February 2020
In The Moment – Memory Support

created with Sagely

THE RENAISSANCE
A Senior Living Community of Choice

1400 East McElroy Road
Stillwater, OK 74075
405-743-4900

AE Artistic Expression
CC Community Connections
CE Continuing Education
LL Lifestyle & Leisure
PE Physical Engagement
SS Spiritual Support

Healthy Snacks & Hydration offered throughout each day!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 7:30 Sunrisers: Coffee & Music 10:00 Renaissance Reminisce! 2:00 SS Praise & Worship!
2 **Groundhog Day** 7:30 Sunrisers: Coffee & Music 10:00 Renaissance Reminisce! 3:30 Sunday Worship Service!	**3** 9:30 PE Sit & Be Fit: Exercise! 10:00 AE Valentine Heart Suncatchers! 1:15 LL Meditation & Hand Massages 2:00 AE Sip N' Scrapbook! 3:15 CE Reading Roundtable: Phil the Groundhog!	**4** 9:30 PE Sit & Be Fit: Exercise! 10:00 AE Color Me Calm 11:30 Music Matinee 1:15 Colorful Match & Mate 2:00 LL Nail Salon! 3:30 Jigsaw Puzzles!	**5** 9:30 PE Sit & Be Fit: Exercise! 10:15 St. Andrews Therapy Dogs 10:45 Pom Pom Puzzles! 1:00 LL Valentine's Game: Roll & Cover! 2:00 AE Sip N' Scrapbook! 3:15 AE Watercolor Wednesday!	**6** 9:30 PE Sit & Be Fit: Exercise! 10:00 Valentine's Day Photo Booth! 11:30 Music Matinee 1:00 AE Dip & Decorate Cocoa Spoons! 2:00 LL Nail Salon! 3:30 AE Crafty Cards: Valentine's Postal Party!	**7** 9:30 PE Sit & Be Fit: Exercise! 10:00 Ribbon Wrapping Hearts! 11:00 CE Roundtable Talk: Fun February Facts! 1:00 PE Balloon Volleyball! 2:00 LL Bingo! 2:30 CE Ladies Club: Reading Roundtable Group! 3:30 LL Friday Friends & Coffee!	**8** 7:30 Sunrisers: Coffee & Music 10:00 Renaissance Reminisce! 2:00 SS Praise & Worship!
9 7:30 Sunrisers: Coffee & Music 10:00 Renaissance Reminisce!	**10** 9:30 PE Sit & Be Fit: Exercise! 10:15 AE Candy Heart Photo Frames! 11:30 Music Matinee 1:00 PE Bean Bag Toss Battles! 2:00 AE Sip N' Scrapbook! 3:15 Marble Mazes!	**11** 9:30 PE Sit & Be Fit: Exercise! 10:15 AE Build a Button Farm! 1:00 LL Photo Puzzles! 2:00 LL Nail Salon! 3:30 Fun Floral Arranging	**12** 9:30 PE Sit & Be Fit: Exercise! 10:15 St. Andrews Therapy Dogs 10:30 LL Sensory Snow! 1:00 CE M&M Experiment: Bursting Rainbows! 2:00 AE Sip N' Scrapbook! 3:15 Photo Puzzles!	**13** 9:30 PE Sit & Be Fit: Exercise! 10:00 AE Crafty Corner: Pom Pom Hearts! 1:00 Pipecleaner Puzzles! 2:00 LL Nail Salon! 3:15 AE Shaving Cream Sensory Hearts!	**14** **Happy Valentine's Day!** 9:30 PE Sit & Be Fit: Exercise! 10:15 CC Live Saxophone Music! 1:00 Valentine's Day Party! 2:30 CE Ladies Club: Reading Roundtable Group! 3:30 LL Friday Friends & Coffee!	**15** 7:30 Sunrisers: Coffee & Music 10:00 Renaissance Reminisce! 2:00 SS Praise & Worship!
16 7:30 Sunrisers: Coffee & Music 10:00 Renaissance Reminisce! 3:30 Sunday Worship Service!	**17** **Presidents' Day** 9:30 PE Sit & Be Fit: Exercise! 10:00 CE Mix n' Match: President's Edition! 11:15 AE Color Me Calm 1:00 Sensory Bin Scavenger Hunt! 2:00 AE Sip N' Scrapbook! 3:15 Stack n' Sort Puzzle Social!	**18** 9:30 PE Sit & Be Fit: Exercise! 10:00 Popsicle Stick Puzzles! 11:30 Music Matinee 1:15 AE Mixed Media Color Collage! 2:00 LL Nail Salon! 3:30 PE Indoor Bowling!	**19** 9:30 PE Sit & Be Fit: Exercise! 10:15 St. Andrews Therapy Dogs 10:45 Pick n' Place Photo Puzzles! 1:00 LL Tabletop Shuffleboard! 2:00 AE Sip N' Scrapbook! 3:15 AE Watercolor Wednesday!	**20** 9:30 PE Sit & Be Fit: Exercise! 10:00 PE Knead & Knots: Play doh Shop! 11:00 SS Bible Study 11:30 Music Matinee 1:00 AE Color a Creature! 2:00 LL Nail Salon! 3:30 Sensory Bottle Building!	**21** 9:30 PE Sit & Be Fit: Exercise! 10:00 AE Crafty Corner: Puzzle Name Plates! 1:00 LL Mix n' Match Dominos Game! 2:00 LL Bingo! 2:30 CE Ladies Club: Reading Roundtable Group! 3:30 LL Friday Friends & Coffee!	**22** 7:30 Sunrisers: Coffee & Music 10:00 Renaissance Reminisce! 2:00 SS Praise & Worship!
23 7:30 Sunrisers: Coffee & Music 10:00 Renaissance Reminisce!	**24** 9:30 PE Sit & Be Fit: Exercise! 10:00 AE Make a Memory Mat! 11:30 Music Matinee 1:15 Tower n' Tumble: Solo Stacking! 2:00 AE Sip N' Scrapbook! 3:00 Jigsaw Puzzles!	**25** 9:30 PE Sit & Be Fit: Exercise! 10:00 AE Create a Cactus! 11:00 PE Target Toss! 1:00 Clothespin Color Matching Mania! 2:00 LL Nail Salon! 3:30 Match that Stack: Color Games!	**26** 9:30 PE Sit & Be Fit: Exercise! 10:15 St. Andrews Therapy Dogs 10:30 AE Color Me Calm 1:15 AE Threading Stations! 2:00 AE Sip N' Scrapbook! 3:15 LL Toss n' Tell: Sharing Favorites!	**27** 9:30 PE Sit & Be Fit: Exercise! 10:30 PE Balloon Volleyball! 11:15 AE Happy Places Memory Game! 1:15 LL Tabletop Games! 2:00 LL Nail Salon! 3:30 AE Colors & Coffee Filters!	**28** 9:30 PE Sit & Be Fit: Exercise! 10:15 LL Magazine Photo Find! 11:30 Music Matinee 1:00 LL Dots & Dominos: A Matching Game! 2:30 CE Ladies Club: Reading Roundtable Group! 3:30 LL Friday Friends & Coffee!	**29** 7:30 Sunrisers: Coffee & Music 10:00 Renaissance Reminisce! 2:00 SS Praise & Worship!