



THE WILLOWS
AT CITATION

A Trilogy Senior Living Community

Monthly

February 2020



Kicking off our 2020 Theme Year

On February 17th, our 2020 Theme Year will begin with our first Theme Week – Willy Wonka! This Theme Week is the first part of our Mystery Theme Year, which will have our residents uncovering the many clues hidden within our themed celebrations. Get ready for a week of gold, chocolate, and joy as we enter into a world of pure imagination!

Oompa, Loompa, What-Will-You-Do?

As a resident of our community, your experience between February 17th through February 21st will be that of someone who has just

won a grand tour of Mr. Wonka's Chocolate Factory! Discover the mysteries of the stolen golden ticket as we celebrate with an exciting week of Willy Wonka & The Chocolate Factory-inspired activities, all culminating towards an incredible Theme Dinner on February 20th.

"A Little Nonsense Now and Then is Relished by the Wisest Men"

The activities that we have planned for our first Theme Week are as rich in fun as they are in flavor! Get ready for tastings, decorative

crafting, and delicious snack-making that would make Grandpa Joe himself jump out of bed. When it comes to the dinner, you can look forward to menu items such as The Wonka Duet, Gobstopper Cake with Snozzberries, Oompa Loompa Orange Pancakes, and more.

Become The Dreamers of Dreams

To immerse you in the setting of our campus-turned-chocolate factory, our staff will be outfitted with top-hats, canes, and bowties that will make them almost indistinguishable from Gene Wilder's iconic character.

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Happy Birthday!

Residents

February 3	Gail E.
February 4	Rose L.
February 9	Frances M.
February 19	Leonard T.
February 22	Bertha H.
February 26	Faye M.
February 26	Rita S.

Volunteer News

The Willows at Citation strives to make all of our resident's day enjoyable and fun. Volunteers are the heart and soul of our campus and the key to making this happen. Therefore, we are calling all who want to volunteer and bring joy to our residents. You can give 1 hour a month to make a huge difference to many people. If you are interested in volunteering for the following programs, please contact Josh Gruneisen our Life Enrichment Director.

Suggested volunteer areas:
Pampering (Hand massage, painting nails) and Bingo Caller.

Taste of Town

February 19 - Chick-Fil-A

Theme Dinner

February 20 - "Willy Wonka"

Executive Director Corner

Welcome to February! I hope that the introductory weeks of 2020 have found you in good health and in good spirits. With our first Theme Week of the year just around the corner, and plenty of Life Enrichment activities to take part in, it's an exciting time to be a member of our community.

From February 17th through February 21st, we'll be transforming our campus into a chocolate factory with our **Willy Wonka Theme Week**. As the first part in our Mystery Theme Year, this event will see our residents uncovering the mystery of the stolen golden ticket. We'll be celebrating with an exciting week of theme-related activities and events, including an incredible Theme Dinner on February 20th. Stay tuned for more information!

If you're looking for some more immediate fun, you can always join us for a Happy Hour, held every Friday between 2:00 p.m. and 5:00 p.m. During this time, we encourage you to mingle with friends, sip on a favorite beverage, and tell stories about your most eventful Happy Hours from years past. It's here where we love to see old friends, meet new faces, and share in the joy of Friday evening bliss.

I hope that you have a wonderful month, and I look forward to seeing you at the Theme Dinner!

Yours in Service,

Brittany Fancher

Executive Director

Creative Cooking

During our Happy Hour each Friday our amazingly talented Culinary team creates delicious snacks for the residents. Here are just a few pictures of some of the more recent foods.



Activities Corner

Recently our Activities Associate Madison showed our residents a simple way to make “Homemade Hand Warmers” to help beat the cold this winter. It has been a huge success!



Family Night

This past December 19th we held “A Night with Santa.” Here is a look back at all the fun we had from that night.



Live A Dream

What is that thing you have always wanted to do, but not had the opportunity to do yet? Did you know that here at The Willows at Citation we look for ways to make residents dreams come true? Please share your “Dream” with Our Life Enrichment Director Josh Gruneisen.

Out and About

We have lots of opportunities for residents to go out into our local community. Below is a list of a few dates we have scheduled. Keep a close eye on the Activity Calendar as more are added all the time!

February 3 - Walmart

February 10 - Kroger

February 17 - Old Kentucky Chocolates

February 24 - Cracker Barrel (Shopping trip)

Sunday Brunch

February 9 - We always look forward to mingling with our residents and their family and friends each month during our Sunday brunches. Each resident can invite 2 guests free of charge, any additional guest can purchase meal tickets from the business office for \$10 a person. If you anticipate having a large group, please RSVP to a member of the culinary team as space fills up quickly!

Did You Know...?

That you can read the monthly newsletter on-line. Please follow the campus link at willowsatcitation.com

The Private Dining Room can be reserved for Birthday Parties, Family Dinners, or any other special event you would like to celebrate with your loved ones.

Happy Hour is weekly at 3:00 to 4:00pm unless noted in the Activity Calendar.



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willowsatcitation.com |  

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Executive Director*

*Rhonda Johnston
Director of Health Services*

*Angie Fields
Asst. Director of Health Services*

*Danielle McKee
Community Support Representative*

*Michelle King
Community Support Specialist*

*Eavan Kelly
Business Office Manager*

*Josh Gruneisen
Life Enrichment Director*

*Tyler Sands
Director of Plant Operations*

*Drew Hemmer
Director of Food Services*

*Mary Ritchie
Director of Environmental Services*

*Kathy Ramsey
Social Services Director*

*Erica Felty-Marler
Therapy Program Director*

Stay in the Loop

Keep up with latest campus news
and happenings by following
us on your favorite social networks!

*We strive to provide the best customer
service and quality care for our residents.*

*Our Department Leaders are here
to solve any concerns you may have.*

*In the event that you need further
assistance with any unresolved concerns,
we encourage you to call or email
our Compliance Hotline: 800-908-8618,
ext. 2800; or comply@trilogyhs.com*

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'Kicking off 2020'

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And we encourage you to do the same! Come dressed in gold, red, or purple to keep the magic of the Theme Week flowing like the chocolate river. Staff members will also be help you look the part by handing out additional wardrobe pieces prior to the Theme Dinner.

This is just our first stop in what is sure to be a mystifying Theme

Year, so be sure to participate when it begins on February 17th. Soon you will receive your own personal invitation to the Theme Week, which will include additional details about what you can expect from the occasion. If you have any additional questions, our Life Enrichment director would be more than happy to hear from you!



Word Search

U	Z	U	V	M	C	I	A	B	E	Q	P	Y	Y	N	N	P	W	A
T	I	C	K	E	T	P	V	T	D	U	J	Q	D	Y	X	T	B	M
C	R	W	V	J	P	A	A	S	D	V	Y	G	K	T	A	H	J	G
M	Q	S	T	L	T	L	H	X	O	G	U	F	A	C	T	O	R	Y
Q	W	X	H	H	O	A	O	B	A	I	V	F	I	R	X	W	G	M
N	Y	C	Q	C	B	Q	Z	U	H	V	J	K	P	X	R	N	P	H
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U	T	Y	A	R	E	X	L	L	O	D	T	H	T	H	E	M	E	O

CHOCOLATE
COSTUME
DELICIOUS
DINNER

DREAM
FACTORY
GOBSTOPPER
GOLD

IMAGINATION
MYSTERY
OOMPA LOOMPA
SNOZZBERRY

SWEET
THEME
TICKET
WONKA