



Celebrating  
Birthday's in  
February

2/01 Elsie  
2/04 Audrea  
2/12 Dorothy  
2/14 Robert  
2/17 Louise  
2/21 Bernardine  
2/25 Margaret

February 3rd  
Birthday  
Celebration  
Wishing you a very  
  
Happy  
Birthday!

CHEF'S COOKING DEMONSTRATIONS

07 Oscar Dinner Presentations 14 Valentine Cookie Spread

21 Beignet's with Sugar 27 Table Side Ceasar Salad

CHEF'S SIGNATURE RECIPE

Beignets

Ingredients

2 ¼ teaspoons active dry yeast  
1 ½ cups warm water (110 degrees F/45 degrees C)  
½ cup white sugar  
1 teaspoon salt  
2 eggs  
1 cup evaporated milk  
7 cups all-purpose flour  
¼ cup shortening  
1 quart vegetable oil (for frying)  
¼ cup confectioners' sugar



Directions

In a large bowl, dissolve yeast in warm water. Add sugar, salt, eggs, evaporated milk, and blend well. Mix in 4 cups of the flour and beat until smooth. Add the shortening, and then the remaining 3 cups of flour. Cover and chill for up to 24 hours. Roll out dough 1/8 inch thick. Cut into 2 1/2-inch squares. Fry in 360-degree F (180 degrees C) hot oil. If beignets do not pop up, oil is not hot enough. Drain onto paper towels. Shake confectioners' sugar on hot beignets. Serve warm.



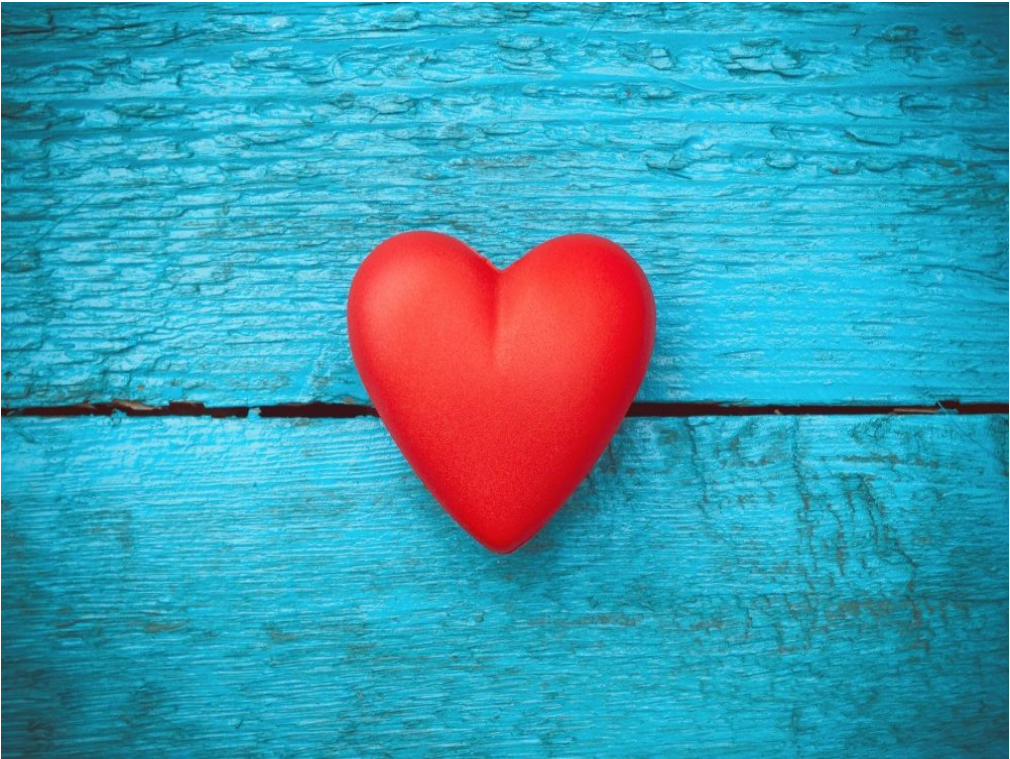
FRIENDS & FAMILY REFERRAL PROGRAM!

\$1,000 RESIDENT REFERRAL BONUS

Have you shared your love for Waltonwood lately? When you refer someone to a Waltonwood community, they'll thank you for it - and then we'll thank you for it too! Ask for details!

TWELVE OAKS  
CONNECT

FEBRUARY 2020



UPCOMING EVENT HIGHLIGHT

Go Red for Women is the American Heart Association's national movement to end heart disease and stroke in women.

Please Join us

February 7th at 11:30 a.m. for our

GO RED Beauty Bar, come sample our different shades of RED lipsticks and polish and enjoy a manicure on us!



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COMMUNITY  
MANAGEMENT

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Environmental Services  
Manager

Heather Lasko  
Marketing Manager

Betsy Weakland  
Marketing Manager

Binita Patel  
Resident Care Manager

Paula Wilson  
Wellness Coordinator



ASSOCIATE SPOTLIGHT

Betsy Weakland is the newest member of our leadership team. She is one of our Marketing Managers. Previously she worked at Waltonwood University, but recently transferred to our community and we are so happy that she did. Betsy is new to senior living, prior to this she worked in product development and product marketing of consumer goods for 13 years. When she decided to make a career change, she chose senior living, because she was very close to her grandmother who passed last spring at the age of 96. She loved that her grandmother lived in Independent Living and had a wonderful quality of life and she wanted to be in a position to provide that for other seniors.



Betsy and her family live in Novi. She grew up in the area going to high school at Walled Lake Western. She has a 5-year-old son, a 9-year-old stepson and a 12 years old stepdaughter.

Betsy is an animal lover and has 2 cats and a very interesting pet...a hedgehog named Hegrid! In her spare time Betsy enjoys watching movies and spending time with her family.

JANUARY HIGHLIGHTS

- 06

Sundaes on Monday/Birthday Celebration

“Birthdays come but once a year, celebrate and be of good cheer.”
- 10

Jiffy Mix Plant Tour

A free, one hour tour consists of an educational and informative video presentation, and a product sample
- 17

Happy Hour

“Live every hour like it’s Happy Hour.”
- 24

Wine Pairing Event

“There’s always time for a glass of wine.”



FOREVER FIT/WELLNESS TOPIC/LE

**Know Your Numbers** Heart health starts with a healthy lifestyle. Being active, eating well and maintaining a healthy body weight are all excellent ways to help ensure the healthy you have in the healthy you keep. There are however some other factors to consider, numbers than when elevated can greatly impact how you feel. High blood pressure, high cholesterol and elevated blood sugar all place a great amount of stress on the body making your heart work harder and more susceptible to heart disease and stroke. So, this February join with the American Heart Association and help celebrate American Heart Month. Schedule an appointment with your doctor to get your numbers checked. Reducing your risk factors by even a few points can help fight off the serious effects of heart disease and can help you continue leading a healthy, happy lifestyle for years to come.

TRANSPORTATION INFORMATION

“Open” Bus Service Every Thursday

- ❖ Doctor’s visit
- ❖ Shopping Trips
- ❖ Emagine Theatre
- ❖ Restaurants
- ❖ Local Community Centers



Doctor’s visits will take priority over all other requests.

Please see Mike 2 week prior to your appointment date so that he can confirm the request.

Mike will make every attempt to accommodate your request.

Please join us on Friday’s for our Outings, sign up book located in the Fireside Lounge.

FEBRUARY SPECIAL EVENTS

- 06

Sundaes on Monday/Birthday Celebration

“Birthdays come but once a year, celebrate and be of good cheer.”
- 07

Oscar Party

“Darling, it wouldn’t be a party without you.”
- 14

Valentine's Day Arts & Craft

“Love is just a word until someone comes along and gives it meaning.”
- 25

"Fat Tuesday" Enjoy a Paczki

“Happy Fat Tuesday indulge yourself with your favorite donuts the day before Lent”



EXECUTIVE DIRECTOR CORNER

I would like to take some time to focus on some health and safety reminders that have come up over the past month. As a reminder, in the event we were to have a fire in the community our building functions under a “no evacuation” emergency plan. There are many rooms throughout the community that are protected by 90-minute fire protected doors including all resident apartments. In the event that the alarm goes off all residents and staff are directed to these safe areas until further directed by administration or the Novi fire department. If you have further questions on this procedure please feel free to give me a call or stop by my office.

Another reminder is the importance of proper hand hygiene. This is extremely important in a community setting where there are many opportunities to pass on germs. Our community experienced several cases of GI illness over the past two weeks and took precautions to keep these cases down to a minimum. The number one defense is sanitation and proper handwashing. Please keep this in mind as we continue through the flu season.