Oaks at Bethesda
Assisted Living and Rehab to Home

## Rebruary 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 V 9:15 Chair Yoga-HCAR CC 10:00 Oreo Ball Desserts K 11:50 Daily Chronicle-DR CG 2:00 Candy Bingo-HCAR C 3:30 Card Table-AL Cafe
2 Groundhog Day	3	4	5	6	7	8
I 10:00 North Terrace Church Service-HCAR  I1:45 Daily Chronicle-DR Cupid Arrow Painting- HCAR  3:30 Card Games-ALAR	9:00 TrilogyFit-ALAC 9:30 Cranium Crunches-ALAC 10:00 Community Bingo-ALAC 1:15 Rosary with Regina-ALAR GC 1:45 Card Game Time-AL Cafe	8:45 TrilogyFit-ALAC 10:00 Sing Along with Cornerstone Church- HCAC 1:30 Crafter's Corner-HCAR 2:35 Resident Council Inspired Living Committee-HCAR	9:30 Lifeshare Games 10:45 Lunch at Panera Bread 11:45 Wednesday Trivia-DR 3:45 Lifeshare Name that Tune 5:30 Bingo-HCAR	9:00 TrilogyFit-ALAC GF 10:30 Spa Day with the Gathering Place GC 2:00 Entertainment by David Schubach-ALLR O 3:20 Dollar Tree Trip GG Game Night with Popcorn-AC	9:00 Moving to Music 10:30 Sewing Hour-HCAC 1:15 Rosary with Regina-ALAR 2:30 You Tube Happy Hour-HCDR	9:15 Chair Yoga-HCAR 10:00 Chocolate Covered Strawberries 11:50 Daily Chronicle-DR GG 2:00 Candy Bingo-HCAR K 3:30 Card Table-AL Cafe
9	10	11	12	13	14 Valentine's Day	15
I 10:00 North Terrace Church Service-HCAR  I 1:45 Daily Chronicle-DR  I:30 Heart Crafts-HCAR  3:30 Card Games-ALAR	9:00 TrilogyFit-ALAC 9:30 Cranium Crunches-ALAC 10:00 Community Bingo-ALAC 1:15 Brain Fit-ALAC 1:45 Card Game Time-AL Cafe 2:15 Rosary with Regina-ALAR A 2:45 Candy Puzzle	8:45 TrilogyFit-ALAC 10:00 Just the Guys Car Magazines-HCAC 1:30 Crafter's Corner-HCAR 2:30 Willy Wonka decorations	<ul> <li>9:30 Lifeshare Games</li> <li>10:45 Lunch at Wendy's</li> <li>11:45 Wednesday Trivia-DR</li> <li>3:45 Lifeshare Name that Tune</li> <li>5:30 Bingo-HCAR</li> </ul>	9:00 TrilogyFit-ALAC GF 10:00 Coffee and Conversations  1:30 Who, What, Where and When Trivia-HCAC 2:30 Walmart Trip GC 5:30 Romance Movie with Richard Gear and Popcorn-HCAC	<ul> <li>9:00 Moving to Music</li> <li>10:30 Nail Spa-ALAR</li> <li>1:15 Rosary with Regina-ALAR</li> <li>2:30 Love Songs Happy Hour with Class of '62-HCDR</li> </ul>	<ul> <li>9:15 Chair Yoga-HCAR</li> <li>10:00 Chocolate Cookie Dough Dessert</li> <li>11:50 Daily Chronicle-DR</li> <li>2:00 Candy Bingo-HCAR</li> <li>3:30 Card Table-AL Cafe</li> </ul>
16	17 Presidents' Day	18	19	20	21	22
I 10:00 North Terrace Church Service-HCAR  K 11:45 Daily Chronicle-DR A 1:30 Wonka Decorations- HCAR GG 3:30 Card Games-ALAR	<ul> <li>9:00 TrilogyFit-ALAC</li> <li>9:30 President's Day Trivia-HCAC</li> <li>10:00 Community Bingo-ALAC</li> <li>12:00 Taste of Town from King Garden's</li> <li>1:30 Brain Fit-ALAC</li> <li>1:45 Card Game Time-AL Cafe</li> </ul>	<ul> <li>8:45 TrilogyFit-ALAC</li> <li>10:00 Violet's Blueberry Muffins-HCAC</li> <li>1:30 Wonka's Candy Bar Craft-HCAR</li> <li>2:00 Entertainment by Trice Perry</li> <li>3:15 Tuesday Trivia</li> </ul>	<ul> <li>9:30 Trip to "Nothing but Chocolate" Chocolate Factory</li> <li>11:45 Wednesday Trivia-DR</li> <li>2:00 Entertainment by Rick &amp; Sue</li> <li>3:45 Lifeshare Name that Tune</li> <li>5:30 Bingo-HCAR</li> </ul>	9:00 TrilogyFit-ALAC GF 10:00 Coffee and	<ul> <li>9:00 Moving to Music</li> <li>10:30 Nail Spa-ALAR</li> <li>1:15 Rosary with Regina-ALAR</li> <li>2:30 Willy Wonka Happy Hour with Mike Ward-HCDR</li> </ul>	<ul> <li>9:15 Chair Yoga-HCAR</li> <li>10:00 Cherry Chocolate Chip Cookies</li> <li>11:50 Daily Chronicle-DR</li> <li>2:00 Candy Bingo-HCAR</li> <li>3:30 Card Table-AL Cafe</li> </ul>
23	24	25 Mardi Gras	26 Ash Wednesday	27	28	29
I 10:00 North Terrace Church Service-HCAR  K 11:45 Daily Chronicle-DR 12:00 Sunday Brunch-DR 1:30 St Patrick's Day Craft 3:30 Card Games-ALAR	9:00 TrilogyFit-ALAC 9:30 Cranium Crunches-ALAC 10:00 Community Bingo-ALAC 1:30 Brain Fit-ALAC 3:45 Card Game Time-AL Cafe 1:2:15 Rosary with Regina-ALAR	M 2:00 Entertainment by Dick & Donna Gee	<ul> <li>9:30 Lifeshare Games</li> <li>10:00 Chef's Circle with Ashley</li> <li>10:45 Lunch at Red Lobster</li> <li>11:45 Wednesday Trivia-DR</li> <li>2:00 Entertainment by Jerry Weaver</li> <li>3:45 Lifeshare Name that Tune</li> <li>5:30 Bingo-HCAR</li> </ul>	9:00 TrilogyFit-ALAC GF 10:00 Coffee and Conversations Just the Guys Car Buying Guide O 2:30 Shopping Trip to Kohl's GG 5:30 Game Night with Popcorn-AC	<ul> <li>9:00 Moving to Music</li> <li>10:30 Nail Spa-ALAR</li> <li>1:15 Rosary with Regina-ALAR</li> <li>2:30 Happy Hour with Dave &amp; Cathy Goss-HCDR</li> </ul>	<ul> <li>9:15 Chair Yoga-HCAR</li> <li>10:00 Red, White and Blue Desserts</li> <li>11:50 Daily Chronicle-DR</li> <li>2:00 Candy Bingo-HCAR</li> <li>3:30 Card Table-AL Cafe</li> </ul>

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Oaks at Bethesda Health Care			rebri	UUIN	202	
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						9:15 Chair Yoga-HCAR 10:00 Oreo Ball Desserts 10:30 Theme Sensations- Cooking K 11:50 Daily Chronicle-DR GC 2:00 Candy Bingo-HCAR K 3:30 Card Table-AL Cafe
2 Groundhog Day  MM 9:00 Theme Sensations 1 10:00 North Terrace Church Service-HCAR  I1:45 Daily Chronicle-DR Cupid Arrow Painting- HCAR 3:30 Card Games-ALAR	3  K 9:30 Cranium Crunches-ALAC 10:00 Community Bingo-ALAC 11:00 Theme Sensations-ALAC 1:15 Rosary with Regina-ALAR 1:30 Dream VR-Winter in Venice-HCAR S 2:30 Resident Council	M 10:00 Sing Along with Cornerstone Church- HCAC MN 10:00 Theme Sensations- HCAC A 1:30 Crafter's Corner-HCAR S 3:30 Inspired Living Committee-HCAR	9:00 Cardio-HCAR 10:00 Chef's Circle with Ashley 10:45 Lunch at Panera Bread K 11:45 Wednesday Trivia-DR MN 3:15 Theme Sensations-Hand Massages MN 3:30 Theme Sensations- pumpkins M 3:45 Lifeshare Name that Tune	GF 10:30 Spa Day with the Gathering Place GC 2:00 Entertainment by David Schubach-ALLR MIN 3:00 Sensory Connection-Fall 3:20 Dollar Tree Trip GC 5:30 Game Night with Popcorn-AC	7 V 9:00 Moving to Music 10:30 Sewing Hour-HCAC 1:15 Rosary with Regina-ALAR MM 1:40 Sensory Connection- Baby HCAC S 2:30 You Tube Happy Hour- HCDR	9:15 Chair Yoga-HCAR 10:00 Chocolate Covered Strawberries  MM 10:30 Theme Sensations- Cooking  K 11:50 Daily Chronicle-DR 2:00 Candy Bingo-HCAR K 3:30 Card Table-AL Cafe
9 9:00 Theme Sensations 1 10:00 North Terrace Church Service-HCAR K 11:45 Daily Chronicle-DR A 1:30 Heart Crafts-HCAR GG 3:30 Card Games-ALAR	9:30 Cranium Crunches-ALAC 10:00 Community Bingo-ALAC 11:00 Theme Sensations-ALAC 1:30 Dream VR-Science Sky Dive-HCAR 2:15 Rosary with Regina-ALAR A 2:45 Candy Puzzle	11 JG 10:00 Just the Guys Car Magazines-HCAC MN 10:00 Theme Sensations-HCAC A 1:30 Crafter's Corner-HCAR A 2:30 Willy Wonka decorations	<ul> <li>9:00 Cardio-HCAR</li> <li>10:00 Chef's Circle with Ashley</li> <li>10:45 Lunch at Wendy's</li> <li>11:45 Wednesday Trivia-DR</li> <li>3:15 Theme Sensations-Hand Massages</li> <li>Theme Sensations-pumpkins</li> <li>3:45 Lifeshare Name that Tune</li> </ul>	GF 10:00 Coffee and Conversations  K 1:30 Who, What, Where and When Trivia-HCAC  O 2:30 Walmart Trip  MN 3:00 Sensory Connection-Fall  GG 5:30 Romance Movie with Richard Gear and Popcorn-HCAC	<ul> <li>Valent ine's Day</li> <li>9:00 Moving to Music</li> <li>10:30 Nail Spa-ALAR</li> <li>1:15 Rosary with Regina-ALAR</li> <li>1:40 Sensory Connection-Baby HCAC</li> <li>2:30 Love Songs Happy Hour with Class of '62-HCDR</li> </ul>	9:15 Chair Yoga-HCAR 10:00 Chocolate Cookie Dough Dessert MM 10:30 Theme Sensations- Cooking K 11:50 Daily Chronicle-DR 2:00 Candy Bingo-HCAR 3:30 Card Table-AL Cafe
9:00 Theme Sensations 1 10:00 North Terrace Church Service-HCAR 11:45 Daily Chronicle-DR 1:30 Wonka Decorations- HCAR GG 3:30 Card Games-ALAR	President s' Day  Service 10:30 President's Day Trivia-HCAC  CC 10:00 Community Bingo-ALAC 11:00 Theme Sensations-ALAC 12:00 Taste of Town from King Garden's  L 1:30 Dream VR-Pup's Eye View-HCAR  A 2:15 Augusta's Gloop Fudge-	MN 10:00 Theme Sensations-HCAC A 10:00 Violet's Blueberry Muffins-HCAC A 1:30 Wonka's Candy Bar Craft-HCAR M 2:00 Entertainment by Trice Perry K 3:15 Tuesday Trivia	Factory  10:00 Chef's Circle with Ashley  11:45 Wednesday Trivia-DR  2:00 Entertainment by Rick & Sue	GF 10:00 Coffee and Conversations GG 1:30 Cruise About Zanesville-HCAC MM 3:00 Sensory Connection-Fall GG 3:30 Pop Bottle Ring Toss S 5:00 Willy Wonka Theme Dinner GG 5:30 Game Night with	9:00 Moving to Music  GF 10:30 Nail Spa-ALAR  1:15 Rosary with Regina-ALAR  1:40 Sensory Connection-Baby HCAC  S 2:30 Willy Wonka Happy Hour with Mike Ward-HCDR	9:15 Chair Yoga-HCAR 10:00 Cherry Chocolate Chip Cookies  10:30 Theme Sensations- Cooking  K 11:50 Daily Chronicle-DR GC 2:00 Candy Bingo-HCAR K 3:30 Card Table-AL Cafe
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