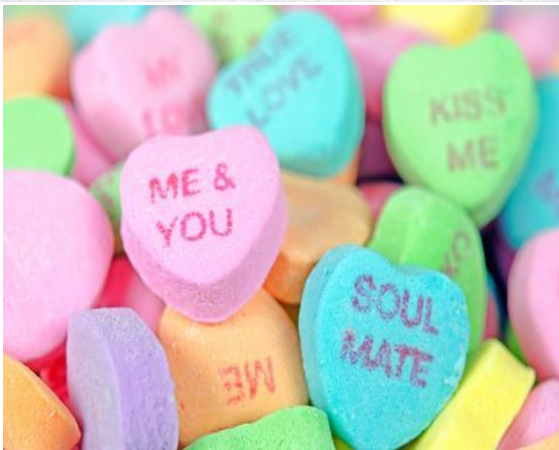
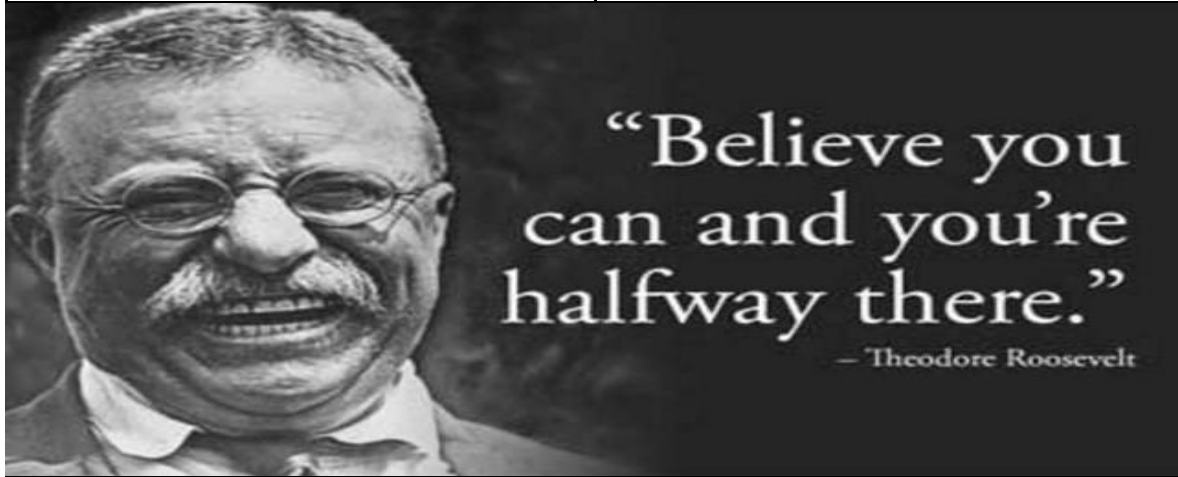


Bella Vista Villa February Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Everyone you meet comes with baggage. Find someone who loves you enough to help you unpack. Beautiful-Love-Quotes.com  February Birthdays! •Florence Sturrett (2/7)   	
TRY SOMETHING NEW		february				9:00 Wii Bowling (VL) 10:00 Morning Hydration 2:30 Movie (VL) 3:00 Afternoon Hydration		
2 9:30 Catholic Mass (3M) 10:00 Morning Hydration 12:30 Rummikub (VD) 2:00 Non-Denom. Service (3M) 3:00 Afternoon Hydration 3:30 Movie (VD) GROUNDHOG DAY	3 9:00 Target Golfing (VD) 10:00 Morning Hydration 10:30 Wii Games (VL) 11:00-2:00 Ellie's Fashions (1C) 1:00 Rummikub (VD) 2:30 Movie (VL) 3:00 Afternoon Hydration	4 9:00 Ball Toss with Parachute (VD) 10:00 Morning Hydration 10:30 Bingo (VD) 1:00 Book Club (3LB) 2:15 Pedicures (VD) 3:15 Afternoon Hydration	5 9:00 Target Golfing (VD) 10:00 Morning Hydration 10:30 Total Body Fitness (VD) 11:00 Health Talk: CBD Presentation with Zina (1C) 12:00 Florence's Birthday Party(VD) 1:00 Uno (VD) 3:30 Afternoon Hydration	6 9:00 Ball Toss with Parachute (VD) 10:00 Morning Hydration 10:30 Wii Bowling (VL) 1:00 Making Valentine's Crafts (VD) 2:15 Word Explosion (VD): Valentines 3:30 Afternoon Hydration	7 Happy Birthday Florence! 9:00 Current Events (VL) 10:00 Morning Hydration 10:30 Bingo (VD) 12:30 Ball Toss (VD) 2:00 Happy Hour (DR): Rip James Show Vocals and Keyboard 3:00 Afternoon Hydration	8 9:00 Wii Bowling (VL) 10:00 Morning Hydration 2:30 Movie (VL) 3:00 Afternoon Hydration		
9 9:30 Catholic Mass (3M) 10:00 Morning Hydration 12:30 Rummikub (VD) 2:00 Non-Denom. Service (3M) 3:00 Afternoon Hydration 3:30 Movie (VD) FULL MOON	10 9:00 Target Golfing (VD) 10:00 Morning Hydration 10:30 Wii Games (VL) 1:00 Rummikub (VD) 2:30 Sing-A-Longs with Alexis (1C) 3:00 Afternoon Hydration	11 9:00 Ball Toss with Parachute (VD) 10:00 Morning Hydration 10:30 Total Body Fitness (VD) 1:00 Book Club (3LB) 2:15 Pedicures (VD) 3:15 Afternoon Hydration	12 9:00 Target Golfing (VD) 10:00 Morning Hydration 10:30 Valentine's Party! (VD) 1:00 Connect 4 (VD) 2:15 Nature Walk 2:30 Town Hall Meeting (3M) 3:30 Mobile Hearing (1C) 3:30 Afternoon Hydration LINCOLN'S BIRTHDAY	13 9:00 Ball Toss with Parachute (VD) 10:00 Morning Hydration 10:30 Wii Bowling (VL) 1:00 Making Valentine's Cards (VD) 2:00 Food for Thought Meeting(3M) 2:15 Root Beer Float Social (VD) 3:30 Afternoon Hydration	14 9:00 Current Events (VL) 10:00 Morning Hydration 10:30 Bingo (VD) 12:30 Hangman (VD) 2:00 Happy Hour (DR): 2:00 Valentine's Day Dance! Van Arlon - Country Music 3:00 Afternoon Hydration VALENTINES DAY	15 9:00 Wii Bowling (VL) 10:00 Morning Hydration 2:30 Movie (VL) 3:00 Afternoon Hydration		
16 9:30 Catholic Mass (3M) 10:00 Morning Hydration 12:30 Rummikub (VD) 2:00 Non-Denom. Service (3M) 3:00 Afternoon Hydration 3:30 Movie (VD)	17 9:00 Target Golfing (VD) 10:00 Morning Hydration 10:30 Wii Games (VL) 1:00 Rummikub (VD) 2:30 Jayne Demonstrating how to Make a Detox Salad (1C) 2:30 Movie (VL) 3:00 Afternoon Hydration PRESIDENT'S DAY	18 9:00 Ball Toss with Parachute (VD) 10:00 Morning Hydration 10:30 Total Body Fitness (VD) 1:00 Book Club (3LB) 2:15 Pedicures (VD) 3:15 Afternoon Hydration	19 9:00 Target Golfing (VD) 10:00 Morning Hydration 10:30 Bingo (3M) 1:00 Scrabble (VD) 2:15 Nature Walk 3:30 Afternoon Hydration	20 9:00 Ball Toss with Parachute (VD) 10:00 Morning Hydration 10:30 Wii Bowling (VL) 1:00 Painting (VD) 2:15 Word Explosion (VD): Endearment 3:30 Afternoon Hydration	21 9:00 Current Events (VL) 10:00 Morning Hydration 10:30 Bingo (VD) 12:30 Ball Toss (VD) 2:00 Happy Hour (DR): M.J Moore Vocals and Guitar 3:00 Afternoon Hydration	22 9:00 Wii Bowling (VL) 10:00 Morning Hydration 2:30 Movie (VL) 3:00 Afternoon Hydration WASHINGTON'S BIRTHDAY		
23 9:30 Catholic Mass (3M) 10:00 Morning Hydration 12:30 Rummikub (VD) 2:00 Non-Denom. Service (3M) 3:00 Afternoon Hydration 3:30 Movie (VD) NEW MOON	24 9:00 Target Golfing (VD) 10:00 Morning Hydration 10:30 Wii Games (VL) 1:00 Rummikub (VD) 2:00 Yoga Fitness Sponsored by United Healthcare (4F) 2:30 Movie (VL) 3:00 Afternoon Hydration	25 9:00 Ball Toss with Parachute (VD) 10:00 Morning Hydration 10:30 Total Body Fitness (VD) 1:00 Book Club (3LB) 2:00 Mardi Gras Party with Performer Gabriel Magno! (DR) 2:15 Pedicures (VD) 3:15 Afternoon Hydration	26 9:00 Target Golfing (VD) 10:00 Morning Hydration 10:30 Bingo (3M) 10:30 Ash Wednesday Prayer Service (3M) 2:00 Birthday Party Social (DR) 2:15 Nature Walk 3:30 Afternoon Hydration LENT BEGINS	27 9:00 Ball Toss with Parachute (VD) 10:00 Morning Hydration 10:30 Wii Bowling (VL) 1:00 Coloring (VD) 2:15 Root Beet Float Social (VD) 3:30 Afternoon Hydration	28 9:00 Current Events (VL) 10:00 Morning Hydration 10:30 Bingo (VD) 12:30 Hangman (VD) 2:00 Happy Hour (DR): Jay Farris Dancing Music 3:00 Afternoon Hydration	29 9:00 Current Events (VL) 10:00 Morning Hydration 10:30 Rummikub (VD) 1:15 Wii Games (VL) 2:30 Movie (VL) 3:00 Afternoon Hydration LEAP DAY		
 "Believe you can and you're halfway there." — Theodore Roosevelt		Library, Banks, Post Office, Pharmacy, Drs. and Grocery Stores		Bella Vista Senior Living 1825 W. Emelita Ave. Mesa, AZ 85202 Concierge.....(480) 964-0410 Dining Room.....(480) 219-6218 Salon.....(602) 399-3162 Offices located on 2nd Floor		Location Key		
		Monday:				VL = Villa Lounge VD = Villa Dining Room DR = Main Dining Room ** = Sign up at Concierge 1L = 1st Floor Lobby 1C = 1st Floor Café 3LB = 3rd Floor Library 3M = 3rd Floor Multipurpose 3MC = 3rd Floor Man Cave 4C = 4th Floor Craft Room 4F = 4th Floor Fitness 4T = 4th Floor Theater BR = Breezeway P = Swimming Pool		
		Library/Banks/Post Office * 2/3 & 2/17- 9:00 a.m.						
		Tuesdays & Wednesdays Only** Doctors' Appointments - Please schedule as soon as possible!						
		Thursdays Albertsons - 9:00 a.m. * Fry's - 9:30 a.m. *		Fridays Hair & Nail Salons - 12:30 p.m. **				