



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday		Saturday
Brookstone Assisted Living & Memory Care	415 E. Longview Street Fayetteville, AR 72703 479-443-3900	AE Artistic Expression CC Community Connections CE Continuing Education LL Lifestyle & Leisure PE Physical Engagement SS Spiritual Support	Healthy Snacks & Hydration offered throughout each day!	Location Keys  Dining Room DR Living Room LR Lobby L Soda Fountain SF		8:30 9:30 AM PM 5:00	Morning Matters The Daily Chronicle Trivia, Stories & Games! Busy Hands Razorback Basketball vs Alabama Calming Conversations with Hot Tea
8:30 Morning Matters 9:30 The Daily Chronicle 10:30 SS Singing Hymns [SF] PM BINGO PARTY! 5:30 Superbowl LIV: 49ers vs Chiefs PM Calming Conversations with Hot Tea	8:15 The Daily Chronicle 8:30 Morning Matters 10:00 Strength Training 11:00 Pet Therapy with Winston 1:45 Exercise Group 2:30 History Lesson PM Calming Conversations with Hot Tea		8:15 The Daily Chronicle 8:30 Morning Matters 10:30 SS Singing Hymns [SF] 1:15 SS Bible Study Group 1:45 Taste & Tell with Chef 3:00 Community Service Project PM Calming Conversations with Hot Tea	Beauty Shop Appointments 8:15 The Daily Chronicle 8:30 Morning Matters 10:00 Breadtime 10:30 Armchair Theatre Club [LR] 1:45 Chair Yoga 2:30 BINGO! PM Calming Conversations with Hot Tea	Beauty Shop Appointments  8:15 The Daily Chronicle  8:30 Morning Matters  10:30 Passport to Wellness  1:45 Fitness Fun!  3:30 Sweet Treats with U of A  Sorority Gals  6:00 Movie Night & Popcorn!  PM Calming Conversations with  Hot Tea	8:30 9:30 10:00 PM 2:30 PM	Morning Matters The Daily Chronicle Trivia, Stories & Games! Busy Hands Razorback Basketball at Missouri Calming Conversations with Hot Tea
8:30 Morning Matters  9:30 The Daily Chronicle  10:30 SS Singing Hymns [SF]  1:30 BINGO PARTY!  3:00 AE West Family Singers [L] PM Manicures PM Calming Conversations with Hot Tea	8:15 The Daily Chronicle 8:30 Morning Matters 10:00 AE Music Therapy with Carrie 11:00 Pet Therapy with Winston 1:45 Exercise Group 2:30 History Lesson PM Calming Conversations with Hot Tea	8:15 The Daily Chronicle 8:30 Morning Matters 9:30 Manicures & Musicals 1:30 Piano Performance with Kyle [DR] 3:30 Discuss & Recall! 6:00 Razorback Basketball vs Tennessee PM Calming Conversations with Hot Tea	Jo's 98th Birthday!  8:15 The Daily Chronicle 8:30 Morning Matters  10:30 SS Singing Hymns [SF] 1:15 SS Bible Study Group 2:00 February Birthday Party! 3:00 Community Service Project PM Calming Conversations with Hot Tea	Beauty Shop Appointments 8:15 The Daily Chronicle 8:30 Morning Matters 10:00 Breadtime 10:30 Armchair Theatre Club [LR] 1:45 Chair Yoga 2:30 BINGO! PM Calming Conversations with Hot Tea	Beauty Shop Appointments Valentine's Day  8:15 The Daily Chronicle 8:30 Morning Matters 10:00 Looking Lovely 11:45 Brookstone's Sweetheart Luncheon 1:45 Love Song Sing-a-long 2:30 Happy Hour 6:00 Movie Night & Popcorn! PM Calming Conversations with Hot Tea	8:30 9:30 10:00 12:00 PM PM	Morning Matters The Daily Chronicle Trivia, Stories & Games! Razorback Basketball vs Mississippi Busy Hands Calming Conversations with Hot Tea
8:30 Morning Matters 9:30 The Daily Chronicle 10:30 SS Singing Hymns [SF] 1:30 BINGO PARTY! PM Manicures PM Calming Conversations with Hot Tea	Presidents' Day  8:15 The Daily Chronicle  8:30 Morning Matters  10:00 Strength Training  11:00 Pet Therapy with Winston  1:45 Exercise Group  2:30 Name That President  PM Calming Conversations with Hot Tea	Razorback Basketball vs Florida  8:15 The Daily Chronicle  8:30 Morning Matters  9:30 Manicures & Musicals  1:30 Live Music with Pat Hall  2:30 Crafternoon PM Calming Conversations with Hot Tea	8:15 The Daily Chronicle 8:30 Morning Matters 10:30 SS Singing Hymns [SF] 1:15 SS Bible Study Group 1:45 Passport to Wellness 3:00 Community Service Project PM Calming Conversations with Hot Tea	Beauty Shop Appointments 8:15 The Daily Chronicle 8:30 Morning Matters 10:00 Breadtime 10:30 Armchair Theatre Club [LR] 2:00 Live Music: Coop's Country & Classics PM Calming Conversations with Hot Tea	Beauty Shop Appointments 8:15 The Daily Chronicle 8:30 Morning Matters 10:30 Card Games! 1:45 Fitness Fun! 3:30 Sweet Treats with U of A Sorority Gals 6:00 Movie Night & Popcorn! PM Calming Conversations with Hot Tea	8:30 9:30 10:00 12:00 PM PM	Morning Matters The Daily Chronicle Trivia, Stories & Games! Razorback Basketball vs Missouri Busy Hands Calming Conversations with Hot Tea
8:30 Morning Matters  9:30 The Daily Chronicle  10:30 SS Singing Hymns [SF]  1:30 BINGO PARTY! PM Manicures PM Calming Conversations with Hot Tea	8:15 The Daily Chronicle 8:30 Morning Matters 10:00 AE Music Therapy with Carrie 11:00 Pet Therapy with Winston 1:45 Exercise Group 2:30 History Lesson PM Calming Conversations with Hot Tea	Chronicle	8:15 The Daily Chronicle 8:30 Morning Matters 10:30 SS Singing Hymns [SF] 1:15 SS Bible Study Group 1:30 ST Taste & Tell with Chef Nick 3:00 Community Service Project 6:00 Razorback Basketball vs Tennessee PM Calming Conversations with Hot Tea	Beauty Shop Appointments 8:15 The Daily Chronicle 8:30 Morning Matters 10:00 Breadtime 10:30 Armchair Theatre Club [LR] 1:45 PE Chair Yoga 2:30 BINGO! PM Calming Conversations with Hot Tea	Beauty Shop Appointments 8:15 The Daily Chronicle 8:30 Morning Matters 10:30 Puzzles & Games 1:45 Fitness Fun! 2:30 Happy Hour 6:00 Movie Night & Popcorn! PM Calming Conversations with Hot Tea	8:30 9:30 10:00 PM 5:00	Morning Matters The Daily Chronicle Trivia, Stories & Games! Busy Hands Razorback Basketball vs Georgia Calming Conversations with Hot Tea