

February 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
February's Birthstone is the Amethyst, which is thought to protect the body and strengthen the spirit.	February's flower is the Violet which is a symbol of modesty and faithfulness.	The famed musical group "Beatles" made their debut in the USA in February, 1964.	The game "Monopoly" was released in 1935.	Sears and Roebuck opened their first retail store in February of 1935 in Chicago.	FACEBOOK was launched in 2004.	1 S 10:00 Virtual Dream Experience - AR K 12:06 February Trivia - AR K 1:00 Book review - AR I 1:30 The Power of Touch - AR GF 2:30 Popcorn and Chit Chat
2 Groundhog Day K 10:00 Did He See His Shadow or Not? - AR 10:30 Table Game of Resident Choice - AR K 1:30 Cross Word puzzles - 500 common area I 2:00 Luke's Bible Study- LR A 3:00 Artisans Hour -AR GF 6:30 Watch the Superbowl -	3 V 9:30 Trilogy Fit - AR GF 10:00 Cookie Baking - AR K 10:30 Bunco -AR S 1:30 Chef's Circle - AR I 2:30 Bible Study with Pastor Bryson - AR M 6:00 Music Magic(Resident Led) - AR	4 O 10:00 Donut Run (weather permitting) GF 10:15 Beer Brewing Club - WBC S 10:30 Virtual Dream Experience - AR I 1:00 Catholic Mass- AR K 1:00 Word Puzzle - 500 common area	5 V 9:30 Trilogy Fit - AR S 10:00 Resident Council Meeting -AR S 11:00 Inspired Living Meeting - AR M 2:00 Sing Fit - 200 common area L 3:00 In House Inspiration - Sun Room	6 GF 10:00 Cookie Baking - AR K 10:30 Bunco GF 2:00 Bingo-DR O 2:30 Around Town (weather permitting) K 6:00 Card Club - AR	7 V 9:30 Trilogy Fit - AR K 10:00 Jingo -AR JG 10:30 Mens Club Cheetos and Chit Chat - Bistro M 1:15 Sing Fit 500 common area S 2:30 Happy Hour with Bob Ford	8 S 10:00 Virtual Dream Experience - AR K 12:06 This and That Trivia - AR K 1:00 Book review - AR I 1:30 Music and Meditation -AR GF 2:30 Popcorn and Chit Chat
9 K 10:00 Sunday News - AR S 11:30 Family Brunch K 1:30 Cross Word puzzles - 500 common area A 3:00 Artisans Hour -AR	10 V 9:30 Trilogy Fit - AR GF 10:00 Cookie Baking - AR K 10:30 Bunco -AR S 1:30 Chef's Circle - AR I 2:30 Bible Study with Pastor Bryson - AR M 6:00 Music Magic(Resident Led) - AR	11 O 10:00 Donut Run (weather permitting) GF 10:15 Beer Brewing Club - WBC S 10:30 Virtual Dream Experience - AR K 1:00 Word Puzzle - 500 common area GF 2:00 Bingo - DR	12 V 9:30 Trilogy Fit - AR O 10:00 Walmart Shopping Outing (loading 9:45 weather permitting) M 2:00 Sing Fit - 200 common area L 3:00 In House Inspiration - Sun Room A 3:30 Remember When...writing	13 GF 10:00 Cookie Baking - AR K 10:30 Bunco GF 2:00 Bingo-DR O 2:30 Around Town (weather permitting) K 6:00 Card Club - AR	14 Valentine's Day V 9:30 Trilogy Fit - AR K 10:00 Jingo -AR M 1:15 Sing Fit 500 common area S 2:30 Happy Hour Valentine's Day Party	15 S 10:00 Virtual Dream Experience - AR K 1:00 Book review - AR I 2:00 Get in Touch with your Senses - AR GF 2:30 Popcorn and Chit Chat
16 K 10:00 Sunday News - AR K 1:30 Cross Word puzzles - 500 common area K 1:30 Willie Wonka Movie Plot - AR A 2:00 Lincoln Lucky Penny Craft -AR I 3:00 Abundant Life Church Service WBC	17 Presidents' Day V 9:30 Trilogy Fit - AR GF 10:00 "Wonka" Chocolate Chip cookies- AR K 10:30 Bunco -AR JG 1:00 Men's Club Outing to Packard Museum (Load at 12:30 PM) S 1:30 Chef's Circle - AR I 2:30 Bible Study with Pastor	18 O 10:00 Donut Run (weather permitting) GF 10:15 Beer Brewing Club - WBC A 10:30 Craft with Joyce S 11:00 Virtual Dream Experience - AR K 1:00 Word Puzzle - 500 common area	19 V 9:30 Trilogy Fit - AR O 12:00 Red Hat Lunch Outing to Cracker Barrel (load at 11:15) M 2:00 Sing Fit - 200 common area L 3:00 In House Inspiration - Sun Room A 3:30 Chicken Soup for the	20 GF 10:00 Cookie Baking - AR K 10:30 Bunco GF 2:00 Bingo-DR O 2:30 Around Town (weather permitting) S 4:00 Willie Wonka and the Chocolate Factory Dinner GF 6:00 Making Chocolate Treats - WBC	21 V 9:30 Trilogy Fit - AR K 10:00 Jingo -AR M 1:15 Sing Fit 500 common area K 1:30 Match the Wonka Characters - AR S 2:30 Happy Hour with Resident Life Stories	22 S 10:00 Virtual Dream Experience - AR K 10:30 George Washington Trivia - AR K 1:00 Book review - AR I 2:00 Zen Garden - AR GF 2:30 Popcorn and Chit Chat
23 K 10:00 Sunday News - AR K 1:30 Cross Word puzzles - 500 common area I 1:30 Hymns and Psalms Reading A 3:00 Artisans Hour -AR	24 V 9:30 Trilogy Fit - AR GF 10:00 Cookie Baking - AR K 10:30 Bunco -AR S 1:30 Chef's Circle - AR GF 2:00 Funny Money Store - AL Lobby I 2:30 Bible Study with Pastor Bryson - AR M 6:00 Music Magic(Resident	25 Mardi Gras O 10:00 Donut Run (weather permitting) GF 10:15 Beer Brewing Club - WBC GF 10:30 Fat Tuesday Celebration - AR S 10:30 Virtual Dream Experience - AR K 1:00 Word Puzzle - 500	26 Ash Wednesday V 9:30 Trilogy Fit - AR O 10:00 \$ Tree Shopping Outing (load at 9:45) M 2:00 Sing Fit - 200 common area L 3:00 In House Inspiration - Sun Room A 3:30 February Memories - AR	27 GF 10:00 Cookie Baking - AR K 10:30 Bunco GF 2:00 Bingo-DR O 2:30 Around Town (weather permitting) S 6:30 Bingo Family Style - HC Dining Room (Family Night)	28 V 9:30 Trilogy Fit - AR K 10:00 Jingo -AR M 1:15 Sing Fit 500 common area S 2:30 Happy Hour with Bill Corfield	29 S 10:00 Virtual Dream Experience - AR K 1:00 Book review - AR I 1:30 Breathing Techniques - AR GF 2:30 Popcorn and Chit Chat

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February's birthstone is the Amethyst, which is believed to protect the body and strengthen the spirit.	February's flower is the Violet which symbolizes modesty and faithfulness.	The famed musical group, "Beatles" made their debut in February 1964.	The game "Monopoly" was introduced in 1935.	Sears and Roebuck opened their first retail store in February 1925 in Chicago.	FACEBOOK was launched in 2004.	1 V 9:30 Exercise for Fun - AR S 10:00 Virtual Dream Experience - AR MM 11:15 Mindful Moments K 12:06 February Trivia - AR K 1:00 Book review - AR I 1:30 The Power of Touch - AR GF 2:30 Popcorn and Chit Chat
2 Groundhog Day K 10:00 Did He See His Shadow or Not? - AR 10:30 Table Game of Resident Choice - AR MM 11:15 Mindful Moments I 2:00 Luke's Bible Study- LR A 3:00 Artisans Hour -AR GF 6:30 Watch the Superbowl - AR	3 GF 10:00 Cookie Baking - AR K 10:30 Bunco -AR MM 11:15 Mindful Moments S 1:30 Chef's Circle - AR I 2:30 Bible Study with Pastor Bryson - AR M 6:00 Music Magic(Resident Led) - AR	4 V 9:30 Exercise for Fun - AR O 10:00 Donut Run (weather permitting) GF 10:15 Beer Brewing Club - WBC S 10:30 Virtual Dream Experience - AR MM 11:15 Mindful Moments I 1:00 Catholic Mass- AR	5 S 10:15 Resident Council - 200 common area S 11:00 Inspired Living Meeting - AR MM 11:15 Mindful Moments M 2:00 Sing Fit - 200 common area L 3:00 In House Inspiration - Sun Room	6 V 9:30 Exercise for Fun - AR GF 10:00 Cookie Baking - AR K 10:30 Bunco MM 11:15 Mindful Moments GF 2:00 Bingo-DR O 2:30 Around Town (weather permitting) K 6:00 Card Club - AR	7 K 10:00 Jingo -AR CC 10:15 Blueberry Muffins - WBC JG 10:30 Mens Club Cheetos and Chit Chat - Bistro MM 11:15 Mindful Moments M 1:15 Sing Fit 500 common area S 2:30 Happy Hour with Bob Ford	8 V 9:30 Exercise for Fun - AR S 10:00 Virtual Dream Experience - AR MM 11:15 Mindful Moments K 12:06 This and That Trivia - AR K 1:00 Book review - AR I 1:30 Music and Meditation -AR GF 2:30 Popcorn and Chit Chat
9 K 10:00 Sunday News - AR MM 11:15 Mindful Moments S 11:30 Family Brunch A 3:00 Artisans Hour -AR	10 GF 10:00 Cookie Baking - AR K 10:30 Bunco -AR MM 11:15 Mindful Moments S 1:30 Chef's Circle - AR I 2:30 Bible Study with Pastor Bryson - AR M 6:00 Music Magic(Resident Led) - AR	11 V 9:30 Exercise for Fun - AR O 10:00 Donut Run (weather permitting) GF 10:15 Beer Brewing Club - WBC S 10:30 Virtual Dream Experience - AR MM 11:15 Mindful Moments GF 2:00 Bingo - DR	12 O 10:00 Walmart Shopping Outing (loading 9:45 weather permitting) A 10:30 Valentine Craft - AR MM 11:15 Mindful Moments M 2:00 Sing Fit - 200 common area L 3:00 In House Inspiration - Sun Room	13 V 9:30 Exercise for Fun - AR GF 10:00 Cookie Baking - AR K 10:30 Bunco MM 11:15 Mindful Moments GF 2:00 Bingo-DR O 2:30 Around Town (weather permitting) K 6:00 Card Club - AR	14 Valentine's Day K 10:00 Jingo -AR S 10:15 Creative Cooking WBC MM 11:15 Mindful Moments M 1:15 Sing Fit 500 common area S 2:30 Happy Hour Valentine's Day Party	15 V 9:30 Exercise for Fun - AR S 10:00 Virtual Dream Experience - AR MM 11:15 Mindful Moments K 1:00 Book review - AR I 2:00 Get in Touch with your Senses - AR GF 2:30 Popcorn and Chit Chat
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February 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
A - Artisans CC - Creative Cooking GF - Gathering of Friends GG - Group Games K - Keeping it Sharp/Reminisce M - Music to My Ears S - Signature Events V - Vitality	"About Times" 10:00 A.M. Vitality 10:30 A.M. Keeping It Sharp/Reminisce 10:45 A.M. Creative Cooking 11:30 A.M. Lunch Prep 12:00 P.M. Lunch 1:00 P.M. Relax/Recharge 2:00 P.M. Afternoon Snacks 2:30 P.M. Artisans	3:00 P.M. Music To My Ears 3:45 P.M. Group Games 4:30 P.M. Dinner Prep 5:00 P.M. Dinner 6:00 P.M. Gathering of Friends 6:30 P.M. Nighttime Traditions "Activities Subject To Change"				1 V Quick Qigong K Famous Pairs CC Cherry Pie Bubble Up Casserole Relax & Recharge A Fingerprint Hearts Part 1 M Name That Croon GG Throwing Horseshoes Healthy Hands GF Hangman(Word Scrabble)
2 Groundhog Day V Humming Your Way to Health K Writer's Circle CC Fiesta Ranch Dip Relax & Recharge A Fingerprint Hearts Part 2 M Hymn Sing GG Name 10 Healthy Hands GF Relaxing Puzzle Time	3 V Snowball Fight(Balloons) K Penny Ante CC Crockpot Scalloped Potatoes Relax & Recharge A Valentine Door Hangers M Singfit GG Basketball/Sports Trivia Healthy Hands GF Hot Chocolate & Tales	4 V Mardi Gras Mambo K What's In Your Junk Drawer? CC Grandma's Chicken & Dumplings Soup Relax & Recharge A Snowflake Resist M Singfit GG Grocery Game Healthy Hands	5 V Roll in the New Year K Dream Like Willie Wonka CC Dark Chocolate Spoons Relax & Recharge A DIY Stress Balls M Singfit GG Charlie's Candy Toss Healthy Hands GF Guess Who?	6 V Head to Toe Range of Motion K Life Story CC Frozen Yogurt Bark Relax & Recharge A Holiday Bookmarks M Singfit M Colors of Music GG Mini Muffin Match Up Healthy Hands	7 V Step in the Name Love K Broken Hearts CC The Famous Woolworth Ice Box Cheesecake Relax & Recharge S February Happy Hour Coffee & Conversation A My Artisan Journal-My Fairy Tale/Story	8 V Quick Qigong K Famous Pairs CC Buttery Pecan Snowball Cookies Relax & Recharge A Fizzing Heart Art M Name That Croon GG Throwing Horseshoes Healthy Hands GF Hangman(Word Scrabble)
9 V Humming Your Way to Health S Sunday Brunch Setup S Sunday Brunch Relax & Recharge (Sunday Brunch Cleanup) A Love Collage/Reminisce Love Stories M Hymn Sing GG Name 10	10 V Snowball Fight K Penny Ante CC Maraschino Cherry Chocolate Chip Cookies Relax & Recharge A Love You to Pieces M Singfit/Glee Club GG Basketball/Sports Trivia Healthy Hands	11 V Mardi Gras Mambo K What's In Your Junk Drawer? CC Gourmet Valentine's Chocolate Dipped Strawberries Relax & Recharge A Creative Storytelling M Singfit GG Grocery Game Healthy Hands	12 V Roll in the New Year K Dream Like Willie Wonka CC Love Shack Graham Cracker & Icing Relax & Recharge A Valentine's Love Shack M Singfit GG Charlie's Candy Toss Healthy Hands	13 V Head to Toe Range of Motion K Life Story CC Valentine's Double Chocolate Bark Relax & Recharge A Paper Bouquets M Singfit GG Mini Muffin Match Up Healthy Hands GF Aqua Painting or Adult Coloring	14 Valentine's Day V Step in the Name Love K Broken Hearts CC Be Mine Muddy Buddies Relax & Recharge A Cardboard Valentine Hearts S February Happy Hour Coffee & Conversation M Singfit GG Noodle Ball	15 V Quick Qigong K Famous Pairs CC Creamy Tortellini Soup Relax & Recharge A A Cup of Tea M Name That Croon GG Throwing Horseshoes Healthy Hands GF Hangman(Word Scrabble)
16 V Humming Your Way to Health K Writer's Circle CC Wonka's Hot Chocolate Relax & Recharge A Sharpie Mugs M Hymn Sing GG Name 10 Healthy Hands GF Relaxing Puzzle Time	17 Presidents' Day V Snowball Fight K Penny Ante CC Augustus Gloop Fudge Relax & Recharge A DIY Candy Headband M Singfit GG Basketball/Sports Trivia Healthy Hands GF Hot Chocolate & Tales	18 V Mardi Gras Mambo K What's In Your Junk Drawer? CC Charlie Bucket's Cabbage Soup Relax & Recharge A Creative Storytelling-Willy Wonka M Singfit GG Grocery Game Healthy Hands GF Flower Arranging & Discussion	19 V Roll in the New Year K Dream Like Willie Wonka CC Chocolate River Sheet Cake Relax & Recharge A DIY Candy Centerpiece M Singfit/Magic Ticket GG Charlie's Candy Toss Healthy Hands GF Guess Who?	20 V Oompa Loompa Dance K Life Story CC Willy Wonka Bars Relax & Recharge A DIY Giant Lollipops M Singfit S Themed Dinner GG Decor/Photography S Themed Dinner	21 V Step in the Name Love K Broken Hearts CC Violet's Blueberry Muffins Relax & Recharge S February Happy Hour M Live Entertainment:John Wildenhaus GG Noodle Ball Healthy Hands	22 V Quick Qigong K Famous Pairs CC Wonka Cupcakes Relax & Recharge A DIY Mardi Gras Mask M Name That Croon GG Throwing Horseshoes Healthy Hands GF Hangman(Word Scrabble)
23 V Humming Your Way to Health K Writer's Circle CC Layered Pizza Dip Relax & Recharge A Mardi Gras Necklace M Hymn Sing GG Name 10 Healthy Hands GF Relaxing Puzzle Time	24 V Snowball Fight K Penny Ante CC Million Dollar Dip Relax & Recharge A DIY Mardi Gras Centerpiece M Singfit GG Basketball/Sports Trivia Healthy Hands GF Hot Chocolate & Tales	25 Mardi Gras V Mardi Gras Mambo K What's In Your Junk Drawer? CC King Cake Bites Relax & Recharge A Cubism Portrait M Singfit GG Grocery Game Healthy Hands GF Flower Arranging & Discussion	26 Ash Wednesday V Roll in the New Year K Dream Like Willie Wonka CC French Toast Cookies Relax & Recharge A Have a Gentle Conversation M Singfit/Music in History GG Charlie's Candy Toss Healthy Hands GF Guess Who?	27 V Head to Toe Range of Motion K Life Story CC Chocolate Chip Banana Bread Relax & Recharge A Wool Photo Frames M Singfit/Color of Music GG Mini Muffin Match Up Healthy Hands GF Aqua Painting or Adult Coloring	28 V Step in the Name Love K Broken Hearts CC Grandma's Honey Muffins Relax & Recharge S February Happy Hour Coffee & Conversation A Marble Hankerchief M Singfit GG Noodle Ball	29 V Quick Qigong K Famous Pairs CC Crockpot Cinnamon Roll Casserole Relax & Recharge A Heart Bird Feeder M Name That Croon GG Throwing Horseshoes Healthy Hands GF Hangman(Word Scrabble)