


February 2020
Assisted Living Lifestyle & Leisure



created with Sagely

Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
<div> SIENNA AT OTAY RANCH Senior Living</div> <div>1290 Santa Rosa Dr. Chula Vista, CA 91913 619-779-7400</div>				<div><div><div>CC</div>Community Connections</div><div><div>CE</div>Continuing Education</div><div><div>LL</div>Lifestyle & Leisure</div><div><div>PE</div>Physical Engagement</div><div><div>SS</div>Spiritual Support</div></div>		<div>Location Keys</div> <div>Computer RoomCR</div> <div>Dinning RoomDR</div> <div>Downstairs LibraryDL</div> <div>Front LobbyFL</div> <div>Main Dinning roomMDR</div> <div>Meet at the front LobbyFrt. L</div> <div>Movie TheaterMT</div> <div>Multi purpose roomMPR</div> <div>Upstairs BistroUB</div> <div>Upstairs sitting roomUSR</div>						<div>Valentines Days Craft Show</div> <div>9:30 Bingo [CR]</div> <div>10:30 Hot Cocoa & Brain Teasers [CR]</div> <div>11:30 Sienna Walk [FL]</div> <div>1:00 Craft [CR]</div> <div>2:00 Bingo & Prize [UB]</div> <div>3:00 Hot Cocoa & Scrabble [CR]</div> <div>4:00 Chair Movements & Excersizes [MPR]</div> <div>6:30 Movie Night & Games with Friends [MT]</div>	
<div>Groundhog Day</div> <div>Superbowl Day</div> <div>9:30 Bingo [CR]</div> <div>10:30 Craft [MPR]</div> <div>10:45 Mainstream Church Service [CR]</div> <div>11:30 Sienna Walk [FL]</div> <div>1:00 Ted Talk [MT]</div> <div>1:30 Ice Cream Sundaes [DR]</div> <div>2:30 Jeopardy [FL]</div> <div>3:30 Balloon Game [UB]</div> <div>4:30 Hand Massages [UB]</div> <div>6:30 Movie Night & Games with Friends [MT]</div>		<div>A Rose is a Rose Day</div> <div>9:30 Chair Excersize & Movements [CR]</div> <div>10:30 Art [MPR]</div> <div>11:30 Sienna Walk [FL]</div> <div>1:00 Activity Mats (Spell that word) [CR]</div> <div>2:00 Brain Teasers & Trivia [FL]</div> <div>3:00 Rootbeer Floats [FL]</div> <div>3:45 Hand Massages [UB]</div> <div>4:15 Memory Game [CR]</div> <div>6:30 Movie Night & Games with Friends [MT]</div>		<div>Happy Birthday USO</div> <div>9:30 Meditation [MT]</div> <div>10:30 Bingo [USR]</div> <div>11:30 Sienna Walk [FL]</div> <div>1:00 Pictionary [FL]</div> <div>2:00 Tea Social [CR]</div> <div>3:30 Wheel of Fortune [CR]</div> <div>4:15 Art [CR]</div> <div>6:30 Movie Night & Games with Friends [MT]</div>		<div>Chocolate Fondue Day</div> <div>9:30 Chair Excersize & Movements [CR]</div> <div>10:30 Pictionary. [FL]</div> <div>11:30 Sienna Walk [FL]</div> <div>1:00 Name that phrase [CR]</div> <div>2:30 Mai Tai's Social [USR]</div> <div>3:30 RingToss [CR]</div> <div>4:00 Ted Talk [MT]</div> <div>6:30 Movie Night & Games with Friends [MT]</div>		<div>Queens Day</div> <div>9:30 Chair Yoga [CR]</div> <div>10:00 Sienna Outing [FL]</div> <div>10:30 Art [CR]</div> <div>11:30 Sienna Walk [FL]</div> <div>1:30 Name that Phrase. [FL]</div> <div>2:30 Rootbeer Floats [DL]</div> <div>3:30 Bingo [CR]</div> <div>4:15 Memory Game [FL]</div> <div>6:30 Movie Night & Games with Friends [MT]</div>		<div>Wear Red Day</div> <div>10:30 Trivia & Daily News [UB]</div> <div>11:30 Sienna Walk [FL]</div> <div>1:00 Pictionary [FL]</div> <div>2:00 Meditation & Ted Talk [CR]</div> <div>3:00 Happy Hour [CR]</div> <div>4:15 Hand Massages [UB]</div> <div>6:30 Movie Night & Games with Friends [MT]</div>		<div>Potatoe Lovers Day</div> <div>10:30 Hot Cocoa & Brain Teasers [CR]</div> <div>11:30 Sienna Walk [FL]</div> <div>1:30 Craft [CR]</div> <div>2:00 Bingo & Prize [UB]</div> <div>3:00 Hot Cocoa & Scrabble [CR]</div> <div>4:00 Chair Movements & Excersizes [MPR]</div> <div>6:30 Movie Night & Games with Friends [MT]</div>	
<div>The Oscars</div> <div>9:30 Bingo [CR]</div> <div>10:30 Craft [MPR]</div> <div>10:45 Mainstream Church Service [CR]</div> <div>11:30 Sienna Walk [FL]</div> <div>1:00 Ted Talk [MT]</div> <div>1:30 Ice Cream Sundaes [DR]</div> <div>2:30 Jeopardy [FL]</div> <div>3:30 Memory Game [UB]</div> <div>4:30 Hand Massages [UB]</div> <div>5:00 Oscar Day [CR]</div> <div>6:30 Movie Night & Games with Friends [MT]</div>		<div>Heart to Heart Day</div> <div>9:30 Chair Excersize & Movements [CR]</div> <div>10:30 Art [MPR]</div> <div>11:30 Sienna Walk [FL]</div> <div>1:00 Activity Mats (Spell that word) [CR]</div> <div>2:00 Brain Teasers & Trivia [FL]</div> <div>3:00 Rootbeer Floats [FL]</div> <div>3:45 Hand Massages [UB]</div> <div>4:15 Brain Teasers [FL]</div> <div>6:30 Movie Night & Games with Friends [MT]</div>		<div>Peppermint Patty Day</div> <div>9:30 Meditation [MT]</div> <div>10:30 Bingo [USR]</div> <div>11:30 Sienna Walk [FL]</div> <div>1:00 Craft [CR]</div> <div>2:00 Tea Social [CR]</div> <div>3:30 Ted Talk [CR]</div> <div>4:15 Skee Ball [MPR]</div> <div>6:30 Movie Night & Games with Friends [MT]</div>		<div>Lorne Green's Anniversary</div> <div>9:30 Chair Excersize & Movements [CR]</div> <div>10:00 Resident Council Meeting [MPR]</div> <div>11:30 Sienna Walk [FL]</div> <div>1:00 Wheel of Fortune [MPR]</div> <div>2:30 Mai Tai's Social [USR]</div> <div>3:30 RingToss [CR]</div> <div>6:30 Movie Night & Games with Friends [MT]</div>		<div>National Giving Heart Day</div> <div>9:30 Chair Yoga [CR]</div> <div>10:00 Sienna Outing [FL]</div> <div>11:30 Sienna Walk [FL]</div> <div>1:30 Name that Phrase. [FL]</div> <div>2:30 Bingo [CR]</div> <div>4:15 Memory Game [FL]</div> <div>6:30 Movie Night & Games with Friends [MT]</div>		<div>Valentine's Day</div> <div>9:30 Stretching & Toning [MPR]</div> <div>10:30 Trivia & Daily News [UB]</div> <div>11:30 Sienna Walk [FL]</div> <div>1:00 Pictionary [FL]</div> <div>2:00 Meditation & Ted Talk [CR]</div> <div>3:00 Valentines Day Happy Hour [CR]</div> <div>6:30 Movie Night & Games with Friends [MT]</div>		<div>Canada Flag Day</div> <div>9:00 Golden State Dog Therapy [FL]</div> <div>10:30 Hot Cocoa & Brain Teasers [CR]</div> <div>11:30 Sienna Walk [FL]</div> <div>1:30 Craft [CR]</div> <div>2:30 Art [UB]</div> <div>3:30 Hot Cocoa & Scrabble [CR]</div> <div>4:00 Chair Movements & Excersizes [MPR]</div> <div>6:30 Movie Night & Games with Friends [MT]</div>	
<div>Nascar Day</div> <div>9:30 Bingo [CR]</div> <div>10:30 Craft [MPR]</div> <div>10:45 Mainstream Church Service [CR]</div> <div>11:30 Sienna Walk [FL]</div> <div>1:00 Ted Talk [MT]</div> <div>1:30 Ice Cream Sundaes [DR]</div> <div>2:30 Jeopardy [FL]</div> <div>3:30 Chair Excersizes [UB]</div> <div>4:30 Hand Massages [UB]</div> <div>6:30 Movie Night & Games with Friends [MT]</div>		<div>Presidents' Day</div> <div>9:30 Chair Excersize & Movements [CR]</div> <div>10:30 Art [MPR]</div> <div>11:30 Sienna Walk [FL]</div> <div>1:00 Activity Mats (Spell that word) [CR]</div> <div>2:00 Brain Teasers & Trivia [FL]</div> <div>3:00 Rootbeer Floats [FL]</div> <div>3:45 Hand Massages [UB]</div> <div>6:30 Movie Night & Games with Friends [MT]</div>		<div>John Travolta & Vanna Whites Birthday</div> <div>9:30 Meditation & Ted Talk [MT]</div> <div>10:30 Bingo [USR]</div> <div>11:30 Sienna Walk [FL]</div> <div>1:30 Art [CR]</div> <div>2:00 Tea Social [CR]</div> <div>3:30 Wheel of Fortune [CR]</div> <div>4:15 Movin & Grovin [MPR]</div> <div>6:30 Movie Night & Games with Friends [MT]</div>		<div>King of Motown Day</div> <div>9:30 Chair Excersize & Movements [CR]</div> <div>10:30 Pictionary. [FL]</div> <div>11:30 Sienna Walk [FL]</div> <div>12:00 Lunch with Lidia. [MDR]</div> <div>1:30 Craft [USR]</div> <div>2:30 Mai Tai's Social [USR]</div> <div>3:30 RingToss [CR]</div> <div>6:30 Movie Night & Games with Friends [MT]</div>		<div>Cherry Pie Day</div> <div>9:30 Chair Yoga [CR]</div> <div>10:00 Sienna Outing [FL]</div> <div>10:30 Pictionary & Prize [Frt. L]</div> <div>11:30 Sienna Walk [FL]</div> <div>1:30 Name that Phrase. [FL]</div> <div>2:30 Rootbeer Floats [DL]</div> <div>3:30 Wheel of Fortune [MPR]</div> <div>4:15 Memory Game [FL]</div> <div>6:30 Movie Night & Games with Friends [MT]</div>		<div>Sticky Buns Day</div> <div>9:30 Stretching & Toning [MPR]</div> <div>10:30 Trivia & Daily News [UB]</div> <div>11:30 Sienna Walk [FL]</div> <div>1:00 Pictionary [FL]</div> <div>2:00 Meditation & Ted Talk [CR]</div> <div>3:00 Happy Hour [CR]</div> <div>4:15 Hand Massages [UB]</div> <div>6:30 Movie Night & Games with Friends [MT]</div>		<div>Washingtons Birthday</div> <div>10:30 Hot Cocoa & Brain Teasers [CR]</div> <div>11:30 Sienna Walk [FL]</div> <div>1:30 Craft [CR]</div> <div>2:00 Bingo & Prize [UB]</div> <div>3:00 Hot Cocoa & Scrabble [CR]</div> <div>4:00 Chair Movements & Excersizes [MPR]</div> <div>6:30 Movie Night & Games with Friends [MT]</div>	
<div>Victor Flemmings Birthday</div> <div>9:30 Bingo [CR]</div> <div>10:30 Craft [MPR]</div> <div>10:45 Mainstream Church Service [CR]</div> <div>11:30 Sienna Walk [FL]</div> <div>1:00 Ted Talk [MT]</div> <div>1:30 Ice Cream Sundaes [DR]</div> <div>2:30 Jeopardy [FL]</div> <div>3:30 Balloon Game [UB]</div> <div>4:30 Hand Massages [UB]</div> <div>6:30 Movie Night & Games with Friends [MT]</div>		<div>National Cupcake Day</div> <div>9:30 Chair Excersize & Movements [CR]</div> <div>10:30 Art [MPR]</div> <div>11:30 Sienna Walk [FL]</div> <div>1:00 Activity Mats (Spell that word) [CR]</div> <div>2:00 Brain Teasers & Trivia [FL]</div> <div>3:00 Rootbeer Floats [FL]</div> <div>3:45 Hand Massages [UB]</div> <div>6:30 Movie Night & Games with Friends [MT]</div>		<div>Mardi Gras Day</div> <div>9:30 Meditation & Ted Talk [MT]</div> <div>10:30 Bingo [USR]</div> <div>11:30 Sienna Walk [FL]</div> <div>1:00 Craft [CR]</div> <div>2:00 Tea Social [CR]</div> <div>3:00 Mardi Gras Happy Hour [UB]</div> <div>6:30 Movie Night & Games with Friends [MT]</div>		<div>Ash Wednesday</div> <div>9:30 Chair Excersize & Movements [CR]</div> <div>10:30 Pictionary. [FL]</div> <div>11:30 Sienna Walk [FL]</div> <div>1:30 Hand Massages</div> <div>2:30 Mai Tai's Social [USR]</div> <div>3:30 RingToss [CR]</div> <div>6:30 Movie Night & Games with Friends [MT]</div>		<div>Chili Day</div> <div>9:30 Chair Yoga [CR]</div> <div>10:00 Sienna Outing [FL]</div> <div>11:30 Sienna Walk [FL]</div> <div>1:30 Name that Phrase. [FL]</div> <div>2:30 Rootbeer Floats [DL]</div> <div>3:30 Jeopardy [FL]</div> <div>4:15 Memory Game [FL]</div> <div>6:30 Movie Night & Games with Friends [MT]</div>		<div>Chocolate Souffle Day</div> <div>9:30 Stretching & Toning [MPR]</div> <div>10:30 Trivia & Daily News [UB]</div> <div>11:30 Sienna Walk [FL]</div> <div>1:00 Pictionary [FL]</div> <div>2:00 Meditation & Ted Talk [CR]</div> <div>3:00 Happy Hour [CR]</div> <div>4:15 Hand Massages [UB]</div> <div>6:30 Movie Night & Games with Friends [MT]</div>		<div>Leap Day</div> <div>10:30 Hot Cocoa & Brain Teasers [CR]</div> <div>11:30 Sienna Walk [FL]</div> <div>1:30 Craft [CR]</div> <div>2:00 Bingo & Prize [UB]</div> <div>3:00 Hot Cocoa & Scrabble [CR]</div> <div>4:00 Chair Movements & Excersizes [MPR]</div> <div>6:30 Movie Night & Games with Friends [MT]</div>	