

February 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>A - Artisans CC - Creative Cooking GF - Gathering of Friends G - Generations GC - Group Games I - Inspirations K - Keeping it Sharp/Reminisce L - Lifelong Learning M - Music to My Ears O - Out & About S - Signature Events</p>						<p>1 I 10:00 Communion & Rosary - C V 10:30 Saturday Stretches - DBL K 12:30 Trivia Time (All About Groundhog Day) - MPR V 1:00 Bingocise! - MPR M 2:00 Musical Memories - MPR</p>
<p>2 Groundhog Day I 9:30 Sunday Mass and Rosary - C K 10:00 Master Your Memory - MPR M 1:00 Sing-A-Long w/Susie! - MPR I 3:30 Devotions with Maryville Baptist Church - C GF 6:00 Super Bowl LV</p>	<p>3 I 10:00 Communion Service w/Sam King - C V 10:30 Trilogy Fit! - MPR A 1:00 Crafty Creations (A Valentine Wreath Craft) - MPR GF 3:00 Get Your Game On! (Boardgame Fun!) - MPR 5:15 Bingo! - MPR</p>	<p>4 I 10:00 Communion - C V 10:30 Armchair Aerobics! - MPR O 11:00 Lunch Outing - Red Lobster! K 1:30 Word Games! - MPR S 3:00 BrainFIT! - MPR 5:15 Bingo! - MPR</p>	<p>5 I 10:00 Communion/Rosary - C V 10:30 Trilogy Fit! - MPR GF 12:30 Glamour Girls! - MPR S 1:00 Chef's Circle! - MPR CC 2:00 Creative Cooking (Cupid's Snack Mix) - 2/K M 2:30 Tari Martin Performs! - MPR GC 5:15 Bingo! - MPR</p>	<p>6 I 9:30 Ladies Bible Study - 2/DR I 10:00 Communion/Rosary - C V 10:30 Morning Yoga with Nicole! - MPR O 1:00 Outing to The Dollar Tree! M 1:30 Karaoke Fun! - MPR L 3:30 Technology: Tips &</p>	<p>7 I 10:00 Communion - C V 10:30 Trilogy Fit! - MPR A 1:00 Crafty Creations (A Valentine Card Craft) - MPR 2:00 Bingo! - MPR M 3:00 Happy Hour w/Larry & Sheila! - MPR GF 5:00 Movies & Memories -</p>	<p>8 I 10:00 Communion & Rosary - C V 10:30 Saturday Stretches - DBL K 12:30 Trivia Time (All About February) - MPR V 1:00 Bingocise! - MPR M 2:00 Musical Memories - MPR</p>
<p>9 I 9:30 Sunday Mass and Rosary - C K 10:00 Master Your Memory - MPR S 11:00 Sunday Family Brunch 11:00 a.m. - 1:00 p.m. M 1:00 Sing-A-Long w/Susie! - MPR</p>	<p>10 I 10:00 Communion Service w/Sam King - C V 10:30 Trilogy Fit! - MPR A 1:00 Crafty Creations (String Art Valentine) - MPR GF 3:00 Get Your Game On! (Boardgame Fun!) - MPR 5:15 Bingo! - MPR</p>	<p>11 I 10:00 Communion - C V 10:30 Armchair Aerobics! - MPR O 11:00 Lunch Outing - Cracker Barrel! K 1:30 Valentine Themed Word Games! - MPR 5:15 Bingo! - MPR</p>	<p>12 I 10:00 Communion/Rosary - C V 10:30 Trilogy Fit! - MPR GF 12:30 Glamour Girls! - MPR A 12:30 Jewelry & Gems Group - MPR S 1:00 Chef's Circle! - MPR S 1:30 Inspired Living Committee (calendar planning) - MPR</p>	<p>13 I 9:30 Ladies Bible Study - 2/DR I 10:00 Communion/Rosary - C V 10:30 Morning Yoga with Nicole! - MPR O 1:00 Outing to Walmart! M 1:30 "Love Songs" Karaoke Fun! - MPR L 3:30 Technology: Tips &</p>	<p>14 Valentine's Day I 10:00 Communion - C V 10:30 Trilogy Fit! - MPR 12:00 "Guy Day" Friday - Historical Happenings! - MPR A 1:00 Valentine Celebration Decorating Fun! - MPR 2:00 Bingo! - DR M 3:00 A Valentine</p>	<p>15 I 10:00 Communion & Rosary - C V 10:30 Saturday Stretches - DBL K 12:30 Trivia Time (President's Day) - MPR V 1:00 Bingocise! - MPR M 2:00 Musical Memories - MPR</p>
<p>16 I 9:30 Sunday Mass and Rosary - C K 10:00 Master Your Memory - MPR M 1:00 Sing-A-Long w/Susie! - MPR G 3:30 Devotions with Maryville Baptist Church - C</p>	<p>17 Presidents' Day I 10:00 Communion Service w/Sam King - C V 10:30 "Tasty Treats" & Trilogy Fit! - MPR A 1:00 Crafty Creations (Willy Wonka Decorating Fun!) - MPR 2:00 Movies & Memories "Willy Wonka & The</p>	<p>18 I 10:00 Communion - C V 10:30 Oompa Loompa Aerobics! - MPR O 11:00 Lunch Outing - St. Matthews Mall Food Court & visit to Lolli & Pops K 1:30 Willy Wonka Word Games! - MPR</p>	<p>19 I 10:00 Communion/Rosary - C V 10:30 "Tasty Treats" & Trilogy Fit! - MPR GF 12:30 "Golden Ticket" Glamour Girls! - MPR 12:30 An Outing to Rebecca Ruth Candy Tours & Museum! S 1:00 Chef's Circle! - MPR</p>	<p>20 I 9:30 Ladies Bible Study - 2/DR I 10:00 Communion/Rosary - C V 10:30 "Yummy Yummy" Yoga with Nicole! - MPR M 1:30 "Wonkariffic" Karaoke Fun! - MPR L 3:30 Technology: Tips & Tricks with Eric!</p>	<p>21 I 10:00 Communion - C V 10:30 "Tasty Treats" & Trilogy Fit! - MPR A 1:00 Crafty Creations (Candy Creations) - MPR 2:00 "Bubbly" Bingo! - MPR S 3:00 A "Scrumdilyumptious" Happy Hour w/Warren Rowe! - MPR</p>	<p>22 I 10:00 Communion & Rosary - C V 10:30 Saturday Stretches - DBL K 12:30 Trivia Time (All About Mardi Gras) - MPR V 1:00 Bingocise! - MPR M 2:00 Musical Memories - MPR</p>
<p>23 I 9:30 Sunday Mass and Rosary - C K 10:00 Master Your Memory - MPR M 1:00 Sing-A-Long w/Susie! - MPR I 2:00 Devotions with Farmdale Church of the Nazarene - C</p>	<p>24 I 10:00 Communion Service w/Sam King - C V 10:30 Trilogy Fit! - MPR A 1:00 Crafty Creations (Mardi Gras decor) - MPR GF 3:00 Get Your Game On! (Boardgame Fun!) - MPR 5:15 Bingo! - MPR</p>	<p>25 Mardi Gras I 10:00 Communion - C V 10:30 Armchair Aerobics! - MPR O 11:00 Lunch Outing - Popeyes Chicken! K 1:30 Mardi Gras Word Games! - MPR 2:00 Mardi Gras Celebration! - MPR 5:15 Bingo! - MPR</p>	<p>26 Ash Wednesday I 10:00 Communion/Rosary - C V 10:30 Trilogy Fit! - MPR S 11:00 Taste of the Town GF 12:30 Glamour Girls! - MPR A 12:30 Jewelry & Gems Group - MPR S 1:00 Chef's Circle! - MPR CC 2:00 Creative Cooking (Ice Cream Sundae Fun Day!)</p>	<p>27 I 9:30 Ladies Bible Study - 2/DR I 10:00 Communion/Rosary - C V 10:30 Morning Yoga with Nicole! - MPR O 1:00 Outing to Half Price Books! M 1:30 Karaoke Fun! - MPR L 3:30 Technology: Tips &</p>	<p>28 I 10:00 Communion - C V 10:30 Trilogy Fit! - MPR A 1:00 Crafty Creations (Floral Decorating Fun!) - MPR 2:00 Bingo! - MPR S 3:00 Happy Hour with Gil Kaelin - MPR GF 5:00 Movies & Memories - "Calendar Girls" - MPR</p>	<p>29 I 10:00 Communion & Rosary - C V 10:30 Saturday Stretches - DBL K 12:30 Trivia Time (All About Leap Year) - MPR V 1:00 Bingocise! - MPR M 2:00 Musical Memories - MPR</p>

February 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 L 9:30 Wellness Wake Up! - TCU C I 10:00 Communion & Rosary - C V 10:00 Saturday Stretches - DBL MM 11:00 Themed Sensory Baskets - DBL A 2:30 Crafty Creations - (Winter Flower Centerpieces) -
2 Groundhog Day I 9:30 Sunday Mass and Rosary - C MM 11:00 Themed Sensory Baskets - DBL L 11:15 Purple Primer Program - AR 2:30 Bingo! - AR I 3:30 Devotions with Maryville Baptist Church - C	3 I 10:00 Communion Service w/Sam King - C V 10:00 Morning Movements (exercise)- DBL MM 11:00 Themed Sensory Baskets - DBL 2:00 Bingo! - AR M 3:00 iN2L Sing-A-Long - DBL	4 I 10:00 Communion - C V 10:00 Morning Yoga with Nicole! - DBL O 11:00 Lunch Outing - Red Lobster! MM 11:00 Themed Sensory Baskets - DBL K 2:00 Dream Virtual Reality (Expedition Antarctica)-	5 V 10:00 Armchair Aerobics (exercise)- DBL I 10:00 Communion/Rosary - C MM 11:00 Themed Sensory Baskets - DBL GF 12:30 Glamour Girls! - MPR K 1:30 Trivia Time! (All About Valentine's Day) - AR 2:00 Bingo! - AR	6 I 10:00 Communion/Rosary - C V 10:00 Sittercise (exercise) - DBL L 10:30 Magazine Scavenger Hunt - AR MM 11:00 Themed Sensory Baskets - DBL O 1:00 Outing to The Dollar Tree!	7 I 10:00 Communion - C V 10:00 Fitness Fun (exercise) - DBL MM 11:00 Themed Sensory Baskets - DBL K 11:30 Dream Virtual Reality (Exploring Mt. Tamalpais) - DBL S 1:30 "Guy Day" Friday - "Let's	8 L 9:30 Wellness Wake Up! - TCU C I 10:00 Communion & Rosary - C V 10:00 Saturday Stretches - DBL MM 11:00 Themed Sensory Baskets - DBL A 2:30 Crafty Creations - (A Valentine Card Craft) -
9 I 9:30 Sunday Mass and Rosary - C S 11:00 Sunday Family Brunch 11:00 a.m. - 1:00 p.m. MM 11:00 Themed Sensory Baskets - DBL L 11:15 Purple Primer Program - AR 2:30 Bingo! - AR	10 I 10:00 Communion Service w/Sam King - C V 10:00 Morning Movements (exercise)- DBL MM 11:00 Themed Sensory Baskets - DBL 2:00 Bingo! - AR M 3:00 iN2L Sing-A-Long - DBL	11 I 10:00 Communion - C V 10:00 Morning Yoga with Nicole! - DBL O 11:00 Lunch Outing - Cracker Barrel! MM 11:00 Themed Sensory Baskets - DBL K 2:00 Dream Virtual Reality (Charge Head First)- AR	12 V 10:00 Armchair Aerobics (exercise)- DBL I 10:00 Communion/Rosary - C MM 11:00 Themed Sensory Baskets - DBL GF 12:30 Glamour Girls! - MPR K 1:30 Trivia Time! (A History of Love Songs) - AR 2:00 Bingo! - AR	13 I 10:00 Communion/Rosary - C V 10:00 Sittercise (exercise) - DBL L 10:30 Magazine Scavenger Hunt - AR MM 11:00 Themed Sensory Baskets - DBL O 1:00 Outing to Walmart! I 1:00 Inspired Living	14 Valentine's Day I 10:00 Communion - C V 10:00 Fitness Fun (exercise) - DBL MM 11:00 Themed Sensory Baskets - DBL K 11:30 Dream Virtual Reality (Soar Above Bryce Canyon)- DBL K 2:30 Lucky Dog! - AR	15 L 9:30 Wellness Wake Up! - TCU C I 10:00 Communion & Rosary - C V 10:00 Saturday Stretches - DBL MM 11:00 Themed Sensory Baskets - DBL A 2:30 Crafty Creations - (Canvas Creations) - AR
16 I 9:30 Sunday Mass and Rosary - C MM 11:00 Themed Sensory Baskets - DBL L 11:15 Purple Primer Program - AR 2:30 Bingo! - AR G 3:30 Devotions with Maryville Baptist Church - C	17 Presidents' Day V 10:00 "Wonkariffic" Morning Movements (exercise)- DBL I 10:00 Communion Service w/Sam King - C MM 11:00 "Tasty Treats" Themed Sensory Baskets - DBL 2:00 "Bubbly" Bingo! - AR M 3:00 iN2L Willy Wonka Sing-A-	18 V 10:00 "Yummy Yummy" Morning Yoga with Nicole! - DBL I 10:00 Communion - C MM 11:00 "Tasty Treats" Themed Sensory Baskets - DBL O 11:00 Lunch Outing - St. Matthews Mall Food Court & visit to Lolli &	19 V 10:00 "Oompa Loompa" Aerobics (exercise)- DBL I 10:00 Communion/Rosary - C MM 11:00 "Tasty Treats" Themed Sensory Baskets - DBL GF 12:30 "Golden Ticket" Glamour Girls! - MPR 12:30 An Outing to Rebecca Ruth Candy Tours &	20 V 10:00 "Sweets" Sittercise (exercise) - DBL I 10:00 Communion/Rosary - C L 10:30 Magazine Scavenger Hunt - AR MM 11:00 "Tasty Treats" Themed Sensory Baskets - DBL GG 4:00 Lucky Dog! - AR M 6:00 iN2L "Candy Themed"	21 V 10:00 "Chocolate Factory" Fitness Fun (exercise) - DBL I 10:00 Communion - C MM 11:00 "Tasty Treats" Themed Sensory Baskets - DBL K 11:30 Dream Virtual Reality - DBL K 2:30 Lucky Dog! - AR	22 L 9:30 Wellness Wake Up! - TCU C I 10:00 Communion & Rosary - C V 10:00 Saturday Stretches - DBL MM 11:00 Themed Sensory Baskets - DBL A 2:30 Crafty Creations - (Mardi Gras decor) - AR
23 I 9:30 Sunday Mass and Rosary - C MM 11:00 Themed Sensory Baskets - DBL L 11:15 Purple Primer Program - AR I 2:00 Devotions with Farmdale Church of the Nazarene - C	24 I 10:00 Communion Service w/Sam King - C V 10:00 Morning Movements (exercise)- DBL MM 11:00 Themed Sensory Baskets - DBL 2:00 Bingo! - AR M 3:00 iN2L Sing-A-Long - DBL	25 Mardi Gras I 10:00 Communion - C V 10:00 Morning Yoga with Nicole! - DBL O 11:00 Lunch Outing - Popeyes Chicken! MM 11:00 Themed Sensory Baskets - DBL A 1:30 Crafty Creations (Creating Mardi Gras	26 Ash Wednesday V 10:00 Armchair Aerobics (exercise)- DBL I 10:00 Communion/Rosary - C S 11:00 Taste of the Town MM 11:00 Themed Sensory Baskets - DBL GF 12:30 Glamour Girls! - MPR K 1:30 Trivia Time! (All About Leap Year) - AR	27 I 10:00 Communion/Rosary - C V 10:00 Sittercise (exercise) - DBL L 10:30 Magazine Scavenger Hunt - AR MM 11:00 Themed Sensory Baskets - DBL O 1:00 Outing to Half Price Books!	28 I 10:00 Communion - C V 10:00 Fitness Fun (exercise) - DBL MM 11:00 Themed Sensory Baskets - DBL K 11:30 Dream Virtual Reality (Polar Obsession) - DBL K 2:30 Lucky Dog! - AR S 4:00 Happy Hour w/Gil Kaelin -	29 L 9:30 Wellness Wake Up! - TCU C I 10:00 Communion & Rosary - C V 10:00 Saturday Stretches - DBL MM 11:00 Themed Sensory Baskets - DBL A 2:30 Crafty Creations - (Floral Decorating Fun!) - AR