



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Evolve <i>at Rye</i> A MEMORY SUPPORT COMMUNITY 295 Lafayette Rd. Rye, NH 03870 (603) 379-1898		AE Artistic Expression CC Community Connections CE Continuing Education LL Lifestyle & Leisure PE Physical Engagement SS Spiritual Support Healthy Snacks & Hydration offered throughout each day!				
						9:30 PE Moving and Grooving 10:00 CE Word Scramble 11:00 PE Category Ball Toss 1:30 PE Afternoon Stretch 2:00 LL Puzzles and Table Games 3:00 CC Entertainment Josef Nocera 6:00 LL Classic TV
Groundhog Day 9:30 PE Sunday Stretches 10:00 CE Scattegories 11:00 SS Church Devotions 1:30 PE Slow Stretch 2:00 AE Super Bowl Football Art 3:00 CE Football Trivia 4:00 PE Table Ping Pong 6:00 LL Laughter is the Best Medicine	9:30 PE Morning Wake Up Stretch 10:00 CE Word Detective 11:00 AE Charades 1:30 PE Afternoon Stretches 2:00 AE Art with Joe 6:00 LL Musical Monday	9:30 PE Let's Get Moving 10:00 CE Tuesday Trivia 11:00 PE Just Noodlin' Around 1:30 PE Chair Dancing 2:00 CE Techie Tuesday 3:00 Aromatherapy 6:00 LL Classic TV Time	9:30 PE We are Light and Lively 10:00 CE Wacky Wordies 11:00 PE Volley Ball Toss 1:30 PE Strengthen and Tone 4:00 CC Walking the Distance 6:00 PE Hallmark Movie	9:30 PE Let's Move to the Beat 10:00 CE Name That Movie 11:00 PE Sunshine Dancing 1:30 PE Slow Motion Moves 2:00 AE Art Therapy 3:30 AE Entertainment Josef Nocera 6:00 LL TV Time	9:30 PE Fitness Friday 10:00 CE Scattegories 11:00 PE Balloon Tap 1:30 PE Strength Training with Ashley 3:00 CC Bingo! 6:00 LL Friday Night at the Movies	9:30 PE Moves and Grooves 10:00 CE Build a Word Tree 11:00 PE Big Ball Soccer 1:30 PE Saturday Stretches 2:00 CC Project Linus 3:00 AE Art in the Afternoon 6:00 LL Classic TV Time
9:30 PE Sunday Stretches 10:00 AE Sunday Funnies 11:00 SS Church Service 1:30 PE Tai Chi 2:00 LL Pampering Time 6:00 LL Evening Readings	9:30 PE Motivation Mondays 10:00 CE Word Scramble 11:00 PE ABC Ball Toss 1:30 PE Afternoon Slow Stretch 2:00 AE Mandala Monday 3:00 CE Finish My Line 6:00 LL Classic TV Time	9:30 PE Moving in the Morning 10:00 AE Feed the Birds 11:00 PE Bird Ball Toss 1:30 PE Afternoon Slow Stretch 3:30 AE Entertainment John and Linda 6:00 LL Laughter is the Best Medicine	9:30 PE Wake Up Wednesdays 10:00 CE Word Play 11:00 CC Jigglin' with Jello! 1:30 PE Weights on Wednesday with Kayla 3:00 CE Finish the Lyrics 4:00 PE Walking on the Wild Side 6:00 LL Musical Crooners	9:30 PE Let's Get Moving 10:00 CC Who's in the Kitchen? 11:00 PE Use Your Noodle 1:30 PE Chair Yoga 2:30 CC Valentine Tea Party 3:30 AE Entertainment Billy Glynn 6:00 LL TV Time	Valentine's Day 9:30 PE Fitness Fridays 10:00 CE Mining Our Words 11:00 PE Yogibo! 1:30 PE Strength Building with Ashley 3:00 AE Art with Joe 6:00 LL TV Time	9:30 PE Light and Lively 10:00 CE Word Detective 11:00 PE How Many Can You Name? 1:30 PE Slow Chair Dancing 2:00 AE Gems and Jewelry and Pretty Things 6:00 LL Classic TV Time
9:30 PE Sunday Morning Stretch 10:00 AE Music Therapy with Jordan 11:00 SS Sunday Service 1:30 PE Slow Stretching 2:00 LL Pampering Time 3:00 AE Art in the Afternoon 6:00 LL Sunday Movie	Presidents' Day 9:30 PE Let's Get Moving 10:00 CE Word Scramble 11:00 PE Corn Hole 1:30 PE Slow Chair Dancing 3:30 AE Entertainment Duke Snyder 6:00 LL Hallmark TV	9:30 PE Stretching in the Morning 10:00 CE What's that Smell? 11:00 PE Bean Bag Basket 1:30 PE Stretching in the Afternoon 3:00 CC Tea Time Tuesday 6:00 LL Laughter is the Best Medicine	9:30 PE Making the Morning Moves 10:00 CE Mining Our Words 11:00 AE Spring Dreaming 1:30 PE Strengthen and Tone 3:30 SS Entertainment Journey Song 6:00 LL Classic T.V	9:30 PE Movin' to the Beat 10:00 CE Who Am I? 11:00 PE What Can You Do? 1:30 PE Chair Dancing 2:30 CC Our February Birthday Bash 6:00 Movie Time	9:30 PE Fab and Flexible 10:00 CE I'm Thinking of a Number 11:00 PE Balloon Volley Ball 1:30 PE Strengthen and Build 3:00 Bingo! 6:00 LL TV Time	9:30 PE Move and Groove 10:00 CE Word Play 11:00 PE Big Ball Soccer 1:30 PE Slow Chair Dancing 2:00 Jazzy Art in the Afternoon 3:00 CE Armchair Traveler 6:00 LL Laughter is the Best Medicine
9:30 PE Stretching in the Morning 10:00 CE Sunday Funny Papers 11:00 SS Sunday Devotions 1:30 PE Stretching Time 2:00 LL Puzzles and Table Games 6:00 LL Movie Musical	9:30 PE Let's Move and Groove 10:00 CE Word Play 11:00 PE ABC Ball Toss 1:30 PE Afternoon Slow Stretch 3:30 LL Entertainment Sunshine Singers 6:00 LL Classic TV Time	9:30 PE Morning Wake Up Stretch 10:00 CE It's Trivial 11:00 PE Bean Bag Toss 1:30 PE Stretching Time 3:00 CE Name That Tune 6:00 LL Hallmark TV	9:30 PE We are Light and Lively 10:00 CE What Am I? 11:00 PE What Can You Do? 1:30 PE Strength Training 3:30 SS Entertainment Joyful Noise 6:00 LL TV Time	9:30 PE Stretching in the Morning 10:00 CE Mining Our Words 11:00 SS Church Service 1:30 PE Chair Yoga 3:30 AE Entertainment The Irish Music Guy 6:00 LL Laughter is the Best Medicine	9:30 PE Fitness Friday 10:00 CE Word Play 11:00 PE Balloon Tap 1:30 PE Strengthen and Tone 3:00 CC Would You Rather...? 6:00 LL Hallmark Movie	9:30 PE Morning Wake Up 10:00 CE I'm Thinking of a Number 11:00 PE It's a Toss Up 1:30 PE Chair Dancing 2:00 CC What is Cho Han? 6:00 LL Classic T.V