



St Augustine Plantation Assisted Living and  
Memory Care

26	27	28	29	30	31	Feb 1
						Green Salad Meatloaf and Gravy <i>or</i> Chicken Bruschetta Jasmine Rice Seasoned Peas Baked Roll Classic Pecan Pie
2	3	4	5	6	7	8
Green Salad Pepper Smothered Cube Steak <i>or</i> Crispy Fried Chicken Seasoned Rice California Normandy Blend Baked Roll Berry Cheesecake	Green Salad <i>or</i> Soup Du Jour Herb Seasoned Pork <i>or</i> Chicken Parmesan Parsley Pasta with Marinara Sauce <i>or</i> Smashed Sweet Potatoes Yellow Squash and Onions Baked Roll Peanut Butter Cookie	Green Salad <i>or</i> Soup Du Jour Cornmeal Breaded Catfish <i>or</i> BBQ Pulled Pork on a Bun Hushpuppies Chef's Steamed Vegetable <i>or</i> Coleslaw Baked Roll MalTED Brownie Sundae	Green Salad <i>or</i> Soup Du Jour Pork Chop with Onions <i>or</i> Bacon Ranch Chicken Fresh Mashed Potatoes Buttery Carrots Baked Roll Fruit Cobbler	Green Salad <i>or</i> Soup Du Jour Baked Ham <i>or</i> Beef Pot Roast Scalloped Potatoes Green Beans with Bacon Baked Roll Banana Pudding	Green Salad <i>or</i> Soup Du Jour Baked Cod with Panko Crust <i>or</i> Italian Lasagna Seasoned Rice Broccoli Baked Roll Lemon Meringue Pie	Green Salad <i>or</i> Soup Du Jour Chicken Alfredo Pasta <i>or</i> Baked Meatballs with Gravy Fresh Mashed Potatoes Glazed Baby Carrots Baked Roll Coconut Cake
9	10	11	12	13	14	15
Green Salad <i>and</i> Soup Du Jour Beef Strips with Mushrooms <i>or</i> Southern Fried Chicken AuGratin Potatoes Seasoned Cauliflower Baked Roll Strawberry 'n Cream Pie	Green Salad <i>or</i> Soup Du Jour Beef Burgundy <i>or</i> Chicken Thigh Bake Noodles Capri Blend Baked Roll Cake Chocolates	Green Salad <i>or</i> Soup Du Jour Seasoned Chicken Wings <i>or</i> Meatballs with Pasta Sauce Seasoned Rice Succotash Baked Roll Boston Cream Pie	Green Salad <i>or</i> Soup Du Jour Lemon Garlic Fish <i>or</i> Crab Pasta Salad Herb Roasted Red Potatoes Classic Ratatouille <i>or</i> Mexicali Corn Baked Roll Classic Pineapple Upside Down Cake	Green Salad <i>or</i> Soup Du Jour Pepper Steak and Gravy <i>or</i> Monte Cristo Sandwich <i>or</i> Jasmine Rice Baby Carrots Baked Roll Chocolate Chip Cookie	Green Salad <i>or</i> Soup Du Jour Glazed Salmon <i>or</i> Bacon Ranch Chicken Parsley Egg Noodles Sauteed Yellow Squash Baked Roll Sweet Potato Pie	Green Salad <i>or</i> Soup Du Jour Country Style Pork Ribs <i>or</i> Classic Spaghetti Meat Sauce Potato Salad <i>or</i> Parmesan Pasta Collard Greens Fresh Cornbread Homemade Carrot Cake
16	17	18	19	20	21	22
Green Salad <i>and</i> Soup Du Jour Beef and Broccoli <i>or</i> Crispy Fried Chicken <i>or</i> Rice Pilaf Mixed Vegetables Baked Roll Cheesecake with Fruit Topping	Green Salad <i>or</i> Soup Du Jour BBQ Chicken Breast <i>or</i> Baked Tilapia with Creole Sauce Fresh Mashed Potatoes Honey Glazed Pea Pods and Carrots Baked Roll Ice Cream Sundae	Green Salad <i>or</i> Soup Du Jour Crispy Pork Chops <i>or</i> Shrimp Curry Mashed Yams <i>or</i> Delicious Rice Scandinavian Veg <i>or</i> Rutabagas Baked Roll Red Velvet Cake	Green Salad <i>or</i> Soup Du Jour Seasoned Salisbury Steak <i>or</i> Chicken and Dumplings <i>or</i> AuGratin Potatoes Cauliflower and Carrots Banana Split Dessert	Green Salad <i>or</i> Soup Du Jour Mushroom and Swiss Chicken <i>or</i> Crab Cake Penne Pasta Succotash Assorted Desserts	Green Salad <i>or</i> Soup Du Jour Grilled Cod with Lemon Dill Sauce <i>or</i> Seasoned Steak Rice Pilaf Chef's Steamed Vegetable Baked Roll Key Lime Pie	Green Salad <i>or</i> Soup Du Jour Italian Lasagna <i>or</i> Sliced Turkey Breast Homemade Stuffing Garlic Zucchini Saute Garlic Bread Homemade Carrot Cake

23	24	25	26	27	28	29
Green Salad <i>and</i> Soup Du Jour Glazed Baked Ham <i>or</i> Seasoned Fried Chicken Sweet Yams Chef's Steamed Vegetable Fresh Cornbread Ice Cream	Green Salad <i>or</i> Soup Du Jour Shrimp Creole <i>or</i> Roasted Cornish Hens Rice Oven Roasted Okra Baked Roll Cheesecake	Green Salad <i>or</i> Soup Du Jour Meatballs with Marinara Sauce <i>or</i> Pesto Chicken Garlic Pasta Parmesan Green Beans Garlic Bread Cake Chocolates	Green Salad <i>or</i> Soup Du Jour Seasoned Chicken Wings <i>or</i> Roast Pork with Apples <i>or</i> Baked Potato Buttered Squash Baked Roll Classic Pecan Pie	Green Salad <i>or</i> Soup Du Jour Hamburger Steak with Gravy <i>or</i> Chicken with Pineapple Mango Salsa Fresh Mashed Potatoes Parsley Carrots Butterscotch Bread Pudding	Green Salad <i>or</i> Soup Du Jour Fried Catfish <i>or</i> Chicken Alfredo with Shells <i>or</i> Creamy Cheese Grits Southern Coleslaw <i>or</i> California Normandy Blend Baked Roll Strawberry Angel Dessert	Green Salad Turkey Tetrazzini <i>or</i> Beef Chili <i>or</i> Delicious Rice Roasted Parmesan Brussels Sprouts Baked Roll Oatmeal Raisin Cookie