February 2020 Memory Care Events

WALTONWOOD LAKESIDE
Redefining Retirement Living
SINGH

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1 9:15am Sit and Stretch 9:45am Prayer and Pledge 10:15am Moisturizing Hand Messages & Nails 10:30am **Love on a Leash** 11:45am Clean Up 1:00pm **Kitchen Creations; Cookies** 2:00pm Stories, Poems and Meditation 2:15pm Engaging Stations 3:00pm Friday Outings in February 3:00pm Loads of Laundry
2 9:15am Sit and Stretch 9:45am Prayer and Pledge 10:15am Parachute with Music 11:15am Brain Games; Scattagories 1:00pm **Crafty Creations; Ombre Paper** 2:00pm Card and Dice Games 2:00pm **Puppy Bowl XV** 3:00pm Friday Outings in February 3:00pm Balloon Volleyball 4:00pm Walking Club 6:30pm **Super Bowl LIV**	**3** 9:15am Sit and Stretch 9:45am Prayer and Pledge 10:30am Brain Game; Scattagories 11:45am Clean Up 2:00pm Forever Fit with Lisa 2:30pm **Resident Council Meeting** 2:45pm Candy Bar Bingo 3:00pm Friday Outings in February 3:30pm Engaging Stations 4:00pm Kickball with Lisa	**4** 9:15am Sit and Stretch 9:45am Prayer and Pledge 10:15am **Tai Chi with Stephanie** 10:45am **Music Entertainment with Charleen** 1:15pm Candy Bar Bingo 2:00pm **Communion Service with Father Tim** 3:00pm Friday Outings in February 3:00pm **Lakeside Winter Bowling League** 3:30pm Engaging Stations	**5** 9:15am Exercise with Resident Care 10:15am Tasty Toast and Conversations 11:30am Forever Fit with Lisa 1:15pm Old Time Favorites Sing A Long 2:00pm Marvelous Minds 3:00pm Friday Outings in February 3:00pm **Music in Motion** 4:00pm Balloon Volleyball with Lisa	**6** 9:15am Sit and Stretch 9:45am Prayer and Pledge 10:30am **Communion & Prayer** 11:30am Conversation Starters 1:15pm Engaging Stations 2:00pm Card and Dice Games 2:30pm **Social Party with Dorothy** 3:00pm Friday Outings in February 3:30pm Engaging Stations 3:45pm Rosary 5:00pm Night Owl Bingo 6:00pm Puzzle Time	**7** **Go Red for Heart Health** 9:15am Sit and Stretch 9:45am Prayer and Pledge 10:15am Forever Fit with Lisa 10:30am **Stahls Car Museum** 11:00am Brain Game; Wheel of Fortune 11:45am Clean Up 1:15pm Old Time Favorites Sing A Long 2:45pm Healthy Smoothies 3:00pm Friday Outings in February 3:15pm Engaging Stations 4:00pm Balloon Volleyball with Lisa	**8** 9:15am Sit and Stretch 9:45am Prayer and Pledge 10:15am Moisturizing Hand Messages & Nails 11:45am Clean Up 1:00pm **Kitchen Creations; Brownies** 1:00pm Kitchen Creations; Lemon Bars 2:00pm Stories, Poems and Meditation 2:15pm Engaging Stations 3:00pm Friday Outings in February 3:00pm Loads of Laundry
9 9:15am Sit and Stretch 9:45am Prayer and Pledge 10:15am Parachute with Music 11:00am **Crafty Creations; Snow Sticks** 1:00pm Puzzle Time 2:30pm Bingo with Resident Care 3:00pm Friday Outings in February 3:30pm Sing and Stretch with Nancy	**10** 9:15am Sit and Stretch 9:45am Prayer and Pledge 10:30am Brain Game; Scattagories 11:45am Clean Up 2:00pm Forever Fit with Lisa 2:00pm **Entertainment with Jeff** 2:45pm Candy Bar Bingo 3:00pm Friday Outings in February 3:30pm Engaging Stations 4:00pm Kickball with Lisa	**11** 9:15am Sit and Stretch 9:45am Prayer and Pledge 10:15am **Tai Chi with Stephanie** 11:00am Brain Games; Finish the Phrase and Geography 11:45am Clean Up 1:15pm Candy Bar Bingo 3:00pm Friday Outings in February 3:00pm **Lakeside Winter Bowling League** 3:30pm Engaging Stations	**12** 9:15am Exercise with Resident Care 10:15am Tasty Toast and Conversations 10:30am **Country Ride** 11:30am Forever Fit with Lisa 1:15pm Old Time Favorites Sing A Long 2:00pm Marvelous Minds 3:00pm Friday Outings in February 3:00pm Music in Motion 4:00pm Balloon Volleyball with Lisa	**13** 9:15am Sit and Stretch 9:45am Prayer and Pledge 10:30am **Communion & Prayer** 11:30am Conversation Starters 1:15pm Engaging Stations 2:00pm Card and Dice Games 3:00pm Friday Outings in February 3:30pm Engaging Stations 3:45pm Rosary 5:00pm Night Owl Bingo 6:00pm Puzzle Time	**14** 9:15am Sit and Stretch 9:45am Prayer and Pledge 10:15am Forever Fit with Lisa 11:00am Brain Game; Wheel of Fortune 11:45am Clean Up 1:15pm Old Time Favorites Sing A Long 1:15pm **Spread the Love Valentines Day Party** 2:45pm Healthy Smoothies 3:00pm Friday Outings in February 3:15pm Engaging Stations 4:00pm Balloon Volleyball with Lisa	**15** 9:15am Sit and Stretch 9:45am Prayer and Pledge 10:15am Moisturizing Hand Messages & Nails 11:45am Clean Up 1:00pm Kitchen Creations; Brownies 1:15pm **Art Therapy with Liz** 2:00pm Stories, Poems and Meditation 2:15pm Engaging Stations 3:00pm Friday Outings in February 3:00pm Loads of Laundry
16 9:15am Sit and Stretch 9:45am Prayer and Pledge 10:15am Parachute with Music 11:00am **Crafty Creations; Love Bugs** 1:00pm Puzzle Time 2:30pm Bingo with Resident Care 3:00pm Friday Outings in February 3:30pm Sing and Stretch with Nancy	**17** 9:15am Sit and Stretch 9:45am Prayer and Pledge 10:30am Brain Game; Scattagories 11:45am Clean Up 2:00pm Forever Fit with Lisa 2:45pm Candy Bar Bingo 3:00pm Friday Outings in February 3:30pm Engaging Stations 4:00pm Kickball with Lisa	**18** 9:15am Sit and Stretch 9:45am Prayer and Pledge 10:15am **Tai Chi with Stephanie** 10:45am **Music Entertainment with Charleen** 1:15pm Candy Bar Bingo 2:00pm **Holy Communion Service** 3:00pm Friday Outings in February 3:00pm **Lakeside Winter Bowling League** 3:30pm Engaging Stations	**19** 9:15am Exercise with Resident Care 10:00am **Dog Therapy** 10:15am Tasty Toast and Conversations 10:30am **Movie Outing** 11:30am Forever Fit with Lisa 1:15pm Old Time Favorites Sing A Long 2:00pm Marvelous Minds 3:00pm Friday Outings in February 3:00pm **Music in Motion** 4:00pm Balloon Volleyball with Lisa	**20** 9:15am Sit and Stretch 9:45am Prayer and Pledge 10:30am **Communion & Prayer** 11:30am Conversation Starters 1:15pm Engaging Stations 2:00pm Card and Dice Games 2:30pm **Social Party with Tom** 3:00pm Friday Outings in February 3:30pm Engaging Stations 3:45pm Rosary 5:00pm Night Owl Bingo 6:00pm Puzzle Time	**21** **National Caregiver Day** 9:15am Sit and Stretch 9:45am Prayer and Pledge 10:15am Forever Fit with Lisa 10:30am **Louis Pizza** 11:00am Brain Game; Wheel of Fortune 11:45am Clean Up 1:15pm Old Time Favorites Sing A Long 2:45pm Healthy Smoothies 3:00pm Friday Outings in February 3:15pm Engaging Stations 4:00pm Balloon Volleyball with Lisa	**22** 9:15am Sit and Stretch 9:45am Prayer and Pledge 10:15am Moisturizing Hand Messages & Nails 11:45am Clean Up 1:00pm **Kitchen Creations; Cheese Dip** 2:00pm Stories, Poems and Meditation 2:15pm Engaging Stations 3:00pm Friday Outings in February 3:00pm Loads of Laundry
23 9:15am Sit and Stretch 9:45am Prayer and Pledge 10:15am Parachute with Music 11:00am **Crafty Creations; Peace Pole** 1:00pm Puzzle Time 2:30pm Bingo with Resident Care 3:00pm Friday Outings in February 3:30pm Sing and Stretch with Nancy	**24** 9:15am Sit and Stretch 9:45am Prayer and Pledge 10:30am Brain Game; Scattagories 11:45am Clean Up 1:15pm **Music Appreciation; Mendelssohn** 2:00pm Forever Fit with Lisa 2:45pm Candy Bar Bingo 3:00pm Friday Outings in February 3:30pm Engaging Stations 4:00pm Kickball with Lisa	**25** **Fat Tuesday** 9:15am Sit and Stretch 9:45am Prayer and Pledge 10:15am **Tai Chi with Stephanie** 11:00am Brain Games; Finish the Phrase and Geography 1:15pm Candy Bar Bingo 2:45pm **Mardis Gras Party with Joel** 3:00pm Friday Outings in February 3:00pm **Lakeside Winter Bowling League** 3:30pm Engaging Stations	**26** **Ash Wednesday** 9:15am Exercise with Resident Care 10:15am Tasty Toast and Conversations 10:30am **Garden Club; English Gardens** 11:30am Forever Fit with Lisa 1:00pm **Cooking With Chef Paul** 1:15pm Old Time Favorites Sing A Long 2:00pm Marvelous Minds 3:00pm Friday Outings in February 4:00pm Balloon Volleyball with Lisa	**27** 9:45am Prayer and Pledge 10:30am **Communion & Prayer** 11:30am Conversation Starters 1:15pm Engaging Stations 2:00pm Card and Dice Games 2:30pm **Social Party with Tom** 3:00pm Friday Outings in February 3:30pm Engaging Stations 3:45pm Rosary 5:00pm Night Owl Bingo 6:00pm Puzzle Time	**28** 9:15am Sit and Stretch 9:45am Prayer and Pledge 10:15am Forever Fit with Lisa 10:30am **Marcus Grill & Stony Creek Nature Center** 11:00am Brain Game; Wheel of Fortune 11:45am Clean Up 1:15pm Old Time Favorites Sing A Long 2:45pm Healthy Smoothies 3:00pm Friday Outings in February 3:15pm Engaging Stations 4:00pm Balloon Volleyball with Lisa	**29** 9:15am Sit and Stretch 9:45am Prayer and Pledge 10:15am Moisturizing Hand Messages & Nails 11:45am Clean Up 2:00pm Stories, Poems and Meditation 2:15pm Engaging Stations 3:00pm Friday Outings in February 3:00pm Loads of Laundry