

February 2020
In The Moment – Memory Support



created with Sage

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 3325 Columbia View Drive The Dalles, OR 97058 541-298-5656	AE Artistic Expression CC Community Connections CE Continuing Education LL Lifestyle & Leisure PE Physical Engagement SS Spiritual Support		Healthy Snacks & Hydration offered throughout each day!			Happy Birthday Megan R. 9:15 PE Sit and Be Fit 10:00 LL Snack & Relax Musical Moments 10:30 PE Wild Walkers 11:15 CE Aromatherapy Hand Towels 1:00 PE Game Time (Bowling) 2:00 LL Snack & Relax 3:00 AE Making Snowflakes 5:00 LL Evening Movie
Groundhog Day Hot Topic of the Week "Snow" 9:15 PE Sit and Be Fit 10:00 CE Bible Reading (Snack) 10:30 SS Catholic Communion (RR) 11:15 CE Aromatherapy Hand Towels 1:00 SS Church Service W/Scott 2:00 LL Snack & Relax 2:30 LL Super Bowl Party 5:00 LL Evening Movie	2 9:15 PE Fitness Fun Balloons & Noodles 10:00 LL Snack & Music 10:30 CC Snow facts 11:15 CE Aromatherapy Hand Towels 1:00 AE Making Snow Flakes 2:00 LL Snack & Relax 3:00 CE Snowman Word Search Maze 3:45 PE Wild Walkers 5:00 LL Evening Movie "Snow Day"	3 9:15 PE Sit and Be Fit 10:00 LL Snack & Relax 10:30 CE Snow Logic 11:15 CE Aromatherapy Hand Towels 12:45 CC Bus Adventure (8 Mile Scenic Drive) 2:00 LL Snack & Relax "Hot Chocolate & Marshmallows" 3:00 SS Church Services W/Scott (AL & MS) 3:45 PE Wild Walkers 5:00 LL Evening Movie	4 9:15 PE Sit and Be Fit 10:00 LL Snack & Relax 10:30 CE Snow Trivia 11:15 CE Aromatherapy Hand Towels 1:30 CE Snowman Story/Poem 2:00 LL Snack & Relax 3:00 AE Valentines Card Craft 3:45 PE Wild Walkers 5:00 LL Evening Movie	5 9:15 PE Parachute Fitness 10:00 LL Snack & Relax 10:30 CE Snow Brain Sparks 11:15 CE Aromatherapy Hand Towels 12:45 CC Bus Adventure (Schreiners Farm) 2:00 LL Snack & Relax 3:00 CE Valentines Craft 3:45 PE Wild Walkers 5:00 LL Evening Movie	6 9:15 PE Stretching Fitness 10:00 LL Snacks Cookies & Coffee 10:30 PE Snow Ball Toss 11:15 CE Aromatherapy Hand Towels 12:30 AE Fancy Friday (Nails, Makeup & Hair) 2:00 LL Snack & Relax 3:00 CE Snow Pencil Art 5:00 LL Evening Movie	7 9:15 PE Sit and Be Fit 10:00 LL Snack & Relax Musical Moments 10:30 PE Wild Walkers 11:15 CE Aromatherapy Hand Towels 1:00 PE Game Time (Bean Bag Toss) 2:00 LL Snack & Relax 3:00 AE Heart Wreath Craft 5:00 LL Evening Movie
Hot Topic of the Week "Love" 9:15 PE Sit and Be Fit 10:00 CE Bible Reading (Snack) 10:30 SS Catholic Communion (RR) 11:15 CE Aromatherapy Hand Towels 1:00 SS Church Service W/Scott 2:00 LL Snack & Relax 3:30 SS Sunday Church Service (RR) 5:00 LL Evening Movie	9 9:15 PE Fitness Fun Balloons & Noodles 10:00 LL Snack & Music 10:30 CE The Meaning of Love 11:15 CE Aromatherapy Hand Towels 1:00 AE Valentine Heart Craft 2:00 CE Taste & Tell W/Anne "Valentines Cupcakes" 3:00 CE Valentine Hangman Game 3:45 PE Wild Walkers 5:00 LL Evening Movie	10 9:15 PE Sit and Be Fit 10:00 LL Snack & Relax 10:30 AE Valentine Pencil Art Coloring 11:15 CE Aromatherapy Hand Towels 12:45 CC Bus Adventure (3 mile) 2:00 LL Snack & Relax 3:00 SS Church Services W/Scott (AL & MS) 3:45 PE Wild Walkers 5:00 LL Evening Movie	11 9:15 PE Fitness Fun Balloon & Noodles 10:00 LL Snack & Relax 10:30 CE Valentine Word Search 11:15 CE Aromatherapy Hand Towels 2:00 LL Snack & Relax 2:00 LL Ted Horowitz on The Piano 3:00 AE Valentines Card Craft 3:45 PE Wild Walkers 5:00 LL Evening Movie	12 9:15 PE Parachute Fitness 10:00 LL Snack & Relax 10:30 AE Watercolor Heart Painting 11:15 CE Aromatherapy Hand Towels 12:45 CC Bus Adventure (Biggs Loop) 2:00 LL Snack & Relax 3:00 CE Valentines Craft 3:45 PE Wild Walkers 5:00 LL Evening Movie	13 Valentine's Day 9:15 PE Stretching Fitness 10:00 LL Snacks "Valentines Cookies" 10:30 LL Valentine Card Exchange 11:15 CE Aromatherapy Hand Towels 12:30 AE Fancy Friday (Nails, Makeup & Hair) 1:00 LL Valentine's Day Party 2:00 LL Snack & Relax 3:00 LL Conversation Hearts 5:00 LL Evening Movie	14 9:15 PE Sit and Be Fit 10:00 LL Snack & Relax Musical Moments 10:30 PE Wild Walkers 11:15 CE Aromatherapy Hand Towels 1:00 PE Game Time "Bowling" 2:00 LL Snack & Relax 3:00 AE Making Cupcakes 5:00 LL Evening Movie
Hot Topic of the Week "Presidents" 9:15 PE Sit and Be Fit 10:00 CE Bible Reading (Snack) 10:30 SS Catholic Communion (RR) 11:15 CE Aromatherapy Hand Towels 1:00 SS Church Service W/Scott 2:00 LL Snack & Relax 3:30 SS Sunday Church Service (RR) 5:00 LL Evening Movie	16 Presidents' Day 9:15 PE Fitness Fun Balloons & Noodles 10:00 LL Snack & Music 10:30 CE Presidential Fun Facts 11:15 CE Aromatherapy Hand Towels 1:00 CE Name of States Word Search 2:00 LL Snack & Relax 3:00 CE Hangman Game "Presidents" 3:45 PE Wild Walkers 5:00 LL Evening Movie	17 9:15 PE Sit and Be Fit 10:00 LL Snack & Relax 10:30 CE George Washington Fun Facts 11:15 CE Aromatherapy Hand Towels 12:45 CC Bus Adventure (15 Mile) 2:00 LL Snack & Relax 3:00 SS Church Services W/Scott (AL & MS) 3:45 PE Wild Walkers 5:00 LL Evening Movie	18 9:15 PE Fitness Fun Balloon & Noodles 10:00 LL Snack & Relax 10:30 CE William Henry Harrison Fun Facts 11:15 CE Aromatherapy Hand Towels 12:45 CC Bus Adventure (Mosier/Rowena) 2:00 LL Snack & Relax 3:00 AE Water Color Flag Art 3:45 PE Wild Walkers 5:00 LL Evening Movie	19 9:15 PE Parachute Fitness 10:00 LL Snack & Relax 10:30 CE Abraham Lincoln Fun Facts 11:15 CE Aromatherapy Hand Towels 12:45 CC Bus Adventure (Mosier/Rowena) 2:00 LL Snack & Relax 3:00 AE Water Color Flag Art 3:45 PE Wild Walkers 5:00 LL Evening Movie	20 9:15 PE Stretching Fitness 10:00 PE Snacks & Musical Moments 10:30 CE Ronald Reagan Fun Facts 11:15 CE Aromatherapy Hand Towels 12:30 AE Fancy Friday (Nails, Makeup & Hair) 2:00 LL Snack & Relax 3:00 CE Patriotic Hangman 5:00 LL Evening Movie	21 9:15 PE Sit and Be Fit 10:00 LL Snack & Relax Musical Moments 10:30 PE Wild Walkers 11:15 CE Aromatherapy Hand Towels 1:00 PE Game Time "Bowling" 2:00 LL Snack & Relax 3:00 AE Making Flags 5:00 LL Evening Movie
Happy Birthday Florame C. Hot Topic of the Week "Poetry" 9:15 PE Sit and Be Fit 10:00 CE Bible Reading (Snack) 10:30 SS Catholic Communion (RR) 11:15 CE Aromatherapy Hand Towels 1:00 SS Church Service W/Scott 2:00 LL Snack & Relax 3:30 SS Sunday Church Service (RR) 5:00 LL Evening Movie	23 9:15 PE Fitness Fun Balloons & Noodles 10:00 LL Snack & Music 10:30 CE Poetry Word Search 11:15 CE Aromatherapy Hand Towels 1:00 LL Reading Poetry 2:00 LL Snack & Relax 2:00 LL Ted Horowitz on The Piano 3:00 CE Hangman Game 3:45 PE Wild Walkers 5:00 LL Evening Movie	24 9:15 PE Sit and Be Fit 10:00 LL Snack & Relax 10:30 CE William Shakespeare Biography 11:15 CE Aromatherapy Hand Towels 12:45 CC Bus Adventure (7 Mile) 2:00 LL Snack & Relax 3:00 SS Church Services W/Scott (AL & MS) 3:45 PE Wild Walkers 5:00 LL Evening Movie	25 9:15 PE Fitness Fun Balloon & Noodles 10:00 LL Snack & Relax 10:30 LL Tell A Fairy Tell 11:15 CE Aromatherapy Hand Towels 2:00 LL Snack & Relax 3:00 PE Game Time (Frisbee Golf) 3:45 PE Wild Walkers 5:00 LL Evening Movie	26 Happy Birthday Amy M. 9:15 PE Parachute Fitness 10:00 LL Snack & Relax 10:30 AE Emily Dickinson Poems 11:15 CE Aromatherapy Hand Towels 12:45 CC Bus Adventure (5 Mile) 2:00 LL Snack & Relax 3:00 CE St Patty's Day Craft 3:45 PE Wild Walkers 5:00 LL Evening Movie	27 9:15 PE Stretching Fitness 10:00 PE Snacks & Musical Moments 10:30 PE Game Time (Bean Bag Toss) 11:15 CE Aromatherapy Hand Towels 12:30 AE Fancy Friday (Nails, Makeup & Hair) 2:00 LL Snack & Relax 3:00 AE St Patty's Day Decorating 5:00 LL Evening Movie	28 9:15 PE Sit and Be Fit 10:00 LL Snack & Relax Musical Moments 10:30 PE Wild Walkers 11:15 CE Aromatherapy Hand Towels 1:00 PE Game Time (Basket Ball Toss) 2:00 LL Snack & Relax 3:00 AE St. Patty's Day Craft 5:00 LL Evening Movie
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