



CHEF’S COOKING DEMONSTRATIONS

08

Baked Potato Bar at 2:00pm in the Café

10

Valentine Cookie Decorating at 1:00pm in the Dining Room

21

Pancake Bar at 8:30am in the Dining Room

27

Strawberry Shortcakes for National Strawberry Day at 1:30pm in the Dining Room

RESIDENT INFORMATION

Any comments, suggestions, concerns, and compliments for the Resident Council to review can be placed in the suggestion box in the Post Office. These notes are read monthly at the council meetings with management. The minutes from the monthly Resident Council meetings are posted in the Post Office. Residents are welcome to read the minutes, and the front desk will make copies.

The All Community Meeting for residents and managers meets on the last Thursday of the month. This month we will meet on February 27th in the Dining Room at 1:30pm. All residents are invited to join our department heads to discuss community ongoings and to answer any questions.

Welcome Home all of the new residents this month:

- *Stella Kallil, apt 131
- *Gillian and John Cotner, apt 212
- *Andrea Lams, apt 221
- *Claudia and Donald Szerlag, apt 301
- *Barbara Ward, apt 339

We are very happy you are here! Please join us as we welcome our new residents at the New Resident Social on February 4th at 1:30pm in the Dining Room!

Please see Ariel, Life Enrichment Manager, with any important announcements for the newsletter!

Celebrating IL Resident Birthdays in February

- Feb 6 – Betty H.
- Feb 8 – Veralou S.
- Feb 9 – Agnes W., Marge Z., & Dottie S.
- Feb 17 – Jackie C.
- Feb 20 – Jo F.
- Feb 27 – Mary A.

Please join us for a birthday celebration in the dining room on February 20th! All residents are welcome to attend!



\$1,000 RESIDENT REFERRAL BONUS

Have you shared your love for Waltonwood lately? When you refer someone to a Waltonwood community, they'll thank you for it - and then we'll thank you for it too! Ask for details!

FRIENDS & FAMILY REFERRAL PROGRAM!

CHERRY HILL CONNECT

FEBRUARY 2020



42600 Cherry Hill, Canton, MI 48187
www.waltonwood.com | 734-981-7100
Facebook: /WaltonwoodCherryHill



LOVE IS IN THE AIR

Valentines of pink and red,
Special words of kindness said,
Small surprises, funny jokes,
Paper hearts and friendly notes,
The best part of this happy day,
Is that I get the chance to say,
Today and for the whole year too,
We're glad we have friends like you at Cherry Hill!

Be our Valentine this month, and join us for all of the fun events and programs we have around the community!

We will celebrate the SuperBowl football game on the 2nd, a heart health presentation for Go Red for Heart Health Day on the 7th, guess which resident's wedding photo belongs to which couple on the 13th, a Valentine's Day tea party featuring live entertainment on the 14th, Mardi Gras celebration on the 25th, and FeBREWary beer tasting on the 28th of this month.

Also, we are now pleased to announce a new In Room Channel is currently available for Comcast/Xfinity Users! You can view the daily activities and announcements in your room straight from your TV! Channel 953!

There is so much to look forward to! As always, we hope to see you there!

COMMUNITY MANAGEMENT

- Jennifer Crader
Executive Director
- Deanna Hite
Business Office Manager
- Renee Ralsky
Marketing Manager
- Jolene Maples
Move In Coordinator
- Kara Triplett
Culinary Services Manager
- April Marcotte
Independent Living Manager
- Ariel Starr
Independent Living Life Enrichment Manager
- Christina Ewald
Assisted Living Life Enrichment Manager
- Candice Jones
Memory Care Life Enrichment Manager
- Jasmine Montgomery
Resident Care Manager
- Tiffany Woodson
Wellness Coordinator
- Charlie Harris
Wellness Coordinator
- Lindsay Orler
Housekeeping Supervisor

ASSOCIATE SPOTLIGHT

Independent Living Associate of the Month:
Nina Morrison, Server

“Nina is very sweet. She works hard and makes sure residents are well taken care of at meal times.”

We are very lucky to have Nina on the Cherry Hill dining team! She is a friendly and caring server who always has a smile on her face. She helps her co-workers when they are in need.

Congrats Nina!

Please see the front desk concierge to nominate an associate you feel has been doing a wonderful job!



JANUARY HIGHLIGHTS

09

We took a tour of Sanders Chocolate Factory. Here are Betty and Ray F.!

11

We wrote letters to the troops overseas. Here is Bob P.!



16

Happy National Polka Music Month! We celebrated with music and Polish foods. Here is Leona B. dancing with April!

24

Happy National Peanut Butter Day! Here is Charlene W. with a yummy treat!



FOREVER FIT: KNOW YOUR NUMBERS

Heart health starts with a healthy lifestyle. Being active, eating well, and maintaining a healthy body weight are all excellent ways to help ensure the healthy you have in the healthy you keep. There are however some other factors to consider, numbers than when elevated can greatly impact how you feel. High blood pressure, high cholesterol, and elevated blood sugar all place a great amount of stress on the body making your heart work harder and more susceptible to heart disease and stroke. So, this February join with the American Heart Association and help celebrate American Heart Month. Schedule an appointment with your doctor to get your numbers checked. Reducing your risk factors by even a few points can help fight off the serious effects of heart disease and can help you continue leading a healthy, happy lifestyle for years to come.

- Chris, Fitness Instructor

TRANSPORTATION INFORMATION

Waltonwood offers transportation via bus or car for resident appointments and activity outings Monday through Friday. Please see the front desk receptionist to request a bus trip. The bus is reserved for activity outings on Tuesdays and Thursdays. We require at least a 48-hour advance notice, but of course, the earlier the better.

The bus is free for trips under 10 miles. If the trip is longer than 10 miles, a fee of \$2 per mile will be charged. Residents will not be charged for mileage on group activity outings.

All sign up sheets for activity outings, walking group outings, community doctor visits, church outings, etc, can be found in the Green Binder in the Post Office. You must sign up by writing your name on the respective sheet.

In addition to the regularly scheduled outings found on the Life Enrichment Calendar, here are our special outings for this month:

- 2/6: Menchie's Frozen Yogurt to Celebrate National Frozen Yogurt Day
- 2/8: Charity Comedy Show at Village Theater
- 2/11: Sweet Afton Tea Room
- 2/12: Jazz Concert at Schoolcraft College
- 2/14: Valentine's Day Concert by Plymouth Community Band
- 2/20: Livonia Library Concert featuring Johnny Cash Tribute
- 2/22: "Passport to Scandinavia" Concert by Livonia Symphony Orchestra
- 2/27: Westland Humane Society Tour

FEBRUARY SPECIAL EVENTS

07

Heart Health Presentation by OHH for National Go Red for Heart Health day. Wear red this day!

13 & 14

Guess the Wedding Couple from Photos in the activity room on the 13th, and celebrate Valentine's Day with a tea party on the 14th!

25

Celebrate Mardi Gras with the Bayou River Band and lots of delicious treats!

28

FeBREWary Beer Tasting Event



EXECUTIVE DIRECTOR CORNER

Dear Cherry Hill Residents,

Please welcome Don Eldred to our maintenance team! Don is a maintenance technician who comes to us with many years of experience and we are excited to have him on the Cherry Hill team. If you have an issue in your apartment that requires maintenance, please put in a work order at the front desk. The work order system allows us to ensure proper tracking and monitor progress. Putting your work order in through the front desk also allows our maintenance personnel to focus on their assigned work throughout the day.

Flu season is upon us and can spread quickly in a busy community such as ours. There are simple precautions you can take to help reduce the spread of viruses including washing your hands often, cover your mouth and nose with a tissue when you cough or sneeze, eat healthy meals to strengthen your immune system, get plenty of rest, and stay home if you are sick.

As always, please reach out to me with any questions, comments or concerns. Sincerely, Jennifer Crader
03