



FEBRUARY 2020

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div>Dimensions of Wellness</div> <div><div> Physical</div><div> Cognitive</div><div> Spiritual</div><div> Environmental</div><div> Motor Skills</div><div> Social</div><div> Intellectual</div><div> Health Services</div></div>	<div></div>		<div>BLACK HISTORY MONTH</div>		<div>HAPPY Valentine's DAY</div>	<div>01</div> <div>10:30  Sit &amp; Be Fit: Video Exercise</div> <div>11:00  Open Rummikub</div> <div>11:30  Saturday Series: The Good Place</div> <div>02:00  Saturday Social</div> <div>03:00  Matinee: The Danny Kaye Show</div> <div>07:15  Evening Film: De-Lovely</div>
<div>02</div> <div>11:30  Sunday Series: The Marvelous Mrs. Maisel</div> <div>12:00  Open Rummikub</div> <div>02:00  Game Time: Resident's Choice</div> <div>03:00  Sunday Series: High Seas</div> <div>06:00  Super Bowl Sunday: The Kansas City Chiefs vs San Francisco 49ers</div>	<div>03</div> <div>10:30  Chair Yoga</div> <div>01:00  Open Rummikub</div> <div>01:00  Poker</div> <div>02:00  Fire Safety Session with the West Bloomfield Fire Department</div> <div>03:15  Brain Games with Tamara</div> <div>03:45  Caremerge Touch-Screen Training with Tamara</div> <div>07:15  Monday Musical Film</div>	<div>04</div> <div>10:30  Computer &amp; Tech Class</div> <div>10:30  Crafts &amp; Conversation Class</div> <div>11:00  Historical Discussions Group with Gerald Sheine</div> <div>12:00  Balance &amp; Fitness Class</div> <div>01:00  2F Fitness Center Training</div> <div>02:00  WBTP Clerk Debbie Binder Voting and Election Information Session</div> <div>07:00  Live Musical Entertainment</div> <div>08:15  Series Showtime: The Crown</div>	<div>05</div> <div>10:30  Strong Muscles / Healthy Joints</div> <div>12:00  Outing: Chinese New Year Lunch at Shangri La</div> <div>01:00  Matinee Film</div> <div>02:00  Open Rummikub</div> <div>02:30  Torah Class with Itty Shemtov</div> <div>07:15  Evening Film</div>	<div>06</div> <div>10:00  Stretch / Chair Yoga</div> <div>11:00  Glee Club</div> <div>12:00  Balance &amp; Fitness Class</div> <div>01:00  2F Fitness Center Training</div> <div>02:00  Thirsty Thursdays Social Hour</div> <div>02:30  Berliner Philharmoniker: Krystian Zimerman plays Brahms</div> <div>07:00  Live Musical Entertainment with Daniel Bergen &amp; Tamara Zoner</div> <div>08:15  Series Showtime: The Marvelous Mrs. Maisel</div>	<div>07</div> <div>10:15  Cardio / Balance: Drums Alive!</div> <div>11:30  Socrates Cafe</div> <div>12:30  Current Events Discussion Group</div> <div>01:00  Poker</div> <div>02:00  Game Time: Residents' Choice! \$2/Card</div> <div>03:00  Documentary Hour: Inventions that Shook the World</div> <div>07:15  Evening Film</div>	<div>08</div> <div>10:30  Cardio Exercise</div> <div>11:00  Open Rummikub</div> <div>11:30  Saturday Series: The Good Place</div> <div>02:00  Saturday Social</div> <div>03:00  Matinee</div> <div>07:15  Evening Film</div>
<div>09</div> <div>11:30  Sunday Series: The Marvelous Mrs. Maisel</div> <div>12:00  Open Rummikub</div> <div>02:00  Game Time: Resident's Choice</div> <div>03:00  Sunday Series: High Seas</div> <div>07:15  Evening Film:</div>	<div>10</div> <div>10:30  Chair Yoga</div> <div>01:00  Open Rummikub</div> <div>01:00  Poker</div> <div>02:00  Special Guest Lecture with Ellen Bettel: Behind the Scenes of Presidential Friendships</div> <div>03:15  Brain Games with Tamara</div> <div>03:45  Caremerge Touch-Screen Training with Tamara</div> <div>07:15  Monday Musical Film</div>	<div>11</div> <div>10:30  Artistic Techniques Class</div> <div>11:00  Historical Discussions Group with Gerald Sheine</div> <div>12:00  Balance &amp; Fitness Class</div> <div>01:00  2F Fitness Center Training</div> <div>02:00  Culinary Demonstration: Flambéed Poached Pear</div> <div>03:00  Matinee Documentary:</div> <div>07:00  Live Musical Entertainment with Billy McAllister</div> <div>08:15  Series Showtime: The Crown</div>	<div>12</div> <div>10:30  Strong Muscles / Healthy Joints</div> <div>11:30  Outing: Charles H. Wright Museum</div> <div>01:00  Berliner Philharmoniker: Ivan Fisher and Christian Gerhaher</div> <div>02:00  Open Rummikub</div> <div>07:15  Evening Film</div>	<div>13</div> <div>10:00  Stretch / Chair Yoga</div> <div>11:00  Glee Club</div> <div>12:00  Balance &amp; Fitness Class</div> <div>12:00  Invite A Friend for Lunch</div> <div>01:00  2F Fitness Center Training</div> <div>02:00  Thirsty Thursdays Social Hour with a Sneak Peek at Next Week's Events!</div> <div>03:00  Book Club with the West Bloomfield Library</div> <div>07:15  Evening Film</div>	<div>14</div> <div>10:15  Cardio / Balance</div> <div>01:00  Current Events Discussion Group</div> <div>01:00  Poker</div> <div>02:00  Game Time: Residents' Choice!</div> <div>03:00  Documentary Hour</div> <div>04:00  Signature Dinner: Valentine's Day</div> <div>07:00  Live Musical Entertainment with Yuta Sugano</div> <div>08:15  Series Showtime: The Marvelous Mrs. Maisel</div>	<div>15</div> <div>10:30  Sit &amp; Be Fit: Video Exercise</div> <div>11:00  Open Rummikub</div> <div>11:30  Saturday Series: The Good Place</div> <div>02:00  Saturday Social</div> <div>03:00  Matinee</div> <div>07:15  Evening Film</div>
<div>16</div> <div>11:30  Sunday Series: The Marvelous Mrs. Maisel</div> <div>12:00  Open Rummikub</div> <div>02:00  Game Time: Resident's Choice</div> <div>03:00  Sunday Series: High Seas</div> <div>07:15  Evening Film:</div>	<div>Washington's Birthday 17</div> <div>10:30  Chair Yoga</div> <div>01:00  Open Rummikub</div> <div>01:00  Poker</div> <div>02:00  Yiddish Club with Rabbi Polter</div> <div>03:15  Brain Games with Tamara</div> <div>03:45  Caremerge Touch-Screen Training with Tamara</div> <div>07:15  Monday Musical Film</div>	<div>18</div> <div>10:30  Computer &amp; Tech Class</div> <div>10:30  Crafts &amp; Conversation Class</div> <div>11:00  Historical Discussions Group with Gerald Sheine</div> <div>12:00  Balance &amp; Fitness Class</div> <div>01:00  2F Fitness Center Training</div> <div>02:00  Berliner Philharmoniker: Manfred Honeck and Mattias Goerne</div> <div>07:00  Live Musical Entertainment with Paul Demick</div> <div>08:15  Series Showtime: The Crown</div>	<div>19</div> <div>10:30  Strong Muscles / Healthy Joints</div> <div>01:00  Matinee Film</div> <div>01:00  Signature Musical Event: Gary Pedersen</div> <div>02:00  Signature Event Reception</div> <div>03:00  Open Rummikub</div> <div>07:15  Evening Film</div>	<div>20</div> <div>10:00  Stretch / Chair Yoga</div> <div>11:00  Outing: A Day at the Movies</div> <div>11:00  Glee Club</div> <div>12:00  Balance &amp; Fitness Class</div> <div>01:00  2F Fitness Center Training</div> <div>02:00  Short Stories Club</div> <div>02:00  Thirsty Thursdays Social Hour</div> <div>03:00  Series Showtime: The Marvelous Mrs. Maisel</div> <div>07:15  Evening Film</div>	<div>21</div> <div>10:15  Cardio / Balance</div> <div>11:30  Socrates Cafe</div> <div>01:00  Current Events Discussion Group</div> <div>01:00  Poker</div> <div>02:00  Game Time: Residents' Choice! \$2/Card</div> <div>03:00  Documentary Hour: Inventions that Shook the World</div> <div>07:15  Evening Film</div>	<div>22</div> <div>10:30  Cardio Exercise</div> <div>11:00  Open Rummikub</div> <div>11:30  Saturday Series: The Good Place</div> <div>02:00  Saturday Social</div> <div>03:00  Matinee</div> <div>07:15  Evening Film</div>
<div>23</div> <div>11:30  Sunday Series: The Marvelous Mrs. Maisel</div> <div>12:00  Open Rummikub</div> <div>02:00  Game Time: Resident's Choice</div> <div>03:00  Sunday Series: High Seas</div> <div>07:15  Evening Film:</div>	<div>24</div> <div>10:30  Chair Yoga</div> <div>01:00  Open Rummikub</div> <div>01:00  Poker</div> <div>02:00  Lecture with Henry Feinberg: The Beatles</div> <div>03:15  Brain Games with Tamara</div> <div>03:45  Caremerge Touch-Screen Training with Tamara</div> <div>07:15  Monday Musical Film</div>	<div>25</div> <div>11:00  Historical Discussions Group with Gerald Sheine</div> <div>12:00  Balance &amp; Fitness Class</div> <div>01:00  2F Fitness Center Training</div> <div>02:00  Matinee</div> <div>07:00  Live Musical Entertainment with Tom Zakarian</div> <div>08:15  Series Showtime: The Crown</div>	<div>26</div> <div>10:30  Strong Muscles / Healthy Joints</div> <div>11:00  Open Rummikub</div> <div>01:00  New Resident Welcome Reception</div> <div>02:00  Berliner Philharmoniker</div> <div>07:15  Evening Film</div>	<div>27</div> <div>10:00  Stretch / Chair Yoga</div> <div>11:00  Glee Club</div> <div>12:00  Balance &amp; Fitness Class</div> <div>01:00  2F Fitness Center Training</div> <div>02:00  Thirsty Thursdays Social Hour with a Sneak Peek at Next Week's Events!</div> <div>07:00  Live Musical Entertainment with Michael Krieger</div> <div>08:15  Series Showtime: The Marvelous Mrs. Maisel</div>	<div>28</div> <div>09:30  Outing: Gianni Schicchi / Buoso's Ghost (Puccini)</div> <div>10:15  Cardio / Balance</div> <div>01:00  Current Events Discussion Group</div> <div>01:00  Poker</div> <div>02:00  Game Time: Residents' Choice! \$2/Card</div> <div>03:00  Documentary Hour: Inventions that Shook the World</div> <div>07:15  Evening Film</div>	<div>29</div> <div>11:00  Open Rummikub</div> <div>11:30  Saturday Series: The Good Place</div> <div>02:00  Saturday Social</div> <div>03:00  Matinee</div> <div>07:15  Evening Film</div>