Symphony at Valley Farms Assisted Living and Memory Care

## February 2020



## Symphony at Valley Farms

				Symphony at v		
26	27	28	29	30	31	Feb 1 Marinated Tomatoes Ham and Northern Bean Soup Glazed Meatloaf Or Marinated Turkey Fresh Mashed Potatoes Seasoned Peas Or Grilled Mixed Vegetables Whole Grain Bread Fruit Crisp
2 Green Salad <i>or</i> Basil Tomato Soup Smothered Cube Steak <i>or</i> Roasted Chicken Legs <i>or</i> Garlic Pasta California Normandy Blend <i>or</i> Corn Baked Roll Apple Streusel Cheesecake	3 Vegetable Rice Soup <i>or</i> Citrus Fruit Salad Eggplant Parmesan <i>or</i> Seasoned Baked Chicken Yellow Squash and Onions <i>or</i> Parmesan Green Beans Baked Roll Ambrosia Jello Salad	4 Or Cream of Mushroom Soup Beef Burgundy Or Baked Cod Fillet Parsley Egg Noodles Steamed Broccoli Or Chef's Steamed Vegetable Baked Roll Brownies	5 Green Salad <i>or</i> Chicken Rice Soup Braised Pork <i>or</i> Seafood Casserole <i>or</i> Seasoned Black- Eyed Peas Stewed Collard Greens <i>or</i> Boiled Cabbage Fresh Cornbread Fruit Cobbler	6 Green Salad Or Cream of Broccoli Soup Baked Ham Or Chicken with Lemon Sauce Scalloped Potatoes Green Beans with Bacon Or Classic Lima Beans Cinnamon Stewed Apples	7 Cottage Cheese and Fruit <i>or</i> Kielbasa and Bean Soup Sweet Sour Meatballs <i>or</i> Bacon Cheeseburger Broccoli <i>or</i> Balsamic Roasted Vegetables Glazed Lemon Pound Cake	8 Green Salad Homestyle Vegetable Soup Roasted Lemon Chicken Or Veal Steak and Onions Red Potatoes Sauteed Spinach Or Capri Blend Baked Roll Pear Crisp
9 Green Salad Or Soup Du Jour Pork Loin Chop with Country Gravy Or Chili Macaroni AuGratin Potatoes Seasoned Cauliflower Or Green, Red Cabbage with Apples Pears	10 Cream of Celery Soup Or Monterrey Pasta Salad Swiss Bacon Meatloaf Or BBQ Chicken Breast Fresh Mashed Potatoes and Gravy Capri Blend Or Mixed Vegetables Fresh Cornbread Maple Bread Pudding	11 Green Salad <i>or</i> Vegetable Macaroni Soup German Braised Sausage <i>or</i> Crispy Ranch Chicken Leg Mashed Red Potatoes Herbed Corn <i>or</i> Sauerkraut Baked Roll Apple Strudel	12 Cauliflower Salad <i>or</i> Potato Mushroom Soup Citrus Glazed Ham <i>or</i> Salmon Patty Rice Orzo Pilaf Green Beans <i>or</i> Baby Carrots Baked Roll Pineapple Dream Cake	13 Green Salad <i>or</i> Garden Vegetable Soup Beef Patty with Mushroom Gravy <i>or</i> Crispy Fried Chicken Fresh Mashed Potatoes and Gravy Mixed Vegetables <i>or</i> Roasted Parmesan Brussels Sprouts Baked Roll Chocolate Eclairs	14 Fresh Fruit <i>or</i> Split Pea Soup Chicken with Savory Cream Gravy <i>or</i> Baked Tilapia Madrid Parsley Egg Noodles Sauteed Yellow Squash <i>or</i> Coleslaw Baked Roll Black Forest Poke Cake	15 Green Salad Beef Barley Soup Baked Meatballs with Gravy Or Italian Lasagna Fresh Mashed Potatoes Chef's Steamed Vegetable Or Wax Beans with Bacon Whole Grain Bread Rosy Applesauce
16 Green Salad <i>or</i> Homemade Bean Bacon Soup Pot Roast with Cider Gravy <i>or</i> Chicken Cordon Bleu with Cream Sauce O'Brien Potatoes Mixed Vegetables <i>or</i> Winter Squash Baked Roll Assorted Desserts	17 Applesauce with Topping Or Homestyle Vegetable Soup Teriyaki Chicken Or Chinese Pepper Steak Brown Rice Honey Glazed Pea Pods and Carrots Or Zesty Veggie Stir Fry Baked Roll Ice Cream	18 Beefy Mushroom Soup Bread Crumb Pork Chop <i>or</i> Herb Roasted Turkey Sweet Baked Yams Scandinavian Veg <i>or</i> Greens Baked Roll Creamy Mandarin Salad	19 Green Salad <i>or</i> Cream of Broccoli Soup Irish Beef Pie <i>or</i> Ham with Raisin Sauce Twice Baked Potato Casserole Cauliflower and Carrots Banana Split Dessert	20 Fall Fruit Salad Or Turkey Noodle Soup Mushroom and Swiss Chicken Or Savory Pork Roast Penne Pasta Green Beans Or Succotash Fresh Blueberry Pie	21 Green Salad <i>or</i> Tomato Florentine Soup Grilled Cod with Lemon Dill Sauce <i>or</i> Spanish Cubed Steak Baked Potato Chef's Steamed Vegetable <i>or</i> Corn Baked Roll Pound Cake	22 Dill Cucumbers Vegetable Rice Soup Beef Cubes and Sauce Or Sliced Turkey Breast Homemade Stuffing Garlic Zucchini Saute Or Chef's Sauteed Vegetable Whole Grain Bread Buttermilk Spice Cake

23	24	25	26	27	28	29
Green Salad	Green Salad	Three Bean Salad	Green Salad	Marinated Green	Green Salad	Vegetable Pasta Salad
or	Oľ	Oľ	Oľ	Bean Salad	Oľ	Creamy Carrot Soup
Soup Du Jour	Soup Du Jour	Creamed Spinach	Cheddar Ham Soup	Oľ	Vegetable Barley	Beef Patty Melt
Glazed Baked Ham	Sour Cream Chicken	Soup	Roast Pork with	Potato Sausage	Soup	or
Oľ	Oľ	Meatballs with	Apples	Vegetable Soup	Flounder Fillet	Salmon Patty
Tuna Bun Melt	Bread Crumb Pork	Marinara Sauce	Oľ	Marinated Chicken	Oľ	Roasted Parmesan
Baked Macaroni	Chop	Oľ	Beef Stuffed Cabbage	and Rice	Sweet and Sour Pork	Brussels Sprouts
Cheese	Ranch Potato Bake	BBQ Pork Rib Patty	Lyonnaise Potatoes	Oľ	Oľ	or
Seasoned Cabbage	Capri Blend	Garlic Pasta	Buttered Squash	Hawaiian Meatballs	Fried Rice	Green Beans
Oľ	Oľ	Parmesan Green	Or	Rice Pasta Pilaf	California Normandy	Baked Roll
Cauliflower	Honey Roasted	Beans	Mixed Vegetables	Parsley Carrots	Blend	Lazy Daisy Oatmeal
Baked Roll	Carrots	Oľ	Baked Roll	or	01°	Cake
Assorted Desserts	Baked Roll	Broccoli	Mixed Berry Crisp	Lima Beans	Stir-Fry Vegetables	
	Blueberry Coffee	Garlic Bread		Butterscotch Bread	Apple Salad	
	Cake	Tapioca Pudding		Pudding		