:15 PBS Series  
7:00 Wednesday Movie

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## Sharp Hearing

9:00 Aerobic Exercises  
10:00 Hearing Clinic  
10:45 Pilates w/ Courtney  
1:00 Afternoon Drive   
3:00 Current Events w/Tim Chambless  
6:45 A Reader's Corner with Rachel Ashby

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9:00 Aerobic Exercises  
10:00 Coloring Corner  
10:30 Trader Joe's Flowers  
1:00 Grocery Store  
2:00 Music Appreciation   
3:00 HAPPY HOUR  
6:45 Utah Symphony   
7:00 Friday Night Movie

22

9:30 **Minding Motion**  
2:00 PBS Series  
2:30 Art Therapy with Chaplain Eva   
3:00 Saturday Matinee  
7:00 Saturday Night Movie

23

Religious services transportation by arrangement  
10:30 LDS Sacrament  
11:30 Sunday Lunch with Cathy Clayton (harp)  
4:00 A Reader's Corner with Rachel Ashby

24

9:30 Moving Mind 'n Body with Jen Ramsdell  
10:00 Blood Pressure Clinic  
12:30 Smith's Grocery Store  
2:00 BINGO!  
4:15 PBS Series  
7:00 Monday Night Movie

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## Mardi Gras




9:00 Aerobic Exercises  
10:30 Vickie & Sheldon's Jewelry  
11:30 Mardi Gras Celebration  
3:00 Art for the Rest of Us  
4:15 PBS Series

26

8:30 Blood Pressure Clinic  
9:00 **Minding Motion**  
1:00 Bank Run  
3:00 "Taxation Without Representation"  
4:15 PBS Series  
7:00 Wednesday Movie

27

9:00 Aerobic Exercises  
10:45 Pilates w/ Courtney  
1:00 Afternoon Drive   
3:00 Current Events with Tim Chambless  
6:45 A Reader's Corner with Rachel Ashby

28

9:00 Aerobic Exercises  
10:00 Coloring Corner  
10:30 Trader Joe's Flowers  
1:00 Grocery Store  
3:00 Happy Hour  
4:15 PBS Series

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9:00 Aerobic Exercises  
2:00 PBS Series  
3:00 Saturday Matinee  
7:00 Saturday Night Movie



# The Park Bench

 **The Wentworth**  
at Parklane  
Independent Living

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