



27	28	29	30	31	Feb 1	2
					Green Salad Glazed Meatloaf <i>or</i> Beef Tips Au Jus Fresh Mashed Potatoes Buttered Squash Baked Roll Peach Crisp	Green Salad Italian Beef Pot Roast <i>or</i> Chicken Tenders Red Potatoes California Normandy Blend Baked Roll Chocolate Cream Pie
3	4	5	6	7	8	9
Green Salad Herb Seasoned Pork <i>or</i> Baked Cod with Panko Crust Fried Rice Green Bean Casserole Baked Roll Chocolate Lush	Green Salad Beef Burgundy <i>or</i> Baked Tilapia with Dijon Dill Sauce Herb Mashed Potatoes Steamed Broccoli Baked Roll German Chocolate Brownie	Green Salad Homestyle Turkey and Gravy <i>or</i> Homestyle Salisbury Steak Fresh Mashed Potatoes Buttery Carrots Baked Roll Fruit Cobbler	Green Salad Chicken with Lemon Sauce <i>or</i> Caribbean Shrimp Scalloped Potatoes Green Beans with Bacon Baked Roll American Apple Pie	Green Salad Grilled Fish with Aioli Sauce <i>or</i> Sweet Sour Meatballs Rice Pasta Pilaf Balsamic Roasted Vegetables Baked Roll Glazed Lemon Pound Cake	Green Salad Chicken Alfredo Pasta <i>or</i> Pork Egg Roll with Sweet Sour Sauce Sauteed Spinach Baked Roll Fruit Crisp	Green Salad Herbed Roast with Vegetables <i>or</i> Alaskan Fish and Chips Fresh Mashed Potatoes Seasoned Cauliflower Baked Roll Fresh Banana Cream Pie
10	11	12	13	14	15	16
Green Salad Country Fried Steak with Gravy <i>or</i> Rosemary Roasted Turkey Fresh Mashed Potatoes Capri Blend Baked Roll Maple Bread Pudding	Green Salad Crispy Ranch Chicken Leg <i>or</i> German Braised Sausage Creamy Mac & Cheese Herbed Corn Baked Roll Apple Cobbler	Green Salad Fried Shrimp and Cocktail Sauce <i>or</i> Citrus Glazed Ham Rice Orzo Pilaf Green Beans Baked Roll Pineapple Dream Cake	Green Salad Pepper Steak and Gravy <i>or</i> Turkey Roast with Stuffing Smashed Sweet Potatoes Baby Carrots Baked Roll Eclair Pudding Cake	Green Salad Baked Cod Madrid <i>or</i> Salmon with Honey Thyme Sauce Rice Pilaf Sauteed Yellow Squash Baked Roll Fruit Crisp	Green Salad Baked Meatballs with Gravy <i>or</i> Steak Picante Baked Fried Potatoes Chef's Steamed Vegetable Baked Roll Homemade Carrot Cake	Green Salad Pot Roast with Cider Gravy <i>or</i> Feta Chicken Fresh Mashed Potatoes and Gravy Mixed Vegetables Baked Roll Graham Streusel Cake
17	18	19	20	21	22	23
Green Salad Teriyaki Chicken Herb Quinoa Steamed Broccoli Baked Roll Apple Cobbler	Green Salad Pork Tenderloin Fresh Mashed Potatoes Greens Baked Roll Vanilla Cream Puffs	Green Salad Seasoned Salisbury Steak Delicious Rice Cauliflower and Carrots Baked Roll Maple Bar	Green Salad Chicken Bruschetta Penne Pasta Green Beans Baked Roll Cherry Crisp	Green Salad Filet Mignon Baked Potato Chef's Steamed Vegetable Baked Roll Key Lime Pie	Green Salad Liver and Onions Fresh Mashed Potatoes Garlic Zucchini Saute Baked Roll Peanut Butter Krispie Treat	Green Salad Glazed Baked Ham Baked Yams Seasoned Cabbage Baked Roll Peach Pudding Cup
24	25	26	27	28	29	Mar 1
Green Salad Easy Fried Chicken <i>or</i> Sour Cream Cheddar Cod Ranch Potato Bake Capri Blend Baked Roll Cheesecake	Green Salad Meatballs with Marinara Sauce <i>or</i> Chicken Tenders Garlic Pasta Broccoli Garlic Bread Fresh Fruit Salad	Harvest Salad Roast Pork with Apples <i>or</i> Quiche Lorraine Lyonnaise Potatoes Buttered Squash Baked Roll Mixed Berry Crisp	Green Salad Hamburger Steak with Gravy <i>or</i> Grilled Shrimp Rice Pasta Pilaf Parsley Carrots Baked Roll Butterscotch Bread Pudding	Green Salad Sole Florentine <i>or</i> Herb Roasted Turkey Fresh Mashed Potatoes and Gravy California Normandy Blend Baked Roll	Green Salad Braised Beef Tips <i>or</i> Traditional Lasagna Red Potatoes Green Beans Baked Roll Pear Cobbler	