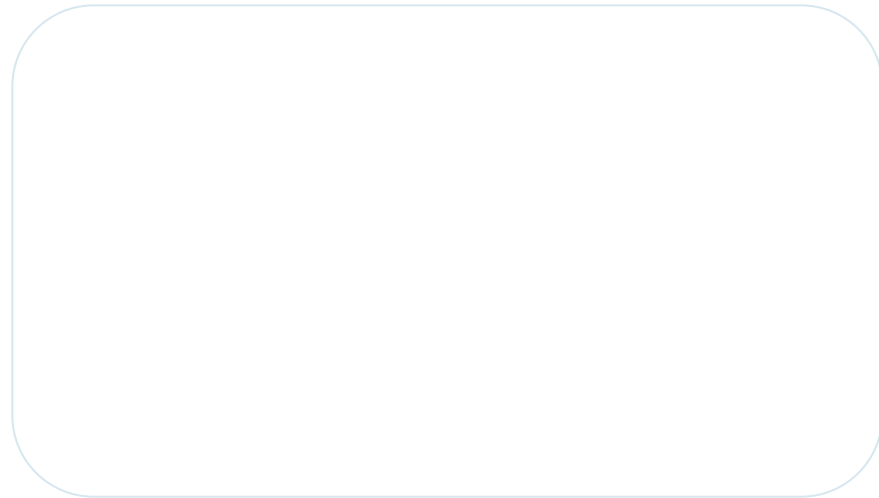




960 Boone Rd., SE  
Salem, OR 97306

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#### Contact Us:

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Wellness Director: Rachel W. / Jennifer G.  
Wellness Coordinator: Michael M. / Quinn H.

Business Office Director: Shelly Kesterson

Wellness Nurse: Virginia G. / Monique T.

Dining Services Director: Chad Christy

Maintenance Director: George Curtis

Life Enrichment Director: Amanda Bell



Our mission is to create and sustain comfortable, caring environments for those who depend on us.

# Farmington Square Salem News

## Monthly Newsletter



## February 2020 910-920

2 Detection for Prevention  
3 Team & Resident Spotlight  
4-5 Activities Calendar

6 Birthdays, Social Media, & Highlights  
7 Special Moments, Join Us, Thoughts  
8 Mission & Team



## Early Detection Factors Into Improved Cancer Statistics

Perhaps unbelievable, but true, some of the best news of the last decade comes from recent statistics regarding cancer. Both the rate of new cancer diagnoses and the rate of mortality due to cancer have decreased over the last 10 years. This is exciting news, and early detection has played a vital role in decreasing these stats.

Early diagnosis can also have a more personal benefit of empowering us with knowledge about our health and giving us the opportunity to stall, stop, or receive needed support. February is National Cancer Prevention Month; read on to learn more about the importance of early detection, and some lifestyle choices that may lead to a cancer diagnosis.

Remember, to talk with your medical provider about the best test type and frequency of testing as it varies depending on risk factors and general health.

### Early Detection for Men

Men are suggested to get screening for colon, prostate, and lung cancers. Testing for colon cancer generally is suggested starting at age 45, prostate at 50, and lung at 55.

### Early Detection for Women

Testing for cancers such as breast, cervical, colon, and lung are recommended for women. Regular pap smears beginning at age 30 help doctors monitor for cervical cancers throughout aging. Starting at an



age range of 45 to 54 years, women are encouraged to receive annual mammograms to test for breast cancer. Colon cancer testing should start at age 50. Typically, testing for lung cancer is suggested starting at age 55.

### Risk Factors & Lifestyle

While even living the healthiest life, someone can be diagnosed with cancer, but there are some lifestyle choices that can increase overall risk and evidence to suggest that a healthy lifestyle may not only decrease risk, but increase the likelihood of remission if diagnosed. Cancer risks can be reduced by avoiding tobacco, maintaining a healthy weight, engaging in regular physical activity, following a healthy diet with at least 2.5 cups of fruits and vegetables daily, limiting alcohol intake, and protecting skin.

Help do your part to continue the downward trend of cancer statistics and increase your chances of a cancer-free life by living a risk-reduced lifestyle and talking to your doctor about suggested cancer screenings at your next appointment.

## Special Moments - National Hat Day!



**This month, join us  
for our...**

**Valentine's Party with Linda Wheeler  
On February 13, 2020  
2 PM - 3 PM  
Located in Building 950**

**You are also welcome to attend...  
Our Residents' Birthday Party  
On February 28, 2020  
10:30 AM - 11:30 AM  
Located in Building 950**

**Our Thoughts On...**

what we love about  
Valentine's Day!

**"Unconditional love"**  
- Amanda

**"Candy & flowers, even if you  
have to buy them yourself!"**  
- Virginia

**"Valentine's cards!"**  
- Elizabeth



February 2020 Highlights

February is Black History Month, Heart Month, Hot Breakfast Month, Library Lover’s Month, Bake for Family Fun Month, and Embroidery Month.

- |                                       |   |
|---------------------------------------|---|
| 01 Baked Alaska Day; Read Aloud Day   | 16 Almond Day                           |
| 02 Groundhog Day; Tater Tot Day       | 17 Random Acts of Kindness Day          |
| 03 Foodservice Pride Week Kicks Off   | 18 Battery Day; Wine Day                |
| 04 Thank Mail Carriers Day; Soup Day  | 19 Chocolate Mint Day                   |
| 05 Nutella Day                        | 20 Love Your Pet Day; Cherry Pie Day    |
| 06 Frozen Yogurt Day                  | 21 Caregivers Day; Sticky Bun Day       |
| 07 Periodic Table Day; Send Cards Day | 22 Cook a Sweet Potato Day              |
| 08 Boy Scout Day; Kite Flying Day     | 23 Banana Bread Day; Tile Day           |
| 09 Pizza Day; Bagel and Lox Day       | 24 Tortilla Chip Day                    |
| 10 Clean Computer Day; Umbrella Day   | 25 Fat Tuesday; Clam Chowder Day        |
| 11 Inventors’ Day; Make a Friend Day  | 26 Ash Wednesday; Pistachio Day         |
| 12 Plum Pudding Day                   | 27 Chili Day; Strawberry Day; Toast Day |
| 13 Cheddar Day; Radio Day             | 28 Floral Design Day; Tarter Sauce Day  |
| 14 Valentine’s Day; Book Giving Day   | 29 Leap Day!                            |
| 15 Gumdrop Day; Hippo Day             |   |

Happy Birthday Wishes!

- |            |      |     |
|------------|------|-----|
| Lyle K.    | 2/1  | 910 |
| Edna P.    | 2/3  | 950 |
| Lee C .    | 2/14 | 920 |
| John M.    | 2/21 | 920 |
| Dorothy V. | 2/27 | 920 |



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- Radiantvoices on Instagram
- RadiantSrLiving on Twitter
- Pinterest.com/radiantsrliving
- Radiant Senior Living on YouTube

Resident Spotlight: Florence S.

We are happy to shine the spotlight on our newest resident, Florence, this month!

Florence was born in Duluth, Minnesota, and has six children. She used to work as a bookkeeper, desk clerk, and loved cooking as a homemaker. Florence also devoted many hours to her Lutheran church and would often be asked to play her violin at services. Florence has been having a great time getting to know her new neighbors. Her sense of humor and smile light up our days!




































We are honored to welcome Florence and look forward to building wonderful memories together!



Staff Spotlight: Elizabeth D.





































Elizabeth is one of our amazing Life Enrichment Assistants who has been with us almost 4 years now. She shared that both of her grandmothers had Alzheimer’s which sparked her empathy and compassion for those with this heart breaking disease, and opened the door to her volunteering at senior communities as a teenager. Through volunteering, she realized her gift for arts and crafts and utilized her talents to make a difference in others’ lives. She said that the most rewarding thing about her job is seeing others laugh and enjoy their day, and when residents and families tell her how much she is appreciated! We are so proud to have Elizabeth as part of our team and look forward to seeing her grow as a Life Enrichment Assistant. We thank her for all her continued hard work and dedication to Farmington Square!

# FEBRUARY 2020 Activities 910-920

SUN	MON	TUE	WED	THU	FRI	SAT
<b>Happy Birthday!</b>  Lyle K. 2/1 910 Edna P. 2/3 950 Lee C. 2/14 920 John M. 2/21 920 Dorothy V. 2/27 920	<b>—Scenic Drives—</b>  Monday: 10:30am - 11:30 am Bldg 910,920 Monday: 1:30pm - 2:30pm Bldg 940,950	<b>Dr. Appointments</b>  Tuesdays: 12pm - 4:30pm Thursdays: 8am- 4:30pm	<b>Lunch &amp; Outings</b>  Best Little Road House 2/5 @ 11am Olive Garden 2/12 @ 11am Neufeldts 2/19 @ 11am Los Arcos 2/26 @ 11am	<b>Live Entertainment</b>  Rachel 2/6 @ 10:30am / 940 Linda 2/13 @ 2pm /950 Big Screen Movie 2/18 @ 1:30pm Maurice 2/20 @ 2pm / 950 Jerry 2/27@2pm / 940 Barbara 2/28 @10:30am / 950	<b>Shopping Trips</b>  Walmart 2/7@ 10am Dollar Tree 2/14 @ 10am Fred Meyer 2/21 @ 10am Winco 2/28 @ 10am	<b>1</b> 9:00 Sit and be Fit IN2L 9:30 <b>Bulletin Boards</b> 11:00 One on Ones 11:30 Scrabble 1:30 Outside Stroll 2:00 <b>B I N G O in 920</b> 3:00 Reminisce N2L 4:00 Sing a Long IN2L
<b>2 SUPER BOWL DAY</b> 9:00 Sit and be Fit IN2L 9:30 Crosswords IN2L 10:30 Morning Walk 11:30 Bible Reading 1:30 Hymns IN2L 2:00 <b>Church in 940 IN2L</b> 3:30 <b>Super Bowl</b>  4:00 Skip - Bo	<b>3</b> 9:00 Exercise IN2L 9:30 Animal Trivia IN2L 10:30 <b>Scenic Drive</b> 11:30 Word Search IN2L 1:30 One on Ones 2:00 Jokes & Laughter IN2L 3:00 Reminisce IN2L 4:00 Scrabble 	<b>4</b>  9:00 Sit and be Fit IN2L 9:30 One on Ones 10:30 <b>B I N G O in 950</b> 11:30 Morning Walk 1:30 Sports Trivia IN2L 2:00 Karaoke IN2L 3:00 Coffee & Chat 4:00 Card Games	<b>5</b> 9:00 Exercise IN2L 9:30 Sports Trivia IN2L 10:30 Price is Right IN2L 11:30 Yahtzee 1:30 One on Ones 2:00 <b>Valentine Day Cards</b> 3:00 Sing a Long IN2L  4:00 Hangman IN2L	<b>6</b>  9:00 Chair Dancing IN2L 9:30 Crosswords IN2L 10:30 One on Ones 11:30 Outside Stroll 1:30 What does it Cost? IN2L 2:00 <b>B I N G O in 910</b> 3:00 Reminisce N2L  4:00 Scrabble	<b>7</b> 9:00 Sit and be Fit IN2L 9:30 One on Ones 10:30 Adult Coloring 11:30 Price is Right IN2L 1:30 Trivia IN2L 2:00 Afternoon Stroll 3:00 Sit & Sip  4:00 Skip - Bo	<b>8</b> 9:00 Chair Dancing IN2L 9:30 History Trivia 10:30 Creative Coloring 11:30 Family Feud IN2L 1:30 Afternoon Stroll 2:00 <b>B I N G O in 940</b> 3:00 Coffee & Chat 4:00 Skip— Bo
<b>9</b> 9:00 Exercise IN2L 9:30 Word Search 10:30 Spiritual Songs IN2L 11:30 Bible Trivia IN2L 1:30 Afternoon Stroll 2:00 <b>Church in 940 IN2L</b> 3:00 Devotions 4:00 Uno	<b>10</b> 9:00 Chair Dancing IN2L 9:30 What does it Cost? IN2L 10:30 <b>Scenic Drive</b> 11:30 Piggy Bank IN2L 1:30 One on Ones 2:00 Manicures 3:00 Reminisce IN2L 4:00 Skip - Bo 	<b>11</b>  9:00 Chair Dancing IN2L 9:30 Word Search 10:30 <b>B I N G O in 920</b> 11:30 Outside Stroll 1:30 Casino Games IN2L 2:00 Manicures 3:00 Sit & Sip 4:00 Yahtzee	<b>12</b> 9:00 Exercise IN2L 9:30 One on Ones 10:30 Trivia IN2L 11:30 Dominoes 1:30 Family Feud IN2L 2:00 <b>Heart Box Craft</b> 3:30 Reminisce N2L  4:00 Wii Bowling/920	<b>13</b>  9:00 Sit and be Fit IN2L 9:30 Karaoke IN2L 10:30 <b>B I N G O in 950</b> 11:30 Outside Walk 1:30 Creative Coloring  2:00 <b>Valentine's Party</b> 3:00 Sit & Sip  4:00 Uno	<b>14 VALENTINE'S DAY</b> 9:00 Exercise IN2L 9:30 Family Feud IN2L 10:30 Piggy Bank IN2L 11:30 Casino Games IN2L 1:00 <b>Valentines Day Canvas</b> 2:00 Manicures 3:00 Sing a Long IN2L  4:00 Scrabble	<b>15</b> 9:00 Sit and be Fit IN2L 9:30 What does it Cost? IN2L 10:30 One on Ones 11:30 Scrabble 1:30 Outside Stroll 2:00 <b>B I N G O in 910</b> 3:00 Reminisce N2L 4:00 Sing a Long IN2L
<b>16</b> 9:00 Sit and be Fit IN2L 9:30 Crosswords IN2L 10:30 Morning Walk 11:30 Bible Reading 1:30 Hymns IN2L 2:00 <b>Church in 940 IN2L</b> 3:00 Coffee & Devotions 4:00 Skip - Bo	<b>17 PRESIDENTS' DAY</b> 9:00 Exercise IN2L 9:30 President Trivia IN2L 10:30 <b>Scenic Drive</b> 11:30 Word Search IN2L 1:30 One on Ones  2:00 <b>Flag Craft</b> 3:00 Reminisce IN2L 4:00 Scrabble 	<b>18</b>  9:00 Sit and be Fit IN2L 9:30 One on Ones 10:30 <b>B I N G O in 940</b> 11:30 Morning Walk 1:30 <b>Big Screen Movie/ 950</b> 2:00 Karaoke IN2L 3:00 Coffee & Chat  4:00 Card Games	<b>19</b> 9:00 Exercise IN2L 9:30 Sports Trivia IN2L 10:30 Price is Right IN2L 11:30 Yahtzee 1:30 One on Ones 2:00 <b>Creative Coloring</b>  3:00 Sing a Long IN2L 4:00 Hangman IN2L	<b>20</b>  9:00 Chair Dancing IN2L 9:30 Crosswords IN2L 10:30 <b>B I N G O in 920</b> 11:30 Outside Stroll 1:30 What does it Cost? IN2L 2:00 One on Ones 3:00 Reminisce N2L  4:00 Scrabble	<b>21</b> 9:00 Sit and be Fit IN2L 9:30 One on Ones 10:30 Adult Coloring 11:30 Price is Right IN2L 1:30 <b>Food Committee / 910</b> 2:00 Afternoon Stroll 3:00 Sit & Sip  4:00 Skip - Bo	<b>22</b> 9:00 Chair Dancing IN2L 9:30 History Trivia 10:30 Creative Coloring 11:30 Family Feud IN2L 1:30 Afternoon Stroll 2:00 <b>B I N G O in 950</b> 3:00 Coffee & Chat 4:00 Skip— Bo
<b>23</b> 9:00 Exercise IN2L 9:30 Word Search 10:30 Spiritual Songs IN2L 11:30 Bible Trivia IN2L 1:30 Afternoon Stroll 2:00 <b>Church in 940 IN2L</b> 3:00 Devotions 4:00 Uno	<b>24</b> 9:00 Chair Dancing IN2L 9:30 What does it Cost? IN2L 10:30 <b>Scenic Drive</b> 11:30 Piggy Bank IN2L 1:30 One on Ones 2:00 Manicures 3:00 Reminisce IN2L 4:00 Skip - Bo 	<b>25 MARDI GRAS</b>  9:00 Chair Dancing IN2L 9:30 Word Search 10:30 <b>B I N G O in 910</b> 11:30 Outside Stroll 1:00 Marti Gras Masks 2:00 Manicures 3:00 Sit & Sip 4:00 Yahtzee	<b>26 ASH WEDNESDAY</b> 9:00 Exercise IN2L 9:30 One on Ones 10:30 <b>Ash Wed. History IN2L</b> 11:30 Dominoes 1:30 Family Feud IN2L 2:00 <b>Arts &amp; Crafts</b>  3:30 Reminisce N2L 4:00 Wii Bowling/920	<b>27</b>  9:00 Sit and be Fit IN2L 9:30 Karaoke IN2L 10:30 <b>B I N G O in 940</b> 11:30 Outside Walk 1:30 Creative Coloring 2:00 One on Ones 3:00 Sit & Sip  4:00 Uno	<b>28</b> 9:00 Exercise IN2L 9:30 Family Feud IN2L  10:30 <b>Birthday Party/ 950</b> 11:30 Casino Games IN2L 1:30 <b>Resident Council/ 910</b> 2:00 Manicures 3:00 Sing a Long IN2L  4:00 Scrabble	<b>29</b> 9:00 Sit and be Fit IN2L 9:30 What does it Cost? IN2L 10:30 One on Ones 11:30 Scrabble 1:30 Outside Stroll 2:00 <b>B I N G O in 920</b> 3:00 Reminisce N2L 4:00 Sing a Long IN2L



# FEBRUARY 2020 Activities 940-950

SUN	MON	TUE	WED	THU	FRI	SAT
<b>Happy Birthday!</b>  Lyle K. 2/1 910 Edna P. 2/3 950 Lee C. 2/14 920 John M. 2/21 920 Dorothy V. 2/27 920	<b>—Scenic Drives—</b>  Monday: 10:30am - 11:30 am Bldg 910,920 Monday: 1:30pm - 2:30pm Bldg 940,950	<b>Dr. Appointments</b>  Tuesdays: 12pm - 4:30pm Thursdays: 8am- 4:30pm	<b>Lunch &amp; Outings</b>  Best Little Road House 2/5 @ 11am Olive Garden 2/12 @ 11am Neufeldts 2/19 @ 11am Los Arcos 2/26 @ 11am	<b>Live Entertainment</b>  Rachel 2/6 @ 10:30am / 940 Linda 2/13 @ 2pm /950 Big Screen Movie 2/18 @ 1:30pm Maurice 2/20 @ 2pm / 950 Jerry 2/27@2pm / 940 Barbara 2/28 @10:30am / 950	<b>Shopping Trips</b>  Walmart 2/7@ 10am Dollar Tree 2/14 @ 10am Fred Meyer 2/21 @ 10am Winco 2/28 @ 10am	<b>1</b> 9:00 Sit and be Fit IN2L 9:30 Balloon Bat 10:30 One on Ones 11:30 Puzzles 1:30 Outside Stroll 2:00 <b>B I N G O</b> in 920 3:00 Coffee & Reminisce 4:00 Sing a Long IN2L 6:30 Memory Boxes
<b>2 SUPER BOWL DAY</b> 9:00 Exercise IN2L 9:30 Balloon Bat 10:30 Spiritual Songs IN2L 11:30 Bible Trivia IN2L 1:30 Afternoon Stroll 2:00 Church in 940 IN2L 3:00 Snack & Devotions 3:30 Super Bowl  6:30 Memory Boxes	<b>3</b> 9:00 Sit and be Fit IN2L 9:30 Bean Bag Toss 10:30 Sing a long IN2L 11:30 Word Search IN2L 1:30 Scenic Drive 2:00 Jokes & Laughter IN2L 3:00 Coffee & Chat 4:00 Ring Toss 6:30 Memory Boxes 	<b>4</b>  9:00 Exercise IN2L 9:30 Balloon Bat 10:30 <b>B I N G O</b> in 950 11:30 Outside Stroll 1:30 Casino Games IN2L 2:00 Manicures 3:00 Sit & Sip 4:00 Table Ball 6:30 Memory Boxes	<b>5</b> 9:00 Exercise IN2L 9:30 Puzzles 10:30 Trivia IN2L 11:30 Bean Bag Toss 1:30 Family Feud IN2L 2:00 Valentine Day Cards 3:00 Sit & Sip 4:00 Bowling  6:30 Memory Boxes	<b>6</b>  9:00 Sit and be Fit IN2L 9:30 Balloon Bat 10:30 What's in the Bag? 11:30 Outside Walk 1:30 Creative ColoringN2L 2:00 <b>B I N G O</b> in 910 3:00 Sit & Sip 4:00 Ring Toss 6:30 Memory Boxes 	<b>7</b> 9:00 Exercise IN2L 9:30 Bean Bag Toss 10:30 Piggy Bank IN2L 11:30 Karaoke IN2L 1:30 Adult Coloring 2:00 Manicures 3:00 Babies IN2L 4:00 Bowling  6:30 Memory Boxes	<b>8</b> 9:00 Exercise IN2L 9:30 Bowling 10:30 Creative Coloring 11:30 Family Feud IN2L 1:30 Afternoon Stroll 2:00 <b>B I N G O</b> in 940 3:00 Coffee & Chat 4:00 Karaoke IN2L
<b>9</b> 9:00 Sit and be Fit IN2L 9:30 What's in the Bag? 10:30 Morning Walk 11:30 Bible Reading 1:30 Hymns IN2L 2:00 Church in 940 IN2L 3:00 Coffee & Devotions 4:00 Balloon Bat 6:30 Memory Boxes	<b>10</b> 9:00 Chair Dancing IN2L 9:30 Balloon Bat 10:30 Match Game IN2L 11:30 Piggy Bank IN2L 1:30 Scenic Drive 2:00 Manicures 3:00 Sit & Sip 4:00 Bowling 6:30 Memory Boxes 	<b>11</b>  9:00 Chair Dancing IN2L 9:30 Ring Toss 10:30 <b>B I N G O</b> in 920 11:30 Morning Walk 1:30 Sports Trivia IN2L 2:00 Karaoke IN2L 3:00 Coffee & Chat 4:00 Balloon Bat 6:30 Memory Boxes	<b>12</b> 9:00 Sit and e Fit IN2L 9:30 Bowling 10:30 Price is Right IN2L 11:30 What's in the Bag? 1:30 Outside Walk 2:00 Hat Day Craft 3:00 Snack & Chat 4:00 Hangman IN2L  6:30 Memory Boxes	<b>13</b>  9:00 Chair Dancing IN2L 9:30 Karaoke IN2L 10:30 <b>B I N G O</b> in 950 11:30 Outside Stroll 1:30 Bean Bag Toss 2:00 Valentine's Party  3:30 Sit & Sip 4:00 Balloon Bat 6:30 Memory Boxes 	<b>14 VALENTINE'S DAY</b> 9:00 Chair Dancing 9:30 Balloon Bat 10:30 What's That Sound? IN2L 11:30 Sing a Long IN2L 1:00 Valentine's Day Canvas 2:00 Manicures 3:00 Babies IN2L 4:00 Table Ball  6:30 Memory Boxes	<b>15</b> 9:00 Sit and be Fit IN2L 9:30 Balloon Bat 10:30 One on Ones 11:30 Puzzles 1:30 Outside Stroll 2:00 <b>B I N G O</b> in 910 3:00 Coffee & Reminisce 4:00 Sing a Long IN2L 6:30 Memory Boxes
<b>16</b> 9:00 Exercise IN2L 9:30 Balloon Bat 10:30 Spiritual Songs IN2L 11:30 Bible Trivia IN2L 1:30 Afternoon Stroll 2:00 Church in 940 IN2L 3:00 Snack & Devotions 4:00 Table Ball 6:30 Memory Boxes	<b>17 PRESIDENTS' DAY</b> 9:00 Sit and be Fit IN2L 9:30 Bean Bag Toss 10:30 Sing a long IN2L 11:30 Word Search IN2L 1:30 Scenic Drive 2:00 Flag Craft  3:00 Coffee & Chat 4:00 Ring Toss  6:30 Memory Boxes	<b>18</b>  9:00 Exercise IN2L 9:30 Balloon Bat 10:30 <b>B I N G O</b> in 940 11:30 Outside Stroll 1:30 Big Screen Movie/950 2:00 Manicures 3:00 Sit & Sip 4:00 Table Ball  6:30 Memory Boxes	<b>19</b> 9:00 Exercise IN2L 9:30 Puzzles 10:30 Trivia IN2L 11:30 Bean Bag Toss 1:30 Family Feud IN2L 2:00 Creative Coloring 3:00 Sit & Sip 4:00 Bowling  6:30 Memory Boxes	<b>20</b>  9:00 Sit and be Fit IN2L 9:30 Balloon Bat 10:30 <b>B I N G O</b> in 920 11:30 Outside Walk 1:30 Creative ColoringN2L 2:00 What's in the Bag? 3:00 Sit & Sip 4:00 Ring Toss  6:30 Memory Boxes	<b>21</b> 9:00 Exercise IN2L 9:30 Bean Bag Toss 10:30 Piggy Bank IN2L 11:30 Karaoke IN2L 1:30 Food Committee / 910 2:00 Manicures 3:00 Babies IN2L 4:00 Bowling  6:30 Memory Boxes	<b>22</b> 9:00 Exercise IN2L 9:30 Bowling 10:30 Creative Coloring 11:30 Family Feud IN2L 1:30 Afternoon Stroll 2:00 <b>B I N G O</b> in 950 3:00 Coffee & Chat 4:00 Karaoke IN2L 6:30 Memory Boxes
<b>23</b> 9:00 Sit and be Fit IN2L 9:30 What's in the Bag? 10:30 Morning Walk 11:30 Bible Reading 1:30 Hymns IN2L 2:00 Church in 940 IN2L 3:00 Coffee & Devotions 4:00 Balloon Bat 6:30 Memory Boxes	<b>24</b> 9:00 Chair Dancing IN2L 9:30 Balloon Bat 10:30 Match Game IN2L 11:30 Piggy Bank IN2L 1:30 Scenic Drive 2:00 Manicures 3:00 Sit & Sip 4:00 Bowling  6:30 Memory Boxes	<b>25 MARDI GRAS</b>  9:00 Chair Dancing IN2L 9:30 Ring Toss 10:30 <b>B I N G O</b> in 910 11:30 Morning Walk 1:00 Marti Gras Masks  2:00 Karaoke IN2L 3:00 Coffee & Chat 4:00 Balloon Bat 6:30 Memory Boxes	<b>26 ASH WEDNESDAY</b> 9:00 Sit and e Fit IN2L 9:30 Bowling 10:30 Ash Wed. History IN2L 11:30 What's in the Bag? 1:30 Outside Walk 2:00 Arts & Crafts 3:00 Snack & Chat 4:00 Hangman IN2L  6:30 Memory Boxes	<b>27</b>  9:00 Chair Dancing IN2L 9:30 Karaoke IN2L 10:30 <b>B I N G O</b> in 940 11:30 Outside Stroll 1:30 Bean Bag Toss 2:00 Word Search IN2L 3:30 Sit & Sip 4:00 Balloon Bat  6:30 Memory Boxes	<b>28</b> 9:00 Chair Dancing IN2L 9:30 Balloon Bat 10:30 Birthday Party /950  11:30 Price is Right IN2L 1:30 Resident Council / 910 2:00 Afternoon Stroll 3:00 Sit & Sip 4:00 Table Ball  6:30 Memory Boxes	<b>29</b> 9:00 Sit and be Fit IN2L 9:30 Balloon Bat 10:30 One on Ones 11:30 Puzzles 1:30 Outside Stroll 2:00 <b>B I N G O</b> in 920 3:00 Coffee & Reminisce 4:00 Sing a Long IN2L 6:30 Memory Boxes